



# The Colorado Bicyclist

May 2005

## LOOKING FOR SOME HELPING HANDS

Plans for the DBTC all-time favorite Memorial Day picnic are under way. We need about 6 people to help prepare and serve the lunch. We also need 3 grills as we will be grilling hamburgers and veggie burgers. If you can bring a grill and/or can help with the lunch, please call Darlene Dietzler at 303-986-7666 or darlenegri@comcast.net.

## MOUNTAIN BIKE RIDING TIPS, TRAIL ETIQUETTES, AND EXAMPLES TO TEACH THE ROOKIES

By Jeff Baysinger

Summer is arriving and many people will be out on their bikes. Below are some riding protocols useful for avoiding the conflicts we see today in our crowded world. Some new riders (rookies) may not know these rules, so leading by example is good for all of us. 1. Avoid riding when the trails are muddy. Wheels leave a rut that channels water and thereby increases erosion. Despite what advertisers portray for bikes and four wheel drives (going through mud), park managers would prefer keeping the trails in a non-rutted, non-erodible condition. 2. If you encounter a small mud hole, ride through the center and do not skirt the side. Many people enjoy riding single track trails because they are a single track. Going to the side widens the trail to double track. 3. Uphill riders have the right of way, along with hikers and horse riders. Yield to these folks. 4. Do not short cut swithbacks. 5. When taking a break, pull to the trail side to let other riders pass by. But watch where you put your foot down. Rattlesnakes, though seldom seen, do exist. 6. Leave the wildlife alone, including the rattlesnakes. 7. Always watch out for little kids. 8. Have a fun time and be an ambassador with others!

## KICK-OFF PARTY MARCH 19TH

By Gary Bohn

DBTC President Tom Hurja gave his speech on the club and Patty Gaspar, the overall Ride Coordinator, introduced the various ride coordinators and filled us in on ride events for the upcoming year. Howard Bagdad ran the DBTC Jersey sales area and secured enough paid sales for the club to place the order. This was the first year for the Bike Gear Exchange/Mini Velo Swap. Darlene Dietzler did a terrific job creating and running this exchange along with coordinating this event. I'm sure we will be having it again. As chairman for the event, I want to thank all the fellow board members and people who helped make it a success. I also want to thank the club members for bringing the pot-luck food and sharing it with others. Look for pictures in the newsletter and on the website.

## MEMORIAL DAY PICNIC

Monday, May 30<sup>th</sup> ... Prospect Park ..  
11300 West 44<sup>th</sup> Avenue ... Wheat Ridge  
West on 44<sup>th</sup> Ave at Kipling ...  
the park is adjacent to the Clear Creek Bike Path.  
MTB, Roses, Fun, Intermediate, and Road Rides  
start at the picnic shelter at the far end of the park.  
See the ride schedule for ride start times. Times vary.  
The picnic lunch will begin around noon ...  
Darlene Dietzler and crew will be the cooks.  
Good weather, a bike ride, and picnic with friends ...  
what a great way to welcome summer.  
The cost will be \$6.00 per person.  
Extra parking near the entrance to the park.



*There will be a FREE BIKE GEAR EXCHANGE table. Leave an item. Take an item. Club items in storage, that are no longer needed, will also be put out. If it is something you can use, please feel free to take home. We are hoping the club jerseys will be available for members to pick-up.*

## BIKE MAINTENANCE CLINIC

Parfet Park  
Golden May 14

Does your bike need to be tuned up or you just need to keep your bike operating in tip-top shape? Saturday morning on May 14 Keith Lawson and Darrell Deering, 303-697-6126, will be at Parfet Park (10th & Jackson St.) in Golden, for a clinic to cover some basic maintenance and repair issues for your road bike. Keith is our own DBTC club member who has ridden with us for the last year on both road and mountain bike rides. Keith has worked as a bicycle technician in Oregon and has raced mountain bikes for several years in the area. He has accumulated all of the necessary tools to service bikes and is willing to share his experience. The clinic will run from 9:00 AM to 10:00 AM with questions following. Look for the Deering's white truck and camper in the parking lot and have some coffee and donuts while we get some bike maintenance info. Darrell will lead a fun ride from the Parfet Park beginning at 10:30 AM. See May 2005 Spring Riding Schedule for details.

**DBTC's Officers**

**President**  
Tom Hurja.....303-935-6194  
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**Paceline Coordinator**  
Rick Russon.....303-281-9430

**Historian**  
Sid Russak.....303-773-3434  
(FAX OK too)  
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**Membership Database/Webmaster**  
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**Map Sales (wholesale)**  
Darlene Dietzler.....303-986-7666  
Mapsales@dbtc.org

**Hotline.....303-756-7240**  
**WebSite.....http://www.dbtc.org**

**Advance Planning Calendar**

Fruita Fat Tire Festival www.fruitamountainbike.com Fruita CO	April 29-May 7	Bike to Work Day Denver	June 22
Community Classic Bike Tour www.tccbt.com Loveland CO	May 15	Bicycle Tour of Colorado www.bicycletourcolo.com	June 26-July 2
Santa Fe Century www.santafecentury.com Santa Fe NM	May 15	DBTC picnic	July 2
7th Annual Buena Vista Bike Fest www.bikesprings.org Buena Vista	May 21	Triple Bypass www.teamevergreen.org Bergen Park CO	July 9
DBTC Memorial Day Picnic www.dbtc.org Prospect Park Wheatridge	May 30	Great-West MS 150 Bike Tour www.fightmcolorado.org Denver	July 9-10
Elephant Rock Century www.elephantrockride.com Castle Rock CO	June 5	Courage Classic www.couragetours.com Denver	July 16-18
Tour de Cure www.diabetes.org Loveland CO	June 11	Moon Shadows in Moab www.skinnytirefestival.com Moab UT	July 30-Aug 1
Red Canyon Century www.redcanyoncentury.com Canon City CO	June 11	Moonlight Classic www.moonlight-classic.com Denver	August 20
DBTC picnic	June 18	DBTC picnic	August 20
Greenwood Goosechase www.gvchamber.com Greenwood Village	June 18	Tour of the Valley www.discoverourtown.com Grand Junction CO	August 28
Ride the Rockies www.ridetherockies.com Denver Post	June 19-25	Emily Griffiths Road Ramble www.roadramble.com	September 17
Cycle America's Coast-to-Coast Tour www.cycleamerica.com Seattle to Boston	June 18-Aug 20	Tour of the Vineyards www.emgcolorado.com Palisade CO	October 7-9
		Moab Century Tour www.skinnytirefestival.com Moab UT	

**ADVANCE NOTICE**

Buena Vista  
June 11-12

Ride the Buena Vista local  
Midland Railroad trail on  
Saturday, relax at the Princeton  
Hot Springs in the afternoon,  
car camp out over night in a  
nearby forest service camp-  
ground, then ride the Spring  
Creek trail, 18 miles north of  
Buena Vista, on Sunday.

When you ride a  
bike, you're using  
many of the same  
techniques that birds  
and airplane pilots  
use when they fly.  
Remember the  
Wright brothers were  
bicycle mechanics.



