

The Colorado Bicyclist

Newsletter of the Denver Bicycle Touring Club

JUNE 2016

Frisco Ice Cream Social Saturday, June 18

By Kathy Stommel

You are all invited to the annual Frisco Ice Cream Social on Saturday, June 18. This year's event is again hosted by Kathy & Joe Stommel at the Lagoon Townhome Clubhouse, 700 Meadow Creek Dr in Frisco. Feel free to bring a swimsuit and towel if you'd like to take advantage of the indoor swimming pool or hot tubs. Changing rooms and showers are also available.

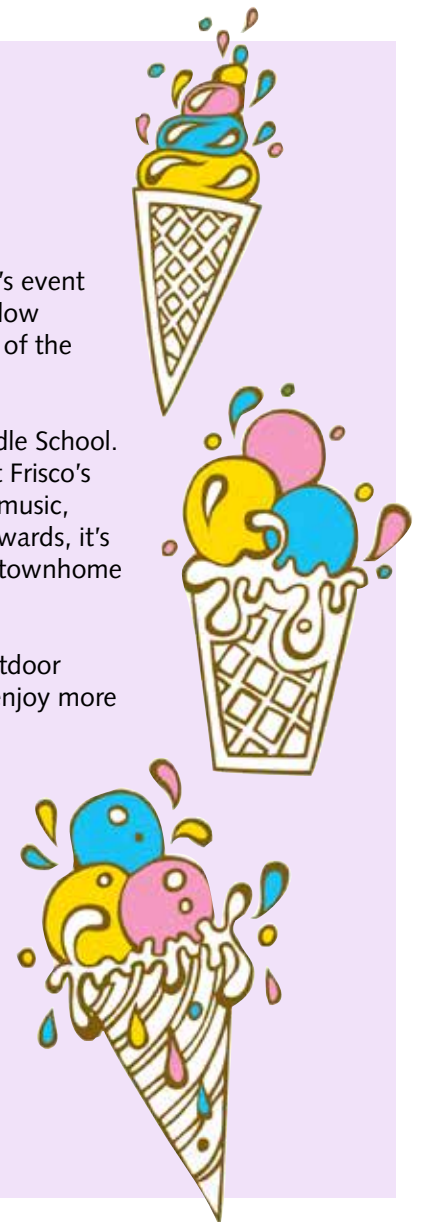
There will be at least a couple bike rides to choose from, all starting at the Summit Middle School. **Please consult the ride schedule for routes and start times.** After the rides be sure to visit Frisco's Main Street and take in the fabulous BBQ Challenge event. The streets will be filled with music, barbeque contestants and vendors offering all types of scrumptious food and drink. Afterwards, it's dessert time with ice cream plus all the fixings, served from 1:00 – 4:00 pm at Stommel's townhome clubhouse.

There are many other attractions in Summit County on summer weekends including outdoor concerts, hiking, boating, fishing and . . . Consider finding a place to stay overnight and enjoy more time in our beautiful Colorado mountains.

Directions to Summit Middle School: From Hwy 70, take Frisco exit #203. At the 3rd stoplight, turn left onto School Rd which leads to the school parking lot. Free shuttle buses will be running from the middle school to downtown Frisco all day.

Directions to Lagoon Townhome Clubhouse: From Hwy 70, take Frisco exit #203. At the second stoplight, turn left between Wendy's and Taco Bell. At the "Y", stay right and then an immediate left onto Meadow Creek Dr. Continue on Meadow Creek all the way to the end where the clubhouse will be on your right, directly across from the tennis court. There is limited parking in the townhome complex is so please consider leaving your vehicle at the middle school and ride your bike to the clubhouse. We can store your bikes in our garage if requested.

Call 719/671-5579 if you get lost.



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Map Sales (wholesale) Doug Schuler Mapsales@dbtc.org	303-829-5861
Photo Gallery Jeff Krinsky photogallery@dbtc.org	720-373-9107

Board Meeting

Any member wishing to attend a board meeting is welcome. The next board meeting date is Monday, June 13 at Southwest YMCA, 5181 W. Kenyon Ave, at 6:30PM. If you wish to address the board, contact the president, Kathy Stommel: cyclekats@gmail.com, or call 719-671-5579 so that your topic can be placed on the agenda.

The President's Page

Kathy Stommel



Could it be that we are finally done with cold, snowy weather? It feels like I've developed an allergy to the cold temps and need to soak in some warm sunshine to remedy the situation! I have a couple topics to share with you this month:

Ride Start Times

Our volunteer ride leaders put a lot of effort into planning the many social rides on our schedule. However, it's frustrating to have a group of people ready to go at the designated time only to have one or more additional riders show up at the last minute. This means everyone must wait while the late comers get their act together and then the leader is forced to repeat instructions and introductions. PLEASE be courteous of your fellow DBTC riders and arrive early enough to ensure you and your bike are ready to roll at the published ride start time. Remember as the weather gets warmer, the rides typically start earlier.

Waiver Form Policy Relaxed

Please read the article in this edition about the Board's decision to allow DBTC members to provide only a signature and printed name on the waiver forms. This should speed up the sign-in process at our social rides so we can spend more time on the move. Everyone is encouraged to carry emergency contact information and any important medical data in their seat pack or a helmet pouch.

Ride Leader Kits

We still have a supply of the new Ride Leader Kits available for any member that is willing to lead four or more rides this season. The kits include everything needed to be a ride leader including a clipboard, four Waiver forms, Ride Leader Guidelines, CPR & First Aid instructions, Incident Report, Business Cards, Membership Pamphlets, and a tube patch kit - all nicely packaged in a bright orange string-type backpack. Please contact any ride coordinator to volunteer and we'll find a way to get the kit to you.

I hope to see you all at the Frisco Ice Cream Social on June 18 and the DBTC Summer Picnic on July 9. Check the event calendar at www.dbtc.org for more information and registration.

Pictures and Articles for the Newsletter... This newsletter belongs to the members. If you have pictures or an article to share, please email them to ridecoordinator@dbtc.org. Only send one or two pictures, so you don't clog up my computer! Be sure to include details about who, when and where the picture was taken. If you have a photo to mail, contact the Ride Coordinator for the address. Remember we must give credit to the author. If you are a writer with an article of interest, we may make you a published author! The deadline for publishing is the 20th, but please send your articles earlier.



DBTC Volunteers @ the Bike Expo May 13-14, 2016

Several Denver Bicycle Touring Club members recently manned a booth at the Primal Bike Expo, a two-day celebration of bikes and community. The crew talked to many potential members about the club and its many rides and fun social events. Lin Hark led a ride from the Littleton area to the event!

Members volunteering include Dick Shelton, Ron Wagner, Mary Palmer, Terry Spence, Scott Houchin, Steve Thomas, Lin Hark, Jeff Krinsky and Cyndy Klepinger. **Thank you!!**



What did you say . . . ? by Cyndy Klepinger

Riding along the bike paths provides a great way to get exercise as well as some laughs and smiles . . .

But the interaction between riders may be entertaining. Here are some comments that I've recently heard while riding:

"What a minute what did you say? I have earphones in."

"Get the f*&^ out of my way!" said a young male rider to an older woman as he passed her while she was riding on her side of the path.

"Thank you" from a little boy after a positive comment was made about his cool Mohawk helmet.

"Stay to the right. Stay to the right. You are in my lane." (a rider said as he attempted to pass two riders going at a pace of 18 mph with an oncoming rider and walker.)

"On your left, ma'am." Appreciated the heads-up, but could have left off the ma'am.

And the best – "You are a stronger rider this year than last year!"

Not a comment, but a "what are you thinking?" The number of riders texting while riding. Really, you're that important?



Cake Crumbs Rides on Sundays Welcome FUN Riders Doug Schuler

The Cake Crumbs Rides are an ongoing group that averages 14-15 miles an hour. In order to accommodate riders of different abilities our rides are often split into two groups. Both groups will follow the same route with leaders for each group. The second group may or may not ride at a slower pace and may do a shorter ride.

Our purpose is for all cyclists to enjoy riding in a group at their comfort level. Group A will average 14-15 mile per hour pace for forty + miles and Group B will average about 11-13 miles per hour.

***"It is the unknown around the corner
that turns my wheels."***

***Heinz Stucke,
German long-distance touring cyclist***

OFF THE BEATEN PATH: TUCSON BIKE TRIP NOVEMBER 14-19

Monday – Sunday, with the El Tour de Tucson on Saturday

Tour Leader – Cyndy Klepinger



bicyclist

You will experience an unforgettable week of expansive mountain vistas, peaceful desert scenery and extraordinary bike rides, including the popular **El Tour de Tucson** presented by Casino del Sol Resort! The event is for cyclists of all ages and abilities who ride 104, 75, 55, 40 or 25 miles.



