

# The Colorado Bicyclist

Newsletter of the Denver Bicycle Touring Club

July 2011

## SUMMER PICNIC

**SATURDAY, JULY 16, 2011**

**MEADOWLARK COVE PICNIC SHELTER, BEAR CREEK LAKE PARK**

**Come and join us for biking, burgers and fun!**

### Directions to the ride and picnic location:

Travel to the interchange at C-470 and Morrison Road on the west side of the metro area. Drive west on Morrison Road a short distance on Morrison Road and turn north onto the west frontage road directly in front of the Conoco station. Parking is on the east shoulder of the frontage road.

### 1. To enter Bear Creek Park at no charge:

Now riding on your bike, cross Morrison Road to the south side and follow the bike path east under C-470 into Bear Creek Lake Park. After going under C-470, proceed several hundred feet east to a bike/pedestrian bridge on your right over Bear Creek. Cross the bike/pedestrian bridge and ride 4/10 of a mile on the bike path to a paved auto road. Turn right and ride 200 feet along the road. Turn right into a parking lot. You will see the Meadowlark Cove picnic shelter on the west side of the parking lot.



### 2: To enter Bear Creek Lake Park by car there is a \$5 entry fee.

Rides will appear in the ride schedule. Start times vary.

Complimentary lunch will be provided by the club and we will start serving around noon

Picnic Chairman: John Campbell

## PICNIC HELPERS NEEDED

Just as in the past we are looking for club members to share the load of helping with picking up food, getting things from the storage locker, setting up, cleaning up and cooking.

Volunteers bringing items to the picnic will be reimbursed for park entry fee. **Contact John Campbell 303-797-0250 or [jwc@rmi.net](mailto:jwc@rmi.net)** to volunteer your services.

## Recycle!

There is a lot of trash generated at the dinners and picnics. Members are invited to take the initiative, grab a trash bag, fill it with recyclables, and take home. Then take to your local recycling drop off spot.

**The event chairman thanks you.**

## DBTC's Officers

### President

John Campbell 303-797-0250  
President@dbtc.org

### Vice President

Tom Casadevall 303-984-2402  
Vicepresident@dbtc.org

### Secretary

Jeff Krinsky 303-543-1320  
secretary@dbtc.org

### Treasurer

Karen Kirby 303-237-1229  
treasurer@dbtc.org

### Board Members at Large

Curtis Pellegrin 303-234-9998  
curtisPELL@aol.com;  
Doug Schuler 303-829-5861  
dougSCHULER@comcast.net  
Guy James 303-321-4607  
james740@aol.com

## Directors and Staff

### Director of Ride Activities

Patty Gaspar 303-989-8268  
RideCoordinator@dbtc.org

### Out of Town Tour Director

Position open  
outoftowntours@dbtc.org

### Fun MTB Coordinator

Dick Plastino 303-988-5359  
FunMTB@dbtc.org

### Weekday MTB Coordinator

Russ Peterson 720-299-8269  
russell.peterson@comcast.net

### Fun Ride Coordinator North

Howard Bagdad 303-278-0541  
FunRideNorth@dbtc.org

### Fun Ride Coordinator South

Lois Kahn 303-758-0092  
FunRideSouth@dbtc.org

### Road Ride Coordinator

Steve Ingraham 303-756-7847  
roadrides@dbtc.org

### Intermediate Ride Coordinator

Dale Trone 303-981-9161  
intermediaterides@dbtc.org

### Wednesday Fun Ride Coordinator

Joyce Terlaje 303-986-2011  
wedfunrides@dbtc.org

### "Roses" Ride Coordinator

Melba Bouquet 720-493-0564  
melbabo9@q.com

### Historian

Sid Russak 303-773-3434  
Historian@dbtc.org

### Membership Database/Webmaster

Dave Grimes 303-986-7666  
webmaster@dbtc.org

### Map Sales (wholesale)

Doug Schuler 303-829-5861  
Mapsales@dbtc.org

### Newsletter Mailing Group

Carolyn Bauer 303-740-8491  
cmb8030@comcast.net

### Photo Gallery

Jeff Krinsky 303-543-1320  
photogallery@dbtc.org

### Board Meeting

Any member wishing to attend a board meeting is welcome to attend. The next board meeting is Wednesday, July 6th at Perkins Restaurant, 1995 S. Colorado Blvd. If you wish to address the board, contact the secretary, Jeff Krinsky: secretary@dbtc.org or 303-543-1320 so that your topic can be placed on the agenda.

# Memorial Day Picnic

## John Campbell

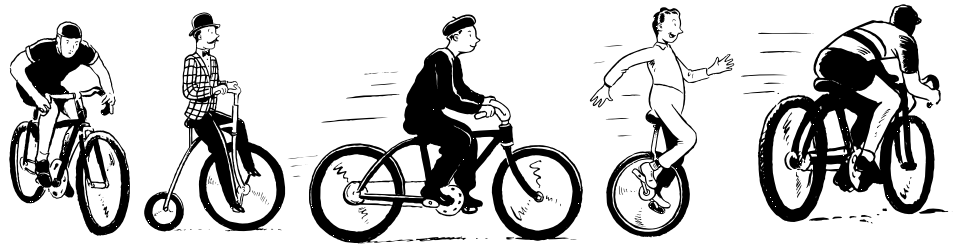
This year about 80 bike club members enjoyed our annual Memorial Day picnic. Unfortunately, the weather did not fully cooperate, but everyone seemed to have a good time in spite of the weather. It always seems to be a challenge with this picnic if we can experience good riding temperatures. This year it was a little breezy.

I want to thank those club members who came out to enjoy the camaraderie and to get the summer riding season started. Thanks to many of the club members for volunteering their service picking up food, setting up, cooking and cleaning up as we left the park.

