



The Colorado Bicyclist

Newsletter of the Denver Bicycle Touring Club

OCTOBER 2017

INSIDE...

Club News from the President	p. 2
Gems of the Pacific	p. 4
Pedal the Plains	p. 5
E-Bikes News	p. 9
Board Candidates	p. 10
DBTC Bylaws Update	p. 11
October Ride Schedule	p. 13-15

Join us for the Annual Front Range Metric Century

(also known as the Carmel Apple Rides)

Saturday, October 7

The fun starts at Lions Park, which is on 10th St in Golden about five blocks west of Washington Avenue. The Board has reserved the pavilion on the east end of the park where refreshments will be available for all DBTC members starting around 1 pm, whether you choose to ride or not.

Please note that the rides have staggered start times with a goal of getting everyone back to the park

around the same time.

Wave #1:

The full metric century route, or 67 miles. Okay – this distance may seem daunting – however if you’ve been riding steadily this season, why not challenge yourself. This ride will leave Lions Park at 7:30 am. There will be strategic breaks along the way,

continued on page 3

Volunteer Recognition Luncheon

Saturday, November 11, 2017

The Cherry Creek Holiday Inn • 455 South Colorado Blvd
Doors open at 11:30 a.m. • Lunch Served at noon, program following

Price: \$14 - Current Members registered by November 6th

\$28 - Guest & Everyone registered after November 6th

FREE - Qualified Ride Leaders (led 5 or more rides)

Menu Includes: Tossed Caesar Salad with Garlic Croutons, Parmesan Cheese | White Bean Soup | Chicken Parmesan Tender Roast Beef con Balsamico | Linguine Tossed w/ Olive Oil & Fresh Herbs | Baked Zucchini & Tomatoes | Tiramisu

TO REGISTER GO TO DBTC.ORG

DBTC's Officers

President Cyndy Klepinger president@dbtc.org	303-725-1565
Vice President Scott Houchin vicepresident@dbtc.org	303-321-3863
Secretary Dick Shelton secretary@dbtc.org	720-934-9824
Treasurer Steve Thomas treasurer@dbtc.org	303-419-2531
Board Members at Large Helen Berkman h.berkman@comcast.net	720-355-5687
Lin Hark mtnlin08@gmail.com	303-578-9369
Jeff Krinsky jkrinsky2003@yahoo.com	720-373-9107
Linda Wheeler 528tiernan@gmail.com	419-973-8282
Clark Wilson clarkwilson@gmail.com	303-495-0671

Directors and Staff

Director of Ride Activities Patty Gaspar RideCoordinator@dbtc.org	303-989-8268
Out of Town Tour Director Kathy Stommel OutOfTownTours@dbtc.org	719-671-5579
MTB Coordinator	OPEN
Fun Ride Coordinator North Jeff Krinsky jkrinsky2003@yahoo.com	720-373-9107
Fun Ride Coordinator South Ellen Fitzpatrick FunRideSouth@dbtc.org	303-756-2517
Road Ride Coordinator roadrides@dbtc.org	OPEN
Intermediate Ride Coordinator Jeff Krinsky jkrinsky2003@yahoo.com	720-373-9107
Weekday Fun/Int Ride Coordinator Merri Bruntz bruntzm@gmail.com	303-517-9781
"Roses" Ride Coordinator Lin Hark mtnlin08@gmail.com	303-578-9369
Information Coordinator Ellen Chilikas info@dbtc.org	
Membership Database/Webmaster Jeff Krinsky webmaster@dbtc.org	720-373-9107
Communications Director Kathleen Shelton communications@dbtc.org	303-264-9878
Map Sales (wholesale) Doug Schuler Mapsales@dbtc.org	303-829-5861

Board Meetings

Any member wishing to attend a board meeting is welcome. The DBTC board meets the second Monday of each month at 6 p.m. at Perkin's Restaurant (1995 S. Colorado Blvd., Denver). If you wish to address the board, contact the president at president@dbtc.org or call 303-725-1565 so that your topic can be placed on the agenda.

The President's Page

Cyndy Klepinger

Summer ended on September 21. While we don't have the long summer days to bike, we are fortunate to be able to continue to bike in the fall months of October, even November. Make plans now to join us at the "Carmel Apple" Rides on October 7. There's a ride for everyone, including a metric century. For more information, turn to page 13.

Please welcome Kathleen Shelton as our new communications director. She will be responsible for the club's newsletter, Meetup postings and other communication tools. Kathleen has an extensive

graphic design and web design background. Her expertise will help us improve our interaction with you and other club members. Equally important she will help with the branding of the club in order to attract new members. She can be contacted at:

communications@dbtc.org.

Many of you know that I like to laugh . . . and the funny bike

photos found on the guy-sports.com website made me laugh, and hopefully, make you laugh, too.

I hope to see you at the upcoming annual Volunteer Recognition Lunch on Saturday, November 11. For information on how to register, go to page 1.



Pictures and Articles for the Newsletter... This newsletter belongs to the members. If you have pictures or an article to share, please email them to ridecoordinator@dbtc.org. Only send one or two pictures, so you don't clog up my computer! Be sure to include details about who, when and where the picture was taken. If you have a photo to mail, contact the Ride Coordinator for the address. Remember we must give credit to the author. If you are a writer with an article of interest, we may make you a published author! The deadline for publishing is the 20th, but please send your articles earlier.