View from the Arizona Sonoran Desert Museum

On this small group tour of 12 – 14 individuals, you will have time to play as well as enjoy a couple of “can’t miss” local area rides through the natural beauty of the desert. One ride will be through the Saguaro National Park. Officially designated as wilderness in 1976, this park protects some of the most impressive forests of saguaro cactus. Although for many the symbol of the West, this mammoth cactus is only found here in the Sonoran Desert.

Another activity features a visit to the Arizona-Sonoran Desert Museum. The museum offers more of a “zoo” like atmosphere for an up close look at life in the desert. See more than 300 animal species and 1200 kinds of plants over the 21 acre property.

November is an awesome time of year to ride in Tucson with average highs about 80 degrees and lows in the mid 50’s.

Trip Details

Included

Daily breakfast, a group dinner, welcome party, entry into Tour de Tucson (you choose your distance) and more!

Activities

Biking, hiking, wine tasting, Arizona Sonora Desert Museum tour and more!

Days

6 days – Monday - Sunday

Daily Mileage

Standard route: avg. 40, range 25 – 75

You should be an independent, intermediate level rider capable of doing your own tire and bicycle repairs if needed. You must be comfortable riding on roads with traffic.

Start/Finish

Tucson, Arizona

You’ll need to be in Tucson by 3 p.m. on Monday for a bike ride starting near the hotel in the fun and centrally located 4th Avenue Shopping District. We will cruise through the best sections of Tucson’s historic neighborhoods, including:

Iron Horse – Ride your two wheeled steel horse through a massive rattlesnake bridge.

Downtown – Go inside the building where Southwest Deco was perfected and where an infamous gangster met his end!

Presidio – This is where so much began: ancient Hohokam settlements, Tucson’s first structures, and the birthplace of the chimichanga!

Lodging

At a Rated AAA-3 Diamonds hotel with an outdoor heated pool and spa.

Cost: \$750/per person double occupancy. \$300 single supplement available.

Registration

To register, please mail a \$100 deposit check payable to Cyndy Klepinger along with DBTC liability waiver and registration/medical form (<http://www.dbtc.org/page-1568909>) to: Cyndy Klepinger, 5401 East Dakota Ave #9, Denver, CO 80246. Final payments will be due no later than September 15, 2016. Remember that registration funds are non-refundable, but may be transferrable. Direct questions to: matilda8@msn.com, or by phone (303) 394-4962.



DBTC MEMBERS JOINING AND/OR RENEWING SINCE APRIL

DONALD CAMPBELL

HENRY CHU

MARY LOU CLARK

MARY DAVITT

POLLY DUNLOP

JOSEPH EKLUND

DAWN JENSEN

ROBERT MAHAN

AUDREY MEYER

KIM THORNBERRY

MARGIE TITUS

RUTH USCHOLD

DANIEL ZIMMERMAN

Follow SFS on the SEA to SEA TOUR June 4–Sept 10

Lise Neer, Sea to Sea Participant
Dan and his team are on Facebook, Twitter
(@DanTriKeman) and SpokesFightingStrokes.org



This year's tour traverses the country from Anacortes, WA to Boston, MA. Interested cyclists are invited to participate in this Adaptive Cycling journey to help raise awareness and hope for HHT and stroke survivors. Join us for a week, a month, or anything in between... One space left for the whole journey, and more opening up in late June!

Along the way, we will stop at strategic locations to share with the local bike clubs, elected officials and media, as we demonstrate with Dan's fleet of Catrikes how cycling can bring freedom and greater health for those recovering from stroke.

On the return trip from Boston to Phoenix, Dan will stop in Denver again and looks forward to riding with us as a new DBTC member!

Follow us on facebook and Twitter as well as Dan's website, SpokesFightingStrokes.org as we blog our way across the US.



COME RIDE WITH US!

This is a new section for you when you are planning something and would like to invite others to join you. It is not advertising for tours unless YOU, a member, are going. Please keep your post to a single paragraph and include a link to the tour details or your home email so people can contact you.

Grand County Get Away July 21, 22 and/or 23

Come join Anne Gerleman, 970-531-7441, for one, two or three days playing in the Winter Park-Granby area. On Thursday July 21st we will have a FUN/INT bike ride about 30 miles from Winter Park to Pole Creek Golf Course. On Friday, July 22nd, we will have a bike ride from Granby to Hot Sulphur Springs along rolling hills - my favorite ride. And on Saturday we will do a hike up the Second Creek Trailhead. Details of the rides and hike will be in the July newsletter. You are welcome to come up one day or come for all three.

There are lots of other activities in the area so even if you don't want to ride or hike, you can enjoy a summer break in the mountains, including a picnic in the park in the evening.

If you would like to stay in the area here are three hotels with rooms available, but they are filling fast so you had better make reservations:

The Inn at SilverCreek 970-887-2131.

TrailRider Motel 970-887-3738

Little Tree Inn 970-887-2551

Indian Creek Weekend

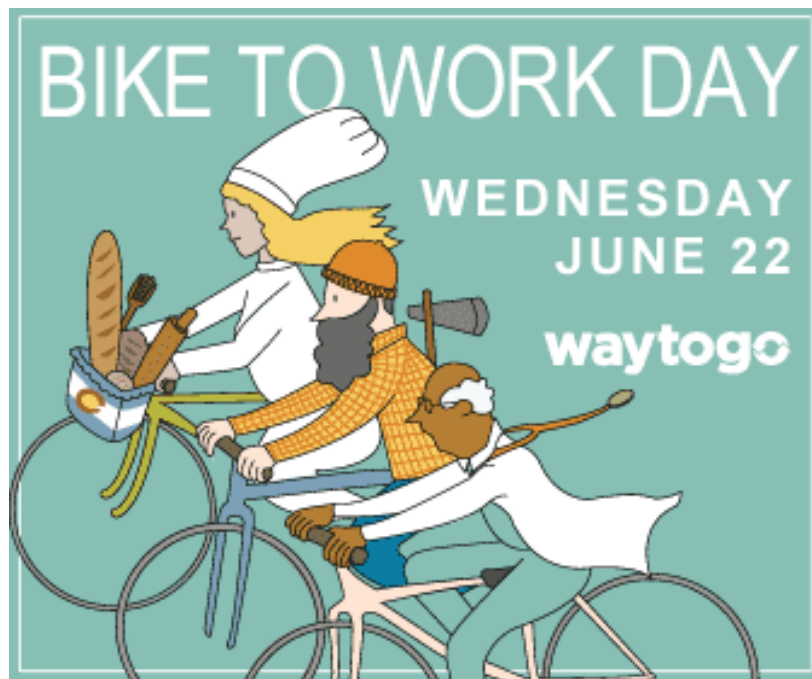
Darrell and Jean Deering

The annual MTB camping trip at Indian Creek Campground outside Sedalia is **June 10 to 12**. See the ride schedule for details about camping, hiking and biking options. You are welcome to come all three days or just one or two.

DBTC members are invited to submit events for this "Come Play With Us" forum as a method to share information and invite others to an upcoming adventure. Be advised these events are not sponsored or led by DBTC and therefore participants will not covered by the club's insurance coverage.

Traveling with your bike this season?

Do it the easy way... DBTC has hard-sided bike transport boxes that can be checked out to current members. Contact any Board officer for more information.



A Few More Volunteers Needed for BTWD with DBTC!

Bike to Work Day in Colorado is Wednesday, June 22nd!

Doug Schuler

Bike to Work Day is a national event to celebrate alternate transportation. You can go to <http://biketoworkday.us/> for more information. DBTC will again have a table at the event so stop by to wander Civic Center and have breakfast - there are usually lots of vendors giving away food. If you can, I need 2-3 people for an hour shift. 6:30-7:30, 7:30-8:30, 8:30-9:30. dougschuler@comcast.net.

Patty Gaspar will lead a ride starting at 9:30 from Civic Center and meeting those who don't want to venture downtown at the sculpture – see the ride description for details.

Just a thought. Last year we had a flood along Cherry Creek when there was a downpour at 5:00 PM, just when all those riders were heading home. A couple of our members had to climb out of the channel to keep from being swept away. Details in last year's July newsletter.



Online Construction Detours & Updates from RTD:

https://www.google.com/maps/d/viewer?ll=39.805899,-104.984665&t=m&source=embed&ie=UTF8&msa=0&spn=0.158248,0.342636&z=11&mid=zVMlvSdJQnac.kopSvxexl_mc

Ditto from Denver Parks & Rec:

www.denvergov.org/parksandrecreation/DenverParksandRecreation/Parks/Trails/TrailDetours/tabid/445331/Default.aspx

THE SAFETY ISSUE

Watch Those Transitions

Nadean Kruse, the “Ice Cream Lady”, was leading one of her leisure rides when she caught her front tire in the space between the trail pavement and the grass. Instead of landing in a nice grassy area and everyone having a chuckle, she hit rocks and was seriously injured. She is a very careful rider, but in an instant she was on the rocks.

We have had other members injured in similar accidents between pavement and concrete, small curbs, railroad tracks and other seemingly minor changes in the road surface. The lesson for all of us is to keep an eye on the trail and be aware of those transitions.

