



Newsletter of the Denver Bicycle Touring Club

# The Colorado Bicyclist

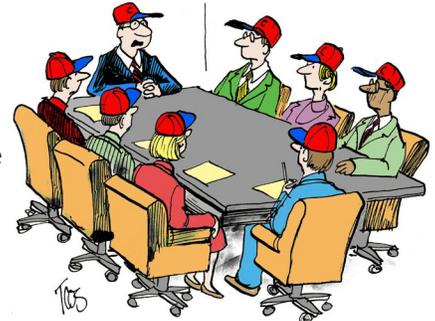
August 2012

## GET INVOLVED – Applications for Board of Directors

There are several vacancies occurring this year on the current board of directors. If you have considered getting involved in the leadership of our club, now would be a good time to submit your application to become a director. If you would like to discuss being a director, give me a call and let's chat.

**John Campbell 303-797-0250**

Director candidates will be published in the September newsletter and voting for directors will be in October.



"See, teamwork isn't so hard ... now who wants to be the mascot?"



## Ice Cream Social

Patty Gaspar

**You're invited!** We are having a ride day in Summit County on Sunday, August 19th. We have rides scheduled around Summit County and then we will have ice cream at our condo on the corner of 4th and Main Street (above Coldwell Banker). DBTC is providing the ice cream. We'll plan on ice cream whenever the riders start getting back. There are plenty of places to grab a sandwich on Main Street or just have a bowl of ice cream. **Don't want to ride?** You are very welcome just to come up to enjoy the day in the mountains and join us for a bowl of ice cream.

See the schedule for the rides. We will put signs on the back door and leave it unlocked so you can get into the building. Our condo is 203. My cell is 303-618-5069 or Carl's 303-324-0748. You are welcome to use the bathrooms before or after the ride. Dale's ride starts one block over on 3rd. If you want to ride up Vail or any other direction, you're still welcome to come back for ice cream.

**Circle the Summit is on Saturday.** All profits will continue to go to enhancing bicycling opportunities in Summit County. They have completed the route around the lake and added lighting on Vail Pass.

Go to <http://www.circlethesummit.com/> for information and to sign up for the ride. In addition, there are free concerts at Dillon on Friday and Saturday nights. So there is lots to do in Summit County if you want to make a weekend of it.

**Questions? Patty at 303-618-5069 or [ridecoordinator@dbtc.org](mailto:ridecoordinator@dbtc.org)**

## Receive your newsletter as an attachment instead of a website link.

For those of you who have trouble downloading the newsletter from the website our database manager and webmaster, Dave Grimes, is making a new option available. If you would like to receive the monthly newsletter as an email attachment instead of a link telling you to go download it at the website, send an email to [webmaster@dbtc.org](mailto:webmaster@dbtc.org) expressing your new choice.

## Think Snow!

...see page 5



## DBTC's Officers

<b>President</b> John Campbell President@dbtc.org	303-797-0250
<b>Vice President</b> Guy James Vicepresident@dbtc.org	303-321-4607
<b>Secretary</b> Carolyn Bauer secretary@dbtc.org	303-740-8491
<b>Treasurer</b> Karen Kirby treasurer@dbtc.org	303-237-1229
<b>Board Members at Large</b> Doug Schuler dougshuler@comcast.net	303-829-5861
Jeff Krinsky ckrinsky@msn.com	720-890-5011
Kevin Purdy kevinpurdy@pobox.com	303-589-2548
Tom Casadevall tcasadev@gmail.com	303-984-2402

## Directors and Staff

<b>Director of Ride Activities</b> Patty Gaspar RideCoordinator@dbtc.org	303-989-8268
<b>Out of Town Tour Director</b> Ellen Chilikas outdoorsdiva@yahoo.com	
<b>Fun MTB Coordinator</b> Kathy Basel FunMTB@dbtc.org	720-217-5692
<b>Fun Ride Coordinator North</b> Rick Clauder FunRideNorth@dbtc.org	303-463-1875
<b>Fun Ride Coordinator South</b> FunRideSouth@dbtc.org	OPEN
<b>Road Ride Coordinator</b> roadrides@dbtc.org	OPEN
<b>Intermediate Ride Coordinator</b> Rick Clauder intermediaterides@dbtc.org	303-463-1875
<b>Wednesday Fun Ride Coordinator</b> wedfunrides@dbtc.org	OPEN
<b>"Roses" Ride Coordinator</b> Melba Bouquet melbabo9@q.com	720-493-0564
<b>Historian</b> Historian@dbtc.org	OPEN
<b>Membership Database/Webmaster</b> webmaster@dbtc.org	OPEN
<b>Map Sales (wholesale)</b> Doug Schuler Mapsales@dbtc.org	303-829-5861
<b>Photo Gallery</b> Jeff Krinsky photogallery@dbtc.org	303-543-1320

## Board Meeting

Any member wishing to attend a board meeting is welcome to attend. The next board meeting is Wednesday, August 1 at El Senor Sol, 2301 7th St. If you wish to address the board, contact the secretary, Carolyn Bauer: secretary@dbtc.org, or 303.740.8491 so that your topic can be placed on the agenda.



## Utah Sampler Trip Recap

Ellen Chilikas

Two dozen club members spent a week in June exploring both Capitol Reef National Park (CRNP) and Bryce Canyon National Park (BCNP). We first spent a few days in Torrey near Capitol Reef, and enjoyed several bike rides and hikes in the area. CRNP is one of the least visited national parks due to its location, so we had the park almost to ourselves and were surrounded by spectacular scenery. We then drove over Boulder Mountain and through the Grand Staircase Escalante National Monument (an incredibly vast and scenic desert plateau) to Bryce. Here again we did more cycling and hiking in both BCNP amongst the orange hoodoos and in Red Canyon where the group photo was taken.