**NEW MEMBERS**

- SONJA BALSTAD
- BILL HENSLEY
- STEPHANIE HERNANDEZ
- DAVID LEE ROBERTS
- JANE SCHMOLL
- DOUG SCOTT
- JOHN STIDMAN
- SUE WEHRDT
- ROGER WESTLUND
- NORMA ZAKIALI

**Board Meeting**

Any member wishing to attend a board meeting is welcome. The May meeting will be held Tuesday, April 26 at 6:00 p.m. Place is Perkins Restaurant, 1995 So. Colorado Blvd. If you wish to address the board, please contact the secretary, Darlene Dietzler at secretary@dbtc.org or 303-986-7666 so that your topic can be placed on the agenda.

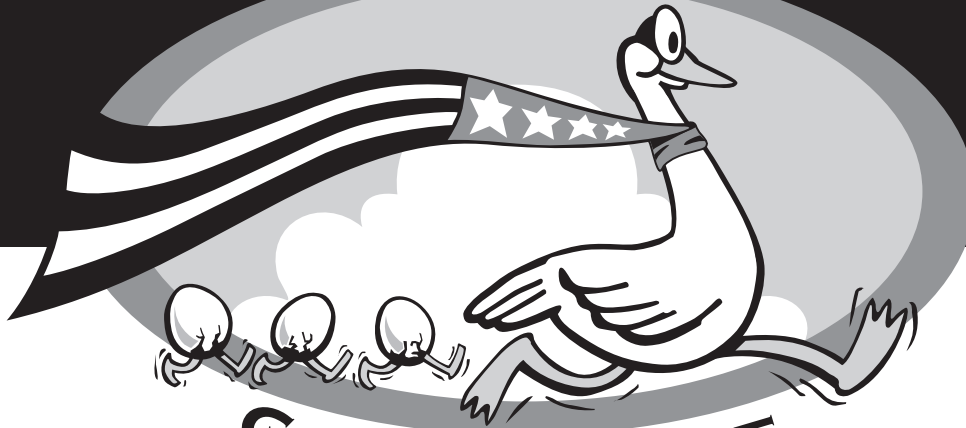
**NEWSLETTER VIA EMAIL...The newsletter is available by email. If this works for you, send your email address to webmaster@dbtc.org.**

**Pictures and Articles for the Newsletter**

This newsletter belongs to the members. If you have digital pictures or an article you would like to share, please email them to ridecoordinator@dbtc.org. Only send one or two pictures so you don't clog up my computer! Be sure to include details about who, when and where the picture was taken. If you have a photo to mail, contact the Ride Coordinator for the address. Remember that if we publish something that someone else wrote, we must give credit. If you are a writer with an article of interest that you want to share, we may make you a published author! The deadline for publishing is always the 10th, but please send your articles earlier.

FIRST DATA, THE CITY OF GREENWOOD VILLAGE & THE  
GREENWOOD VILLAGE CHAMBER OF COMMERCE PRESENT:

10TH ANNUAL  
GREENWOOD VILLAGE



GOOSECHASE  
2005

Saturday June 18th

Greenwood Village City Hall • William McKinley Carson Park  
6060 South Quebec Street, Greenwood Village, Colorado  
15, 30, 42 mile cycling routes for all skill levels • 5K and 10K walk/run  
\$27 Adults (\$32 Event Day), \$10 Children 6-12 (Kids 5 & under free)



To Benefit:

- Sungate Children's Advocacy & Family Resource Center (working with abused children)
  - Sidekicks for Sight (raises guide dogs for the blind)
  - Arapahoe Rescue Patrol (aiding in search and rescue)
  - Greenwood Village Chamber of Commerce

Fee includes GooseChase 2005 T-shirt, lunch, prizes, family entertainment, goody bags & more

Call the GooseChase Hotline: (303) 486-1555 or the Chamber at (303) 290-9922

You can also e-mail for more information at [info@gvchamber.com](mailto:info@gvchamber.com)

Register on-line at [www.active.com](http://www.active.com) (through 6/17/05 noon - 5% service charge for on-line registration)

Register at:

Bank One:

Greenwood Village - 4968 South Yosemite Street (Bank hours)

Bicycle Pedal'r:

Highlands Ranch - 2030 County Line Rd.  
Highlands Ranch - 2229 Wildcat Reserve Parkway

Bicycle Village:

Boulder - 2100 28th Street  
Aurora - 2802 S. Havana Street  
Southwest Plaza - 9116 W. Bowles

Bike Source:

Littleton - 2690 East County Line Rd.

Boulder Running Company:

Littleton - 8116 West Bowles Avenue, Unit C

Campus Cycles:

Denver - 2102 South Washington St.

The Denver Spoke:

Denver - 1715 East Evans

Dick's Sporting Goods (checks only):

Broomfield - Flatiron Crossing  
Littleton - Park Meadows Mall  
Lakewood - Belmar Center

New Balance:

Englewood - 3139 South Broadway

Paul's Cyclery:

Littleton - 2897 D West Bellevue

Rack Attack:

Denver - 4975 Leetsdale Drive

Runners Roost:

Denver - 1685 S. Colorado Blvd.  
Highlands Ranch - 1970 East County Line Road  
Aurora - 6554 South Parker Road

Treads Bicycle Outfitters:

Aurora - 16701 East Iliff Avenue  
Englewood - 3536 S. Logan Street  
Parker - 17030 Cottonwood Drive

Runners Choice:

Boulder - 2460 Canyon Blvd.

Greenwood Village Chamber of Commerce

5600 S. Quebec Street, Suite 265C  
6/13-6/17: 9a.m. to 3p.m.,

City Hall - Greenwood Village  
6060 South Quebec Street  
June 13-17: 9a.m. to 5p.m. ONLY

William McKinley Carson Park

(Event Day Only)  
6060 South Quebec St.,  
City of Greenwood Village City Hall

Event will be held rain or shine. Entry fees are non-refundable. ALL PARTICIPANTS MUST SIGN AN INSURANCE WAIVER.



## NEW BIKE PATH CONNECTION - NORTH AREAS

By Ron Rak

In the February newsletter of *Partners with Parks* of the City of Northglenn, it was announced that "a great connecting section of Greenway Trail has just been completed, connecting the Fox Run Greenway trails with the Grange Hall Creek trails. Now you can travel from as far west as Standley Lake to the Platte River in the east! The (new) underpass is south of the Happy Tails Dog Park near the Regatta on Irma Drive." \*

Actually, you can ride continuously from even farther west, since Arvada opened 86th Parkway in late 2004, going from the south side of Standley Lake to Indiana Street, where it now directly joins Route 72 heading west to Rocky Flats / Hwy 93. The 86th Parkway section from Alkire St. to Indiana St. has a wide shoulder both ways and a 5 foot wide sidewalk suitable for bikes. I assume the suggested route that Northglenn mentioned is to take the 86th Pkwy. bike route from Indiana St. to Independence St., north on Independence to connect with the Big Dry Creek Trail, east on Big Dry Creek to the 104th Ave. bike path, then along 104th to the Fox Run Trail.

Alternatively, one can take Alkire St. north from 86th to 100th, then east on 100th to Independence, then south to connect with the Big Dry Creek Trail as above.

Another development in final construction is the 4-laning of 86th Parkway from Alkire to Kipling St., which includes a nice 5 ft. wide bike path on the north side of the street. Then, a 1/4 mile ride east on the existing 86th Ave. bike route to Independence St. will allow you to connect with either Big Dry Creek or Little Dry Creek Trails.

