

The Colorado Bicyclist

Newsletter of the Denver Bicycle Touring Club

March 2011

KICK OFF PARTY 2011 & GENERAL MEMBERSHIP MEETING

March has arrived and it is time to gather up, swap stories of rides past and rides for the year 2011. Along with the longer days and warmer weather it is time to get back in the saddle. Come see your old friends and make some new friends for this riding season. You will have an opportunity to meet the club officers and the ride coordinators that will be discussing the 2011 ride schedule.

When: Saturday March 26, 2011

Where: Wheat Ridge Senior-Community Center
6363 West 35th. Avenue

5:15 p.m. to 6:00 p.m. Social Time

No alcohol allowed, we will provide non-alcoholic beverages

Club Gear available for purchase to benefit Project Full Circle

6:00 p.m. Mexican buffet (provided by the Club)
Members provide potluck desserts

7:00 p.m. Program and By-Laws revisions

By-Laws Revisions:

ARTICLE IX-FINANCES

SECTION 3. Authorized signatures. The board shall authorize four of its members to sign checks. Any two of these four directors shall sign each check. (Current By-Law)

The board of directors shall authorize four of its members to sign checks. All checks in an amount greater than \$300.00 will require two signatures (Revised By-Law)

ARTICLE XI AMENDMENT OF BY-LAWS

SECTION 2. A copy of the proposed amended By-Laws shall be mailed to the last known address of each of the current member not less than thirty days prior to such meeting. (Current By-Law)

Proposed amended By-Laws shall be published in the club newsletter thirty days prior to such meeting to approve By-Laws revisions. (Revised By-Law)

WANTED.... KICK OFF PARTY 2011 Volunteers

When: Saturday March 26, 2011

Contact Karen Kirby – Treasurer@dbtc.org or 303.237.1229

- Helpers needed at 4:30 p.m to set up tables and chairs
- Four Greeters ready at 5:00
- Volunteers to bring desserts and set up the dessert table.
- Volunteer to make coffee.
- Helpers needed to take down tables/chairs and clean up.

All volunteers to arrive at 4:40 so set up can be completed by 5:15.
Lots of hands make for light work and more fun. Thank you!

Quizno's Pro Challenge Race August 22-28, 2011

Colorado will host the Quizno's Pro Challenge cycling race in August this year. For information about the race, visit www.quiznosprochallenge.com. Golden will host the 6th and final stage, Sunday, August 28th.



DBTC's Officers

President

John Campbell 303-797-0250
President@dbtc.org

Vice President

Tom Casadevall 303-984-2402
Vicepresident@dbtc.org

Secretary

Jeff Krinsky 303-543-1320
secretary@dbtc.org

Treasurer

Karen Kirby 303-237-1229
treasurer@dbtc.org

Board Members at Large

Curtis Pellegrin 303-234-9998
curtisPELL@aol.com;
Doug Schuler 303-829-5861
dougSchuler@comcast.net
Guy James 303-321-4607
jJames740@aol.com

Directors and Staff

Director of Ride Activities

Patty Gaspar 303-989-8268
RideCoordinator@dbtc.org

Out of Town Tour Director

Ellen Chilikas 303-750-5099
outoftowntours@dbtc.org

Hotline Director

Howard Bagdad 303-756-7240
PhoneHotline@dbtc.org

Fun MTB Coordinator

Dick Plastino 303-988-5359
FunMTB@dbtc.org

Weekday MTB Coordinator

Russ Peterson 720-299-8269
russell.peterson@comcast.net

Fun Ride Coordinator North

Howard Bagdad 303-278-0541
FunRideNorth@dbtc.org

Fun Ride Coordinator South

Lois Kahn 303-758-0092
FunRideSouth@dbtc.org

Road Ride Coordinator

Steve Ingraham 303-756-7847
roadrides@dbtc.org

Intermediate Ride Coordinator

Dale Trone 303-981-9161
intermediaterides@dbtc.org

Wednesday Fun Ride Coordinator

Joyce Terlaje 303-986-2011
wedfunrides@dbtc.org

"Roses" Ride Coordinator

Melba Bouquet 720-493-0564
melbabo7@msn.com.