Trip highlights included celebrating 3 birthdays, seeking out shade and wine (both are difficult to come by in Utah), eating pie, being amazed at the scenery, enjoying group dinners and happy hours, being serenaded by songs about our trip, making new friends, and enjoying a group breakfast among many arches in Red Canyon. And, while everyone says it's hot in Utah, it was hotter in Denver than it was in Utah that week!

**Pictures and Articles for the Newsletter...** This newsletter belongs to the members. If you have pictures or an article to share, please email them to [ridecoordinator@dbtc.org](mailto:ridecoordinator@dbtc.org). Only send one or two pictures so you don't clog up my computer! Be sure to include details about who, when and where the picture was taken. If you have a photo to mail, contact the Ride Coordinator for the address. Remember we must give credit to the author. If you are a writer with an article of interest, we may make you a published author! The deadline for publishing is the 20th, but please send your articles earlier.



## DBTC Riders Escort Charity Cycling Team

### Steve Ingraham

On June 27th Steve Ingraham and Rolf Dahl, representing DBTC, met members of TEAM WILL in Golden and escorted them through Denver. TEAM WILL consists of 16 cyclists and 8 support people who have banded together to raise funds for children dealing with juvenile cancer. TEAM WILL is doing their fourth 10-day bicycle relay across the United States to raise funds and awareness for childhood cancer research & family resources. This year they started in San Francisco, CA, crossed 13 states, visited 18 hospitals, and participated in 7 community rallies, ending in Boston, MA. Their fundraising goal for 2012 is \$125,000, to benefit The Foundation for Children with Cancer.

As a relay team, there are 3 shifts of 4 to 6 cyclists. The cyclists in each shift ride for 8 hours, averaging 17mph, then turn over the riding to the cyclists of the next shift. The members of the non-riding shifts either catch up on sleep (they sleep in the attendant vans!) or visit children at clinics and hospitals. Ages of the TEAM WILL riders run from 18 to 57.

Steve and Rolf thoroughly enjoyed escorting TEAM WILL for the 40 miles from Golden, through downtown Denver, and out to the intersection of I-70 and E-470. These two DBTC-ers proved that determined riders can scoot across Denver in short order. They led TEAM WILL for the 40 miles averaging 18.5 mph! The picture shows the group at the ride start at the Briarwood Inn in Golden.

## Ride Leaders Needed

### Help Wanted:

People who enjoy riding their bike

People who want somewhere to go on weekends or Wednesdays

Requirements:

A DBTC Membership

A bike and helmet

A favorite ride or you want to try something new

An email to one of the ride coordinators

We need your help to keep the schedule full of interesting rides. Some of our most frequent ride leaders are not able to lead for awhile this year, so we need you to step forward.



## DBTC Members Joining in June

STEPHEN LACK  
CAROLYNE RICHARDSON SUTTON  
BARRY SIEGEL

## PLAN AHEAD

### Cortez Mountain Biking Trip

September 22nd to 30th

You can choose any of the 40 rides available from as short as 5.5 miles to as long as 29 miles or combine two or more rides. They range from easy to difficult with elevation changes from as little as 330 feet to as challenging as 5200 feet – there is something for everyone. Maps rate every trail as to difficulty and endurance required.

I will be camping at a campground, but there are several hotels in the area if you prefer. The world is at your wheels. The final ride selection for the group will be made when we know the riding level of those coming. There may be more than one option some days.

Contact Richard Quick [quick71@msn.com](mailto:quick71@msn.com) or 303-466-4008. I'm at the REI flagship store from open to close every Thursday volunteering at the ORIC next to the maps if you want to talk about the options.



## 2012 Advance Planning Calendar

August 4  
Copper Triangle Alpine Classic  
[coppertriangle.com](http://coppertriangle.com)  
Copper Mountain, CO

August 4-11  
CANDISC – Cycling Around  
North Dakota In Sakakawea  
Country  
[www.parkrec.nd.gov/  
activities/candisc.html](http://www.parkrec.nd.gov/activities/candisc.html)  
Garrison, ND

August 4-11  
Colorado Rocky Mountain Bike  
Tour  
[crmbt.com](http://crmbt.com)  
Pagosa Springs – Montrose  
Loop

August 11  
Stonewall Century Ride  
[spcycling.org](http://spcycling.org)  
La Veta, CO

August 18  
Circle the Summit (aka Bob  
Guthrie Memorial Ride)  
[Circlethesummit.com](http://Circlethesummit.com)  
Frisco, CO

August 18  
Tour de Cure  
[diabetes.org](http://diabetes.org)  
Longmont, CO

August 19  
Deer Creek Challenge  
[deercreekchallenge.com](http://deercreekchallenge.com)  
Wadsworth @ Deer Creek Can-  
yon Rd, CO

August 26  
Venus de Miles  
[venusdemiles.com](http://venusdemiles.com)  
Prospect Park,  
Longmont, CO

September 8  
Ride Westcliffe Adventure  
[www.ridewestcliffe.com](http://www.ridewestcliffe.com)  
Westcliffe, CO

September 9  
Buffalo Bicycle Classic  
[buffalobicycleclassic.com](http://buffalobicycleclassic.com)  
Boulder, CO

September 14-16  
Mickelson Trail Trek  
[MickelsonTrail.com](http://MickelsonTrail.com)  
Custer, SD

September 15  
Cycle for Life  
[www.cff.org/GetInvolved/](http://www.cff.org/GetInvolved/)  
CycleForLife/  
Longmont, CO

September 17  
Tour of the Vineyards  
[Coloradowinefest.com](http://Coloradowinefest.com)  
Palisade, CO

September 21-23  
Moab Century Tour  
[skinnytirefestival.com](http://skinnytirefestival.com)  
Moab, UT

September 22  
Rock 'n' Roll Denver Bike Tour  
[runrocknroll.competitor.com/  
2012/04/denver/  
denver-bike-tour\\_26092](http://runrocknroll.competitor.com/2012/04/denver/denver-bike-tour_26092)  
Denver, CO

October 6  
Tour of the Moon  
[www.tourofthemoon.com](http://www.tourofthemoon.com)  
Grand Junction, CO

October 6  
Santa Fe Gourmet Classic  
[santafegourmetclassic.com](http://santafegourmetclassic.com)  
Santa Fe, NM

# Think Snow!

Ellen Chilikas



As hard as it is to believe, in less than 6 months we'll be skiing!  
Please put these trips on your calendars:

## 5th Annual New Year's Pajama Party in Leadville Sun 12/30/12 - Wed 1/2/13

We will be again staying at the hostel and having breakfast and dinner each day – champagne will be provided for NY Eve. Downhillers can ski Cooper or Copper or Monarch, xc skiers and snowshoers will play on the Mineral Belt, CMC trails and around Tennessee Pass. Costs depend on the room you choose (we have the rooms with private baths and the 'couples' rooms with shared baths). Expect the cost to be around \$175 for 3 nights with breakfast and dinner included each day.