I will be riding these routes soon to get the latest route information.- Ron Rak

\*Community Engagement and Communications Team  
tel. 303-450-8949, City of Northglenn

**A huge THANK YOU to Bill Orchard** for organizing the winter ride schedule and then leading many of the rides. Denver is fortunate to have many mild winter days when riding is an option and his schedule keeps the club riding year round. Now that spring has arrived - look at those naked trees and hardy winter riders on March 12th with Bill Orchard! Dennis Brooks, Richard Quick, Dennis Walker, Pete Steel, Cathy Perkins, Kathi Baird, Dale Trone, Gordon Valentine, Don Smertz, Jeff Baysinger, Bob Jarrett, Sue Frakes, Don Pearson, Dot Kaufman, John Mues, Bruce Kohl, Jerry Baer, Steve McCormick and Bill Orchard, who has run back after setting his camera for the picture. Not everyone made the photo, and the names aren't in order.



## COMMUNITY CLASSIC BIKE TOUR

Loveland - May 15

Darlene Dietzler

This is one of my favorite rides. I have ridden it a number of times and love to promote it. There aren't many sponsored rides left that are in driving distance of Denver. Loveland isn't all that far - just north on 1-25 and you are out in the country enjoying the early morning sunrise. There are several distance options, with the longest being the metric century (64 miles). That includes a scenic climb up Carter Lake and an even more scenic climb up Horsetooth Reservoir. I am a slow fun rider and I complete it every year (there is turn off if you don't want to do the climb). It is a great fun ride and a great road ride. The registration fee goes to a good cause - McKee Medical Center clinics. When registering, put Denver Bicycle Touring Club under team.

## DBTC Out-of-Town Tours for 2005

TOUR	DATES	LEADER
Taos, NM	June 10-12	Elfriede Shoemaker (720-922-0220) and Cheryl Ames (303-940-2043)
San Juan Islands, WA	July 17-22	Bruce Thompson (303-814-1034) and Jim McClain (303-715-9335)
Michelson Trail, SD	Sept. 16-18	Marilyn Smith (303-674-8542)
Glenwood-Aspen, CO	Sept. 24-25	Sandi Bianchi (303-425-1214)



A bicycle pump is something you'll need to use at least a few times every year. A cheap discount-store pump will last only about a year, so get the best one you can afford. Avoid using gas-station air pumps to fill your tires. In a few seconds they can blow a bicycle tire to smithereens.



## MICKELSON TRAIL TREK SEPTEMBER 16-18, 2005 RIDE THE BEAUTIFUL BLACK HILLS OF SOUTH DAKOTA

South Dakota's George S. Mickelson Trail is more than just a recreation trail: it's a trail of history. You have the opportunity to travel the same path as General George A. Custer, Wild Bill Hickok, Calamity Jane and Potato Creek Johnny. Burlington Northern built this rail line over 100 years ago to accommodate the miners who had rushed to the area to pan for gold. In 1983, the rail line was abandoned and this incredible trail was envisioned. After years of planning, hard work, and determination the trail became a reality. In celebration of this reality, the third weekend in September finds hundreds of riders joining together in the Mickelson Trail Trek. This year's Trail Trek promises to be bigger and better than ever, offering something for everyone. The Friday, Saturday, and Sunday 3-day ride covers almost the entire trail for a total of 109 miles.

Registration fee includes trail pass, shuttle service, t-shirt, commemorative souvenirs, refreshments and some meals. The cost is \$125 per person. Riders enjoy the beauty of the heart of the Black Hills as they travel through the scenic valleys, old railroad tunnels, and historic mining towns. For more details and registration information go to [www.mickelsontrail.com](http://www.mickelsontrail.com). Marilyn Smith is leading this trip; e-mail her at [outrdsnow@earthlink.net](mailto:outrdsnow@earthlink.net) or call at 303-674-8542. The deadline for commitment to the trip is 16th of July. She hopes to get a fun group together to enjoy the outdoor fun and beauty. The trail surface is crushed shale, and a hybrid-type bike works best. Limited to 10 people. This trip is sponsored by the Out-of-Town Tour Committee.

# May Ride Schedule

Pace of Ride	Difficulty of Terrain	Mileage	Quadrant of City	Departure Time
Roses - Leisure	1 - Flat	This is an estimate-	NW	Arrive early
Fun - Comfortable	2 - Some Hills	options may be	NE	enough to unload
Int. - Faster	3 - Hilly	offered	SE	your bike and be
Road - Fast	4 - Serious climbs		SW	ready to leave.
ATB- Unpaved Roads	Two ratings: Technical skill		W	
MTB - Mountain Bikes	T1 to T4 and Physical exertion P1 to P4			

## DBTC SPRING RIDES 2005

Warm weather and soft breezes make for perfect spring biking. The ride season is in full swing. Many spring rides are a little easier as many of us are shaking off our winter hibernation so it's a good time to start riding. Leisure and Roses rides are for beginners or those who want to "stop and smell the roses". Fun rides are a little faster and tend to go farther. All three groups almost always include lunch and a chance to get to know other members. Intermediate rides are for those who like a little more challenge. Paceline is for those who want to focus on improving their riding skills. Road rides are for the fastest, most advanced riders and sometimes they even skip lunch. Members determine the variety of rides.

You are welcome to be a leader and design the ride to fit your wishes. All rides should be coordinated through one of the ride coordinators - Leisure and Fun rides through either Marti or Lois. Intermediate rides through Darrell. Road through Sherri and MTB through Jeff. Their phone and email addresses are on page two every month. Melba, "Roses" and Lin "Fun and/or INT put the weekday schedule together. The deadline for the coming month is the 10<sup>th</sup> so be sure to contact early in the month prior to your planned ride.

**Paceline** If you are interested in learning to ride in a paceline with emphasis on improving both your physical conditioning and speed, this is the group for you. Contact Rick Russon at 303-795-0526 or rrrusson@redocher.com. They do not list rides in the newsletter so you must be on the email list to be notified about upcoming rides.

The "Roses" group is expanding to Fridays. For those able to ride during the week you'll now have a second day to join the intrepid "Roses" riders.

### Evening Rides

**TUESDAYS - MTB P2, T2 6:00 PM, Evening ride.** Meet at the main Green Mountain (Hayden) Trailhead off west Alameda Ave. Look for the DBTC crew.

**TUESDAYS - May, June, July, Aug INT-2/3-22-N-6:00 PM** Try some new roads! Join Gary Mills (eve 303-494-3935) for a 20-25 mile out and about Boulder ride leaving Scott Carpenter Park (SW corner of 30th at Arapahoe) every Tuesday. We'll average 13-15mph with no drops. Faster options if there is a big group. There will be different routes each week with out-n-backs to Eldorado Springs, Jamestown, Nelson Road, Niwot and Eri - sometimes flat, sometimes climbing, sometimes rolling. Ya never know! This is a very social group with optional Margaritas or dinner afterwards. From Denver: Hwy 36 into Boulder, right on Arapahoe, right on 30th, right into park.

**THURSDAYS - May, June, July, Aug INT/ROAD-2/3-25-N-6:00 PM** Join Reg (303-588-0030) and Jim (eve 720-304-6040) for a different 25 mile ride every Thursday night leaving Boulder's Scott Carpenter Park (SW corner of 30th at Arapahoe). Main group averages 14-17 mph, but usually enough riders for a slower group that talks a lot. Out-n-backs to Eldorado Springs, Jamestown, NCAR, Hygiene, Superior, Lafayette: with flats or climbs or rollers. Optional margaritas or dinner afterwards. From Denver: Hwy 36 into Boulder, right on Arapahoe, right on 30th, right into park.