Here are those that volunteered bring food and supplies: Burt hunt, tomatoes; Kathy Harrell, hamburger buns & potato chips; Cindy Fewell, Veggie trays; Susan Gregory, Veggie burgers; Renee Hardacre, grapes; John Stidman, Veggie trays; Marti Krusko, Strawberries; Paul Altman, sodas; Dick Plastino, ice.

Those who helped in service are: Lee Forker; picked up coolers from the storage locker and cooked hamburgers; George Because, cooked hamburgers and set up food; Mark Shimoda, cooked hamburgers; Dick Quick cooked the baked beans; Fred Kerr, cooked hamburgers; Cindy Fewell, washed off the picnic tables. If I failed to mention anyone who helped, I apologize for my oversight.

Again I want to thank everyone who helped to make this another successful DBTC event!



**Pictures and Articles for the Newsletter...** This newsletter belongs to the members. If you have pictures or an article to share, please email them to ridecoordinator@dbtc.org. Only send one or two pictures so you don't clog up my computer! Be sure to include details about who, when and where the picture was taken. If you have a photo to mail, contact the Ride Coordinator for the address. Remember we must give credit to the author. If you are a writer with an article of interest, we may make you a published author! The deadline for publishing is the 10th, but please send your articles earlier.

## Fitness

Fit Pix: Richard (Dick) Plastino

By The Denver Post

Posted: 06/13/2011 01:00:00 AM MDT

Blasting down a steep mountain-bike trail takes me back to when I was a teenager. From age 66, that's real time travel!



### Share your stories

E-mail a clear photo of yourself doing your favorite activity to [living@denverpost.com](mailto:living@denverpost.com) with FITPIX in the subject line. Tell us in 25 words or fewer what keeps you motivated. Include your name, age, address and phone. Photos must be high-resolution but no larger than 1MB. The best entries will appear in the paper and on our Denver Post Fitness page on Facebook.

## 4th Annual Circle the Summit Ride Frisco, Colorado

Saturday August 20, 2011

The ride was originated 4 years ago by the Summit Biking Group to raise funds to construct a bike/recreation path over the dangerous Swan Mountain Road. The road goes from Keystone to Breckenridge/Frisco, and completes the popular "Around the Lake Ride". Private funding was critical in leveraging private foundation and government matching grants. The past 3 years rides raised nearly \$60,000, which was used towards completing three sections on the east side of Swan Mountain Road. The Department of Transportation will complete the project with road widening and a bike lane.

This was a massive undertaking, and all cyclists who enjoy riding in the beautiful Colorado Mountains, and specifically Summit County, say "Thank You". Keep in mind, everyone working on this project is a volunteer. The DBTC Ride Schedule includes many rides in the area every year. Summit County is a popular vacation and cycling destination for many DBTC members, their families and out-of-state visitors.

The ride starts and finishes on the historic Main Street of Frisco. There are four distances ranging from 21 to 100 miles. All routes circle Lake Dillon, but riders are free to shorten or extend them.. After the ride, cyclists will enjoy a delicious "hot off the grill" lunch of Kobe burgers prepared by the Mint Steakhouse or vegetarian offerings and a cold draft beer to wash it down. The ride coordinates with the town of Frisco "Music on Main" event which has bands playing from afternoon to evening. Bring a change of clothes and a chair. Better yet, stay for the weekend.

Registration: You can register online, via postal mail, or limited dates and times in person. Go to – [www.circlethesummit.com](http://www.circlethesummit.com) – for complete information. \$55 for adults registered on or before midnight July 1. \$65 for adults registered between July 2 and midnight Aug. 17. \$75 for adults registered Aug. 18 thru ride day. Proceeds from this ride are used to improve and maintain this incredible bike/recpath network.

See you all on your bikes. Have a great day and know that all funds raised go directly back to improve and maintain an incredible bike/recpath network.

Never leave your wallet, purse, or valuables in your vehicle. There have been vehicle break-ins at many parking lots. Carry a small coin purse to hold your driver's license, medical insurance card, money, and car key. Do not leave an empty purse in view.

# SARATOGA SOJOURN

Sunday August 28- Friday September 2, 2011

Saratoga, Wyoming is located approximately 245 miles and about 3 ½ hours North of Denver surrounded by the Medicine Bow National Forest and home to the Snowy Range. We will be staying at the Saratoga Resort and Spa, which features private mineral Hot Springs.

The trip includes 5 nights lodging with double occupancy, continental breakfasts, several happy hours; a pre-trip get together and a farewell get together. All of this is affordably priced at \$375.00 per person. To join this trip, please send your deposit check in the amount of \$150.00 made out to Richard Gieseler, 232 West 4th. Avenue, Denver, Colorado 80223. Also, please include the Out Of Town forms (Liability Waiver, Registration and Medical) located on the DBTC web site at {[www.dbtc.org/OTT-Index.aspx](http://www.dbtc.org/OTT-Index.aspx)} The trip deposits are transferable but not refundable. If you have someone that you would like to room with, please indicate that on your form that you send in. Otherwise, we will work to find you a roommate. All rooms are on a first come first served basis. Final payment will be due by June 15, 2011.