...continued from page 1

including Hudson Gardens and REI. Ride Leader: Jeff Krinsky

Wave #2:

A FUN category ride, which will be approximately a 30 mile route that will depart from Lions Park at 10 am heading towards the Arvada Reservoir then returning via Easley Rd and the Clear Creek Trail. Ride Leader: John Klever

A "Show & Go" Mountain Bike ride will also start at 10:30 am to North Table Mesa area.

Wave #3:

A ROSES level ride will start at 10:45 am with an out and back ride on the Clear

Creek Trail. Ride Leader: Jill McMahon.

Grand Finale:

Join us for the refreshments and celebration back at Lions Park beginning around 1 pm.

We've heard from many folks that the thing they enjoy most about being a member of DBTC is the chance to socialize with fellow cyclists so here's another opportunity to get together. Please plan to join us on

Saturday, October 7 at Lions Park in Golden.

Questions can be directed to president@dbtc.org.



Find DBTC on Social Media

Become a member of these social media sites for relevant cycling news, last-minute rides and social activities with fellow members, such as ski trips and movies.

To join Meetup:

Go to meetup.com and join the DBTC Meetup by searching for "Denver Bicycle Touring Club" in Groups or going to: www.meetup.com/Denver-Bicycle-Touring-Club/

To join Yahoo Groups:

To receive email updates from the Yahoo Group or Mountain Biking Yahoo Group, you can join by sending an email to: coloradobicyclist-subscribe@yahoogroups.com or comtnbikers-subscribe@yahoogroups.com. You'll then receive emails about upcoming rides for those respective groups. You can also check out the latest at: <http://www.groups.yahoo.com/group/ColoradoBicyclist/> or <http://groups.yahoo.com/group/COMtnbikers>

Ride Leaders: Remember, if you have a guest/non-member on any of your rides, the Membership Committee needs to know so we can invite them to join us on future rides as a NEW (or renewing) MEMBER! Please photocopy your Sign-in Sheet and email a scan of it to Lin Hark at: guestrelations@dbtc.org. Thanks for helping us grow our Club!

Mountain Biking with DBTC

Currently DBTC has no MTB coordinator, but still has a very active mountain bike group. Not much gets in the newsletter about mountain biking, but the group uses a yahoo group to coordinate many impromptu rides.

Join the group and get emails about the upcoming rides and trips by joining the email list. The group is very active during the winter months riding on nice days at nearby foothills trails. www.groups.yahoo.com/group/COMtnbikers

Gems of the Pacific Northwest Tour

- September 2017

by Jean Deering

For those of us who drove to Washington State for the "Gems of the Pacific Northwest" out-of-town tour, things started out quite 'hazy.' Due to wildfires in many states northwest of Colorado, we drove through plenty of haze and smoke. However, the week-long ride in the Pacific Northwest was indeed a "gem" of a ride. We enjoyed daily sunshine without haze, smoke or rain.

The ferry rides from island to island gave us a chance to visit with old friends and meet new ones, enjoy the view, work puzzles, nap, snack and enjoy liquid libations.

On San Juan Island, we climbed hill after hill, but were then rewarded with a thrilling ride down those same hills. We visited American Camp, the US military site during a twelve-year war with the British over which country had rights to the island. However, throughout the entire event the only casualty was a pig. We toured a lavender farm where they produce everything lavender, including ice cream and alcohol. We enjoyed a presentation at the Wolf Hollow Wildlife Rehab Center. NO wolves here, but we learned about wildlife on the islands, saw of pictures of injured critters and birds they rehabilitate and hopefully reintroduce into the wild.

On Lopez and Shaw Islands we biked through quiet country sides, down to beaches and small villages, then climbed back up and out to the ferry terminals.

Once off the San Juan Islands, we headed to the



very quaint small town of La Conner, Washington. From La Conner, the strong and brave riders biked to the breath-taking Deception Pass Bridge and State Park. The more calm and cool participants of our group wisely chose to hike the beautiful trails below and then walked the bridge. Breath-taking, either way! Our efforts were rewarded with a group picnic along the shore of Cranberry Lake.

Kathy and Joe Stommel, our amazing leaders, obviously put so much time and effort into details, so as to insure a wonderful experience for all. As per tradition, Joe concluded our Farewell dinner with his comic relief song. Each participant of the Gem Ride and all the follies of the week were included in his hilarious performance.

Thank you, Kathy and Joe!



PEDAL THE PLAINS:

SADDLE UP! It's Going to be a Wild Ride!

The organizers of PTP promised a "wild ride" and it was for the sixth annual Pedal the Plains. Several DBTC members participated in this a three-day tour that took us on a 177-mile adventure through the countryside of



northeast Colorado, including stops at Kersey, Keenesberg and Brush!. It was a traveling party packed with boot-stomp'n live music, beer gardens, delicious and locally-sourced



food, interactive educational exhibits and lots of laughter. It was an opportunity for members of DBTC to ride with old – and new – friends.