## MAY 2005 SPRING RIDING SCHEDULE

**Saturday, April 30 FUN-2-25-NW-10:00AM** Meet **Ray Couture** (303-428-8626) at the McDonald's parking lot (100th and Wadsworth). This Ride will be 50% on pea gravel! Bring out those fat tire bikes. Ray will go North Simms to 108th, cross Wadsworth to Pierce, north to HWY 136 and then take the Big Dry Creek Trail back to 100th and Wadsworth. Lunch is optional.

**INT-2-40-9:30 AM** Meet Jerry Bucher (720-231-8603) at the Superior Park an Ride for a 40 mile ride to be determined by the weather, the type of riders that show up and mood of the leader.

**MTB P3, T3, 9:30 AM** Chimney Gulch loop ride. Adventure with Darrell Deering (303-697-6126), meet in the upper Heritage Square parking lot (above gamblers) off Hwy 40, parking near the Apex Gulch trailhead. Ride trail over to Golden, go up Chimney, return via Apex from Lookout Mtn top.

**Sunday, May 1 FUN-2-25-NW-9:00AM** Meet **Steve Ingraham** (303-756-7847) at the parking lot on the south side of Crown Hill Park (26th Ave just east of Kipling) for a 25 mile out-and-back ride to beautiful downtown Golden along the Clear Creek bike path. Lunch afterwards at a nearby eatery.

# May Ride Schedule

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**Sunday, May 1**  
*continued*

**FUN/INT-2-50-S-10:00AM** Mayday,Mayday....Gaar Potter's first ride, and he doesn't know the difference between fun and intermediate! Meet in Castle Rock Safeway parking lot 2 blocks east of I-25 exit 281. We will take Tomah Road and Perry Park Road to Palmer Lake for lunch. Return will be the same route.(Could be shortened by bailing through Larkspur!)

**Road 1-32-C/SW-9:30 AM** Meet the Gigers (720-308-9550) at the REI flagship store (Confluence Park) for a ride south to Chatfield Reservoir and back along the trails. Bring some dough for a Starbucks treat at REI after the ride.

**Leisure 1-16-SW 10:00 AM** Meet Dave Grimes (303/986-7666) at the Stone House, We will ride E. on the Bear Creek Trail, then S. on the Platte River Trail and return. Chinese/Thai lunch afterwards.

**Tuesday, May 3**

**INT-2/3-22-N-6:00 PM** Try some new roads! Join Gary Mills (eve 303-494-3935) for a 20-25 mile out and about Boulder ride leaving Scott Carpenter Park (SW corner of 30th at Arapahoe)

**MTB P2, T2 6:00 PM**, Evening ride. Meet at the main Green Mountain (Hayden) Trailhead off W Alameda Ave. Look for the DBTC crew.

**Wednesday, May 4**

**FUN 2-26-SE- 9:00AM** Meet John Mues (303 795-6167) at the Goodson Center at 6315 S. University Blvd. by the bridge at the lower end of the parking lot for a scenic loop including the Big Dry Creek, Platte River, South Denver bicycle routes, and various Greenwood Village trails. This route is on paved surfaces, so road bikes are O.K. Bring a snack and we'll have lunch afterwards at Piccolo's restaurant, 7585 S. University Blvd.

**Roses, 1-20 NW 10:30 AM** Meet Wally White, 303/420-6409, at Prospect Park, 44th and Robb to ride the Clear Creek and Ralston Creek Trails. Bring a snack and money for lunch after the ride. Questions, call Wally or Gerrie Garnett, 303/972-9584.

**Thursday, May 5**

**INT/ROAD-2/3-25-N-6:00 PM** Join Reg (303-588-0030) and Jim (eve 720-304-6040) for a different 25 mile ride every Thursday night leaving Boulder's Scott Carpenter Park (SW corner of 30th at Arapahoe).

**Friday, May 6**  
**NEW**

**Extra Roses ride, 1-15 SW 10:30 AM** Meet Gerrie Garnett, 303/972-9584, at Clement Park Shelter G, northeast corner of the park, SW corner of Bowles and Pierce, Littleton. Bring a sack lunch. Questions, call Gerrie or Marge Derby 303/274-2269.

**Saturday, May 7**

**FUN-2-22-SE-8:30 AM** The Aurora Trail Loop- Meet Tom Tobiassen (303-699-9260) at Treads Bicycle Outfitters north side parking lot 16701 E. Iliff Ave.(northwest corner of Iliff and Buckley) for a 22 mile ride along the Cherry Creek, High Line and Tollgate Creek Trails. Let's go!

**FUN-3-25-NW-9:30 AM** Meet **Dave Nobel** (303-649-2008) at West Woods Golf Club (66th and Quaker St.) for a ride along the Ralston Creek Trail, Lyden Road, around Arvada Reservoir, down Easley Road, along 44th Ave, and back to the West Woods Golf Club. We'll have lunch at the Golf Club afterwards.

**FUN-2-30-SW-10:00 AM** Meet Riggs Osborn (303-779-1902) at the Park and Ride SW corner of C-470 and University. The ride will take you on the C-470 trail to Chatfield, parallel the Dam and go out a back way to the Highline, then rejoin C-470 again. Lunch after at Chili's or one of the group's restaurant choices in the area!

**Road 1-20/26-SW - 10:00 AM** Calling all Teen Road Riders (and adults too) to meet Logan Giger (720-308-9550) at the parking area at Deer Creek Canyon Road and Wadsworth for a ride along the C470-trail East to University and back. Optional 6-mile addition to return through Chatfield Park to the Marina (stop for snack?) and back.

**Road 4-28-W 10:00 AM** Start with Denny Martin (303-793-0395) in Idaho Springs at the municipal parking lot behind the Buffalo Bar. Climb up to Echo Lake with a rest stop at the Lodge there. Fast coast back to Idaho Springs for a late lunch at one of the local restaurants. Bring heavier clothes as weather can change unexpectedly at altitude.

**MTB P2-3, T2-3 1:00 PM** very far West. Go to the Loma exit (about 7 miles west of Fruita), look for the weigh station on south side, and follow signs west to the nearby parking and trailhead. 16 miles on the Kokopelli trail head, riding the Mary's - Horsethief bench-Steves loop. Peggy cell 303-908-0314

**Sunday, May 8**  
**Mother's Day -**  
**two options**

**LEISURE-1-15-SE-9:00AM MOTHER'S DAY RIDE!** Meet John Mues (303-795-6167) at Goodson Recreation Center, 6315 S. University Blvd. by the bridge at the lower end of the parking lot for a leisurely, scenic ride north on the Highline Canal past beautiful homes of Greenwood Village. Mountain bike, hybrid, cyclocross or touring tires are recommended since ride will be on gravel. Bring a snack and money for lunch at a nearby restaurant after the ride.

**FUN-2-20-NW-10:00AM** Join **Bill Orchard** (303-422-9468) as substitute ride leader for the **20th Annual Dave Grimes Mother's Day Ride**. While Dave is recovering (again), Bill will lead the group on a semi-traditional route which is an easy 16 to 20 mile northwest Denver ride. The group will meet at Sloans Lake Park (25th & Sheridan) and head north by northeast, after

# May Ride Schedule

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**Sunday, May 8  
continued**

a loop around the lake to collect any late comers. Look for a stop at REI at Confluence Park before returning for the customary lunch at Fazoli's.