The trip will include 3 out and back rides. One will leave from our hotel and go to the town of Encampment and back 40 miles round trip with rolling hills. The second ride will begin at the town of Centennial on the East side of the Snowy Range with an altitude gain of approximately 2,500 feet and about 30 miles round trip. The third day will be a hike led by Richard in the Snowy Range or you can use it as a free day to explore the area on your own. The fourth day will be from the Brush Creek campground up the West side of the Snowy Range for approximately 32 miles round trip with an elevation gain of approximately 2,300 feet. Riders are expected to ride at an Intermediate pace. For more information you can contact John Campbell at [jwc@rmi.net](mailto:jwc@rmi.net) or 303-797-0250 or Richard Gieseler at [rgizler@gmail.com](mailto:rgizler@gmail.com) or 303-722-1475



## Do You Know the Way to Santa Fe?

Ellen Chilikas and John Campbell led a ride to Santa Fe for 27 members of DBTC. Joe and Kathy Stommel have been on several DBTC trips even though they are members living in Pueblo. They wrote this song to help us remember the trip:

(sung to the music of "Do You Know the Way to San Jose" by Burt Bacharach)

*Do you know the way to Santa Fe?  
Cupcake and Tailpipe have the maps, we'll find our way.  
Do you know the way to Santa Fe?  
I'm going back to find a glass of wine, a piece of pie in Santa Fe.*

*Trader Joe's is such a cool store,  
Put 3 dollars down and buy some wine,  
Salad dressing, spices also are fine.  
Bottles turn into cases stacking high,  
And all the cars get loaded up  
With no more room for you or I.*

*Roadrunner can bike to Santa Fe,  
He gets around so fast, he'll never lose his way.  
Role around the mountains on his way,  
Eat a lizard, chase a coyote.*

*Dan Bob Kurt can change a flat,  
Beth or Helen testify to that,  
Ellen, Mary, Judy know it too,  
Wrenches move so fast they burn,  
And all the air gets pumped back in  
So down the road the wheels will turn.*

*Do you know the way to build a bomb?  
Oppie and Fermi can surely make you one.  
Do you know the way to make a city glow?  
Plutonium and Arizona wild fires, don't you know.*

*Taos is a land of great art,  
Put a thousand down to get some bling,  
In the store it seemed the logical thing,  
Two paychecks blown was not too smart,  
Now next month's budget too is blown apart,  
The glitter's gone, the shine will never last.*

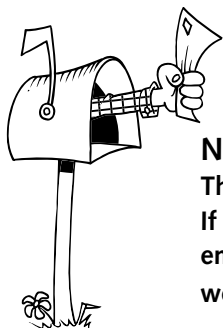
*Do you know the way to Santa Fe?  
I'm going there to bike, hike and eat and drink.*

*Do you know the way to Santa Fe?  
We got to go back very soon I think.*

*We've got lots of friends in Santa Fe.*

*Can't wait to get back to Santa Fe.*

*DBTC runs a tour to Santa Fe.*



**NEWSLETTER VIA EMAIL...**  
The newsletter is available by email.  
If this works for you, send your email address to:  
[webmaster@dbtc.org](mailto:webmaster@dbtc.org).

# Full Moon Hiking, Camping, Mountain or Road Biking

Friday/Saturday,  
August 12-13

Please contact Lin at  
Linbike@juno.com or  
303-507-3502 for more  
info on this trip. You will  
need to be a member of  
the DBTC and fill out and  
return to Lin the 2 OOT  
Forms.



## Friday, August 12 Full Moon Hike

Meet Lin Hark at the South Platte Campground or the  
trailhead TBD Friday evening for a Full Moon Hike.

## Saturday, August 13 Buffalo Creek, Deckers, So Platte River Loop

FUN/INT H1-H3 25/43 miles-SW 9:00AM Meet Lin  
Hark (303-507-3502) at the South Platte Campground  
along the South Platte River (4 miles north of Deckers  
on Hwy 67) for a fun bike ride along the river then take  
the option to either make the 43 mile loop or go back to  
the campground. The loop is mostly along the river with  
an 18 mile section on Hwy 126 from Buffalo Creek to  
Deckers. This section is hilly but rolling with some climbs  
as long as 5 miles. Fun riders can do the out and back  
along the river on the railroad grade if they wish. Lunch  
stop is at the Coffee Shop Cafe in Deckers. Return to the  
campground and jump in the river to cool off. Most of this  
route is paved but there is about 10 miles of dirt road so a  
mountain bike or hybrid bike is preferable, but a road bike  
would work.

Info on South Platte Campground: next to the river,  
nicely treed with some shady spots, 11 sites, first come  
first serve, with tables and fire pits with grates, pit toilets  
but no water. Camping is \$13 per night or \$7.50 with NP  
Senior Pass. Tubing and boating is allowed.

## 2011 DBTC Activity and Tour Calendar

Email the trip contact for more information. Email Ellen (outdoorsdiva@yahoo.com) to add your trip to this list.

### July 16 Summer Picnic

Bear Creek Lake Park (Near Morrison)  
Lakewood, CO

### August 28-Sept 2, 2011 Saratoga Sojourn

Trip Type: Intermediate Road Biking  
Lodging: Hotel  
Location Details: Saratoga. WY  
Contacts: John Campbell,  
jwc@rmi.net and  
Richard Gieseler,  
rgizler@gmail.com  
Status: Open

### September 17 Front Range Metric Century at Golden Lions Park

November 12  
DBTC Volunteer Recognition Dinner  
Holiday Inn Select  
Denver

### December 31, 2011-Jan 3, 2012 3rd Annual New Year's Pajama Party

Trip Type: Ski, snowshoe  
Lodging: Leadville Hostel  
Location Details: Leadville, CO  
Contact: Ellen Chilikas,  
outdoorsdiva@yahoo.com  
Status: Planning

### January 19 - 23, 2012 4th Annual Fraser Ski and Snow- shoe Weekend

Trip Type: Ski, Snowshoe  
Lodging: Hostel  
Location Details: Leadville, CO  
Contact: Ellen Chilikas -  
outdoorsdiva@yahoo.com  
Status: Planning

### February 9 - 13, 2012 Crested Butte Ski Weekend

Trip Type: Ski  
Lodging: Hotel  
Location Details: Crested Butte, CO  
Contact: Ellen Chilikas -  
outdoorsdiva@yahoo.com  
Status: Planning

Visit [DBTC.org](http://DBTC.org) and click on "Tours" for updates on the trips.