Two-Week Segments Offered on East Coast Freedom Ride

Lise Neer & Dan Zimmerman

Join us in 2018 for the Bike Tour of Your Dreams and Support a Worthy Cause!

- Is a tour of the East Coast (Hwy. 1-A and rail trails) on your bucket list?
- Ever wanted to ride the Causeway all the way to Key West?

As you may remember, Dan Zimmerman has crossed the US three times on his recumbent trike, to raise awareness for stroke and HHT (a hereditary disease that caused his stroke).

We invite you, as a DBTC member to join one of the following two-week tour segments and support our mission. Please look at our website, SpokesFightingStrokes.org to learn more about our mission of Hope Freedom and Recovery for stroke and brain injury survivors.

Alternatively, if you want to ride the full East Coast Freedom Ride — 4 months priced at \$7,000 in the air-conditioned RV (3 bunks available as of July 20, 2017) or \$5,500 for tent camping — it is not a DBTC-sanctioned event.

ERIE CANAL TOUR - 8 Days \$945

- Daily Riding Average = 58 miles (flat terrain)
- One rest day
- Fly in to Buffalo, NY 6/24/18
- Ride 6/25 - 7/2
- Fly out of Albany, NY on 7/3/18

East Coast Freedom Ride — Choice of any of the following 2-week segments

Option #1 / Section 4 — HISTORIC BOSTON to PHILADELPHIA \$1,700

- Daily Average = 44 miles
- Three rest days: 8/11, 12 & 13
- Fly in to Boston 8/4/18
- Ride 8/5 - 8/19
- Fly out on 8/20 from Philadelphia, PA or Trenton, NJ

Option #2 / Section 10 — MID-ATLANTIC to the OLD SOUTH \$1,700

- Daily Average = 43 miles
- Two rest days: 10/13 & 14
- Fly in to either Wilmington, NC or Charleston, SC on 10/7/2018
- Ride 10/8 - 10/21
- Fly out of Jacksonville, FL on 10/22

Option #3 / Section 12 — FLORIDA FINALE! \$1,700

- Daily Average = 45 miles (flat!)
- One rest day: 11/11
- Fly in to Orlando, FL 11/4/18
- Ride 11/5 - 11/15 (including ending party)
- Fly out of Miami on 11/16

Registration fees include airport shuttle, all meals (good home-cooking!), daily ride support, lodging in 10-person tent, and gourmet coffee every morning! Also includes storage space for one duffel bag (pack enough clothes for one week). Commemorative T-shirt included in rider fee. Also, as part of your registration, an OOTT 5% fee goes back to the Denver Bicycle Touring Club!

All riders and team members are expected to help with chores (kitchen prep, cooking, housekeeping, laundry), and maintain your own bike & equipment (any major repairs will be available at



bike shops en route).

This tour benefits Spokes Fighting Strokes' "Spokes Adaptive Cycling" program and outreach for stroke and HHT. SpokesFightingStrokes.org is an all volunteer-run 501(c)3 non-profit organization. No one receives a salary.

All ECFR and ECT participants must show proof of medical as well as travel insurance. We are not a tour company, but want this to be a great experience for all concerned. A couple of recommended travel insurers are Lonely Planet and World Nomads.

Register via email to Lise@SpokesFightingStrokes.org and pay via "Donate" tab on our website: SpokesFightingStrokes.org (tax-deductible to the fullest extent of the law). Check out the itinerary by clicking "Schedule" and then "this link" on that page, for more info about the East Coast Freedom Ride.

Alternatively, mail a check (include your email address so we can send you a donation receipt) to:

David Babcock, Treasurer, Spokes Fighting Strokes
1425 E. El Parque Drive, Tempe, AZ 85282 USA

A 10% non-refundable deposit is due by Dec. 31, 2017
Payment in full by June 1, 2018

SpokesFightingStrokes' mission is to reach every stroke survivor and show them that recovery is possible!

Through our Spokes Adaptive Cycling Clinics, we help stroke survivors to get their life back, regaining strength and ability, hope and freedom. The goal is to increase awareness about stroke and HHT (Hereditary Hemorrhagic Telangiectasia), the cause of Dan's stroke, and to put Adaptive Cycling into the hands of the stroke community.



DBTC Summer Rides

Monarch Crest Ride – August 26

Mountain bike riders joined Steve Thomas on the Monarch Crest Trail on August 26th. The ride was excellent with much of it above timberline with great views. The high point was 11,960 feet and the total climbing was about 2,200 ft, with a total descent of 6,000 ft. There are a few technical sections, but overall it was a fairly smooth ride. There is even a shuttle to get to the top of the pass!



Final Evening Ride: Rock Creek

On Tuesday September 19th Ron and Jeff rode a shortened version of the scheduled ride and rode mainly around Rock Creek on the final evening ride.



Majestic Mystery Ride

On August 29th, there were only 2 of us, but we still had a Majestic Ride that evening complete with free beads!

WELCOME
NEW DBTC MEMBERS

SUZANNE CARTER

ALYSON DINKIN

JOSEPH LANTZ

TERRY MCCULLOUGH

LANI WITT

Littleton Ride

On Sunday August 27, Bob Shedd led 12 riders around the trails of Littleton highlighted by the surfers of the Platte River!