**MTB P2-3,T2-3 10:00 AM** very far West. Take Road 18 about 6 miles north from Fruita to the Zippity Jo trailhead. Ride the Book Cliffs trails.

**Monday, May 9**

**MTB or ATB or Road P2-3, T1 10:00 AM** very far West. Colorado National Monument loop ride, all on asphalt, 35 miles, 2500' elevation difference.

**Tuesday, May 10**

**INT-2/3-22-N-6:00 PM** Try some new roads! Join Gary Mills (eve 303-494-3935) for a 20-25 mile out and about Boulder ride leaving Scott Carpenter Park (SW corner of 30th at Arapahoe)

**MTB P2, T2 6:00 PM**, Evening ride. Meet at the main Green Mountain (Hayden) Trailhead off west Alameda Ave. Look for the DBTC crew.

**Wednesday, May 11**

**FUN 2-20-WS (Way South) at 9:30 A.M.** Third Annual Stone Soup Ride in Colorado Springs. Meet at Stan Hill's house for a circle tour around Colorado Springs. Stan will provide crock pots, soup base and his infamous braided bread with honey butter. Bring a handful (and only a handful) of something to put in the soup (rice, potatoes, vegetables, barley, mushrooms, etc.) to put in the soup-it will cook while we ride.

Stan Hill's address is 3612 Windsor Avenue, Colorado Springs, CO 80907. To get there, go south on I-25 to exit 148 (Nevada Avenue) which is just after Woodman Rd. (Be prepared. This is one of the odd exits that takes off from the left lane.) Go south on Nevada Avenue and turn left at the 2nd light onto Mountview Lane. After 0.8 miles, Mountview Lane jogs right and becomes Acacia Drive-keep going on Acacia Drive. Windsor Avenue will be the 3rd right after going past a stop sign at Westmoreland Rd. If you miss the turn and come to a 2nd stop sign, you will have to turn right on Union Boulevard and will be lost forever-you might not even get home again. If this happens, call Stan Hill, (719) 598-8943 or (719) 229-3754 and he'll try to arrange for directions, search & rescue-or notification of next of kin.

**"Roses" 2-20, SW 10:30 AM.** Meet Gerrie Garnett, 303/972-9584, at the Meadows Golf Course, between Bowles and Ken Caryl on Simms. From Simms turn west on Cooper Ave, then south on Ward St. Park in the far north-east corner of the parking lot. There are signs, and the Club House is very visible. We will ride Simms to Bowles, Lily Gulch, etc. Bring a snack and money for lunch at the Meadows Grill. Cost \$5-\$7. Questions, call Gerrie or Marge Derby 303/274-2269.

**Thursday, May 12**

**INT/ROAD-2/3-25-N-6:00 PM** Join Reg (303-588-0030) and Jim (eve 720-304-6040) for a different 25 mile ride every Thursday night leaving Boulder's Scott Carpenter Park (SW corner of 30th at Arapahoe).

**Friday, May 13**

**Extra Roses ride 1-15, SW, 10:30 AM** Meet Melba Bouquet 720/493-0564 at Carson Nature Center for a loop ride north on the Platte, across the new bridge onto the Dry Creek Trail, then surface streets to Highline Canal, return to the Platte via Lee Gulch. Longer option available for those who wish. Bring a sack lunch. Questions, call Melba or Gerrie Garnett 303/972-9584.

**Saturday, May 14**

**FUN-2-25-NW-9:00 AM** Meet **Bruce Kohl** (303-458-7322) at Hilario's (4835 W 38th Ave., just east of Sheridan). Bruce will take you on a loop around northwest metro Denver that indeed loops around a cove of five lakes: Berkeley, Sloan, Crown Hill, Prospect Park and Rocky Mountain, in that order. Look for a scenic shoreline ride with lunch afterwards at a neighborhood restaurant.

**FUN-2-30-9:30 AM** Meet Kris & Mike Holmes(303-988-4522) at Fox Hollow Golf Course (on Morrison Rd. near Kipling) on the east side of parking lot. We'll ride along Bear Creek, cut down along C-470, loop around Chatfield and return on Platte River bike path hooking up to Bear Creek. Lunch at Golf Clubhouse to follow!!

**FUN/INT- 2-25+/-W-10:30 AM** - This ride will follow our Bike Maintenance Clinic between 9:00 and 10:00 AM. in the Parfet Park. Meet Darrell Deering 303-697-6126 at the Golden Parfet Park at 10<sup>th</sup> and Jackson St. We will head east on the new Clear Creek trail and plan to stop for lunch or snack at the turn around point for the out and back ride. The pace ride will be determined by the group.

**Road 1-30-SW 9:30 AM** Meet Gordon Valentine (303-333-8605) at the NW corner of the paved section (near Panera Bread) of the Mineral and Santa Fe PNR for a loop ride through Chatfield State Park to the Arrowhead golf course and back.

**MTB P1-2-T2 6:00 AM** very far SSE Picketwire Canyon. Meet Stuart at Ward Rd PNR. Take a ride on the world famous dinosaur trackway in this canyon by La Junta. Look for Allosaurs for lunch, tarantulas for desert, and Indian petroglyphs for artistic diversions. Stuart Black, 303-433-9041 MAY 21 **MTB P1-2,T2 9:30 AM** W Elk Meadows Carpool meeting at 4<sup>th</sup> and