\*\*\*\$100 deposit to hold your spot, FINAL payment is due 11/1.\*\*\*

## 5th Annual Fraser Fun Weekend Thursday 1/17/13 - Monday 1/21/13

Downhillers can ski Winter park or Sol Vista, XC skiers and snowshoers can explore the Nordic centers, the Fraser Experimental Forest and even wander up around Granby. We'll have a continental breakfast daily, plus evening happy hours. Double occupancy; expect costs to be ~\$275 per person for 4 nights.

\*\*\* \$100 deposit due now to hold your spot, final payment is due December 1st. \*\*\*

Contact Ellen (outdoorsdiva@yahoo.com) with questions. Please send your deposit check (made out to Ellen Chilikas) with the DBTC tour forms ([www.dbtc.org/OTT\\_Index.aspx](http://www.dbtc.org/OTT_Index.aspx)) to Ellen at PO Box 471803, Aurora, CO 80047. You must send both a check and your forms to hold a spot.



## BIKE TO WORK DAY: DBTC Well- Represented Tom Casadevall

DBTC participated in the annual Denver Bike to Work Day event at Civic Center Park on Wednesday, June 27, 2012. The DBTC booth stood with more than 35 other bicycle-related vendors, bicycle advocacy groups, and others interested in promoting safe bicycling. DBTC was ably represented at the booth by Board Vice-President Guy James, DBTC's map-maker supreme Steve Ingraham, former Board member and grade "A" salesman Gary Goins, and by Board member Tom Casadevall. We estimate that between 250 and 300 cyclists visited the DBTC booth to hear about the club, to see the 2011 version of the DBTC Denver area bicycle map, and to receive the "medic-alert" tag for their helmets. In addition to the DBTC booth, several club members were in attendance proudly wearing their DBTC cycling jerseys.

# DBTC SUMMER 2012

It's been a hot summer, but we have a great variety of rides scheduled for August. Some are on different days and some are out of town so be sure to read the schedule and get the rides you want to go on on your calendar. Remember the ride coordinators are already working on September and October so shoot them an email so our fall schedule is complete.

Pace of Ride	Difficulty of Terrain	Mileage	Quadrant of City	Departure Time
Roses – Leisure Fun – Comfortable Int. – Brisk Road – Fast ATB – Unpaved Roads MTB – Mountain Bikes	H1 – Flat H2 – Some Hills H3 – Hilly H4 – Serious climbs Two ratings: Technical skill T1 to T4 and Physical exertion P1 to P4	This is an estimate – options may be offered	NW NE SE SW W	Arrive early enough to unload your bike and be ready to leave.

**Ride Locator:** There is a guide to the most frequent start locations on our website, [www.dbtc.org](http://www.dbtc.org). It provides the information you need to use Map Quest to make a map to the starting location.

**If you'd like to include** an activity in the newsletter, please email it to [ridecoordinator@dbtc.org](mailto:ridecoordinator@dbtc.org) by the 10th for the following newsletter or contact **Patty** at **303-989-8268**.

## DBTC's E-Mailing Lists

Get late breaking news, last minute ride updates, and short-notice of weekday rides, all e-mailed directly to you as soon as the information is posted.

## DBTC Message Board is the DBTC General E-Mail List

To join, send an e-mail to: [ColoradoBicyclist-subscribe@yahoo.com](mailto:ColoradoBicyclist-subscribe@yahoo.com). Get late breaking news, last minute ride updates, and short-notice of weekday rides, all e-mailed directly to you as soon as the information is posted.

## DBTC Mountain Biking E-Mail List

To join, send an e-mail to: [COMtnbikers-subscribe@yahoo.com](mailto:COMtnbikers-subscribe@yahoo.com)

**You can join both groups.** After you send the e-mail requesting to join, you will be contacted via e-mail with a confirmation. If you'd like to post an event, simply go into the site. Remember that only club-related activities can be posted. We reserve the right to cancel any posting we don't think is appropriate.

## Please Note:

- Joining either of these Yahoo Groups does not make you valid member of the DBTC.
- If your e-mail address changes, you must send your new e-mail address to both the Yahoo Group and to the DBTC webmaster ([webmaster@dbtc.org](mailto:webmaster@dbtc.org))
- The DBTC Website operates independently from the Yahoo Groups. The Yahoo Groups send only e-mail messages concerning some upcoming events. The DBTC monthly Newsletter, The Colorado Bicyclist, is sent to you from the DBTC Website via e-mail only if you have so requested.

**Be Ready To Ride:** DBTC Ride Leaders and members are NOT bike mechanics. Before showing up for a ride, check your tubes and tires. Fix flats in advance of start time. Check your brakes and shifters, and, if any part of your bike needs maintenance, take it to an authorized mechanic. A complete tune up once a year is recommended. Your ride is only as safe and enjoyable as the condition of your bike.

## DBTC Facebook

Check out the DBTC page on Facebook to discover more about events and happenings in the club and other bicycling-related stories. Search "Denver Bicycle Touring Club" within Facebook to find us. <http://www.facebook.com/pages/Denver-Bicycle-Touring-Club/122447584186>

## Yahoo Group - Posting Requirements For Rides & Events

During the winter most of our events are Show and Go. We always prefer to have rides with designated leaders so you can post a Yahoo Group ride even if a Show and Go is listed in the newsletter.