## 2011 Advance Planning Calendar

July 9-10  
**Triple Bypass**  
 teamevergreen.org  
 Evergreen, CO

July 16  
**Tour De Steamboat**  
 rockypeakproductions.com  
 Steamboat Springs, CO

July 16  
**Moonlight Classic**  
 moonlight-classic.com  
 Denver, CO

July 17-22  
**Tour de Wyoming**  
 cyclewyoming.org  
 Worland, WY

July 23  
**Colorado-Eagle River Ride**  
 vailvelo.com  
 Beaver Creek, CO

July 23-30  
**RAGBRAI**  
 ragbrai.org  
 Glenwood, IA

July 24 (Tentative)  
**Durango Century**  
 durango100.com  
 Durango, CO

July 23-25  
**Courage Classic**  
 couragetours.com  
 Copper Mountain, CO

August 6  
**Copper Triangle Alpine Classic**  
 coppertriangle.com  
 Copper Mountain, CO

August 6-13  
**CANDISC - Cycling Around ND In Sakakawea Country**  
 ndparks.com/recreation/activities/candisc.htm  
 Fort Stevenson to Washburn, ND

August 7-13  
**Colorado Rocky Mountain Bike Tour**  
 crmbt.com  
 Grand Junction – Buena Vista Loop

August 13  
**Stonewall Century Ride**  
 spcycling.org  
 La Veta, CO

August 20  
**Circle the Summit (aka Bob Guthrie Memorial Ride)**  
 Circlethesummit.com  
 Frisco, CO

August 20  
**Tour de Cure**  
 diabetes.org  
 Boulder County Fairgrounds

August 21  
**Deer Creek Challenge**  
 deer creekchallenge.com  
 Wadsworth @ Deer Creek Canyon Rd, CO

August 28  
**Venus de Miles**  
 venusdemiles.com  
 Longmont, CO

September 11  
**Buffalo Bicycle Classic**  
 buffalobicycleclassic.com  
 Boulder, CO

September 16-18  
**Moab Century Tour**  
 skinnytrefestival.com  
 Moab, UT

September 16-18  
**Mickelson Trail Trek**  
 MickelsonTrail.com  
 Custer, SD

September 18  
**Tour of the Vineyards**  
 Coloradowinefest.com  
 Palisade, CO

For additional cycling event listings, visit the following Website: [bcn.boulder.co.us/transportation/bike.d/bike.cal.html](http://bcn.boulder.co.us/transportation/bike.d/bike.cal.html)

### DBTC SPONSORING SHOPS

DBTC members receive a 10% discount off purchases (excluding bicycles and sale items) at these sponsoring retailers.

ARAPAHOE CYCLERY  
 6905 S BROADWAY UNIT 169  
 LITTLETON, CO 80122  
 303-797-1858  
 arapahoecyclery.com

ARVADA BIKE COMPANY  
 6595 WADSWORTH BLVD  
 ARVADA, CO 80003  
 303-420-3854

BICYCLE PEDAL'R  
 2030 E. COUNTY LINE ROAD  
 LITTLETON, CO 80126  
 303-730-8038  
 BicyclePedalr.com

BIG KAHUNA BICYCLES  
 8246 W BOWLES AVE  
 UNIT 2  
 LITTLETON, CO 80128  
 720-981-5199  
 bigkahunabicycles.com  
 Includes 10% discount on bikes!

BIKE SOURCE  
 \*2690 E COUNTY LINE RD  
 LITTLETON, CO 80126  
 303-221-4840

\*2665 S. COLORADO BLVD  
 DENVER, CO 80222  
 303-759-5099  
 bikesourceonline.com

CAMPUS CYCLES  
 2102 SO. WASHINGTON ST.  
 DENVER, CO 80210  
 campuscycles.com

CYCLE ANALYST  
 722 S. PEARL St.  
 DENVER, CO 80209  
 cycleanalystinc.com

DERBY BICYCLE CENTER  
 410 EAST 104TH AVE  
 THORNTON, CO 80233  
 303-288-4100  
 derbybicyclecenter.com

ECHELON SPOKES & SLOPES  
 297 N. Hwy 287, Ste 110  
 Lafayette, CO. 80026  
 303-604-1825  
 echelonspokesandslopes.com

FOOTHILLS CYCLING  
 11651 W. 64th AVE.  
 ARVADA, CO 80004  
 303-420-0815  
 foothillscycling.net

GOLDEN BEAR BIKES  
 290 NICKEL STREET  
 BROOMFIELD, CO 80020  
 303-469-7273  
 goldenbearbikes.com

GREEN MOUNTAIN SPORTS  
 NEXT TO VITAMIN COTTAGE:  
 12364 WEST ALAMEDA PARKWAY  
 LAKEWOOD, CO 80228  
 greenmountainsports.com

LITTLETON CYCLERY  
 2640 W BELLEVIEW AVE  
 UNIT F SUITE 100  
 LITTLETON, CO 80123  
 303-798-5033  
 littletoncyclery.com

PEAK CYCLES  
 801 14TH ST, SUITE B  
 GOLDEN, CO 80401  
 303-216-1616  
 BikeParts.com

SCHWAB CYCLES  
 1565 PIERCE ST  
 LAKEWOOD, CO 80214  
 303-238-0243  
 schwabcycles.com  
 Restrictions: No discount on Shimano and Campagnolo

SPORTS PLUS  
 1055 S GAYLORD ST.  
 DENVER, CO 80209  
 303-777-6613  
 sportsplusdenver.com

CHERRY CREEK VELO  
 1435 S. Holly  
 DENVER, CO 80222  
 303-691-5650  
 25% off Sampson Pedals  
 10% off bikes and parts

THE GOLDEN BIKE SHOP  
 722 WASHINGTON AVE  
 GOLDEN, CO  
 303-278-6545

TREADS BICYCLE  
 OUTFITTERS (3 locations)  
 \*10831 S. CROSSROADS DR.  
 PARKER, CO 80134  
 303-690-2900

\*16701 E ILIFF AVE  
 AURORA, CO 80013  
 303-750-1671

\*3234 S. WADSWORTH BLVD  
 LAKEWOOD, CO 80227  
 303-781-1162

WESTSIDE CYCLING  
 & MULTI SPORT  
 7310 W COLFAX  
 LAKEWOOD, CO 80214  
 303-237-1115

# DBTC SUMMER 2011

Summer has arrived and will be over in a flash. Contact your ride coordinator about getting your rides on the schedule for this summer. We are always looking for something new and different. The coordinators will be glad to help you with the details.