Speed Limits

Remember that when we are riding on trails many of them have a 15 mile per hour speed limit. We need to observe the posted limits even though it is tempting to go faster. On weekends and busy times we may need to go under the limit to avoid near misses with other riders, pedestrians and especially children on the trails. If you think the leader is going too fast for conditions, speak up. Leaders: a group of riders can be pretty intimidating to others on the trail, especially if they are passing everyone else – slow down.

Helmets

We hate to nag, but helmets save lives. Check your helmet to make sure it has no cracks. If you've taken a hard hit, it may need to be replaced. Most manufacturers recommend you replace your helmet every three to five years – check with your bike shop.

REMINDERS WHEN RIDING

1. Always carry identification and medical insurance card. Set your phone so emergency personnel have emergency contact information either using ICE or an app.
2. On multi-use paths, ride in single file and stay to the right. Obey posted speed limits. Be alert. Walkers, roller bladers, baby strollers, horses, and dogs – on and off leashes, share the path.
3. When overtaking another road or trail user, call out “Passing on left”. If in a group, tell how many will pass. Last one say, “Last one” and “thank you”.
4. Use proper hand signals for right turn, left turn, and STOP.
5. Ride leaders – when crossing busy streets, and at traffic lights, regroup and wait at a safe place until the last rider has safely crossed the street. Do not force riders to cross red lights to keep up.
6. Do not follow too closely to the rider in front of you. Leave adequate space for unexpected situations and sudden braking.
7. When appropriate, acknowledge and say “Thank You”.
8. Pull completely off the trail or road to stop and regroup – we are not the Denver Blocking Trail Club.

9. Pass information forward and back – i.e., “rider passing”, hand signals, “car back” – so everyone in the group gets the message.
10. Practice Situational Awareness, Common Sense, and Courtesy. No rider can predict what lies ahead on the road. With a little knowledge and some forward thinking, you can make intelligent last minute decisions that will keep you—and the rest of your group—on the bike and off the ground.

Encounter an Aggressive Driver While On Your Bike?

Like motorists, cyclists are entitled to report aggressive drivers to the Colorado State Patrol by calling *CSP on their cell phones. The State Patrol enters complaints from *CSP calls into a database. After three complaints, the registered owner of the vehicle gets a letter from the state patrol. After five incidents, a trooper will personally contact the registered owner.



Rider points out road hazard

To take a complaint, the state patrol needs:

- The location of the incident.
- The license plate number and description of the vehicle in question.
- The direction of travel and actions of the driver.
- The complainant's name and phone number (you may remain anonymous)

Ride Leaders:

Remember, if you have a guest/non-member on any of your rides, the Membership Committee needs to know so we can invite them to join us on future rides as a NEW (or renewing) MEMBER! Please photocopy your Sign-in Sheet and email a scan of it to Lin Hark at: guestrelations@dbtc.org. Thanks for helping us grow our Club!

2016

January February March April
**SAVE THE DATE FOR THESE
 2016 EVENTS:**
Frisco Ice Cream Social
 Saturday, June 18
 hosted by Kathy & Joe Stommel
Summer Picnic
 Saturday, July 9
 at Wheat Ridge Prospect Park
Volunteer Recognition Luncheon
 Saturday, November 12
 at Cherry Creek Holiday Inn



The May 15th MTB ride was cancelled due to a 50/50 chance of rain but we were already there. It was then quickly rescheduled for a week later, on May 22nd.
 – Jeff K

Bob,
 Thanks from all of us who enjoyed the ride you set up at the Air Force Academy on Falcon Trail. A great trail and an interesting brew pub afterward.

I heard one of our riders got lost even though there were trail signs about every 150 feet. Go Figure.

Dick



Women's Bike Workshop

The Women's Bike Workshop is now being offered at Bikes Together the last Wednesday of each month. Bring in your bike to wrench on, or practice wrenching on donated bikes. Ask questions, build your skills, meet other women, and have fun. This is a free event. Stands and tools will be available on a first come first serve basis. Women volunteers will be present to answer questions and to provide assistance.

DATES:

Last Wednesdays of each month:
 June 29, July 27,
 Aug 31, Sept 28,
 Oct 26, Nov 30,
 Dec 28



LOCATION:

Bikes Together (formerly Bike Depot)
 2825 Fairfax St, Denver, Co

TIME: 7-9pm

Bikes Together is Denver's non-profit bike shop. To see the website and its mission statement, click here:

<http://bikestogether.org/>

http://bikestogether.org/mission_vision_values/



New Relaxed Ride Waiver Policy!

By Kathy Stommel

You asked for a change and we listened! The Board has approved a change in the requirements for our social ride waiver forms. Starting immediately, any current DBTC member needs to only check "yes" to the membership question then provide a signature and legibly printed name on the waiver form. Ride Leaders are not required to collect phone number, email address or emergency contact information for members.

It remains mandatory, however, that any guest or non-member participant complete all information listed on our waiver forms so that our Guest Relations volunteer can invite those guests to become members.

Everyone is encouraged to carry emergency contact and critical medical information somewhere in their seat pack or helmet pouch. Please use the handy dandy cut-out card below if you don't already have a method to carry this information.

In the unfortunate event of an accident or medical emergency during the ride, the ride leader will call for the appropriate emergency response and any personal contact that the injured rider provides at the time.

We sincerely hope all members will appreciate the new relaxed waiver requirements!

Emergency Information Card

Full Name: _____

Emergency Contact Person & Phone #: _____

Critical Medical Information (allergies, medications, etc.): _____

REI National Parks Guide and Maps (there's an app for that)

REI has developed an app that might be of interest to anyone visiting a national park to celebrate the 100th anniversary of the National Park Service.

<https://www.rei.com/h/national-parks>

2016 DBTC Activity and Tour Calendar

Email the tour contact for more information. Email Ellen (outdoorsdiva@yahoo.com) to add your tour or trip to this list.

June 22-26

Salida Art and Ride Tour

Road Riding, Intermediate Level
Lodging: Hotel or Option 15 camping
Location: Salida, CO
Leaders: Kathy and Joe Stommel
cyclekats@gmail.com
Status: FULL WAITLIST

August 18-22

Tour the Vineyards in Grand Junction

Road riding
Lodging: Hotel
Location: Grand Junction, CO
Leader: Helen Berkman
h.berkman@comcast.net
Status: Open

November 14-19

Tucson Off-the-Beaten-Path

Road riding, hiking, El Tour de Tucson
Lodging: Hotel
Location: Tucson, AZ
Leader: Cyndy Klepinger
matilda8@msn.com
Status: Open

Visit www.DBTC.org and click on "Tours" for updates on trips, and to learn how to organize your own tour or trip!

Important Notice Re: DBTC Insurance Exclusions

You probably already knew that DBTC carries a liability insurance policy – but are you aware of the exclusions?

Our policy covers a wide-range of activities including cycling, hiking, snowshoeing, cross-country skiing and even our club meetings, luncheons and picnics. However, to keep the insurance rates at a reasonable level, the Directors have selected a plan that excludes international tours and "higher" risk activities – most notably downhill skiing and snowboarding.

DBTC does offer winter snowshoeing and cross-country ski trips. Participants on these trips are of course free to independently choose something other than the groups' scheduled activities; however, the individual is then solely responsible for their own safety.

Bike Rack for Sale: \$40.00

Brand: Bones; Saris Model #805. Holds 2 bikes. Purchased at REI.

Bones is a bumper-supported bike rack. Fits passenger sedans with a trunk. Used one season. Excellent condition.

Darlene Dietzler
H: 303-366-2215
C: 720-541-4539



On Wednesday, May 18, five happy riders enjoyed our Roses ride in Waterton Canyon, open everyday now. Sunshine, river flowing, birds singing, big horn sheep posing and good people sharing the experience. – Jean Stevenson



Ralston May 14

It was a cold, dreary, wet day but six of us decided to go for it! The 50K made the ride stand out.



Find More Fun Outings on MeetUp!

Lin Hark

Don't miss out on impromptu rides, ski trips and events. Join your DBTC friends for a ski trip, a ride, a movie or lunch. Look for unscheduled activities in your email.

It is as simple as that if you join the DBTC email list or the DBTC MeetUp group.

Not a member? Join by sending an email to coloradobicyclist-subscribe@yahoogroups.com and/or go to www.MeetUp.com/Denver-Bicycle-Touring-Club/ and sign up.

If you would like to lead a ride, trip or activity just send an email to coloradobicyclist@yahoogroups.com or put it on the MeetUp group. (You must be a DBTC member to post and get approval from one of the moderators.)



Always a good time when Jack Shaver invites us out to lunch. Meeting time is normally 11:15AM on a Friday at the REI Starbucks patio, then we ride to one of our favorite pubs for a hearty meal. Today it was the Irish Hound at 5th & St Paul.