### 1) Description Checked:

- DBTC Moderators (currently Lin Hark, Dale Trone, and Jeff Baysinger) post rides or events only if the requester is a current DBTC member,
- AND for rides the posted description conforms to the standard DBTC posting format: (e.g., FUN-2-25-NW-10:00 AM Location, Contact person & info, brief description)

### 2) Rules For Posting Rides To Yahoo Group:

- To prevent drawing participants from scheduled rides, your Yahoo-posted ride must NOT be of a similar length, category, location (city quadrant), and length as a ride posted in the Newsletter.
- It must be posted at least 2 days prior to the event.

### 3) Ride Credit For Ride Posted Only To The Yahoo Group:

- Ride leader must send the completed sign-in sheet (snail-mail or eMail) to the Yahoo Event Compiler (currently Steve Ingraham [singraham046@aol.com](mailto:singraham046@aol.com)) within one week of the ride.
- No actual ride, no credit. No sign-in sheet, no credit. If only the ride leader signs in, no credit. If the ride leader does not sign in, no credit.

### 4) Credit For Other Recreational Events (Ski Trips And Hikes) Not In Newsletter:

- The event leader must send the completed sign-in sheet (snail-mail or eMail) to the Yahoo Event Compiler (currently Steve Ingraham [singraham046@aol.com](mailto:singraham046@aol.com)) within one week of the event.
- No actual event, no credit. No sign-in sheet, no credit. If only the event leader signs in, no credit. If the event leader does not sign in, no credit.

# New Format for ROAD AND INT RIDES

Patty Gaspar

You will notice that every Saturday there is a ride listed: **ROAD/INT/FUN H2-20-SW 9:00 AM SHOW & GO** and on Sunday: **ROAD/INT/FUN H2-28-NW 10:00 AM SHOW & GO**. They have different times and start locations. These rides will be show and go and riders are advised to download map #55 for Saturday or map #54 for Sunday from the website before going. They will be primarily for the ROAD riders and INT riders wanting a challenge. FUN riders are welcome, but the pace will be fast and no one will wait for you to catch-up.

In addition to these rides, Donald Schmertz will continue to lead his rides from various locations. His rides involve use of a paceline and he tends to do a lot of climbing in the foothills. All rides will regroup as necessary. Some of them will be in the newsletter and some will be posted on the Yahoo group and MeetUp group. Contact me at [ridecoordinator@dbtc.org](mailto:ridecoordinator@dbtc.org)

if you would like to add a ROAD ride to the schedule.

INT ride leaders who want to lead a less aggressive ride should contact Rick Clauder ([funridenorth@dbtc.org](mailto:funridenorth@dbtc.org)) by the 20<sup>th</sup> of the month prior (i.e. 20<sup>th</sup> of June for the July issue) to get your rides in the newsletter.

We will continue to have FUN SOUTH and NORTH rides. Many of our riders prefer to ride at the 10 to 12 mile an hour pace on the bike trails and less traveled streets. And, they like to know that lunch will follow. However, we need ride leaders. Without leaders, you'll be left in the dust by the road riders. [funridenorth@dbtc.org](mailto:funridenorth@dbtc.org) and [funridesouth@dbtc.org](mailto:funridesouth@dbtc.org) are the contacts. The ride can be as simple or as complex as you want.

## 2012 DBTC ROAD/INT/FUN

**Saturday August 4, 11, 18 and 25**

**ROAD/INT/FUN H2-20-SW 9:00 AM SHOW & GO** Meet at the Park 'N Ride behind Panera Bread (Aspen Grove Shopping Center) at Mineral & Santa Fe in Littleton. This is a Show & Go Ride therefore there is no ride leader, map, or designated pace. Riders will decide among themselves the route(s) to take and ride at their own pace. There are many well known routes from this start location. A suggested 20 mile route is available at [dbtc.org](http://dbtc.org), route map library, map #55. Many options exist to add or subtract miles from this route (including climbing Deer Creek Canyon, or Roxborough Park) depending on your desire. If unfamiliar with the area purchase a Denver Bicycle Touring Club map from a local bike shop to assist you. Restrooms are at the start in the Nature Center, on Deer Creek Canyon, and in Chatfield State Park.

**Sunday August 5 and 19**

**ROAD/INT/FUN H2-28-NW 10:00 AM SHOW & GO** Meet at Prospect Park in Wheatridge at 44th Ave. and Robb St., south parking lot). This is a Show & Go Ride therefore there is no ride leader, map, or designated pace. Riders will decide among themselves the route(s) to take and ride at their own pace. There are different routes from this start location. A suggested 28 mile loop route to Golden and south is available at [dbtc.org](http://dbtc.org), route map library, map #54: If unfamiliar with the area purchase a Denver Bicycle Touring Club map from a local bike shop to assist you.

## 2012 (and Future) DBTC Activity and Tour Calendar

Email the trip contact for more information. Email Ellen ([outdoorsdiva@yahoo.com](mailto:outdoorsdiva@yahoo.com)) to add your trip to this list.

### May 2013 Albuquerque Adventure

Trip Type: Road Riding

Lodging: Hotel

Leaders: Ellen Chilikas, [outdoorsdiva@yahoo.com](mailto:outdoorsdiva@yahoo.com),  
and Karen Jenneman,  
[karen\\_jenneman@hotmail.com](mailto:karen_jenneman@hotmail.com)

Status: Planning

### September 2013 Teton Trek Two

Trip Type: Road Riding

Lodging: Hotels

Leaders: John Campbell, [jwc@rmi.net](mailto:jwc@rmi.net), and Ellen Chilikas,  
[outdoorsdiva@yahoo.com](mailto:outdoorsdiva@yahoo.com)

Status: Planning

### September 2014 Door County: The Sequel

Trip Type: Road Riding

Lodging: Hotel

Leaders: Ellen Chilikas, [outdoorsdiva@yahoo.com](mailto:outdoorsdiva@yahoo.com)  
and Karen Jenneman,  
[karen\\_jenneman@hotmail.com](mailto:karen_jenneman@hotmail.com)

Status: Planning

Visit [DBTC.org](http://DBTC.org) and click on "Tours" for updates on the trips.