# May Ride Schedule

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- Saturday, May 14** *continued* Union PNR at 9:30. Approx 10 miles ride. Beginners, or those not riding over winter, renew your single track cruising with Richard Gieseler (303-722-1475).
- Sunday May 15** **FUN-2-22-SE-9:30 AM** Meet Bill Kunzman (720-870-0937) at City of Parker Town Center (exit Parker Rd. onto E. Main St. and continue 1/2 mile east to traffic round about. Go right to farthest administrative parking lot.) Ride will be on bike path to and from Park Meadows. Lunch to follow with great food and beer!!  
**FUN-2-25-NW-10:00 AM** Meet **Cindy Ferry** (303-425-9454) at the Clear Creek Trailhead (41st and Youngfield) for a pleasant ride to Easley Road via the Clear Creek Bike Path, then on to Leyden Road and Alkire, and finally circling back to the Clear Creek Trailhead. Lunch is optional.  
**Road 3-40-W 10:00 AM** Meet Donald Schmertz (303-233-0840) at O'Kane Park in Lakewood (just east of 1st Avenue and Teller) for a ride west to Golden and up Lookout Mountain. Return via Morrison Road to Garrison.
- Tuesday, May 17** **INT-2/3-22-N-6:00 PM** Try some new roads! Join Gary Mills (eve 303-494-3935) for a 20-25 mile out and about Boulder ride leaving Scott Carpenter Park (SW corner of 30th at Arapahoe).  
**MTB P2, T2 6:00 PM**, Evening ride. Meet at the main Green Mountain (Hayden) Trailhead off west Alameda Ave. Look for the DBTC crew.
- Wednesday, May 18** **"Roses" 1-20, SE, 10:30 AM** Meet Gordon Valentine, 303/333-8605, near the Backyard Country Cookin' Restaurant at the SW corner of the shopping center on the SW corner of Parker Rd. and Main St. in Parker. Enter from Main St. and park in the center section--not in front of the stores. This will be an easy ride on two trails: an east-and-back on the Sulphur Gulch Trail through Parker followed by a south-and-back on the cherry Creek Trail to Scott Rd. (or to an earlier turnaround at each rider's option.) Snack/rest stop at the junction with the Cherry Creek Trail and lunch after the ride at the Backyard country Cookin' Restaurant. No map or direction sheet--just follow the leader.  
**FUN, 2-34-NE 9:30 AM** Looking for a different kind of fun ride? Meet Jim McClain (303 715-9335) at the Bluff Lake Nature Center for a ride on the Sand Creek trail. Mountain bikes or hybrids are recommended. The trail is about 80% hard pack dirt. This trail starts close to the intersection of Tower Road and East Colfax Ave. and parallels Sand Creek to its confluence with the South Platte River. Bluff Lake Nature Center is on Havana Street in Aurora. Exit # 280 off of I 70. Go south on Havana Street, cross Smith Road, continue south on Havana Street as it curves to the east. Turn left into the Bluff Lake Nature Center parking lot. "Port a Potties" available. Bring Plenty of Water and snacks as there will be no place to purchase such items on the trail. Lunch after the ride.
- Thursday, May 19** **INT/ROAD-2/3-25-N-6:00 PM** Join Reg (303-588-0030) and Jim (eve 720-304-6040) for a different 25 mile ride every Thursday night leaving Boulder's Scott Carpenter Park (SW corner of 30th at Arapahoe).
- Friday, May 20** **Extra Roses ride 1-15, NW, 10:30 AM**, Meet Marge Derby, 303/274-2269, at Prospect Park, 44th and Robb. We will head east on the Clear Creek Trail. Bring a snack lunch. Questions, call Marge or Gerrie Garnett 303/972-9584.
- Saturday, May 21** **Leisure 1-16 Central 9 AM** Meet Richard Gieseler (303 722-1475) for a leisurely ride along a nice flat bike path.  
**FUN-2-(20/29)-NW-9:30 AM** Meet **Joi Bowen** (303-916-0515) at Crown Hill Park at 26th and Garrison for her **6th annual Birthday Ride**. She plans to take the group on a 29+mile ride to places including West Woods, White Ranch and Golden. A 20-mile shortcut ride is also available. **Optional \$0-\$5 white elephant gift exchange** among riders during lunch after the ride at the Boston Market at 38th and Wadsworth. Birthday cake will be served.  
**FUN-1-14-SE- 9:30AM CYCLE INTO HISTORY AT FAIRMOUNT CEMETERY.** Tom Tobiassen (303-699-9260) leads this bike tour along shaded paths of Fairmount Cemetery. Cyclists encounter the past builders and characters at their gravesites for stories of bygone times. Meet at the Aurora History Museum, 15051 E. Alameda Pkwy. Bring bike, water, etc for a 14 mile ride along the Highline Canal Trail.  
**FUN-2-20-SW-10:00 AM** Meet Bob Jarrett (303-933-1699) and Sue Frakes (303-978-0368) at Wadsworth and Deer Creek Road. We will ride through Chatfield Recreation area and exit the south entrance to the park. Then follow roads south to scenic Arrowhead Golf Course. Plan on lunch with a beautiful view at Golf Club restaurant. Return via Waterton Road and Wadsworth Blvd. or take optional gravel path through park back to starting point. Come along!!  
**INT -2-35-SE-9:00AM** Meet Gordon Valentine (303-333-8605) at the north parking lot of Village Green Park (Union & Dayton) for a ride south to the Town of Parker and return by a mostly different route. The ride will be on bike trails (Greenwood Village,

# May Ride Schedule

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**Saturday, May 21  
continued**

Cherry Creek, Sulphur Gulch, and E-470) and mostly light traffic roads. There will be an optional stop in Parker for ingesting performance-enhancing substances of your choice. Gordon will provide written directions so you may ride at your own pace. Come early and be ready to ride at 9:00AM. Lunch after optional BYO\$.

**Road 2-40-S 10:00 AM** Meet Frank Moritz (303-779-6135) at the Nature Center near the Mineral and Santa Fe Parking lot for a loop ride along Platte River and Cherry Creek Trails, through the Tech Center and back through Littleton. Snack stop in the Confluence park area.

**Sunday May 22**

**FUN-1-24-N-9:30AM** Meet **Gordon Valentine** (303-333-8605) at the Platte River Trail parking lot (88th & Colorado) for a loop ride to Brighton with a different return route. No map - it is follow the leader (but with some "sprint-ahead-and-wait" options for eager Lance wanna-be's). There will be a mid-ride snack/rest stop plus a post-ride lunch at Lolito's Burritos (88th & Corona). Get to the start early and get ready to go at 9:30!

**FUN-2-28-SE-10:00 AM** South High or Java Creek Meet Bob Shedd (303-733-2815) at the South High School(Louisiana & S. Franklin) parking lot promptly at 10:00 and proceed to Java Creek Coffee Shop (287 Columbine Street in Cherry Creek North) to collect a few more riders at 10:15. The ride will proceed on easy streets through East Denver to a quick tour of the Lowry and Stapleton developments with a mid-ride refreshment stop. Return route will be by way of City Park and Capitol Hill. A different ride for us!

**INT 3-50(+/-) - NW- 9:30AM** Meet Bonnie Urban and Jerry Bucher (303 475-6302) at Berthoud Park. To get there, take I25 north to CO56 where you will go west into Berthoud. Turn left at 6th St., go 2 blocks to Berthoud Park. We'll ride from Berthoud to Carter Lake. There is a climb up to Carter Lake with beautiful vistas after which there is a screaming downhill. Then, we'll ride north to Masonville, stop for refreshments, and then head south past the Devil's Backbone into Berthoud.

**MTB P3-4,T2-3 9:30 AM** SW Lair o'the Bear and Mt Falcon loop! Meet across from the Conoco Station, Morrison PNR, Morrison Rd and C-470. Ride the canyon road to Lair o'the Bear, take that trail to Pence top, then continue on Parmalee Gulch Rd over to Mt Falcon, return to Morrison coming down Mt Falcon. 21 miles Jeff 303-969-9241 Road-3-30-NW-09:00AM Meet Curt Pellegrin (303-234-9998) at the picnic tables in back of Prospect Park (44th and Robb). Curt will lead the group north to the Ralston Valley HS, west on 80th to Highway 93. After a stop at White Ranch trailhead, we will head into Golden, then east on 44th to Easley Road. From Easley, we will turn east onto 54th, and return back to Prospect Park via 52nd and Tabor Street.

**Tuesday, May 24**

**INT-2/3-22-N-6:00 PM** Try some new roads! Join Gary Mills (eve 303-494-3935) for a 20-25 mile out and about Boulder ride leaving Scott Carpenter Park (SW corner of 30th at Arapahoe)

**MTB P2, T2 6:00 PM**, Evening ride. Meet at the main Green Mountain (Hayden) Trailhead off west Alameda Ave. Look for the DBTC crew.

**Wednesday, May 25**

**FUN-2-27 SE 9:00 AM** Meet Gordon Valentine (303-333-8605) at the north end Village Greens Park (Union and Dayton) for a ride through Cherry Creek Park onto the Spillway Trail, to the Tollgate Creek Trail, onto the Highline Canal Trail, onto the Cherry Creek Trail and then back to Village Green Park. After the ride we'll have lunch at Jackson's American Grill.

**"Roses" ride, 1-20, NE 10:30 AM** Meet Marge Derby 303/274-2269, at the parking lot at the dead end of Platte St. at 19th. (This is a few blocks NE of REI.) Bring a snack, and money for lunch after the ride. Questions, call Marge or Gerrie Garnett, 303/972-9584.