Online Construction Detours & Updates from RTD:

https://www.google.com/maps/d/viewer?ll=39.805899,-104.984665&t=m&source=embed&ie=UTF8&mmsa=0&spn=0.158248,0.342636&z=11&mid=zVMlvSdJQnac.kopSvxexI_mc

Ditto from Denver Parks & Rec:

<https://www.denvergov.org/content/denvergov/en/denver-parks-and-recreation/parks/trails/trail-detours.html>

Traveling with your bike?

Do it the easy way... DBTC has hard-sided bike transport boxes that can be checked out to current members. Contact any Board officer for more information.



We need you to be involved in the Denver Bicycle Touring Club! We have several volunteer opportunities as well as a paid part-time job. Without you, our Club would not exist.

EVENT COORDINATOR

We need a volunteer to help manage DBTC's outreach efforts, which include Bike to Work Day and the Subaru VeloSwap. The job involves coordinating the details of events, recruiting and managing the volunteers to staff events, and setting up and tearing down the exhibit display. VeloSwap is Saturday, November 4, 9 AM-4 PM.

While the rewards are non-monetary in nature, you will gain the satisfaction of making a difference, as well as promoting the joys of bicycling. BONUS: You meet some great people!

BOOKKEEPER

Establish and/or update quarterly financial records for income, expenses and budget using Quickbooks software. Information provided by Treasurer. For more information, contact Steve Thomas: 303-419-2531; treasurer@dbtc.org



FOR SALE

TIRES: Two kenda kwest 20x1-1/8 (wire bead and 100psi) with tubes.

Ridden less than 400 miles.

\$30 for both.

Call Cyndy Klepinger: 303.725.1565

THE BICYCLING SEASON ISN'T OVER 'TIL YOU RIDE YOUR AGE IN MILES!

For the past 14 years Lin Hark has ridden her age in miles on or near her birthday in November. It has become a tradition for Lin to lead one or more rides and invite DBTC members to join her. Her daughter and grandkids have followed this tradition recently as well and there may be some new faces joining this year.

For the past several seasons she has done a very well attended ride (depending on the weather) beginning at the Downtown REI at 11:00 am on the first Saturday in November. This is the last day before the time changes back to Standard Mountain Time. All members are welcome to join the fun, even if they don't ride, for the lunch on the deck by Starbucks at REI (bring or buy your own).

There are rides before and after for the hardier riders who are prepared for the colder temperatures early and late. Riders often ride to and from the 11am ride and calculate their own desired mileage. See the October ride schedule for details.

We look forward to having your join in to ride your age in miles!



Guidelines for E-Bikes

The Colorado law that regulates the operation of bicycles recently changed because of again based on the number of people now riding electrical assisted bicycles or "e-bikes."

The controlling statute in Colorado for most of the bike laws is C.R.S. Section 42-4-1412 and for electric bikes as defined in C.R.S. Section 42-1-102. This statute was expanded to add the three categories or classes of E-bikes.

E-bike Class I is for a pedal assist and provides electrical assistance up to 20 mph. E-bike Class II provides electrical power when the rider is pedaling or not and stops giving power when the e-bike reaches the speed of 20 mph. E-bike Class III provides electrical power up to 28 mph.

In Colorado, Category I and II can be ridden on bike, pedestrian or multi-use paths.

Class III can only be ridden on public roads by those age 16 and older. The law also requires the rider or passenger of a Class III E-bike under age 18 to wear a bike helmet with the strap in place while the E-bike is in motion.

Local Colorado Towns have Different E-Bike Laws
Breckenridge E-Bike Laws

Local cities and towns control where electric bikes can be ridden. For example, Breckenridge has a great system of bicycle paths and trails. The most popular bicycle path that connects Breckenridge to Frisco does not allow electric bikes. To give more context, this bicycle path has never allowed motor vehicles to be used, so not allowing electric bikes was a step that the Town Breckenridge decided to make for the safety of the path (or facility as the town planners call it) users.

Many cities and towns have yet to have a specific rule for e-bikes, so then the State Law controls the use of electric bikes.



DBTC Board Candidates



Dick Shelton

I discovered the physical and mental satisfaction of recreational cycling after moving to Colorado in 2004 and enjoy sharing knowledge of new trails and advocating for continued expansion of both the on-street and multi-use trail system. For the past 6 years I have been an Aurora Trail Steward helping to maintain safe and attractive open-space facilities.

I have served on the Board as Secretary for the last two years and look forward to continuing that role using my knowledge, experience and energy to provide positive cycling experiences for fellow club members.



Cyndy Klepinger

I am running for the Board again to continue to bring some fresh ideas and perspectives to the best biking club in the Denver area. I enjoy contributing to the success of DBTC not only as member of the Board, but as a ride leader. Over the past several years as a club member, I have enjoyed meeting new people, creating friendships and becoming a better rider. And I would like to share my enthusiasm for riding with others.



Sunnys Keeley

I moved to Denver about a year ago. One of my first objectives was to join DBTC, a bike club that offers a wide range of activities and many potential friends with a similar passion for riding. Not only do I enjoy the organized rides and events, but I'd also enjoy contributing my services to a worthy club. I'd like the opportunity to give as well as receive the benefits of DBTC.