Pace of Ride	Difficulty of Terrain	Mileage	Quadrant of City	Departure Time
Roses – Leisurely Fun – Comfortable Int. – Brisk Road – Fast ATB – Unpaved Roads MTB – Mountain Bikes	H1 – Flat H2 – Some Hills H3 – Hilly H4 – Serious climbs Two ratings: Technical skill T1 to T4 and Physical exertion P1 to P4	This is an estimate – options may be offered	NW NE SE SW W	Arrive early enough to unload your bike and be ready to leave.

**Rides are cancelled if the temperature is below 40 degrees, it is raining, snowing or a thunderstorm is in the area.**

**Ride Locator:** There is a guide to the most frequent start locations on our website, [www.dbtc.org](http://www.dbtc.org). It provides the information you need to use Map Quest to make a map to the starting location.

**If you'd like to include** an activity in the newsletter, please email it to [ridecoordinator@dbtc.org](mailto:ridecoordinator@dbtc.org) by the 10th for the following newsletter or contact **Patty** at **303-989-8268**.

#### DBTC's E-Mailing Lists

Get late breaking news, last minute ride updates, and short-notice of weekday rides, all e-mailed directly to you as soon as the information is posted.

#### DBTC Message Board is the DBTC General E-Mail List

To join, send an e-mail to:

[ColoradoBicyclist-subscribe@yahoogroups.com](mailto:ColoradoBicyclist-subscribe@yahoogroups.com). Get late breaking news, last minute ride updates, and short-notice of weekday rides, all e-mailed directly to you as soon as the information is posted.

#### DBTC Mountain Biking E-Mail List

To join, send an e-mail to:

[COMtnbikers-subscribe@yahoogroups.com](mailto:COMtnbikers-subscribe@yahoogroups.com)

**You can join both groups.** After you send the e-mail requesting to join, you will be contacted via e-mail with a confirmation. If you'd like to post an event, simply go into the site. Remember

that only club-related activities can be posted. We reserve the right to cancel any posting we don't think is appropriate.

#### Please Note:

- Joining either of these Yahoo Groups does not make you valid member of the DBTC.
- If your e-mail address changes, you must send your new e-mail address to both the Yahoo Group and to the DBTC webmaster ([webmaster@dbtc.org](mailto:webmaster@dbtc.org))
- The DBTC Website operates independently from the Yahoo Groups. The Yahoo Groups send only e-mail messages concerning some upcoming events. The DBTC monthly Newsletter, The Colorado Bicyclist, is sent to you from the DBTC Website via e-mail only if you have so requested.

**Be Ready To Ride:** DBTC Ride Leaders and members are NOT bike mechanics. Before showing up for a ride, check your tubes and tires. Fix flats in advance of start time. Check your brakes and shifters, and, if any part of your bike needs maintenance, take it to an authorized mechanic. A complete tune up once a year is recommended. Your ride is only as safe and enjoyable as the condition of your bike.

#### DBTC Facebook

Check out the DBTC page on Facebook to discover more about events and happenings in the club and other bicycling-related stories. Search "Denver Bicycle Touring Club" within Facebook to find us. <http://www.facebook.com/pages/Denver-Bicycle-Touring-Club/122447584186>

## DBTC Members Joining in May

PAULA E CLARK  
ERIC & JESSICA ESSWEIN  
BONNIE HALL  
MARY HAMILTON

LORI KAUFMAN  
MARK KLATKE  
KIM PENoyer  
BRUCE POOLEY

STEPHEN & TERI THOMAS  
LINDA T WHEELER  
JUDY YOUNG

# JULY RIDE SCHEDULE

**Saturday,  
July 2nd**

**FUN-H2-22-SE 9:00 AM** Meet *Dave Noble* (303-694-2008) at the Santa Fe and Mineral Park & Ride for a loop on the Platte River, Big Dry Creek, and C-470 trails. Lunch is afterwards.

**MTB, P3, T2, 10:00 AM** Alderfer/3 Sisters in Evergreen. Join *Jeff Baysinger* (303-969-9241) for this great ride in mostly forest shade. Everyone loves this ride! Go to the signalized "T" intersection in downtown Evergreen, then south on Hwy 73 for ½ mile to another signal, turn right (west) on Buffalo Park Road for 2.2 miles and enter the upper parking lot behind the bright yellow house in the meadow. Lunch is at a local restaurant.

**Sunday,  
3rd**

**FUN/INT-H2-20-SW 9:00 A.M.** Meet *Steve Stevens*, (720-497-1100) at Golden Oldy Cyclery (17224 West 17th PL, July Golden, 80401) Gentle rolling hills around Golden. Please come early to leave at 9:00 A.M.

**ROAD-H4-91-W 9:00AM** Meet *Rich Olver* (303-888-6118) at the Bergen Park Park-n-Ride for a ride over Squaw Pass, to Idaho Springs, to Loveland Ski area and back to Idaho Springs using the new bike path, Floyd Hill, returning to Bergen Park. Bring enough calories!!