May 22 Sunday Crumbs Ride



Highway 36 Trail



Finally good weather and clear skies... and WIND! This brave group of 14 headed east into a stiff breeze and turned in 32 miles before splitting off in various directions. Three remaining finishers settled in for a Mexican lunch at 7 Leguas (E Colfax & Cherry). ¡Fabuloso!



This popular ride almost always attracts new folks via MeetUp, which in turn gathers a few new members into the fold. Lately, we've been getting stronger and faster. So, to accommodate our newer and/or slower-paced riders, we've adopted a policy of splitting into two groups so that everybody has a good ride.



Hidden Trails of Westminster with Jeff Krinsky



Fruita, May 9: Enjoying the View!

Darrell, Val, Cathy and Mark hiking near the visitor center. The weather was a little socked in at CO National Monument.

DBTC SPRING RIDES 2016

We have rides EVERY DAY OF THE WEEK. Some exciting additions this month. We have greatly expanded the weekday schedule so take a few minutes to look over the schedule. I find that if I copy and paste the rides I might be interested in onto my calendar I'm much more likely to remember. Also, watch for alerts on MeetUp and Colorado Bicyclist or COmtnbikers - you need to sign up (directions below) to get alerts.

If you'd like to include an activity in the newsletter, please email it to ridecoordinator@dbtc.org by the 20th for the next newsletter, or contact Patty at 303-989-8268.

Pace of Ride	Difficulty of Terrain	Distance	Quadrant of City	Departure Time
Roses – Leisurely (Avg. 8-10 mph) Fun – Comfortable (10-12) Int. – Brisk (12-16) Road – Fast (16-20+) ATB – Unpaved Roads MTB – Mountain Bikes	H1 – Flat H2 – Some Hills H3 – Hilly H4 – Serious climbs Two ratings: technical skill T1 to T4 and Physical exertion P1 to P4	This is an estimate – options may be offered	NW NE SE SW W	Arrive early enough to unload your bike and be ready to leave at the time shown.

Spring Riding Information

Rides are cancelled if the temperature is below 40 degrees at start time or it is raining or snowing. Be ready to start at the time listed – tires pumped up and bike ready. The ride leader is not a mechanic so if your bike needs repair, please take it to the shop.

Ride Locator: There is a guide to the most frequent start locations on our website – www.dbtc.org. It provides the information you need to use Map Quest or Google Maps to make a map to the starting location.

If you'd like to include an activity in the newsletter, please email it to ridecoordinator@dbtc.org by the 20th for the following newsletter or contact Patty at 303-989-8268.

DBTC's Emailing Lists

Get late breaking news, last minute ride updates, and short-notice of weekday rides, all emailed directly to you as soon as the information is posted. If the weather is "iffy", a ride leader can post a notice to let you know if the ride will go or be cancelled.

DBTC Message Board is the DBTC General Email List. To join, send an email to: ColoradoBicyclist-subscribe@yahoogroups.com

DBTC Mountain Biking Email List

To join, send an email to:

COmtnbikers-subscribe@yahoogroups.com

Twitter account is @DenverBikeClub – note that many members do not tweet.

DBTC MeetUp group at www.MeetUp.com/Denver-Bicycle-Touring-Club/ be used to post rides as well. Once you have posted your ride, we will review the ride information to be sure it complies with the club requirements then upload it to the MeetUp web site where you can edit your ride. MeetUp is open to the public and can increase the number of riders on your rides and, hopefully, club members. Rides cannot conflict with the ride schedule. If you have registered with MeetUp, we will post your scheduled rides. **We are also on Facebook** if you want to share pictures or bike related news.

The DBTC Website operates independently from the Yahoo Groups. The Yahoo Groups send only email messages concerning some upcoming events. The DBTC monthly Newsletter, The Colorado Bicyclist, is sent to you from the DBTC Website via email only if you have so requested.

You can join any or all groups. After you send the email requesting to join, you will be contacted via email with a confirmation. If you'd like to post an event, simply go into the site. Remember that only club-related activities can be posted. We reserve the right to cancel any posting we don't think is appropriate. See the website for posting rules.

Please Note;

Joining Facebook or any other group does not make you valid member of the DBTC.

If your email address changes, you must send your new email address to the DBTC webmaster (webmaster@dbtc.org). The DBTC monthly Newsletter, The Colorado Bicyclist, is sent to you from the DBTC Website via email only if you have so requested.

DBTC Ride Schedule • June 2016

Spring has sprung and we will have some beautiful riding weather – not too hot, not too cold. Let's hope not too rainy.

If you'd like to include an activity in the newsletter, please email it to ridecoordinator@dbtc.org by the 20th for the next newsletter or contact Patty at 303-989-8268.

Spring/Summer Riding Guidelines

Weather: No snow, thunder, lightning or rain
Clothing: wear layers and SUNSCREEN!!!!!!
Other: bring water, repair items and a snack

Monday, May 30th **MEMORIAL DAY FUN-H2-30-SW 8:00 AM** Meet *Gaar Potter* at the Stone House (2900 S. Estes Street, Lakewood, CO 80227, Just South of Yale, about a mile West of Wadsworth) for a ride to Chatfield Dam via Bear CK – Platt trails returning DIRECTLY THROUGH THE W. LITTLETON MAZE. Never culled a sac like this! – make sure your affairs are in order.

Wednesday, June 1st **FUN-H2-25-SW 9:00 AM** Meet *Merri Bruntz* (303-517-9781) behind the McDonald's at Sheridan and Hampden for a ride west along the Bear Creek Trail through the park to Morrison. We will return via Morrison Road to Fox Hollow Golf Course, where we will meet up with the trail and ride back to the start.

"Roses" H1-14-SW 9:00 AM Meet *Jill McMahon* (303 888-0314 cell) at the Reynolds Landing parking lot. Go west on Brewery Lane at Santa Fe Drive where there is a light. Continue past the Breckenridge Brewery (2990 Brewery Lane, Littleton) to the parking lot at the end of the road. Bring a snack, and money for lunch if you plan to join us. This is a loop ride on the Platte River Trail, the Big Dry Creek Trail, the Highline Trail and the Lee Gulch Trail. It winds around some very pretty areas - mostly on paved trails but some hard gravel and a short distance on residential streets. There will be an optional lunch afterwards at Panera at Aspen Grove.

MTB P2.5, T2, 6:00PM, Green Mountain. SHOW AND GO. Meet at the Florida trailhead, at the top of Alameda Boulevard at the intersection of West Florida Drive and Alameda Boulevard in Lakewood.

Thursday, June 2nd **"Roses" H1-15-SE 9:00 AM** at southeast parking lot at Cherry Creek Shopping Center near the bike path. Leisurely bike path ride past many city sights to Argo Park. Where's that? *Richard Gieseler*, 303.722.1475 will share his knowledge and welcomes your input. Bring \$4 for ice cream treat at Baker Java and Scoops. Optional stop at Richard's recumbent bike skunk works and solar energy car port. Please call Richard with any questions. Bring a snack and money for optional restaurant lunch following the ride.

FUN-H1-16-SE- 6:00 PM – Peak-to-Peak Join *Dick Shelton* (720-934-9824) at Treads Bicycle Outfitters, 16701 East Iliff Ave, just West of Buckley Road. for an early evening ride through Cherry Creek State Park. Afterwards Joy and Gordon Mckennon invite you to enjoy refreshments at Peak to Peak Tap Room with \$1 off your first pint! www.peaktopeaktaproom.com.

Friday, June 3rd **FUN-H1to2-25-SE 11:00 AM** Meet *Cyndy Klepinger* (303) 725-1565 or matilda8@msn.com at Lowry Soccer Fields, Fairmont Blvd and Sports Blvd near the outdoor restrooms on the west end of the park. (303) 725-1565 or matilda8@msn.com. We'll ride a loop on Highline Canal and other bike paths to enter the Cherry Creek Reservoir on the east. Depending on the group, a loop around the reservoir is possible. Return on Cherry Creek and Highline Canal Path. This is a no-drop ride.

Saturday, June 4th **FUN-H2-30-W 9:00 AM** Meet *Pete Steel* (303-979-4634) at the Morrison Rd exit dirt parking lot across from the Conoco station. The ride will take Rooney Road east to Alameda and north on Garrison with a stop at Crown Hill. Then Clear Creek path to Golden, out Old Golden Rd toward Jefferson Justice Center and drop back on a nice downhill on Rooney Rd to the start. Bring light snacks for rest stops along the way.