Phil Gee

Retired, currently volunteering as a bicycle mechanic at "Bikes Together" since they opened 10 years ago. I have also worked as a mechanic for a bike shop after college. For the last three years, I have been a member of DBTC. I also enjoy skiing and hiking and have been a member of the Colorado Mountain Club for the last 20 years. I Hope to be able to contribute my time and knowledge to DBTC as a board member.



Linda Wheeler

I have served on the board three years and have enjoyed being "social events coordinator" for the club. I am a retired, but working, middle school science teacher who enjoys biking for the outdoor experience and exercise. Bike tours are my favorite. The friends I have met through DBTC are icing on the cake.



bicyclist

BEGINNER RIDES!

New to riding? Want to dust off that old bike and ride again, but don't know how to get started? Don't know the rules of the trail? Uncomfortable on busy roads or even busy trails? Doubt you can keep up with "real bicyclers"? Unsure of what distance to ride when getting back in shape after an injury or years of not riding? Join select "Roses" beginner rides to get started again! An experienced rider will guide you at your own pace for a comfortable distance on a trail without lots of other riders to distract you from learning to get back on the bike. If you show up for any of these rides, Lin Hark or another qualified leader, will join you at the beginning of each ride and choose a direction for an out-and-back, either with the ride leader or at a slower pace, either in the same direction of the official ride or a different direction.

Don't see any beginner rides in the schedule? Call or email Lin Hark at (303) 578-9369 or mtnlin08@gmail.com and she will let you know what ride someone can meet you on for a shorter, easier ride.

Already an experienced rider? If you would like to help fellow members rediscover the joy of bicycling, please let Lin know: (303) 578-9369 or mtnlin08@yahoo.com. Your assistance may be needed only once or twice a summer.

FLYING ZUCCHINIS

STAY TUNED:

FALL CENTURY RIDE & PICNIC
Saturday, Oct. 7
10:00 a.m.
Lyons Park, Golden

VOLUNTEER RECOGNITION LUNCHEON
Saturday, Nov. 11
12:00 p.m.
Cherry Creek Holiday Inn

Proposal to amend DBTC Bylaws

At the DBTC Board meeting in August the following amendment to our Bylaws was proposed:

ARTICLE IX - FINANCES

Section 3. Authorized Signatures. The board shall authorize **up to** four of its members to sign checks. ~~All checks in an amount greater than \$300.00 will require two signatures.~~ **The president may utilize a debit card to conduct routine business transactions subject to monthly review by the treasurer.**

Added language is in **bold type**, deleted language is ~~struck through~~.

Discussion:

The 2017 annual audit pointed out one area where current business processes do not conform to existing bylaws; this update is to correct that problem.

In practice only two board members, the president and treasurer, have signatures on file for the checking and savings accounts and only they possess blank checks. The language change moves away from a mandate of four board members that is impractical and unnecessary but retains flexibility to add more if needed.

Also, it is impractical and unnecessary to require two check signatures and this requirement has not been followed in recent memory. Approximately 70 checks are written annually and less than 20% exceed \$300 and are always for expenses authorized by the board.

Lastly, modern checking accounts include a debit card function that facilitates routine business transactions and the board has entrusted this function to the president. There are approximately 5 debit transactions per month and the treasurer always reconciles them in his report to the board.

The Board unanimously approved this amendment and recommends members also approve it at the VRL on November 11th. Please direct questions or comments to Dick Shelton, Board Secretary, at richardmshelton@aol.com.

DBTC FALL RIDES 2017

Fall has arrived! The season is almost over so get your October rides in to your ride coordinator. Holes in the schedule? Without leaders, there is not a schedule -- and everyone has at least one favorite ride to share. If you lead 5 rides you get a free lunch at the Volunteer Recognition Lunch - and our gratitude.

If you'd like to include an activity in the newsletter, please email it to ridecoordinator@dbtc.org by the 20th for the next newsletter, or contact Patty at 303-989-8268.

Pace of Ride	Difficulty of Terrain	Distance	Quadrant of City	Departure Time
Roses – Leisurely (Avg. 8-10 mph) Fun – Comfortable (10-12) Int. – Brisk (12-16) Road – Fast (16-20+) ATB – Unpaved Roads MTB – Mountain Bikes	H1 – Flat H2 – Some Hills H3 – Hilly H4 – Serious climbs Two ratings: technical skill T1 to T4 and Physical exertion P1 to P4	This is an estimate – options may be offered	NW NE SE SW W	Arrive early enough to unload your bike and be ready to leave at the time shown.

Fall Riding Information

Rides are cancelled if the temperature is below 40 degrees at start time or if it's raining or thunderstorms are in the area. Be ready to start at the time listed – tires pumped up and bike ready. The ride leader is not a mechanic so if your bike needs repair, please take it to the shop.

Ride Locator: There is a guide to the most frequent start locations on our website – www.dbtc.org. It provides the information you need to use Map Quest or Google Maps to make a map to the starting location.

If you'd like to include an activity in the newsletter, please email it to ridecoordinator@dbtc.org by the 20th for the following newsletter or contact Patty at 303-989-8268.