**Tuesday,  
July 5th**

**MTB P2, T2 Lair of the Bear 6:00 PM** Meet *Russ Peterson* (720-299-8269) at Find the park approximately four miles west of Morrison along Colorado Highway 74. The parking area is located on the south side of the highway. We will cool off afterwards at Red Rocks Grill.

**Wednesday,  
July 6th**

**"Roses" H1-20-NW 8:30 AM** Meet *Andree Vetter*, 303-466-6509 at Twin Lakes Park, About a block west of Broadway on south side of 70th. From south, exit I-25 at 58th Ave, go west to Broadway, north to 70th. for a ride east on Clear Creek, north on the Platte River Trail. Bring a snack, and money for lunch following the ride.

**FUN/INT-H2-25-SW 9:00 A.M** Meet *Steve Stevens*,(720-497-1100) at Golden Oldy Cyclery (17224 West 17th PL, Golden, 80401) Riding mostly on Clear Creek Trail. Please come early to leave at 9:00 A.M.

**Thursday,  
July 7th**

**MTB P2, T1 Lair of the Bear** Show and go. No designated leader

**Saturday,  
July 9th**

**FUN-H2-27- NW 9:00 AM** Meet *Jake Jacobi*, 303.475.0374, at Safeway, NE corner of Sheridan and 80th. Ride along Little Dry Creek, 86th, Quaker, and Ralston Creek. Optional lunch is afterwards.

**FUN-H3-25-W 9:00 AM** *Susan Gregory* (303-477-9233) would like you to meet her in the Idaho Springs public parking lot behind Beau Jo's to ride to Georgetown. We will gather briefly at the Georgetown Visitor's Center and return to Idaho Springs before the wind starts blowing up the canyon. Lunch is in Idaho Springs.

**MTB, P2, T2, 10:30 AM Waldorf Mining Camp/Argentine Pass, 10:30 am,** Ride leader *Richard Gieseler* (303-722-1475) will take riders up an old narrow gauge switchback railroad trail, then on to Waldorf within sight of Argentine Pass. Take I-70 to the Silver Plume exit, cross to the south side of the interchange and find a parking space, being careful not to block driveways. Carpool at 9:30 AM from Sofa Mart at the NW corner of Kipling and Hwy 6 in Lakewood. Park at the east side next to the vacant lot. Lunch is at a local restaurant.

**Sunday,  
July 10th**

**FUN-H1-28.378(apprx.)-SE 9:00 AM** Meet *Guy James* (3003-321-4607) at Four Mile House 715 S. Forest, Denver. Ride west to Platte River via Washington Park, south to Union, east to Clarkson and then to Eisenhower Park, east on the High-line to Cook Park. Then back home. Some trails, some streets. SOME FUN !

**FUN/INT-H3-N 9:00 AM** Meet *Richard Quick* (303-466-4008) at the Broomfield Target 300 West Midway Blvd. for a ride in northern Broomfield, Lafayette, and Erie. We will be on roads with rolling hills and some flat roads. Bring lots of fluids. Lunch after?

**Monday,  
July 11th**

**FUN-H1-26-Central 9:00 AM** Meet *Wayne Tomasello* (720-344-8932) at Cuernavaca Park for a ride on the Platte River Trail North to 104th street and Back. The ride is on paved bike trails. An optional lunch is at My Brothers Bar.



**Tuesday,  
July 12th**

**MTB P3, T1 Chimney Gulch 6:00 PM** Meet *Russ Peterson* (720-299-8269) Meet at the 19th street parking lot, circa ¼ mile West of 6th Avenue. We will climb circa 1300' to the Nature Center and then decide if Apex is an option. Dinner afterwards is in downtown Golden.

**Wednesday,  
July 13th**

**"Roses" H2-20- SE 8:30 AM** Meet *Judy Deist*, 303-841-4792, at Village Green Park, corner of Union & Dayton near Cherry Creek State Park. Go to far end of parking lot. The ride will be on pavement by the dam, then south on Cherry Creek. Bring a snack, plenty of water, and money for a restaurant lunch following the ride.

**FUN/INT-H2to3-25-SW 9:00 AM** Meet *Patty Gaspar* 303-618-5069 behind the tennis bubble, W Bowles & S Federal in Littleton, for a ride along some of the trails - I'll know for sure by then exactly which way we are heading but we'll do some climbing and get some great downhill as well. Lunch afterwards at one of the nearby eateries.

**Thursday,  
July 14th**

**MTB P2, T1 Lair of the Bear Show and go.** No designated leader

**Saturday,  
July 16th  
PICNIC**

**SLOW INT-H3-25-SW-8:30AM** Meet *Carolyn Bauer* (303.246.7948 cell) at the Mountain View Shelter in Bear Creek State Park (DBTC July picnic) for a morning loop before a fun picnic. We'll ride up to Red Rocks, east on Alameda and Jewell, wander northeast to Garrison and Mississippi and head south on Garrison and meet up with the Bear Creek Trail.

**ROAD-H4-33-SW 8:30AM** Meet *Steve Ingraham* (303-756-7847) at the Mountain View Shelter in Bear Creek State Park (DBTC July picnic) for a morning of climbs and downhills. The figure-8 route will include Red Rocks Park, Dinosaur Ridge (twice), and Lookout Mountain. We'll certainly be ready for the DBTC picnic lunch after the ride!

**FUN-H1-25-SW 9:00 AM - Appetizer Ride -** Join *Gaar Potter* (303-691-0938) at the DBTC picnic site at Bear Creek Stat Park. We will go to Morrison and climb up to the Fort. Then we will go down Turkey Creek Rd. and wind our way through the cul de sac, heck that is W. Littleton. We will magically reemerge at the Stone House and beat it over to the picnic! !