# AUGUST RIDE SCHEDULE

**Wednesday, August 1st** **"Roses" H1/2 16 SE 8:30 AM** Meet *Jean Stevenson*, 303-699-5135, in the furthest lot of Village Green Park, corner of Union and Dayton, for a ride in Cherry Creek Park and Piney Creek. Bring a snack and money for lunch at a favorite restaurant following the ride.

**FUN/INT Show and Go – meet the same time and place as the "Roses" ride.** If you join them, please ride at their pace.

**MTB P2, T2 6:00 PM Lair of the Bear.** The Lair Open Space Park is 5 miles west of Morrison on Hwy 74 and the parking area is on the south side of the road.

**Saturday, August 4th** **FUN-H2-30-SE 8:00 AM** Meet *Jeannie Clayton* (303-964-3364) at Congress Park (Enter ½ block N. of 8th Ave on Josephine) We will meander Eastward to Fairmount/Highline and head South to Cherry Creek, returning through Southmoor, University Park and Cherry Creek neighborhoods. As much shade as possible!

**FUN-H3-20-W 10:00** Meet *Howard Bagdad* at the parking lot behind Beau Jo's in Idaho Springs. We will ride to the visitor center in Georgetown and return. Lunch afterwards is in Idaho Springs.

**INT-H1-38-NE 8:30** Meet *Bonnie and Ron Hall* 785-691-6007 at the Broadway & 70th Park N Ride for an out and back to the Brighton Recreation Center via Riverdale Rd.

**MTB P2, T3 10:30 AM Heil Valley Ranch.** This will be a Show & Go for a trek around the many interesting trails. Carpool at 9:30 AM from Sofa Mart at the NW corner of Kipling and 6th Ave. on the frontage road in Lakewood. Park in the NE corner next to the dirt vacant lot. Go to [www.BoulderCountyOpenSpace.org](http://www.BoulderCountyOpenSpace.org) and on the right side of the page, click on "Parks and Trails" and print out a map of Heil Valley Ranch trails.

To drive, go north on Hwy 93 from Golden. At the south end of Boulder, turn right (east) on Table Mesa Drive (where the Conoco stations are on both sides of Hwy 93) and travel east under the bridge carrying Foothills Parkway (Hwy 157). Be in the right hand lane and take the curving ramp up to Hwy 157 heading north. Go north on 157 to Valmont (has a traffic signal) and turn left (west) and go to 28th Street which is also Hwy 36. Turn right (north) on 28th Street (Hwy 36) and follow Hwy 36 about 6 miles to Left Hand Canyon Road (also signed for Jamestown). Turn left and drive about 1 mile to Geer Canyon Road. Turn right and drive another 1.5 miles to the trailhead.

If you're coming from Denver on the Boulder turnpike, exit onto Foothills Parkway (Hwy 157) near Boulder and follow the instructions above to reach Valmont and continue on as instructed. We will not be doing the Lyons shuttle this time and will return to the parking lot for a picnic after the ride. A meal afterward is on the Pearl Street Mall in Boulder.

**Sunday, August 5th** No one scheduled a ride this week, but there are many options from either of these starting points.

**ROAD/INT/FUN H2-20-SW 9:00 AM SHOW & GO** Meet at the Park 'N Ride behind Panera Bread (Aspen Grove Shopping Center) at Mineral & Santa Fe in Littleton.

**ROAD/INT/FUN H2-28-NW 10:00 AM SHOW & GO** Meet at Prospect Park in Wheatridge at 44th Ave. and Robb St., south parking lot).

**Monday, August 6th** **FUN-H1-28-Central 8:30 AM** Meet *Dave Grimes* (303-986-7666) at Cuernavaca Park for a ride on the Platte River Trail South to Mineral Ave. (Carson Nature Center) and Back. The ride is on paved bike trails. An optional lunch is at a local restaurant.

**Wednesday, August 8th** **FUN/INT-H2/3-20-SW 8:30 AM** Meet *Steve Stevens* (720-497-1100) at Golden Oldy Cyclery, 17224 West 17th Place, Golden for a slow Lookout Mountain climb and on to the Buffalo before returning to the Golden Oldy Cyclery.

**"Roses" H1-22 SW 8:30 AM** Meet *Dave Noble* (303-694-2008) in the parking lot of South High School, corner of Louisiana and S. Franklin, near SE corner of Washington Park, for a ride including Westerly Creek, Stapleton, City Park, and Cheesman Park. Bring a snack and money for a restaurant after the ride.

**MTB, P3, T3 6:00 PM, Chimney Gulch.** Meet under the arch on 19th street in Golden west of Hwy 6.

**Friday, August 10th** **MTB (campout or motel) P3, T3, 1:00 PM, Crested Butte, Farris Creek Trail.** Join ride leader *Jeff Baysinger* (303-969-9241) for this 10 mile out and back. Meet at the Town Parking Lot which is on your right behind the visitor center at the intersection of Hwy 135 (which becomes 6th St.) and Elk Ave. Another classic Crested Butte ride. Expect tight singletrack cruising, a steep technical downhill and fast doubletrack riding back to the trailhead. Camping will be at the Cement Creek Campground or a place of your choice. Cement Creek CG is 6.9 miles south of Crested Butte on Hwy 135. Turn east on Cement Creek Rd (County Road 740). Travel about 4+ miles to the CG on your right.

**Saturday, August 11th** **FUN-H2-25-SE 7:30 AM Soft Underbelly of South Denver Tour.** Meet *Gaar Potter* (303-691-0938) at Eisenhower Park (Colorado Blvd at Dartmouth). Get all of your affairs in order before this ride! As we go UP and DOWN the drainages, you will understand why nobody ever rides this way.