DBTC's Emailing Lists

Get late breaking news, last minute ride updates, and short-notice of weekday rides, all emailed directly to you as soon as the information is posted. If the weather is "iffy", a ride leader can post a notice to let you know if the ride will go or be cancelled.

DBTC Message Board is the DBTC General Email List. To join, send an email to: ColoradoBicyclist-subscribe@yahoogroups.com

DBTC Mountain Biking Email List
To join, send an email to:

COMtnbikers-subscribe@yahoogroups.com

Twitter account is @DenverBikeClub – note that many members do not tweet.

DBTC MeetUp group at www.MeetUp.com/Denver-Bicycle-Touring-Club/ be used to post rides as well. Once you have posted your ride, we will review the ride information to be sure it complies with the club requirements then upload it to the MeetUp web site where you can edit your ride. MeetUp is open to the public and can increase the number of riders on your rides and, hopefully, club members. Rides cannot conflict with the ride schedule. If you have registered with MeetUp, we will post your scheduled rides. We are also on Facebook if you want to share pictures or bike related news.

The DBTC Website operates independently from the Yahoo Groups. The Yahoo Groups send only email messages concerning some upcoming events. The DBTC monthly Newsletter, The Colorado Bicyclist, is sent to you from the DBTC Website via email only if you have so requested.

You can join any or all groups. After you send the email requesting to join, you will be contacted via email with a confirmation. If you'd like to post an event, simply go into the site. Remember that only club-related activities can be posted. We reserve the right to cancel any posting we don't think is appropriate. See the website for posting rules.

Please Note;

Joining Facebook or any other group does not make you valid member of the DBTC.

If your email address changes, you must send your new email address to the DBTC webmaster (webmaster@dbtc.org). The DBTC monthly Newsletter, The Colorado Bicyclist, is sent to you from the DBTC Website via email only if you have so requested.

"How do I get to the start of that ride?"

Not certain where to meet your DBTC friends to ride?

Many of our start locations are available on our website: dbtc.org/page-1533322

DBTC Ride Schedule • October 2017

Fall Riding Guidelines

Weather: Temperature above 40 and not raining or snowing. Some leaders cancel if it is below 50 so check with your leader if in doubt.

Clothing: Rain gear or jackets to layer

Other: Sunscreen, lots of water, repair items and a snack

Saturday, September 30th

9:00 AM FUN/INT-H2-25 SE Meet Ellen Fitzpatrick (720-209-2269) at Eisenhower Park (southeast corner Dartmouth and Colorado Blvd at the rec center) and we will ride out to Cherry Creek reservoir on roads through the Denver Tech center, loop the reservoir, and return on the Cherry Creek bike path to Cook Park and meander our way on bike friendly neighborhood streets back to the start. Optional lunch after.

Sunday, October 1st

9:30 AM FUN/INT-H3-25 NW Meet Jeff Krinsky (720-373-9107) for the award winning Tour De Boulder that includes an amazing JUGGLING and Magic presentation. The ride will concentrate on the Boulder Creek, Skunk Creek and Bear Creek paths that are pretty flat but we will also take Boulder Creek a little ways up into the foothills (those who hate climbing can wait at the park). The adventure begins at the parking lot near the jungle gym rocket at Scott Carpenter Park in Boulder at the SW corner of 30th ST and Arapahoe Avenue. This year the first 100 attendees get to ride for free!!!

10:00 AM FUN-H2-29-SW Meet Bob Shedd (720-290-6014) at the RTD Littleton Downtown Station, in the northwest quadrant of the parking lot located at Alamo Avenue & Prince Street. Ride will go south and west on "secret" bike paths (all fully paved) that Bob has scouted in the Columbine and Ken Caryl areas, and includes a climb up to the dam at Chatfield State Park. Today we will add 3 or 4 miles to view the South Platte River Run surfing area. (Our route may be modified if there are trail closures for C-470 construction.) Optional lunch afterward at Merle's Restaurant on Main Street, within 3 blocks of the starting location.

Tuesday Evening, October 3rd

5:15 PM FUN-H2-10-NW Meet Jeff Krinsky (720-373-9107) for this short, BONUS EVENING RIDE, THE HIDDEN GEMS OF ROCK CREEK!!! This ride takes us on a tour of the beautiful trails of Interlocken and Rock Creek. Let's meet at Rock Creek village which is centrally located in Superior at the NW corner of Coalton and Rock Creek Parkway (Address is 1601 Coalton Road Superior, CO. 80027.)

Wednesday, October 4th

10:00 AM FUN/INT-H2-25to30-SW Meet Patty Gaspar (303-618-5069) behind the tennis bubble at W Bowles and S Federal ride into Ken Caryl and over the hog back. The scenery is a beautiful on the downhill then we'll come back through Chatfield. Lunch afterwards is in downtown Littleton. (Ride cancelled if below 50)

10:30 AM Leisure/"Roses" Ride H5-20 SW Show and Go - Meet at Reynolds Landing (Go west on Brewery Lane at Santa Fe Drive where there is a light. Continue past the Breckenridge Brewery to the big parking lot at the end of the road on the right.) This ride will be a Show N Go ride and will go in the direction decided by the participants on trails and/or streets.