**Thursday, May 26**

**INT/ROAD-2/3-25-N-6:00 PM** Join Reg (303-588-0030) and Jim (eve 720-304-6040) for a different 25 mile ride every Thursday night leaving Boulder's Scott Carpenter Park (SW corner of 30th at Arapahoe).

**Friday, May 27**

**Extra Roses ride, 1-15, SW 10:30 AM**, Meet Bob Jarrett, 303/933-1699, at the NW corner of the King Soopers lot at Pierce and Coal Mine. We will ride Weaver Gulch, Columbine Golf Course, to the Platte. Bring a sack lunch. Questions, call Bob, or Gerrie Garnett, 303/972-9584.

**Saturday May 28**

**FUN-2-30-SW-9:00 AM** Meet Jeff Jones (303-274-4882) at Stone House Park (Estes and Yale) for a scenic 30 mile ride to Chatfield Reservoir and back. The route will include spectacular views from the top of Mt. Carbon, a stop to look out over Chatfield Reservoir and a snack break at Hudson Gardens. This same ride was led last year by Jeff and proved to be very popular.

**FUN-24-NW-9:00 AM FIRST TIME AS RIDE LEADER.** Meet **Bob Pearson** (303-274-6955) at the Creek Trailhead (41st and

# May Ride Schedule

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## Saturday May 28 continued

Youngfield) for a pleasant ride (out and back) down the Clear Creek bike path to the confluence of Clear Creek and the Platte River. Lunch afterwards is optional.

**Road 2-36-S 9:30 AM** Meet the Gigers (720-308-9550) in Sedalia (south on S. Santa Fe Ave about 15 minutes south of C-470) at the second set of railroad tracks on the west side of town. Bike out to Larkspur and back.

**MTB P3,T3 9:30 AM** White Ranch Park, meet in the lower parking lot off Hwy 93. Ride up Belcher Hill, tour the upper park trails. Jeff 303-969-9241

Road 2-36-S 9:30 AM Meet the Gigers (720-308-9550) in Sedalia (south on S. Santa Fe Ave about 15 minutes south of C-470) at the second set of railroad tracks on the west side of town. Bike out to Larkspur and back.

## Sunday, May 29

**FUN-2-22-NW-9:00AM** Meet **Ray Couture** (303-428-8626) at the Clear Creek Trailhead at 55th and Lowell. Ray will ride to downtown Denver using the Clear Creek Trail, Washington Street, Brighton Blvd and I5th Street. He will stop at REI for a short break on the porch and then return on 23rd Ave and Quitman. Lunch after the ride probably will be in Highland Square.

**FUN-2-23-SE-10:00 AM** Meet Gordon Valentine(303-333-8605) at the north parking lot of the Village Greens Park (Union & Dayton) for a ride south and east through Cherry Creek State Park and then on mostly quiet residential streets and bike paths to a mid-ride rest/snack stop at the high point of the ride. Then it's back to the start on a mostly different and mostly downhill route. No map or direction sheet--just follow the leader. Lunch after at a local eatery.

## Monday, May 30 Memorial Day

**FUN-2-25-NW- 9:00AM** Join **Jeff Jones** (274-4882) for a real appetite creator of a ride starting at the picnic pavilion of Prospect Park (44th and Robb). He will lead the group east along Clear Creek and visit parts of Wheat Ridge, Westminster and Arvada as the route travels counter clockwise back to the picnic site. The ride will travel parts of three major creek systems, skirt a popular golf course, travel through a nature center and offer a spectacular view of the mountains west and north of Boulder. Jeff guarantees a good appetite for the picnic.

**INT -2- 25-W- 9:00 AM** Meet **Darrell and Jean Deering** at the Memorial Picnic at Prospect Park. We will ride west on the Clear Creek trail to Golden, head south on Jackson St. and continue on to Rooney Rd. We will ride over the Dinosaur Ridge on Alameda Ave. and head back to Golden by way of Hwy 28. This ride will have some hills and rewarding views. After riding back to Golden, we will head to Prospect Park and be ready for the picnic lunch.

**FUN-2-20-NW- 9:30 AM** Join **Marti Krusko** and **Curt Pellegrin** (303-234-9998) for another great Memorial Day outing. Meet at Prospect Park (44th and Robb St.). The journey will take us north to the Ralston Creek path where we will head west to Quaker, south via Easley Road and back to the park via the Clear Creek path.

**Leisure-1-12-NW 10:00 AM** **Don Pearson** will lead a gentle ride from the Park to Golden via Clear Creek Bike Path and return.

**MTB P1-2, T2 9:30 AM** NW, DBTC Picnic Time Ride. Join MTB bike trick riding ace **Neal Koster** for a tour to South Table Mountain, return to eat and celebrate summer coming with your DBTC comrades at the picnic. 303-238-2592

### Memorial Day Evening Ride to top off the weekend

**INT-2/3-22-N-6:00 PM** Try some new roads! Join Gary Mills (eve 303-494-3935) for a 20-25 mile out and about Boulder ride leaving Scott Carpenter Park (SW corner of 30th at Arapahoe)

## Tuesday, May 31

**INT-2/3-22-N-6:00 PM** Try some new roads! Join Gary Mills (eve 303-494-3935) for a 20-25 mile out and about Boulder ride leaving Scott Carpenter Park (SW corner of 30th at Arapahoe)

**MTB P2, T2 6:00 PM** Evening ride. Meet at the main Green Mountain (Hayden) Trailhead off west Alameda Ave. Look for the DBTC crew.

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## AMAZING FRUITA MOUNTAIN BIKE TRIP, May 7 to 9

Jeff Baysinger

Some say Fruta may well be the next Moab. Join me in early May and decide for yourself. Plan to leave Denver Sat 5/7 and return Mon 5/9. Three intermediate/advanced rides are planned, offering incredible views, some high above the Colorado river. Our Sat. afternoon ride will be Mary's -Horsethief bench-Steves loop. Note that this is part of the famous Kokopelli trail! Sun we will ride Zippity Joe-Frontside, a moderate/advanced ride by the sheer Book Cliffs. Our final Monday ride will be on winding pavement, taking us completely thru the Colorado National

Monument. As far as accommodations, I would suggest Highline State Park, for those who like to camp,(970-858-7208) and The H-Motel in Fruta, (970-858-7198). Please make confirmations with myself, by April 8th, and feel free to call with question. Peggy VanAllen- p.vanallen@comcast.net Hm,303-410-1986 wk 303-444-7573 x126. Carpooling, depending on attendees, is encouraged, along with a possible group campout in the Monument on Sunday night. Check in early for this fun spring event.

## DBTC SPONSORING SHOPS

DBTC members receive a 10% discount off purchases (excluding bicycles and sale items) at these sponsoring retailers. Support your local stores.

ARAPAHOE CYCLERY  
6905 S BROADWAY UNIT 169  
LITTLETON CO 80122  
303-797-1858  
[www.arapahoecyclery.com/](http://www.arapahoecyclery.com/)

ARVADA BIKE COMPANY  
6595 WADSWORTH BLVD  
ARVADA CO 80003  
303-420-4864

BICYCLE PEDAL'R (2 locations)  
\*2030 E COUNTY LINE RD  
HIGHLANDS RANCH CO 80126  
303-730-8038  
<http://www.bicyclepedalr.com>  
\*2229 W WILDCAT RESERVE PKWY  
HIGHLANDS RANCH CO 80129  
720-344-2550  
<http://www.BicyclePedalr.com>

BIG KAHUNA BICYCLES  
9032 W KEN CARYL AVE  
LITTLETON CO 80128  
720-981-5199  
<http://bigkahunabicycles.com/site/intro.cfm>  
Includes 10% discount on bikes!