MTB P3, T3, Heil Valley Ranch 9:00AM THE RIDE: Meet *Larry Leeds* (303-483-5036) for a ride at Heil and Picture Rock. We will ride the Wapiti Trail, Ponderosa Loop, Wild Turkey Trail, then descend to the rusted cars on Picture Rock, then climb back up to the top and return to our not so rusted cars via Wapiti. Option to not descend to the rusted cars on the Picture Rock trail. The trails are pretty rocky at the top and the descent to the rusted cars is technical. **THE TIME: 9:00AM (WHEELS ROLLING! PLEASE ARRIVE EARLY ENOUGH TO START AT THAT TIME.)** THE DIRECTIONS: Take Hwy. 36 north out of Boulder. About halfway to Lyons, make a left turn onto Left Hand Canyon Road. After about a mile, make a right onto Geer Canyon Road. Drive another 1.5 miles to the trailhead. Parking lot gets full, so we are starting a bit early. THE FOOD: Bring tables, chairs and food for a parking lot picnic post-ride. THE FINE PRINT: For additional information: <http://www.mtbproject.com/trail/52119>

Sunday, June 5th **FUN/INT-H-2-30+ 9:00 AM** Meet *Tom Hurja* (303-903-4449) behind Beaujos in Idaho Springs. Ride to Georgetown and up Guanella Pass Road as far as the group wishes.

INT-H2-25 +-NE 9:00 AM Each Sunday until fall, meet DBTC riders at Cake Crumbs Bakery and Coffee shop, located at 2216 Kearney Street, Denver. These rides will be led by various ride leaders. Each Sunday we pick a different route and the distances vary from 25 miles up to 50 miles by mid-summer. We ride east towards DIA and Watkins, sometimes north to Brighton, southeast to Aurora Reservoir or Cherry Creek or maybe north east to Broomfield and the new Highway 36 Trail. The rides are coordinated by Doug Schuler, and are led by various club members. In order to accommodate riders of different abilities rides maybe split into two groups The A group riding at a 14-15 mile pace for forty or more miles and the B Group 11-13 mile pace for twenty to thirty miles. Reminders are announced on Meet Up and Yahoo as well as changing start times. Questions call *Doug* 303-829-5861.

Monday, June 6th **FUN-H1-20-SE 9:00 AM** Meet *Wayne Tomasello* (720-854-8767) at the Cherry Creek Shopping Center near Bed Bath and Beyond (at the corner of University and Cherry Creek Dr. North, park on the South side) for a ride through Washington Park to Dartmouth St. to the Highline Canal to the Cherry Creek Trail back to the Cherry Creek Shopping Center. It is a ride mostly on paved bike path with some street riding. An optional lunch is at the Cherry Cricket.

Wednesday, June 8th **"Roses" H1-20-SE 9:00 AM** Meet *Judy or Harold Deist* 303-841-4792, cp 303-906-4305, at McCabe Meadows, (formerly East Bank Park,) It is about 1 1/2 miles south of Mainstreet on Parker Road, and is the first right turn past Hilltop (or 20 Mile Road on the west side) into the park on S. Pine Drive on the east, (Indian Pipe on the west). It will be out and back south past the Pinery toward Franktown total about 20 miles. Shorter option is available. There is only 1 short hill, short packed gravel road. Bring a snack, money for optional restaurant lunch after the ride.

FUN/INT-H2-20-SE 9:30 AM Meet *Kathy Stommel* (719-671-5579) at the Village Greens Park (Dayton and Union) for a ride south to Parker. Training ride for the Salida Tour participants but the rest of the Wednesday gang is welcome to join us. Lunch - of course.

MTB P2.5, T2, 6:00 PM, Green Mountain. SHOW AND GO. Meet at the Florida trailhead, at the top of Alameda Boulevard at the intersection of West Florida Drive and Alameda Boulevard in Lakewood

Thursday, June 9th **FUN-H1-16-SE-6:00 PM – Peak-to-Peak** Join *Dick Shelton* (720-934-9824) at Treads Bicycle Outfitters, 16701 East Iloff Ave, just West of Buckley Road. for an early evening ride through Cherry Creek State Park. Afterwards Joy and Gordon Mckennon **Evening Ride** invite you to enjoy refreshments at Peak to Peak Tap Room with \$1 off your first pint! www.peaktopeaktaproom.com.

MTB P2, T1.5, 9:00AM East/West and Highpoint Trails THE RIDE: Meet *Carol Bennett* (720-425-6124) for a ride on the Douglas County East/West Trail and the Highlands Ranch High Points Trail System. Both of these trail systems have spectacular views of the Front Range from many parts of the trails. The ride drops in at the East/West trail from Pronghorn Park. We will ride the trail for about a mile and take a sharp right at a three way trail junction. We will follow a downhill portion of the East/West Trail for about 2 miles to a gate to the private Back Country Trail System. Carol must be there when we enter the 2 gate, and we must ride together as a group because the trails are for residents of Highlands Ranch and their guests only.

There are many loops and trails that total several miles. We can study the trail map and decide the routes that the group would like to ride. Carol will stop at all trail junctions and will wait until she accounts for all riders. The trails are well maintained and have minimal exposed roots and loose rocks. The trail's turns are banked and have plenty of bumps and curves to excite even the most skilled cyclist, but are easy enough that an advanced beginning mountain biker should be comfortable with most of them. Caution must be observed because there are many blind corners and hills. Use of a bell is highly recommended. The High Point Trail System crosses open grazing land, on which there are cattle and their "road apples." **THE TIME: 9:00AM (WHEELS ROLLING! PLEASE ARRIVE EARLY ENOUGH TO START AT THAT TIME.)** **THE DIRECTIONS:** The meeting place is Pronghorn Park, Highlands Ranch. Take C-470 to Broadway and head south (towards Highlands Ranch). After about 2 miles, turn right at the traffic light at Wildcat Reserve Parkway. Take the next left, onto Weather's Field Way. Pronghorn Park is on the right about 1/2 mile south of Wildcat Reserve Parkway. Park in the parking lot or on the street. There usually is ample parking. **THE FINE PRINT:** Front shock suspension is recommended but a hybrid is suitable on the East/West Trails and some parts of the High Point Trail System.

Friday, Saturday and Sunday, June 10-12 *Darrell and Jean Deering* will host their **Indian Creek Campout** again this year. They will be camping Friday and Saturday night. Darrell will lead mountain bike rides on Saturday and Sunday. Jean Deering will be hiking Saturday and Sunday for those that just want to enjoy the area on parts of the same trails. Camping is limited and there are no reservations. Each biker/hiker who wants to camp should probably arrive Friday afternoon to get a campsite. For those driving up for the day, there is a small charge for parking at the Indian Creek Camp parking lot.

Saturday, June 11th **FUN-H2+20+-SW 9:00 AM** Meet *Lin Hark* (303-578-9369) at Bear Valley McDonald's (5550 W. Dartmouth Ave, west of Sheridan Blvd.) for a ride along Bear Creek Trail to Bear Creek Lake Park and around the lake. We will ride past the Fox Hollow Golf Course to the top of the dam and take a break, ride around the lake, take a break at the Nature Center then ride to the top of Mt Carbon to enjoy the view then down the winding bike path and back to McDonald's. Bring money for an optional dinner at the Happy Family Restaurant (Chinese) after the ride.

MTB, P3, T3, first day of Indian Creek weekend THE RIDE: Meet *Darrell Deering* at the Indian Creek Campground parking lot to ride the 800 trail loop, with an overlook of Waterton Canyon on the north loop. A map will be available. 3 **THE TIME: 10:00AM (WHEELS ROLLING! PLEASE ARRIVE EARLY ENOUGH TO START AT THAT TIME.)** THE DIRECTIONS: Indian Creek Campground, Pike National Forest, is about 12 miles west of Sedalia on Hwy. 67. Sedalia is located on Santa Fe/Hwy. 85 about 10 miles south of C-470. THE FOOD: Bring tables, chairs and food for a post-ride picnic at the campsite. THE FINE PRINT: There is a parking lot at the campground. MORE FINE PRINT: Call Darrell Deering for further details ((home) 303-697-6126 or (cell) 303-903-0239) before June 1.

Sunday, June 12th **INT-H2-25 +-NE 9:00 AM** Each Sunday until fall, meet DBTC riders at Cake Crumbs Bakery and Coffee shop, located at 2216 Kearney Street, Denver. These rides will be led by various ride leaders. Each Sunday we pick a different route and the distances vary from 25 miles up to 50 miles by mid-summer. We ride east towards DIA and Watkins, sometimes north to Brighton, southeast to Aurora Reservoir or Cherry Creek or maybe north east to Broomfield and the new Highway 36 Trail. The rides are coordinated by Doug Schuler, and are led by various club members. In order to accommodate riders of different abilities rides maybe split into two groups The A group riding at a 14-15 mile pace for forty or more miles and the B Group 11-13 mile pace for twenty to thirty miles. Reminders are announced on Meet Up and Yahoo as well as changing start times. Questions call Doug 303-829-5861. Reminders are announced on Meet Up and Yahoo as well as changing start times

MTB, P3, T3, second day of Indian Creek weekend THE RIDE: Meet *Darrell Deering* at the Indian Creek Campground parking lot to ride the 800 trail for about a mile to the Ringtail Trail and then the Ringtail Trail into Douglas Open Space, into the south end of Roxborough State Park and return on the 800 trail. A map will be available. **THE TIME: 10:00AM (WHEELS ROLLING! PLEASE ARRIVE EARLY ENOUGH TO START AT THAT TIME.)** THE DIRECTIONS: See description for June 11. THE FOOD: Bring tables, chairs and food for a post-ride picnic at the campsite. THE FINE PRINT: There is a parking lot at the campground. MORE FINE PRINT: See description for June 11.