3:00 PM INT-H1/2-20-SW Meet Ellen Chilikas (outdoorsdiva@yahoo.com) at Riverside Downs Park (2600 W Belleview Ave, Littleton, CO 80123 – park on the far east end of the parking lot close to the river, across from the 24 Hour Fitness; this is also near the Pedal Bike Shop). This is another BREWERY RIDE! Please arrive early (by 2:45pm), since we will leave at 3 p.m. sharp. The ride may be on either paved or unpaved trails like the Highline Canal and will up to 20 miles round trip. Ellen will send out details of the ride via the list server once we get closer to the date. The ride will be at a brisk pace of at least 12 mph, so please make sure you can keep up. No maps, we will ride together as a group. .

Saturday, October 7th Fall Century and Picnic at Lyons Park in Golden

7:30 AM INT-H2-67 NW Now that it has cooled off, let's start the fall off right with the METRIC CENTURY 2014 EXPERIENCE!!! Look for Jeff Krinsky (720-373-9107) at Lions Park in Golden! We will ride through Colo. School of Mines to Hwy. 93 & 19th St. to C-470 trail to Chatfield Reservoir to the Platte River trail, north to Clear Creek Trail and back to Golden Lions Park. Strategic breaks will be located throughout the ride with primary stops at Hudson Gardens and REI.

10:00 AM FUN-H2-25 NW – Meet John Klever and come ride the beautiful trails around Golden. We won't go as far as the metric century riders. We need someone to step up to lead this ride. There is even a Farmers Market you can take advantage of, lead a ride and enjoy a picnic. What a combo! Everyone else, come and enjoy this October ride and picnic.

10:45 AM Leisure/"Roses" Ride H1-12-18 NW – Jill McMahon (303-888-0314 cell) will lead a ROSES level ride which will start at 10:45 am and go east out and back on the Clear Creek Trail - probably to Prospect Park (about 12 miles round trip) although we could go further depending on the wishes of the group.

Sunday, October 8th

9:30 AM FUN/INT-H2-23-NW– Meet Jeff Krinsky (720-373-9107) for THE HIDDEN GEMS OF ARVADA. We have all experienced the traditional Arvada classics trails of Ralston Creek, Clear Creek, and Van Bibber. Check out this new route instead that explores the Pomona Lakes, the Arvada Fire Fighter's Park and other forgotten areas and is guaranteed to be an adventure! Meet at the SE corner of HWY 36 and 104th at the back side of the Quaker State and Lube Restaurant (10392 Reed St., Westminster, CO) by a hidden entrance to a hidden trail where the adventure will begin (and end). Possible lunch at Quaker State and Lube will follow.

Wednesday, October 11th

10:00 AM FUN-H2-20-NW – Meet Merri Bruntz (303-517-9781) at Crown Hill Park (26th & Garrison) for a ride to Wash Park. We will ride east on 26th Ave around the north side of Sloans Lake to 23rd Ave down to the Cherry Creek Trail. We will take the trail to Wash Park. After riding around the park and taking a break, we will return riding around the south side of Sloans Lake to 20th Ave before returning to the start. (Ride cancelled if temperature below 50 degrees at start time).

10:30 AM Leisure/"Roses" Ride H1-15-20 SE – Meet Harold Deist (303-906-4305), on Bronco's Parkway between Jordan and Parker Rds. for a ride on the Cherry Creek Trail. We will go North, to experience the new route under Arapahoe Rd., then South for a total of 15-20 miles, depending on wishes of the group. Bring a snack, and money for lunch at a favorite eatery after the ride.

Friday, October 13th

3:00 PM INT-H1/2-20-SW – Lucky Friday the 13th Brewery Ride Meet Ellen Chilikas (outdoorsdiva@yahoo.com) at Riverside Downs Park (2600 W Belleview Ave, Littleton, CO 80123 – park on the far east end of the parking lot close to the river, across from the 24 Hour Fitness; this is also near the Pedal Bike Shop). This is another BREWERY RIDE! Please arrive early (by 2:45pm), since we will leave at 3 p.m. sharp. The ride may be on either paved or unpaved trails like the Highline Canal and will up to 20 miles round trip. Ellen will send out details of the ride via the list server once we get closer to the date. The ride will be at a brisk pace of at least 12 mph, so please make sure you can keep up. No maps, we will ride together as a group. End of season.

Saturday, October 14th

11:00 AM FUN-H2-22-SE End of Season Ride Meet Dick Shelton at Treads Bicycle Outfitters for an end of season ride from Treads to Arapahoe Road Bridge and include a loop around Cherry Creek reservoir, finishing at the Peak To Peak Brewery next door to Treads. Approximately 22 miles. Join us for pizza and a pint after the ride!

Sunday, October 15th

10:00 AM FUN-H2-25-NW NEW & IMPROVED WESTMINSTER CLASSIC. Meet Jeff Krinsky (720-373-9107) for an exciting ride full of unexpected twists, turns, and surprises...and now with BRAND NEW TRAILS. We will meet at the parking lot WEST of the baseball diamonds in Westminster City Park. (Directions: From US 36 and Church Ranch Blvd/104th Ave. exit, east on 104th about 1/2 mile to the first left after the Westminster Blvd light, then go LEFT again into the parking lot. The address for the park is 10455 Sheridan Blvd but note again that we are meeting WEST of the buildings and baseball fields.) This ride takes us through the Westminster, Northglenn, and Thornton area, including the Farmer's Highline Canal, Lee Lateral, and Grange Hall Creek trails.