Historian

Sid Russak 303-773-3434
Historian@dbtc.org

Membership Database/Webmaster

Dave Grimes 303-986-7666
webmaster@dbtc.org

Map Sales (wholesale)

Doug Schuler 303-829-5861
Mapsales@dbtc.org

Newsletter Mailing Group

Carolyn Bauer 303-740-8491
cmb8030@comcast.net

Photo Gallery

Jeff Krinsky 303-543-1320
photogallery@dbtc.org

Board Meeting

Any member wishing to attend a board meeting is welcome to attend. The next board meeting is Wednesday, March 2nd at Perkins Restaurant, 1995 S. Colorado Blvd. If you wish to address the board, contact the secretary, Jeff Krinsky: secretary@dbtc.org or 303-543-1320 so that your topic can be placed on the agenda.

Jeff Baysinger Retires

Jeff became the Mountain Bike Coordinator in the summer of 2002. It was a meager schedule in 2003 but has since grown to include at least one ride on the weekend, every Wednesday evening and many weekend trips throughout the summer. He has always led many of the rides but never wanted credit because he didn't want to be the ride leader of the year every year. He devised a rating system to help riders know what to expect.

When asked what his goal was he said, "I have been trying to build the camaraderie." And I think all of the MTB riders would agree that he has succeeded. Jeff promises that he will continue being an active member of the MTB group and join the other riders from time to time as well.



Somebody wants to go swimming instead!

Mountain Biking Leadership Changes Darrell Deering

For the last 6 years Jeff Baysinger has been coordinating, leading and participating in the Wednesday rides, weekend rides and out-of-town rides. The out-of-town rides included places like Fruita, Moab, Crested Butte, Monarch Crest, with great camping, often coordinated by Jeff himself. Jeff recently retired as the mountain bike coordinator, but we will still see him joining the rides and trips. Jeff has agreed to lead some of the rides but our mountain bike group needed to step up and continue the great mountain bike program, through DBTC.

A big thanks to Jeff for all the work he did over the years.

In 2011, the mountain bike group will have 3 ride coordinators. Russ Peterson will be the Tuesday Ride coordinator. Dick Plastino will be the Weekend Ride coordinator and Darrell Deering will be the Out-of-Town ride coordinator. As we have done in the past, the out of town rides will be camping or hotel-ing, whatever works best for ride participants. Wednesday night rides will switch to Tuesday night. We will continue the same type of rides, but meet at various Front Range parks on Tuesday night at 6:00pm. We will have "show and go" Thursday night rides for those who want more organized ride opportunities. All of the rides, mid-week, week end and out of town will be posted in the monthly DBTC newsletter and begin in April.

Some mountain bikers do not want to give up the mid-week rides in the winter when the evening is dark and cold. When the trail conditions permit, wear lots of cold weather gear, get a bright bike light and meet up with the nocturnal group at Green Mountain for night riding in the winter. These will be listed in the winter newsletters and in the COmtnbikers Yahoo Groups web.

We are anticipating another great year of mountain biking. I am looking forward to seeing new and past riders in 2011

See MTB Coordinators' bios on page 4...

Pictures and Articles for the Newsletter... This newsletter belongs to the members. If you have pictures or an article to share, please email them to ridecoordinator@dbtc.org. Only send one or two pictures so you don't clog up my computer! Be sure to include details about who, when and where the picture was taken. If you have a photo to mail, contact the Ride Coordinator for the address. Remember we must give credit to the author. If you are a writer with an article of interest, we may make you a published author! The deadline for publishing is the 10th, but please send your articles earlier.

ST. PATRICKS DAY BIKE RIDE AND BARBEQUE POTLUCK

(Also mini veloswap bring bike items you want to sell)

Sunday March 20th 1pm

Meet at the NE corner of Cheesman Park
(13th and Williams by Capital Hill Community Center)

Three Ride options:

1. Cherry Creek Reservoir and back -22 miles
2. Around reservoir -30 miles
3. Loop in reservoir – 34 miles

Barbecue follows ride at 4pm at 1291 High St unit I

Bring something to barbecue and a side as follows:

Last name: a-c beverage, d-j salad, k-t side dish, u-z dessert

Since it's St. Patrick's Day, corned beef and cabbage would be a great dish to bring.