Monday, June 13th **FUN-H2-20-SW 9:00 AM** Meet *Wayne Tomasello* (720-854-8767) at Sweet Tomatoes Parking lot. Directions to the starting point: From the corner of Bowles & Wadsworth go East on Bowles to Long Dr. near the public library. Go left (North) onto Long Dr. and look for Sweet Tomatoes on the left. We will park in the lot of Sweet Tomatoes for a ride through Clement Park to Kipling to C-470 trail to lake Chatfield to Platte Canyon back to Clement Park. Most of this ride is on paved bike trails with some paved and dirt street riding. Lunch after the ride at Sweet Tomatoes.

FUN-H4-25-NW 9:00 AM Meet *Tom Hurja* (303-903-4449) beside the Paramount Bowl, located 26th and Kipling, for a challenging trip up Lookout Mountain. This will be a slower fun pace.

Tuesday, June 14th Evening Ride **FUN-H2-20-NW 5:30 PM MAJESTIC FLAG DAY RIDE** Meet *Jeff Krinsky* (720-373-9107) at the Majestic View Nature Center north parking lot (north on Wadsworth to W 72nd Ave, west on 72nd, just west of Carr on the south side. **THIS IS NOT THE ENTRANCE at GARRISON ST. or 71st ST!**) The theme of this ride is our own great United States flag so one will be provided to all participants! The ride will go west on Ridge Road and Van Bibber Creek Trail, north on the new Blunn Trail and then return on the Ralston Creek Trail. GOD BLESS AMERICA!!!

Wednesday, June 15th **"Roses" H1-15to20-SW 9:00 AM** Meet *Peggy Ochiatto*, 303-850-9731 in the rear of the Tennis Bubble (corner of Bowles & Federal in Littleton), for a ride north on the Platte River. We will go as far north on the river trail as participants wish. Bring a snack, and money for an optional restaurant lunch following the ride.

FUN-H2-25-NW 9:00 AM Meet *Merri Bruntz* (303-517-9781) at Crown Hill Park (26th & Garrison) for a ride south to Alameda and then west to Morrison via Rooney Rd. We will then return via Morrison Rd to the Stone House and then north back to Crown Hill via Lakewood neighborhoods.

MTB P2.5, T2, 6:00 PM, Green Mountain. SHOW AND GO. Meet at the Florida trailhead, at the top of Alameda Boulevard at the intersection of West Florida Drive and Alameda Boulevard in Lakewood

Thursday, June 16th Evening Ride **FUN-H1-16-SE 6:00 PM – Peak-to-Peak** Join *Dick Shelton* (720-934-9824) at Treads Bicycle Outfitters, 16701 East Iloff Ave, just West of Buckley Road. for an early evening ride through Cherry Creek State Park. Afterwards Joy and Gordon Mckennon invite you to enjoy refreshments at Peak to Peak Tap Room with \$1 off your first pint! www.peaktopeaktaproom.com.

Saturday, June 18th **ICE CREAM SOCIAL IN FRISCO:** Meeting place for carpool: 7:30 AM Southeast corner at I-70 and Morrison Road – Exit June 20th I-70 and go under the highway to the Stegosaurus parking lot. It is less crowded and easier to find any others. No one is organizing this carpool. If there is a traffic issue you can call *Kathy Stommel* to let her know: 719-671-5579.

Roses-H2-11-Frisco 10:00 AM Meet *Lin Hark* at the Summit Middle School parking lot in Frisco. We will ride the multi-use trail around Lake Dillon to the Dillon Amphitheater, take a break and ride back. The ride is rolling hills with some short steep sections. Since this is an out and back route riders can do a shorter or longer version by turning back at any point. Since this is a shorter ride we will have time for lunch at the 23rd Annual Colorado BBQ Challenge in Frisco (1 mile drive or ride) www.townoffrisco.com/play/colorado-bbq-challenge/general-info/ and still make it to Joe and Kathy's condo Clubhouse for the Ice Cream Social.

FUN/INT-H2-20-Frisco 9:30 AM Meet *Darlene Dietzler* at the Summit Middle School* parking lot in Frisco. We will ride the multi-use trail around Lake Dillon toward Keystone. At Swan Mountain Road, we will turn around for an out-and-back. The ride is rolling hills – this is the mountains, folks. Since this is an out and back route, riders preferring a shorter option can turn back at any point. Once back to the parking lot, you can secure your bikes, change your shoes, and head to Main Street for lunch at the Frisco BBQ. Then back to the parking lot and head to Joe and Kathy Stommel's for ice cream social @ 700 Meadow Creek Dr.

INT-H3-24-Frisco 9:30 AM Meet *Bill Sanders* at the Summit Middle School parking lot in Frisco. We will ride the multi-use trail around Lake Dillon toward Keystone. At Swan Mountain Road, we will continue to climb Swan Mountain, riding the new finished bike path to the top. Then a fabulous downhill toward Frisco, completing a circle back to the parking lot. Once back, you can secure your bikes, change shoes, and head to Main Street for lunch at the Frisco BBQ. Then back to the parking lot and head to Joe and Kathy Stommel's for ice cream social @ 700 Meadow Creek Dr.

MTB T2to3 P2to3 9:30 AM Meet *Steve Thomas* (303-419-2531) at the school to Breckenridge on the Hwy 9 bike path then returning on the Peaks trail. The round trip ride will be about 25 miles with 10 on the Peaks Trail singletrack. I would rate the singletrack portion as T2/3, P2/3 (it will depend on the condition of the trail after the long spring).

Rides in Denver:

FUN-H2-25-NW 9:00 AM Meet Tom Hurja (303-903-4449) at Paramount Bowl located at 26th and Kipling and ride to REI; then head north along the Platte River path.

**Sunday,
June 19th**

FUN-H1-22-SE 8:00 AM Juneteenth 5 Points Ride Meet *Gaar Potter* (303-691-0938) at Congress Park Pool (enter off of Josephine, 1 block north of 8th Ave.). We will meander north to the 5 Points area. You will be pleased by the cool, early start, the quiet, shady streets and the beautiful old houses. Then we sneak into Globeville and Swansea and return through Park Hill. Naturally, we will also drop by Riverside Cemetery..

INT-H2-25 +-NE 9:00 AM Each Sunday until fall, meet DBTC riders at Cake Crumbs Bakery and Coffee shop, located at 2216 Kearney Street, Denver. These rides will be led by various ride leaders. Each Sunday we pick a different route and the distances vary from 25 miles up to 50 miles by mid-summer. We ride east towards DIA and Watkins, sometimes north to Brighton, southeast to Aurora Reservoir or Cherry Creek or maybe north east to Broomfield and the new Highway 36 Trail. The rides are coordinated by Doug Schuler, and are led by various club members. In order to accommodate riders of different abilities rides maybe split into two groups The A group riding at a 14-15 mile pace for forty or more miles and the B Group 11-13 mile pace for twenty to thirty miles. Reminders are announced on Meet Up and Yahoo as well as changing start times. Questions call *Doug* 303-829-5861.

MTB P3, T2.5, Pine Valley Ranch THE RIDE: Meet *Alison Preble* (720-854-9923, ajbikes@yahoo.com) for a ride full of ups, downs and arounds at Pine Valley Ranch and vicinity. **THE TIME: 9:30 AM (WHEELS ROLLING! PLEASE ARRIVE EARLY ENOUGH TO START AT THAT TIME.)** THE DIRECTIONS: From Denver, take Hwy. 285 west (technically known as Hwy. 285 south) to Pine Junction (approx. 32 miles from Hwy. 285 & C-470). At the Pine Junction traffic signal, turn 4 left (southeast) onto Pine Valley Road (County Road 126). Travel approx. 6 miles on County Road 126, keeping an eye out for the entrance road to Pine Valley Ranch on your right – it's a tight turn. (If you reach the hamlet of Pine, you have missed the turn.) Follow the entrance road into the park. There are three tiers of paved parking. The ride start is at the west end of the lowest parking lot, next to the restrooms. THE FOOD: Bring tables, chairs and food for a parking lot picnic post-ride. THE FINE PRINT: Maps of the day's planned ride will be provided at the ride start.