Wednesday, October 18th

9:30 AM Leisure/"Roses" Ride H1-20-SE Meet Julie Brown (303-988-5941) in the Parking Lot at Bible Park. (From Yale and Monaco, go east and turn south into the parking lot.) This is an out-and-back heading east on the Highline Canal. We will ride to Fairmount Cemetery to view some of the 59 varieties of heritage roses. Bring a snack and money for lunch after the ride. Please arrive early, as we will leave at the designated time.

10:00 AM FUN-H2-25-NW Show-and-go mystery ride. Meet at Prospect Park (44th & Robb St) for a ride in the Golden/northwest Arvada area. If Merri Bruntz is there, she will gladly lead a ride over the Arvada Reservoir. If not, then the group will decide the route.

Saturday, October 21st

10:00 AM Show and Go from the tennis bubble at Federal and Bowles (just west of Santa Fe). Distance and pace determined by the riders.

Sunday, October 22nd

Cake Crumbs RIDE!!! Watch for details on MeetUp. Meet at Cake Crumbs Bakery and Coffee Shop at 2216 Kearney Street, Denver.

Wednesday, October 25th

10:00 AM FUN-H2/H3-25 Meet Patty Gaspar (303-618-5069) behind the McDonald's at Sheridan and Hampden. We'll head to the Tech Center on various trails. We have to climb some hills and there are sections on the Highline Canal (pea gravel), and then we'll have our morning latte complements of DBTC and loop back to Bear Valley. It is a beautiful ride and we get have a wonderful downhill back to Bear Valley. Lunch is in Bear Valley. (Ride cancelled if below 50).

10:30 AM Leisure/"Roses" H1-17-SW Meet Cathye Woody (303-781-1164 h, 720-530-3940 c) at the Broken Tee Golf Course (2101 W. Oxford Ave, Sheridan) at the far west end of the parking lot. We will ride approximately 11 miles on the Platte River Trail and the Bear Creek Trail to Fox Hollow Golf Course, and then return the same way, an out and back ride. Bring a snack and money for an optional restaurant lunch at Panera in nearby River Point shopping area.

Saturday, October 28th

10:00 AM FUN/INT-H2to3-20-SW Meet Patty Gaspar (303-618-5069) at the Sheridan Public Library Parking lot - 3425 W Oxford Ave. We'll check out all the new houses in Bow Mar area and go to Bowles Lake, Grant Ranch to Wadsworth and back to Sheridan Library. Some hills and lots of ups and downs, some beautiful quiet streets and pleasant bike paths. Lunch is afterwards.

Sunday, October 29th

10:00 AM FUN-H2-22-NW Scary Halloween Graveyard ride, meet Jeff Krinsky (720-373-9107) at Arvada park and ride, NW corner of Wadsworth Blvd and 55th. Jeff will lead a scary tour of old Arvada graveyards. Costumes are welcome but not required. There will be a ghoulish lunch afterwards for those who survive this haunting experience!

Saturday, November 4th

Lin's Birthday Rides -- 3 Ride choices from REI. Suggested parking at City of Cuernavaca Park for 3 hours or less, REI overflow lot south of the store, or the Downtown Aquarium pay lot. (Directions to Parking: exit I-25 at 23rd Ave., drive past REI and continue north on Platte St about 5 blocks, under the overpass, to the parking lot.)

9:15 AM STAGE 1 Leisure-H1-18-Central Meet Lin Hark at REI's South Deck FUN/Leisure morning riders will meet at 9:15 AM sharp for the morning 18 miles. 9:15 AM STAGE 1 FUN-H1-25-Central Hardy riders can brave the morning chill for a short brisk ride north to South Platte River Park on 88th and back on the South Platte trail to arrive at REI for a quick break before stage 2 at 11:15 AM.

11:15 AM STAGE 2 FUN/Leisure -H1-16-Central Meet Lin at the REI Flagship Store's sunny porch for the second stage of her birthday ride. Ride out and back on Cherry Creek Trail. Meet at REI no later than 11:15 AM.

1:15-2:15 PM LUNCH CELEBRATION Lunch at Starbucks Meet your DBTC friends at REI hopefully out on the deck in the sunshine, but if the sun's not shining we can go inside Starbucks to warm up. If you're not riding anymore but just want to join the fun just come for lunch! Or do your own ride from home and meet at REI for lunch.

2:15 PM STAGE 3 FUN-H1-25-Central Start with Lin from REI for the last leg going South on the Platte to Hudson Gardens and back. Riders who choose to do only the afternoon ride can come at 1:15 PM to join the group for lunch before riding the afternoon 25 miles (or turn around whenever you like). Bring layers of clothes, water, snacks, lunch to eat at REI (or you can buy a sandwich at Starbucks or Vitamin Cottage) a lock and money for lunch. No gifts, your presence will be Lin's gift. This ride will go regardless of the temperature or trail conditions. Note: The miles don't add up because Lin will be riding to and from the ride herself.