**FUN-H1-25-30?-NW-8:3** Meet *Jake Jacobi* at Twin Lakes Park, near 70th & Broadway. We will ride along Clear Creek, Ralston Creek, Quaker, and Little Dry Creek

**MTB P3, T3, 10:00 PM, Crested Butte, Trail 401** Join ride leader *Jeff Baysinger* (303-969-9241) for this 14.5 mile loop. Meet at the Town Parking Lot which is on your right behind the visitor center at the intersection of Hwy 135 (which becomes 6th St.) and Elk Ave. This trail has mind-boggling singletrack, spectacular views and beautiful alpine wildflowers. This is easily one of the best rides in the area and is a must-do for any mountain bike rider.

**ROAD/INT/FUN H2-20-SW 9:00 AM SHOW & GO** Meet at the Park 'N Ride behind Panera Bread (Aspen Grove Shopping Center) at Mineral & Santa Fe in Littleton.

**Sunday, August 12th** **FUN-H1-25-SE 7:30 AM Twenty Parks Tour SE.** Meet *Gaar Potter* (303-691-0938) at Eisenhower Park (Colorado Blvd. at Dartmouth). We will follow the shade through SE Denver. Mostly on streets; feel free to count the parks.

**FUN-H2-24-NW 9:00 AM** Meet *Jeff Krinsky* (720-373-9107) for an exciting ride full of unexpected twists and turns. We will meet at the parking lot west of the baseball diamonds in Westminster City Park (Directions: From US36 and Church Ranch Blvd/104th Ave. exit, east on 104th about 1/2 mile to the first left after the Westminster Blvd light. The address for the park is 10455 Sheridan Blvd.) for a ride in the Westminster, Northglenn, and Thornton area, including the Farmer's Highline Canal, Lee Lateral, and Grange Hall Creek trails. (There is a map listed in the DBTC web page start locations.) Optional lunch is after the ride at a nearby restaurant.

**INT-H3+-40-W 8:30 AM** Meet *Lily Schumann* 303-463-0117 at Idaho Springs parking lot behind Beau Jo's pizza. Ride to Bakerville with option to Loveland ski area. Lunch afterwards is in Idaho Springs.

**MTB P3, T3, 10:00 PM, Crested Butte, Lower Loop.** Join ride leader *Jeff Baysinger* (303-969-9241) for this 9.4 mile out and back. Meet at the Town Parking Lot which is on your right behind the visitor center at the intersection of Hwy 135 (which becomes 6th St.) and Elk Ave. A great ride with excellent singletrack, great views and wildflowers. One of the best short rides in the area.

**Monday, August 13th** **FUN-H2-26-SW 8:30 AM** Meet *Dave Grimes* (303-986-7666) at the Stone House in Lakewood (Estes, a couple of blocks south of Yale). Will ride down Bear Creek trail to Platte River trail, up Platte River trail to bike bridge across Platte River south of Union, cross on bridge and ride up Big Dry Creek (Englewood) trail and streets to high line canal, down high line canal to Quincy, west on Quincy to Clarkson, follow trail & streets to Dartmouth, then Platte River trail and Bear Creek trail back to Stone House. Distance is between 25-30 miles. An optional lunch is at a local restaurant.

**Tuesday, August 14th** **FUN/INT-H2-25-30-SW 9:00 AM** Meet *Carol Bennett* (303) 470-2830 c (720-425-6124) at the south west side of the Target next to the Kaiser Permanente Medical building parking lot at Lucent and Highlands Ranch Parkway. Take the Lucent off ramp from C470 and head south. Turn left on to SSgt Jon Stills Dr. (aka the entrance to Target Parking lot) and follow it around to the extreme SW portion of the parking lot near. (it is visible from the entrance of the parking lot) Note- using street level Google maps shows only an undeveloped prairie. We will ride the greenbelt trails and will visit the newly renovated Mansion during the ride. Lunch in a restaurant following the ride

**Wednesday, August 15th** **FUN/INT ride is on Tuesday this week.**

**"Roses" H2-15-SE 8:30 AM** Meet *Judy Deist*, 303-841-4792, Cell 303-906-4305 at the south side of the Walmart parking lot off of Aurora Parkway and Commons, which is in the Southlands shopping mall north of Smokey Hill road and west of Aurora Parkway in Aurora. Walmart is just north of Sams Club. We will ride around the Aurora reservoir and more. Bring a snack, and money for a restaurant lunch after the ride.

**MTB P2, T2 6:00 PM Lair of the Bear.** The Lair Open Space Park is 5 miles west of Morrison on Hwy 74 and the parking area is on the south side of the road.

**Saturday, August 18th** **FUN-H2-22-NW - 8:30 AM** Meet *Gary Goins* 303-433-4398 at Berkeley Park for a ride along the Clear Creek Trail to Golden and back. We will assemble at the lower parking lot (I-70 overpass and Tennyson). This ride is suitable for all types of bikes. Bring air, a spare, water and sunscreen.

**INT-H1-28-SE-9:00 AM** Meet *Denny Martin* 303-793-0395 at Village Greens Park next to Cherry Creek State Park, west entrance. We'll loop across the face of the dam, exit the park on the trail on the south side, take Jordan Rd. & Chambers south to C470 trail west, then a lap around Meridian Business Park, back north thru Inverness Business Park with final return on Dayton. Lots of twists and turns on this route so there will be a lot of stopping to regroup. Lunch afterward if the group desires.

**Sunday August 19th** **LEISURE/"Roses" H1-15 10:00 AM** Meet *Elly Baldwin* 720-231-8778 at the HIGH SCHOOL parking lot on Hwy 9 for a leisurely ride to Breckenridge and back then we'll have lunch at the Butterhorn Bakery. **OPTION 2: 20 miles** We eliminate a big hill by starting from the school but we will have to drive back to Frisco. If you want to ride the hill, you need to leave by 9:30 from Frisco and let me know you are coming.