**MTB, P2, T1, 10:00 AM DBTC Picnic** at the Meadowlark Cove picnic shelter in Bear Creek Lake Park in Lakewood. *Dick Plastino* (303-988-5359) will lead a ride prior to the DBTC sponsored lunch at 12:00 noon. Picnic location and parking arrangements are different than last year. You can enter the park for free by parking at the Conoco P&R in Morrison and riding in (less than one mile) or pay \$5 gate fee and drive in. People driving in picnic supplies will be reimbursed by the club. Directions to Meadowlark Cove picnic shelter are in this July newsletter.

**Sunday,  
July 17th**

**FUN-H2-23-SE 9:30 AM** Meet *Bob Shedd* (720-290-6014) at South High School (Louisiana & S. Franklin) parking lot. It will be a scenic ride on streets and bike paths through east Denver to Stapleton. Bob has updated his favorite route to include a stop at the new Great Lawn at Lowry. Return by way of City Park. Lunch is optional afterwards.

**FUN/INT-H2-20-SW 9:00 A.M.** Meet *Steve Stevens*,(720-497-1100) at Golden Oldy Cyclery (17224 West 17th PL, Golden, 80401) Gentle rolling hills around Golden. Please come early to leave at 9:00 A.M.

**INT-H2-36-NW 9:00 AM** Meet *Jeannie Clayton* 303-964-3364 at Sloans Lake northwest parking lot at 25th & Sheridan / across from 7/11 for a ride to Morrison. Jeannie leads her rides from the back

**Tuesday,  
July 19th**

**MTB P3, T2 Bergen Peak / Elk Meadows 6:00 PM** Meet *Russ Peterson* (720-299-8269) at Bergen Peak Parking lot. At highway 74 and Stagecoach Boulevard, turn west on Stagecoach and proceed 1.25 miles to the south parking lot Bergen Peak Trail junction w/ Meadow View 3.7 mi +1730. Dinner afterwards is at a local venue.

**Wednesday,  
July 20th**

**"Roses" H2-20-SE 8:30 AM,** Meet *Anne Layshock*, 303-771-6353 at Challenger Park (North side of Lincoln, between Jordan Rd. and Parker Rd.) for an out and back ride along Cherry Creek and up Sulphur Gulch and Tallman Gulch. Bring a snack, and money for lunch at a favorite restaurant.

**FUN/INT-H2-28-SE 9:30 AM** Meet *Russ Tempelman* (303)-617-0260 at Village Green Park (Union and Dayton) we'll go through Cherry Creek Park to the Piney Creek Trail to Liverpool and then wind southwest on roads through a scenic area returning to CCP via Jordan Road. Trails are all paved. Lunch afterwards is optional.

**Thursday,  
July 21st**

**MTB P2, T1 Lair of the Bear** Show and go. No designated leader

**Saturday,  
July 23rd**

**FUN-H2-32-Mtns. 9:00 AM** It's July...It's hot...Let's go high! Meet *Stuart Black* (303-433-9041) at the Cold Springs Park and Ride to carpool to Frisco for a ride around Dillon Reservoir and over Swan Mountain (on the newish bike path) with a side trip to Breckenridge for a Mary's Mountain Cookie before returning to Frisco or a late lunch.

**INT/ROAD-H4-W-26 9:30 AM** Meet *Denny Martin* (303-793-0395) at the municipal parking lot behind Beau Jo's Pizza in Idaho Springs. We'll climb up to Echo Lake and have lunch at Echo Lake Lodge. Aprox. 3,000' elevation gain to over 10,000' so be prepared for unpredictable mountain weather conditions.

**ROAD-H4-40+ -W 9:00AM** Meet *Diane Short* (303-763-9874 or [dianbike@eazy.net](mailto:dianbike@eazy.net) (do not pick this up nights or week-ends) in Empire. To get to the town of Empire, take I-70 west to the US 40 Winter Park Exit. Go into the town of Empire. Meet at 9:00 am at the little baseball field on Bard Creek Road (Jenny's is on the corner of US 40, turn left and go ~.6 mile, field is on the left.). Carpool is from the Woolly Mammoth RTD lot far west end across from gas station at 8:00 am. Call if you want to carpool!! The ride will go over Berthoud Pass to Winter Park for a light lunch and then return over the Pass. Option if anyone wants a longer ride is to go on to Fraser (total 52 miles) or take the back roads towards Tabernash for a total 60 miles. Call by Thursday July 21st to confirm that you will be on the ride.

**MTB, P3, T3, 9:30 AM Summit County Ride on Searle Pass.** Join *Fred Berry* (720-840-8596) for this Saturday ride with an optional ride on Sunday for those who want to overnight. The Searle Pass section of the Colorado Trail follows Guller Creek up to the pass and is outstanding scenery. Take I-70 west to exit 195, park in Copper Mountain free parking lot on the west side of Hwy 91. Lunch is at Copper Mountain to be determined by the group. Carpool at 8:15 AM at the Woolly Mammoth lot on I-70, exit 259.

**Sunday,  
July 24th**

**FUN-H1-25-SW 9:30 AM** How about meeting *Cindy Ferry* (303-274-9454) at REI bicycle rack on the east side ? We'll head south on the Platte River trail to the Bear Creek Bike Path towards Chatfield. On the return, let's stop at the Oasis for sodas, pop and ice cream!

**FUN/INT-H2or3-22-N 9:00 AM** Meet *Richard Quick* (303-466-4008) at the Broomfield Target 300 West Midway Blvd. for a ride in Westminster and Broomfield. We will be on streets, sidewalks, and trails. Bring lots of fluids. Lunch after?

**Slow INT-H1-30ish SE 8:15 AM** Meet *Ellen Chilikas* (H: 303.750.5099, C: 720.670/0296) for a ride on the NE Corner of Belleview and Yosemite. Please park in the southern end of the parking lot away from the grocery store. We'll ride through Cherry Creek reservoir, down Jordan Road, along the E-470 trail to the Meridian office park. After riding the loop a few times, we'll return via Inverness. Ride will be at a 12-13mph pace and we will use signposts. Optional lunch afterwards at Tokyo Joe's.