**Monday,
June 20th
Evening Ride**

FUN/INT-H3-24-NW-5:30 PM Celebrate the year's latest sunset with *Jeff Krinsky* (720-373-9107) PART 1: HWY 36 EAST & THE HIDDEN GEMS OF INTERLOCKEN! This exciting ride full of twists and turns uses portions of the new HWY 36 Trail to take us on a loop that includes the hidden gems of Flatirons Mall, Interlocken, Standley Lake, and Rock Creek Village! We will meet at the Rock Creek Village Safeway which is centrally located in Superior at the NW corner of Coalton and Rock Creek Parkway (Address is 1601 Coalton Road Superior, CO. 80027.) The ride is mostly on paved trails but there are a couple of quarter-mile segments of lightly-graveled well-kept, un-paved trails.

**Tuesday,
June 21st
Evening Ride**

FUN/INT-H3-20-NW-5:30 PM Celebrate the year's longest day with *Jeff Krinsky* (720-373-9107) PART 2: HWY 36 WEST & THE HIDDEN GEMS OF LOUISVILLE!!! This exciting ride full of twists and turns uses the newest portion of the HWY 36 trail that goes west from Interlocken into Boulder then loops back using some interesting secret trails. See you at the Safeway at the Rock Creek Village Shopping Center in Superior for this new tour of the trails of Superior, Louisville, and South Boulder (with a few roads mixed in as required). Rock Creek Village is centrally located in Superior at the NW corner of Coalton and Rock Creek Parkway (Address is 1601 Coalton Road Superior, CO. 80027.)

Wednesday, June 22nd **FUN/INT-H2-25 or 30-Central 9:00 or 9:30 AM BIKE TO WORK DAY** Meet *Patty Gaspar* 303-618-5069 at 9 at June 24 Civic Center by the DBTC Booth at Bike to Work Day. Come early to get free food from vendors and check out the other booths. You can take light rail or the bus downtown. Or meet us at 9:30 (TEXT OR CALL ME SO I KNOW YOU ARE THERE) at the foot of the pedestrian bridge over the highway (it is halfway between the City of Cuernavaca Park and REI on the north side – there is a big red sculpture there). You can park at the park. We will head out on Tejon to 31st then to Independence. Jog around Kipling near 40th & take Clear Creek Trail to Prospect Park and follow the trails back to REI. If the group decides we can add a huge downhill for an additional 5 miles. We will be ready for lunch afterwards.

“Roses” H2-16-SW 9:00 AM Meet *Lin Hark* (303-578-9369) at Lucile's Creole Cafe (2852 West Bowles Avenue, Littleton) for a ride through some of Littleton's special parks including the War Memorial Rose Garden and Ketring Lake Park, then on to downtown Englewood where we will stop at the Museum of Outdoor Arts for a 30-40 minute tour/break. The ride back will be mostly on bike paths. This ride has a few short hills but we will go slow and regroup at the top of each hill. Bring a snack and money for an optional lunch at Merle's Restaurant in downtown Littleton after the ride.

MTB P2.5, T2, 6:00 PM, Green Mountain. SHOW AND GO. Meet at the Florida trailhead, at the top of Alameda Boulevard at the intersection of West Florida Drive and Alameda Boulevard in Lakewood.

Thursday, June 23rd Evening Ride **FUN-H1-16-SE 6:00 PM – Peak-to-Peak** Join *Dick Shelton* (720-934-9824) at Treads Bicycle Outfitters, 16701 East Iliff Ave, just West of Buckley Road. for an early evening ride through Cherry Creek State Park. Afterwards Joy and Gordon Mckennon invite you to enjoy refreshments at Peak to Peak Tap Room with \$1 off your first pint! www.peaktopeaktaproom.com.

Saturday, June 25th **FUN-H2-20-SW 9:00 AM – Amazing Maze Ride** Meet *Jeff Messerschmidt* (303-904-0573, leave message) at the Stone House, 2900 S. Estes, Lakewood, and cycle west through Lakewood and Morrison, then south and east through unincorporated South JEFFco.

FUN-H3-25 +-NW- 9:30 AM Boulder Ride Meet *Rick Clauder & Nancy Rassbach* at Scott Carpenter Park 1505 30th St Boulder, Colorado 80303. This park is just a short distance from US 36 and Arapaho. We will lead a ride on our tandem east on Boulder Creek trail joining Valmont Rd to 75th St climbing to the top of Outlook Rd then down to scenic Niwot. We will stop for coffee in Niwot returning to Boulder. We will return on the diagonal until Jay Rd on Valmont Rd and Boulder path. Those of you that choose will join us to eat at the Pearl St Mall on our bikes west on Boulder Creek trail. All riding will be on bike paths or roads with bike lane except for the short descent into Niwot.

Saturday and Sunday, June 25-26 Join *Bob Kochevar* (303-870-6833) for a trek around the many interesting and fun trails throughout the Town of Eagle and vicinity. The Eagle community has made trail riding a priority and welcomes riders to have fun. Come for one or both days. Overnight accommodations will be at local motels, because public camping is very limited near Eagle.

MTB, P2-3, T2-3, first day of Eagle weekend THE RIDE: On Saturday, we will ride the Pool and Ice Rink Loop (8.6 miles). **THE TIME: 11:30 AM (WHEELS ROLLING! PLEASE ARRIVE EARLY ENOUGH TO START AT THAT TIME.)** THE DIRECTIONS: Take I-70 West about 2 hours to the Town of Eagle, Exit 146. Meet at the Pool and Ice Rink parking lot. From Exit 146, follow Eby Creek Road to the roundabout and merge right onto Grand Ave. Go one block and turn left onto Capitol St. In 0.7 miles turn left onto Brush Creek Road and drive 0.8 miles to the Pool and Ice Rink parking lot (approx. 2 miles from the I-70 Exit). THE FOOD: After-ride meals and libations at one of several local restaurants and pubs. THE FINE PRINT: Check out the Eagle website or FB page “Mountain 5 Bike Eagle” for lots of info on riding, trails, and attractions. MORE FINE PRINT: Other rides for Saturday evening may include Haymaker, Eagle Ranch Loop, ‘World's Greatest’ and School House Rock.

Sunday, June 26th **FUN/INT-H3-20-NW 9:00 AM** Meet *Jeff Krinsky* (720-373-9107) for the Weekend Premier of this ride: HWY 36 WEST & THE HIDDEN GEMS OF LOUISVILLE!!! This exciting ride full of twists and turns uses the newest portion of the HWY 36 trail that goes west from Interlocken into Boulder then loops back using some interesting secret trails. See you at the Safeway at the Rock Creek Village Shopping Center in Superior for this new tour of the trails of Superior, Louisville, and South Boulder (with a few roads mixed in as required). Rock Creek Village is centrally located in Superior at the NW corner of Coalton and Rock Creek Parkway (Address is 1601 Coalton Road Superior, CO. 80027.)

INT-H2-25 +-NE 9:00 AM Each Sunday until fall, meet DBTC riders at Cake Crumbs Bakery and Coffee shop, located at 2216 Kearney Street, Denver. These rides will be led by various ride leaders. Each Sunday we pick a different route and the distances vary from 25 miles up to 50 miles by mid-summer. We ride east towards DIA and Watkins, sometimes north to Brighton, southeast to Aurora Reservoir or Cherry Creek or maybe north east to Broomfield and the new Highway 36 Trail. The rides are coordinated by Doug Schuler, and are led by various club members. In order to accommodate riders of different abilities rides maybe split into two groups The A group riding at a 14-15 mile pace for forty or more miles and the B Group 11-13 mile pace for twenty to thirty miles. Reminders are announced on Meet Up and Yahoo as well as changing start times. Questions call *Doug* 303-829-5861.

MTB, P2-3, T2-3, second day of Eagle weekend THE RIDE: On Sunday, we will meet at the Pool and Ice Rink and caravan to our ride location, which is TBD. **THE TIME: 11:00 AM (WHEELS ROLLING! PLEASE ARRIVE EARLY ENOUGH TO START AT THAT TIME.)** THE DIRECTIONS: See description for June 25. THE FOOD: After-ride meals and libations at one of several local restaurants and pubs. THE FINE PRINT: See description for June 25. MORE FINE PRINT: Rides for Sunday may include Haymaker, Eagle Ranch Loop, 'World's Greatest' and School House Rock.

Monday, June 27th **FUN-H1-30-SE 9:00 AM** Meet *Wayne Tomasello* (720-854-8767) at Challenger Park on Lincoln Ave near Jordan Rd. for a ride on the Cherry Creek Trail South to Franktown and back. Most of this ride in on paved bike trails with some dirt road riding. Lunch after the ride TBA.

Tuesday, June 28th **FUN-H2-26-SE 9:00 AM** Meet *Ellen Fitzpatrick* (720-209-2269) at Eisenhower Park Rec Center (SE Corner of Dartmouth and Colorado Blvd). We will bike the unpaved portion of the Highline Canal through Greenwood Village to the Goodson Recreation Center and beyond, crossing Broadway on Caley Dr., catching the Lee Gulch Trail for a short distance to the Platte River. From there we will head North, stopping for refreshment along the way before continuing on to Dartmouth and east back to our start. Highland Canal and Lee's Gulch trail portions of this route are unpaved so hybrid or wider tire bikes are advised.