**FUN-H3-20-Summit County 10:30 AM** Meet *Dave Noble* (303-694-2008, cell 303-906-3163 on ride day) in the parking lot at 4th and Granite (1 block off of Main Street) for a ride around Lake Dillon on the recently completed bike trail. We'll grab lunch on the street in Frisco and then wander up the Gaspar's for the ice cream social.

**INT-H3-40- Summit County 9:30 AM** Meet *Dale Trone* (303-981-9161) at the Frisco Visitor Center (3rd and Main St Frisco) for a ride to Montezuma. Outbound we will ride the bike path to Farmers Corner, up Swan Mtn via the new climbing lane; take the bike path down to Summit Cove; and then lightly traveled roads to Keystone and Montezuma. The return route will return by riding thru Dillon then return to Frisco for an ice cream social at Carl and Patty Gaspar's Frisco condo.

**OPTION 2: 26 miles** – Join us for the ride as far as Keystone then either wait for us or make your way back to Frisco on your own.

**OPTION 3: 20 miles** – be there by 10:00 so you don't miss us – meet us at the Summit Cove parking area by the new bathrooms and you can avoid the ride over Swan Mtn. and around Lake Dillon.

**Don't want to go to Frisco?**

**FUN/INT H2-20-23-N 9:00 AM** Meet *Richard Quick* 303 466 4008 at Whole Foods 300 Marshal Road Superior for a ride on hard packed & paved trails plus roads. Lunch after?

**ROAD/INT/FUN H2-28-NW 10:00 AM SHOW & GO** Meet at Prospect Park in Wheatridge at 44th Ave. and Robb St., south parking lot).

**MTB P3 T2 10:30 AM, Gold Dust Trail at Como.** Join ride leader *Eric Esswein* (303- 638-2300) at the trailhead of the Gold Dust Trail for a 16 mile out and back, 1700 foot ride. The trailhead is located immediately outside the private property entrance to Camp Como (a private Christian Camp) just NW of Como, CO. Drive CO Hwy. 285 south to Como, CO, which is 70 miles from the intersection of C-470 and Hwy. 285. Turn right (west) off Hwy. 285 on CO Rd. 33 which takes you into Como (population 20). At the west end of Como, you'll hit Pine St. and turn right. Follow Pine Street (or the signs in town to Camp Como) to the entrance to the camp and park outside the gates on the right side of the road. Look on the south side of the road for a blue diamond trail marker in the trees. For a map of the location of Camp Como go to [www.mapquest.com](http://www.mapquest.com) or <http://www.campcomo.com/location-and-directions>. Carpool from the Fort Restaurant at 8:45 AM. The Fort is on Hwy 8 a few hundred feet north of the interchange of Hw 285 and Hwy 8 just past the hogback in the west metro area.

Alternatively you can meet your ride host Eric Esswein at the back of the Kum-n-Go at 30393 Kings Valley drive at the corner of Kings Valley Drive and Hwy 285 at 9:15 am and we will drive to the trailhead from Conifer. Kum-n-Go has decent coffee.

**You're going to love this ride for a passel of reasons:** the quality of the riding, the lack of crowds, an alpine pass and the Como Depot and the Eating House afterwards for ales and rejuvenation. This ride has three distinct sections. The first section starts at an elevation of 9,813 ft. with a gentle climb through thickets of aspen and lodge pole pine. We then end up heading downhill toward a series of wooden bridges and follow the trail through a beautiful creek and wetland. The second section starts with a gradual climb to hook up with an old water diversion ditch. We'll ride right through the middle of this dirt ditch as we enjoy banked corners for a mile or more. Next we cross a small creek to get to the final section of the trail; look for blue diamond trail makers on the other side of the road. Ascend sections of single and double track (this is the steepest section of the ride), and eventually top out on the Boreas Pass road where we turn left and ride 1/4 mile to the top of the pass at 11,492 ft. At the pass check out an old railroad train car, some old Forest Service buildings and enjoy the spectacular mountain scenery of an alpine pass. Now the fun continues with a very sweet descent of all that fine single track you just climbed. We'll eat at the Como Depot Eating House and B&B where we can refresh with some great food and a fine Colorado or British ale or two. For pictures of the trail, go to [www.schnauzers.ws/?option=com\\_content&task=view&id=185&Itemid=2](http://www.schnauzers.ws/?option=com_content&task=view&id=185&Itemid=2). Gold Dust is the 5th bullet down on the right side of the page.

**Monday, August 20th** **FUN-H2-20-West 8:30 AM** Meet *Dave Grimes* (303-986-7666) at SW corner of Kipling and Jewell, Lakewood, at Safeway Shopping Center for a ride on the Bear Creek Trail to the Platte River Trail to the Sanderson Gulch Trail. An optional lunch is at Café Jordano.

**Wednesday, "Roses" H1-20 SE 8:30 AM** Meet Anne Layshock, 303-771-6353, at Cottonwood Trailhead So side of Cottonwood, **August 22nd** between Jordan Rd. and Parker Rd. for a ride along the Cherry Creek Trail to the Pinery and return. Bring a snack and money for lunch at a favorite restaurant following the ride.

**FUN/INT 2 - 22 W 9 AM Evergreen Beat the Heat Ride** Meet *Lin Hark* at Evergreen Lake for a ride from the Lake House to Upper Bear Creek. This is a beautiful, fairly gentle climb through an elite and historic section of Evergreen with gorgeous views of Mt Evans. Then for those who want to find something with more challenging hills we will loop around Witter Gulch and come down Stagecoach and back to the lake.

DIRECTIONS to Evergreen Lakehouse from I-70: West on I 70 to exit 252, Evergreen Parkway, which is Hwy 74, go South 8 miles, to the lake, turn right onto Upper Bear Creek Rd., go .2 miles and turn left into the parking area. Meet on the west end of the parking lot near the new restrooms.