**ATB INT-H3or4-about 20 8:30 carpool or 9:00 W** Meet *Richard Gieseler* 303.722.1475 for a Saratoga Sojourn training ride (but everyone is welcome) up Oh My God Road and down the Central City Parkway with a stop at the Hidee Mine. Carpool at 8:30 am from the east end of Sofa Mart parking lot at NW corner of 6th Ave. Freeway and Kipling St. or meet at 9:00 at the Idaho Springs public parking behind Beaujo's next to I-70. Road is hard dirt with a 10-12% grade the first 1/3 mile up Virginia Canyon to the less steep wagon road with more hard dirt and asphalt at the top. Wait for poky ride leader to show you the space alien tramway on your way to the top of the ridge. Then it's a screamer downhill to the Central City Parkway and east through a tricky entrance. Stay sharp to do a sidetrip to the Hidee Mine for a snack. It's another short 12% grind back to the Parkway and a screaming downhill to Hidden Valley back to Idaho Springs. Possibly lunch will be at a bar of the group's choice. The side trips offer a break and an intermediate flair and speed on the uphill sections. I will ride my mountain bike because I like the granny gears. I think a hybrid bike or a road bike with 1 1/4 inch tires will do just fine. Skinny tires may get caught in gravel. This is a huffing, puffing interval training ride.

**ROAD – H4 - 36/43 - W 9:00AM** Meet *Donald Schmertz* [roadrider80226@yahoo.com](mailto:roadrider80226@yahoo.com) at the Bergen Park, Park-N-Ride for a 9:00 am departure to ride the Bergen Park / Idaho Springs loop. We will be climbing Squaw pass which is over 11,000 ft in elevation so be prepared for changing weather conditions. There will be two options. The first is to turn around at Echo Lake and return to Bergen Park. The second is to drop down from Echo Lake to Idaho Springs. From there we climb Floyd Hill and return to Bergen Park by route CO65.

**MTB, P3, T3, 9:30 AM Summit County Ride.** Join *Fred Berry* (720-840-8596) for this Saturday ride with an optional ride on Sunday for those who want to overnight. Contact Fred for details about the Sunday ride if you want to come up Sunday.

**Monday,  
July 25th**

**FUN-H1-30-East 9:00 AM** Meet *Wayne Tomasello* (720-344-8932) at the Cherry Creek Shopping Center near Bed Bath and Beyond (at the corner of University and Cherry Creek Dr. North, park on the South side) for a ride on the Cherry Creek trail to the Highline Canal to Dartmouth St. to the Platte River trail. It is a ride mostly on paved bike path with some street riding. An optional lunch is at the Cherry Cricket.

**Tuesday,  
July 26th**

**MTB P2, T1 Three Sisters 6:00 PM** Meet *Russ Peterson* (720-299-8269) Take Highway 73 to Buffalo Park Road, turn west and drive approximately 1 mile to the east parking lot. We will ride circuitous trails with gradual climbs and views of Evergreen. Dinner afterwards is at local venue.

**Wednesday,  
July 27th**

**“Roses” H1-20-SW 8:30 AM** Meet *Peggy Occhiato*, 303-850-9731, behind the tennis bubble, W Bowles & S Federal in Littleton, for a ride north along the Platte River and return. Bring a snack and money for lunch at Baja Fresh following the ride.

**FUN/INT-H2-20-SW 9:00 A.M.** Meet *Steve Stevens*, (720-497-1100) at Golden Oldy Cyclery (17224 West 17th PL, Golden, 80401) Gentle rolling hills around Golden. Please come early to leave at 9:00 A.M.

**Thursday,  
July 28th**

**MTB P2, T1 Lair of the Bear Show and go.** No designated leader

**Saturday,  
July 30th**

**FUN-H1-26-N 9:00 AM** Meet *Guy James* (303-321-4607) at REI bicycle rack on the east side (at Confluence Park) The ride will go north to Valente Park just beyond 104th. Flat the whole distance except for an 11 inch rise at mile 9. Some industrial, some country, one cemetery. The Sweet Italian Swiss and Onion Rings at My Brother’s Bar at the end!

**MTB, P4, T4, 10:30 AM Kenosha Pass to Georgia Pass.** This is a beautiful ride combined with great treachery. Who else should lead but *Keith Lawson* (303-512-3455)? The trailhead is about 60 miles SW of Denver on Hwy 285 with parking on both sides of Hwy 285 at the pass summit. This is a 24 mile out and back at 10,000 ft. to 11,500 feet but there is a “chicken out” at Lunch Rock at 9 miles for an 18 mile out and back. Bring a substantial lunch to eat while on the ride. Carpool at 9:00 AM from the Fort restaurant on Hwy 8 just north of the interchange with Hwy 285.

**Sunday,  
July 31st**

**FUN-H2/3-21-NW-9:00 AM** Meet *Howard Bagdad* (303-278-0541) on the lot adjacent to the Golden Library at 1019 10th Street. Howard will lead a ride up north Golden, down Tucker Gulch, then out Easley road to Leyden Road. Return to Golden via the Ralston Creek Trail and Quaker St. Lunch afterwards in Golden. We will be climbing Squaw pass which is over 11,000 ft in elevation so be prepared for changing weather conditions. There will be two options. The first is to turn around at Echo Lake and return to Bergen Park. The second is to drop down from Echo Lake to Idaho Springs. From there we climb Floyd Hill and return to Bergen Park by route CO65.

**MTB, P3, T3, 9:30 AM Summit County Ride.** Join *Fred Berry* (720-840-8596) for this Saturday ride with an optional ride on Sunday for those who want to overnight. Contact Fred for details about the Sunday ride if you want to come up Sunday.