Evening Ride FUN-H2-20-Downtown 5:45 PM Meet *Jeff Krinsky* (720-373-9107) for this Dog Days of Summer Sunset Ride. We will meet at the City of Cuernavaca Park downtown (23rd Ave Exit from I25, go down the hill, drive by the REI Superstore going NE, cross 15th St and keep going till you see the parking lot directly in front of you) for this fantastic ride down the Cherry Creek Bike Path towards the Cherry Creek Reservoir and back. A beverage of your choice will be provided to all riders at the break on the return voyage at the REI Starbucks where we will watch the sun start to set before we head back to the cars.

Wednesday, June 29th **FUN-H1-25-SE 10:30 AM PERFORMANCE PEDAL** Meet *Cyndy Klepinger* (303) 725-1565 or matilda8@msn.com at Performance Bicycle Shop (358 S Colorado Blvd, Alameda and Colorado) for a ride on the Cherry Creek Trail to South Platte Trail and then to Washington Park via Dartmouth and Franklin Streets. The ride is mostly on paved bike paths, but some road riding on marked bike routes. Performance is offering all riders a 10% discount that day at the store. (discount does not apply to bikes, service plans or membership). An optional lunch will be at Panera Bread.

"Roses" H1to2-15to20-SE 9:00 AM Meet *Anne Layshock*, 303-771-6353, Cell: 303-818-5094, NE corner of Union and Dayton, near the west entrance of Cherry Creek Reservoir, furthest part of the parking lot for a ride south in Cherry Creek State Park, taking the new section of the trail which crosses Arapahoe Rd. and riding south as far as participants desire. Bring a snack and money for the optional restaurant lunch at a favorite eatery following the ride.

MTB P2.5, T2, 6:00 PM, Green Mountain. SHOW AND GO. Meet at the Florida trailhead, at the top of Alameda Boulevard at the intersection of West Florida Drive and Alameda Boulevard in Lakewood

Thursday, June 30th **FUN-H1-16-SE 6:00 PM – Peak-to-Peak** Join *Dick Shelton* (720-934-9824) at Treads Bicycle Outfitters, 16701 East Iloff Ave, just West of Buckley Road. for an early evening ride through Cherry Creek State Park. Afterwards Joy and Gordon Mckennon **Evening Ride** invite you to enjoy refreshments at Peak to Peak Tap Room with \$1 off your first pint! www.peaktopeaktaproom.com.

Below are the rides already scheduled for July. More will be listed in the July schedule, but this is just to let you plan a bit ahead.

Saturday, July 2nd **FUN/INT-H2-23-NW-9:00 AM** Meet *Jeff Krinsky* (720-373-9107) for THE SPACE, TIME, 9/11 RIDE or THE HIDDEN GEMS OF BROOMFIELD! This brand new adventure begins near the SE corner of Sheridan and 120th at the new Whole Foods in Westminster (1/2 mile east of Sheridan at Vrain and 120th.) (4451 Main Street 303-439-7000) We will take secret trails around Broomfield where we will experience three incredible hidden displays including THE SOLAR SYSTEM, a brief history of GEOLOGIC COLORADO TIME, and a 9/11 MONUMENT. Possible lunch afterwards at Whole Foods.

Sunday, July 3rd **FUN-H2-22-SW 9:00 AM** Meet *Bob Shedd* (720-290-6014) at the RTD Littleton Downtown Station, in the northwest quadrant of the parking lot located at Alamo Avenue & Prince Street. Ride will go south and west on "secret" bike paths (all fully paved) that Bob has scouted in the Columbine and Ken Caryl areas. Optional lunch afterward at Merle's Restaurant on Main Street, within 3 blocks of the starting location.

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2016 Advance Planning Calendar

June 4
Buena Vista Bike Fest
www.bvbf.org
Buena Vista, CO

June 5
Elephant Rock Ride
www.elephantrockride.com
Castle Rock, CO

June 11
Mountain Top Experience Ride
www.mountaintopcyclingclub.com/experience-ride/
Florissant, CO

June 11
Pedaling 4 Parkinson's
www.pedaling4parkinsons.org/
Glendale, CO

June 11
COCO Century
www.arkvalleyhospice.org/9.html
La Junta, CO

June 11-13
Death Ride Tour
www.deathridetour.com/
Silverton, CO

June 11-17
Ride the Rockies
www.ridetherockies.com
Carbondale to Ft Collins

June 18
Starlight Spectacular
www.starlightspectacular.org
Colorado Springs, CO

June 18
The Denver Century Ride
www.denvercenturyride.com
Denver, CO

June 19-25
Bicycle Tour of Colorado
www.bicycletourcolorado.com
Montrose–Telluride loop

June 22
Bike to Work Day
www.drcog.org
Denver Metro area

June 25-26
MS 150 Bike Tour
www.bikecoc.nationalmssociety.org/site/TR?fr_id=27037&pg=entry
Westminster, CO

July 9
Tour de Ladies
www.tourdeladies.com
Parker, CO

July 9-10
Triple Bypass
www.teamevergreen.org
Evergreen, CO

July 16
Breck 100 Mountain Bike Challenge
www.warriorcycling.com/races/breckenridge-100/
Breckenridge, CO

July 17-22
Tour de Wyoming
www.cyclewyoming.org
Sheridan, WY

July 23-24
Courage Classic
www.couragetours.com
Copper Mountain, CO

July 23
Tour De Steamboat
www.tourdesteamboat.com/Steamboat Springs, CO

July 23
Bob Cook Memorial Mt Evans Hill Climb
www.bicyclerace.com/
Idaho Springs, CO

July 24-30
RAGBRAI
www.ragbrai.org
Glenwood, IA

July 26
Colorado-Eagle River Ride
www.vailvelo.com
Avon, CO

July 30
Grin & Barrett Black Canyon Butticker
www.atech1.com/gbbiketour/
Montrose, CO

July 31-Aug 6
Colorado Rocky Mountain Bike Tour
www.crmmt.com
Idaho Springs, CO

August, TBD
Greenwood Goosechase
303-290-9922
Greenwood Village, CO

August 6-13
CANDISC–Cycling Around North Dakota In Sakakawea Country
www.candisc.net/
Garrison, ND

August 6
Stonewall Century Ride
www.spcycling.org
La Veta, CO

August 13
Red Rocks Gran Fondo
www.redrocksganfondo.com/
Morrison, CO

August 13
Vuelta a Keystone
www.vueltakeystone.com
Keystone Village, CO

August 16
Circle the Summit (aka Bob Guthrie Memorial Ride)
www.Circlethesummit.com
Frisco, CO

August 16
Copper Triangle Alpine Classic
www.coppertriangle.com
Copper Mountain, CO

August 16
Tour de Cure
www.diabetes.org
Longmont, CO

August 27
Cycle for Life
www.fightcf.cff.org/site/TR/Cycle/22_Colorado_Denver?fr_id=5334&pg=entry
Highlands Ranch, CO

August 27
Venus de Miles
www.venusdemiles.com
Boulder County, CO

August 28
Good Sam Bike Jam
www.goodsambikejam.org
Lafayette, CO

August 28
Golden Gran Fondo
<https://granfondo.nationalchampionshipseries.com/golden-gran-fondo/>
Golden, CO

September, TBD
Tour de Prairie
www.cheyennecity.org/Document_View.aspx?DID=3562
Cheyenne, WY

September, TBD
Durango Fall Blaze
www.durangofallblaze.com
Durango, CO

September 4
West Elk Bicycle Classic
www.westelkbicycleclassic.com/
Gunnison, CO

September 11
Buffalo Bicycle Classic
www.buffalobicycleclassic.com
Boulder, CO

September 11
Wacky Bike Ride
www.wackybikeride.com/
Highlands Ranch, CO

September 16-18
Mickelson Trail Trek
www.MickelsonTrail.com
Custer, SD

September 16-18
Pedal the Plains
www.pedaltheplains.com
TBD

September 17
Tour of the Vineyards
www.tourdevineyards.com
Palisade, CO

September 24
Bike & Brews
www.bikesandbrews.org
Cañon City, CO

September 24
Mountains to the Desert
www.m2dbikeride.com
Telluride, CO

September 24
Tour de Cure
www.diabetes.org
Woodland Park, CO

September 27
Tour de Cure
www.diabetes.org
Colorado Springs Area

October, TBD
Santa Fe Gourmet Classic
www.santafegourmetclassic.com
Santa Fe, NM

October 1
Moab Century Tour
www.skinnytirefestival.com
Moab, UT

October 1
Tour of the Moon
www.tourofthemoon.com
Grand Junction, CO

October 1
Adaptive Adventures Challenge Tour Colorado
<https://adaptiveadventures.org/event/2016/adaptive-adventures-challenge-tour-colorado-2016>
Littleton, CO

October 16
Rock 'n' Roll Denver Bike Tour
<http://www.runrocknroll.com/denver>
Denver, CO