Call Dennis Fitzpatrick with questions at 303 322 0290



Moab Spring Tune-up

Thursday May 5th to Monday,

May 9th

One Room Left

This is our second annual Moab Spring Tune-up! Each day there will be road bike and hike options - you can do one or the other or both. A few mountain bikers have signed up so I'm working on daily mountain bike rides as well.

Thursday - Drive to Moab in time for a dessert happy hour. Friday - Arches - bike and hike options. There will be an optional ranger led tour of the Fiery Furnace today. Saturday - Deadhorse Point - bike and hike options Sunday - Castle Valley/Fischer Towers - bike and hike options and a farewell pizza dinner. Monday - Potash Road - bike and hike options. Then drive home

Cost is \$230/person double occupancy. Cost includes 4 nights lodging at the Red Stone Inn (rooms have refrigerators, microwaves and coffee pots), dessert happy hour, pizza happy hour, 4 days with bike and hike options.

If you want to come play in Moab contact Ellen: outdoorsdiva@yahoo.com.

STEAMBOAT MEMORIAL DAY TOUR

May 28-30, 2011

120-160 miles/3 days - Options for more mileage

Rating: Intermediate to Advanced Intermediate with shorter options

Cost \$175

Bicycle in the magnificent Steamboat Springs, Colorado valley and the surrounding mountains. Ride over 20 Mile Road to Oak Creek on Saturday. For those who just have to have more exquisite riding, there is an option to add the Yellow Jacket Pass loop. This is a 55 - 60 mile day with some surprising elevation. We will do Rabbit Ears Pass on Sunday which can be anywhere from 35 - 65 miles. Some folks may want to do a shorter day and ride the Yellow Jacket Pass to Oak Creek route. It is not part of the scheduled tour, but the ride up to Gore Pass could be done on your own. Monday will be the Clark/Steamboat Lake ride. This is an out and back which will allow people to turn around as needed for their plans to return home. Trip can be moderate to advanced / moderate depending on the routes you choose. Maps will be provided for all noted routes. If there are weather considerations, we may switch routes.

On Saturday from 4:30 pm to 5:30 pm there will be a social hour at the Nordic Lodge. There are usually some snacks left over, so we will finish them off on Sunday. All other meals are on your own. This tour is not sag supported, so be sure you have all the tools you need for any tire or bike repair - and plenty of food, water and clothes for the weather conditions.

Tour Leader: Diane Short For more information contact Diane @ 303-763-9874 or email dianbike@eazy.net Please fill out the DBTC OTT Registration form and Medical form that is available online at www.dbtc.org and send with your check for \$175 made out to Diane Short (Not DBTC). If you are not yet a member of DBTC, please fill out membership forms and mail those with your dues to the DBTC treasurer.



MTB Weekend Coordinator

Dick Plastino

Four years ago, at the age of 62, Dick Plastino decided that mountain biking looked like fun, so he hobbled down to a bike store and purchased a mountain bike. Little did he know the store was going out of business and was unloading inventory any way it could. The bike was woefully too small and had only an eight gear rear cassette.

His first ride was at Buffalo Creek, a place known to break even experienced riders and leave them bleeding on a pile of rocks. Dick finished the ride but was so dehydrated that fellow riders had to lift the beer bottle to his lips to revive him. He survived and after being taught many riding techniques by his associates, he is now an experienced rider who is never more than a half-hour behind the rest of the group.

In addition to leading rides over the last four years, he also teaches a beginner's mountain bike clinic once a year and has written a tip sheet for beginning mountain bikers. If you would like a copy, contact Dick at kfish9@comcast.net.

He continues to ride often; however, he does insist that one of the riders in the group carry a defibrillator to revive him should climbing hills (which he hates) cause his heart to stop prematurely out of spite. Dick believes the thrill of bombing downhill is the essence of mountain biking and takes a people back to when they were exuberant 12-year-olds on a bike. His riding buddies claim the bicycle wasn't invented that long ago.