THE SCENIC ROUTE DIRECTIONS to Evergreen Lakehouse from Morrison: From C-470 Morrison exit or Morrison Rd go West through Morrison to Hwy 74, it is 11 miles through Idledale and Kittridge to Evergreen, go through Downtown Evergreen, through the light and turn left at the lake onto Upper Bear Creek Rd., go .2 miles and turn left into the parking area. Meet on the west end of the parking lot near the new restrooms.

Bring something to share with the group at Lin's house just 1/2 mile from the ride start after the ride. Lin will have a BBQ grill if anyone wants to grill some meat.

**MTB P2 T1 Green Mountain, 6:00 PM.** Meet at the Florida Trailhead, at the top of Alameda Blvd (intersection of West Florida Drive and Alameda in Lakewood).

**Saturday FUN-H2-19-SW 8:30 AM** Meet *Gary Goins* (303-433-4398) at Writer's Vista Park (1900 W. Mineral Ave., Littleton, **August 25th** Colorado) for a ride over four bike paths; the Highline Canal Trail, Chatfield Dam Trail, Platte River Trail and Lee's Gulch Trail. This ride is suitable only for bike with wide tires. Bring air, a spare plus water and sunscreen.

**FUN-H3-29-W-10:00 AM** Meet *Dave Noble* 303-694-2008, cell 303-906-3163 in the dirt parking lot as you drive into Silver Plume (I-70 exit #226 just after Georgetown) for a ride to Bakerville and then on the beautiful new bike path to Loveland Ski area. Lunch afterwards is in Georgetown.

**INT-H4-50-W-8:00** Meet *Mary Jenkins* 720-981-0115 at Main St Exit 201 Frisco visitors parking lot just south of I 70 to the right. Ride Frisco bike path to top of Vail Pass return to Frisco continuing to Breckenridge and back.

**ROAD/INT/FUN H2-20-SW 9:00 AM SHOW & GO** Meet at the Park 'N Ride behind Panera Bread (Aspen Grove Shopping Center) at Mineral & Santa Fe in Littleton.

**MTB, P3, T3, 10:30 PM Indian Creek Ring Tail Trail.** Meet *Kathy Basel* (720-217-5692) for a ride that's easier than the entire Indian Creek loop (but not by too much). Take Santa Fe south of Denver to Sedalia. Turn right (west) drive through the little town and continue west on Hwy 67 for about 12 plus miles. You will pass Rampart Range Road on your left. The parking lot is on the right about a quarter to half-mile further on west on Hwy 67 and the trailhead is up the dirt road from the parking lot. The parking fee is \$5 or \$6. Lunch is in the parking lot after the ride, so bring snacks and beverages or whatever you like - and a chair.

**Sunday FUN-H1-H2-24 9:00 AM** Meet *Paul Altman* 720 979-6303 at Westminster Recreation Center (104th and Sheridan, west **August 26th** side of the entrance) for a ride around Westminster and Arvada (Farmers HighLine Trail and beyond)

**FUN-H2-23-SE 9:00 AM** How about meeting *Bob Shedd* (720-290-6014) at South High School (Louisiana & S. Franklin) parking lot? Bob is "back in the saddle" after fracturing his leg in March and is exploring new bike routes for this ride. If he hasn't finalized a new route, we'll enjoy Bob's traditional scenic ride on streets and bike paths through East Denver to Stapleton and return by way of City Park. Lunch at Hanson's is optional afterwards.

**INT-H2/3-52-N 8:30 AM** Meet *Derek Paris* (303-410-1001) in Niwot at the Shopette, N 79th St. and Niwot Rd., between the Service Station and the Bank. We will ride North through Hygiene, climb up to Carter Lake and then loop back around to Niwot.

**Monday, FUN-H2-21-SE 9:00 AM** Meet *Wayne Tomasello* (720-344-8932) at the Northeast corner of Quincy Ave. and Parker Rd. **August 27th** in the strip mall's parking lot for a ride on the Cherry Creek trail to the Highline trail to the Tollgate trail for a loop. The ride is on paved bike trails. An optional lunch is at the Emerald Isle.

**Wednesday, "Roses" H1-20 NW 8:30 AM** Meet *Bob Munns* 303-255-6013 at Northwest Open Space Recreation Park. From I-25 and August 29th 104th Ave. go about a mile west to Quivas/Pecos St., then north to Northwest Open Space parking lot. We will take the Farmers High Line Canal through the E.B. Rains Memorial Park to the Signal Ditch Trail. This ride will be new to most, and mostly flat. Bring a snack and money for lunch at a favorite restaurant following the ride.

**FUN/INT-H2-25to30-SW 9:00 AM** Meet *Patty Gaspar* (303-618-5069) behind the tennis bubble at W Bowles and S Federal ride into Ken Caryl and over the hog back. The scenery is a beautiful on the downhill then we'll come back through Chatfield. Lunch afterwards is in downtown Littleton.

**MTB P2, T1, 6:00 PM, Bear Creek Lake Park.** Meet at Moe's Barbecue in the shoppette at the NE corner of Morrison Road and Kipling Parkway in Lakewood. From this intersection, go east one block to Lewis Way. Turn left (north) and go to the second entrance on the left past the median. Turn left and Moe's will be directly ahead of you. Park on east side of lot.

### DBTC SPONSORING SHOPS

DBTC members receive a 10% discount off purchases (excluding bicycles and sale items) at these sponsoring retailers.

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6905 S BROADWAY UNIT 169  
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303-797-1858  
arapahoecyclery.com

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ARVADA CO 80003  
303-420-3854  
arvadabike.com

BIG KAHUNA BICYCLES  
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Discount Includes 10% discount on  
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THORNTON CO 80233  
303-288-4100  
derbybicyclecenter.com

ELEVATIONS  
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LITTLETON CO 80126  
303-730-8038  
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WHEAT RIDGE CO 80033  
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foothillscycling.net

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goldenbearbikes.com

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goldenbikeshop.com

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greenmountainsports.com

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303-781-1162  
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