BIKESOURCE 8  
2690 E COUNTY LINE RD  
LITTLETON CO 80126  
303-221-4840  
[www.bikesourceonline.com](http://www.bikesourceonline.com)

BODY MECCA CONCEPTS  
1887 S PEARL ST  
DENVER CO 80210 303-778-6322  
[www.bodymecca.com](http://www.bodymecca.com)  
15% Discount

CAMPUS CYCLES  
2102 SO. WASHINGTON ST.  
DENVER, CO 80210  
[www.campuscycles.com](http://www.campuscycles.com)

DERBY BICYCLE CENTER  
410 EAST 104TH AVE  
THORNTON, CO 80233  
303-288-4100  
[www.derbybicyclecenter.com](http://www.derbybicyclecenter.com)

GOLDEN BEAR BIKES (2 locations)  
\*11965 MAIN ST  
BROOMFIELD CO 80020  
303-469-7273  
<http://www.goldenbearbikes.com/>  
\*2300 E 120TH AVE  
THORNTON CO 80233  
303-451-7733  
<http://www.goldenbearbikes.com/>

GREEN MOUNTAIN SPORTS  
2950 S BEAR CREEK BLVD  
LAKEWOOD CO 80228  
303-987-8758  
[www.greenmountainsports.com/](http://www.greenmountainsports.com/)

LITTLETON CYCLERY  
1500 W LITTLETON BLVD  
LITTLETON CO 80120  
303-798-5033  
[www.littletoncyclery.com/](http://www.littletoncyclery.com/)

MOB CYCLERY  
4272 TENNYSON ST  
DENVER CO 80212  
303-477-4460  
<http://mobcyclery.com/site/intro.cfm>

PEDAL PUSHERS CYCLERY  
200 QUEBEC ST  
BLDG 300-109  
DENVER, CO 80230  
303-365-2453  
[www.pedalpusherscyclery.com](http://www.pedalpusherscyclery.com)

SCHWAB CYCLES  
1565 PIERCE ST  
LAKEWOOD CO 80214  
303-238-0243  
[www.schwabcycles.com/](http://www.schwabcycles.com/)

Restrictions: No discount on Shimano and Campagnolo

SPORTS PLUS  
1055 S GAYLORD ST  
DENVER CO 80209  
303-777-6613  
[www.sportsplusdenver.com](http://www.sportsplusdenver.com)

SAMPSON SPORTS  
2890 S COLORADO BLVD  
DENVER CO 80222  
303-691-5650  
[www.sampsonsports.com](http://www.sampsonsports.com)  
No discount on labor.

TREADS BICYCLE OUTFITTERS (3 locations)  
\*17930 COTTONWOOD DR  
PARKER, CO 80134  
303-690-2900  
\*16701 E ILIFF AVE  
AURORA CO 80013  
303-750-1671  
\*3546 S LOGAN ST  
ENGLEWOOD, CO 80110  
303-781-1162

WESTSIDE CYCLE & FITNESS  
7310 W COLFAX  
LAKEWOOD CO 80214  
303-237-1115  
[www.westsidecycling.com/](http://www.westsidecycling.com/)

### MEMBERSHIP CARDS

DBTC started issuing membership cards August 2004 to new and renewing members. It will take one year to go through the data base. Several of the Sponsoring Bike Stores require identification for the discount. If you have not received your card, and plan on shopping at one of our sponsoring stores, contact [webmaster@dbtc.org](mailto:webmaster@dbtc.org) requesting your membership card. They are mailed at the end of the month the same time as the newsletters.

#### HELP WITH MAPPING OF RIDES FOR OUT-OF-TOWN TOURS

The Club is looking for someone to do the mapping of rides for out-of-town tours. The software is provided by the Club and training on how to use the software will be provided by the software retailer. For more information or to volunteer call Sandi Bianchi the out-of-town tours director (303) 425-1214 or Elfriede Shoemaker (720) 922-0220.

#### NEWSLETTER MAILING

Club members mail the newsletter each month. More volunteers are needed to be on the calling list. It takes less than two hours, one morning a month. It is the third or fourth week - as soon as we get the finished newsletters from the printer. Call Darlene Dietzler 303-986-7666. All hands are appreciated.

#### VOLUNTEERS

DBTC members need to earn points - either by leading rides, volunteering, or a combination of both - to earn that special award given at the end of the year. Start now by calling the ride directors to schedule your rides, volunteer to help at picnics, cook the main meat at a pot luck, and help with mailing the monthly newsletter.

#### HELP YOUR CLUB GROW

The board is looking for members to call the non-members who appear on the ride sign-in sheets. The purpose is to invite them to join DBTC. Please call Darlene Dietzler 303-986-7666 or [darlenegri@comcast.net](mailto:darlenegri@comcast.net). We need your help.

#### THANK YOU

A big "thank you" to our cyclists who are also great cooks for our March 19<sup>th</sup> Kickoff. The following provided a tasty selection of turkeys and hams that were baked, smoked, and honey glazed: Elfriede Shoemaker, Gary Bohn, Tom Hurja, Sue Frakes, Curt Pellegrin, Sherry Livingston, Joe and Lise Neer, Bruce Kohl, and Gary Goins. Sue even brought a big pot of tasty gravy for that finishing touch. Joe and Lise Neer are new members having just joined in March.

#### RIDE SIGN-IN SHEETS

Ride leaders are reminded/requested to send their ride sign-in sheets to the ride coordinator.

#### FOR SALE

2 Camelbak Mulebaks with reservoirs. \$15 each. Please call Sherry Livingston 303-841-8404.

#### ROAD RIDE IN TAOS, NEW MEXICO

**June 10 to 12, 2005**

We are doing a Road Ride in Taos, New Mexico. Total mileage for the three days is 185 miles. The cost is \$165 double occupancy, which includes accommodations, sag wagon and first night dinner. For more information or to download an application go to the DBTC website and click on the link for Out-of-Town tours. You can also call the trip leaders Elfriede Shoemaker (720)922-0220 or Cheryl Ames (303)940-2043.

#### FYI

BIKEDENVER has a monthly newsletter covering issues relating to advocacy, safety education, and community service. They are looking for volunteers for bike parking at the Peoples Fair (June 3-5) and the Cycle Safety Circus (June 18). For info, go to [info@bikedenver.com](mailto:info@bikedenver.com).

BICYCLE COLORADO'S mission is to encourage and promote bicycling, increase safety, improve conditions, and provide a voice for cyclists in Colorado. They have a newsletter and E-news updates. For info, go to [www.BicycleColorado.org](http://www.BicycleColorado.org).

The Sand Creek Regional Greenway is a wilderness in the city. Visitors have watched their progress over the years as the 14 mile trail was completed. Many projects are in the future such as three new parks, trailheads, parking, restrooms, shelters, and picnic tables. To learn more, go to [www.sandcreekgreenway.org](http://www.sandcreekgreenway.org).

Three reasons to buy a \$4,000 road bike. 1. The salesman says it's twice as fast as a \$2,000 road bike. 2. It comes with a free kick stand. 3. They're out of \$5,000 road bikes.