Dick graciously agreed to be a Fun mountain bike coordinator after several members of the group threatened to paint his new bright red Specialized Stumpjumper gray or silver.



Out of Town Mountain Bike Coordinator

Darrell Deering

For the past 9 years I have been cycling with DBTC, on my road bike or my mountain bike or with my wife Jean, on our tandem. I have been on the board of DBTC and have recently been the interim President of the DBTC board. I have been a JEFFCO Open Space Park Volunteer for 6 years and enjoy biking, hiking and patrolling many of the JEFFCO Open Space Parks. I have been biking with the mountain bike group on the Wednesday night rides, weekend and out-of-town rides.

Jean and I have met some great friends through DBTC and the mountain bike group. Over the years, I have led some local mountain bike rides and also out of town trips which included camping options. Frequently our out-of-town trips offer extra activities, including camping, hiking and some road riding, to enhance the out of town mountain bike trips. In the past, we typically ask each participant to make their own reservations after we decide on camping/ lodging options. This has kept the logistics to a minimum for the out of town leaders. I want to promote our mountain bike group, activities and trips by serving as the out-of-town mountain coordinator for DBTC.



Tuesday Mountain Bike Coordinator

Russ Peterson

I have been road and mountain biking on and off for 16 years in various regions of the world. For the past 5 years I have been cycling with DBTC on my mountain bike. I really enjoy mixing rides up. On my own I have a weak spot for endurance riding, but when group riding I enjoy shorter rides with a fun social element. My experience with DBTC is that the club provides a great mix of fun rides with a cool social scene. My intent is to uphold this tradition with the Tuesday evening rides.

The Tuesday trail rides will be targeted at 1 ½ - 2 hours. After each ride we'll have dinner at a venue close to the trailhead. Sign-in and route discussion will be held before each ride. Rides will roll out of the trailhead at 6:00 PM. A sweep will be designated for each ride. It is still the responsibility of each rider to familiarize one's self with the route, carry the tools for bike repair, and modify the ride as necessary to return to the trailhead on time. Unlike weekend and out of town trips, we will not take a head count at the end of the ride.

Thursday's rides will be a show and go format. There will be a meeting time and location. A leader will not be designated and there will not be a sign in. It is likely that some of the regulars will be there, and the ride format will be decided on the fly.

Santa Fe Century

May 13 to 16th

The Santa Fe Century has been the opening supported ride for many Denverites for many years. This year I'm organizing a car-pooling trip, to Santa Fe, NM. The proposed details go like this: Leave Denver on Friday, May 13th, or Sat May 14th. (Up to you) Head south to Santa Fe (About 6 hours)

There are a couple options for lodging in Santa Fe. I like to stay at the nice hotels in the center of town. But they are a bit pricey. I also know of much cheaper condos located near the start of the ride. It's your decision as to where you stay, but please contact me before you make your own reservations. As trip leader, I'll try to match roomies and car poolers.

Sunday is the ride. There are 25, 50, or 75 mile rides, in addition to the Century. The ride is mostly flat, as it all takes place on the plains south of town. (in fact, wind is always a larger concern than the climbs. Except for Heartbreak hill. The steepest 1/4 mile that you'll ever ride up) SFC is also one of the most inexpensive rides around. Century - \$21 25 mile ride - \$13 And they don't sell out, so you can register the morning of the ride, if necessary.

Friday and/or Sat, we can sight-see around Santa Fe. If this is your first time, that's not enough time, but you can make a dent in it. Don't bring lots of cash if you're a compulsive art buyer. If you have landscaping projects this year, then Jackalope is a must visit. After the

ride on Sunday, we'll head north to Ojo Caliente Hot Springs. Ojo Caliente is a resort and spa. The original Mission Hotel is on the National Registry of Historic Places. The other rooms are in newer Pueblo style buildings. If you looked up 'rustic Southwest Hot Springs' in the dictionary, there would be a picture of Ojo Caliente. It's impressive. After a long day in the saddle, soaking in the outdoor pools will be heaven. Since it's a spa, massages, etc. will be available.

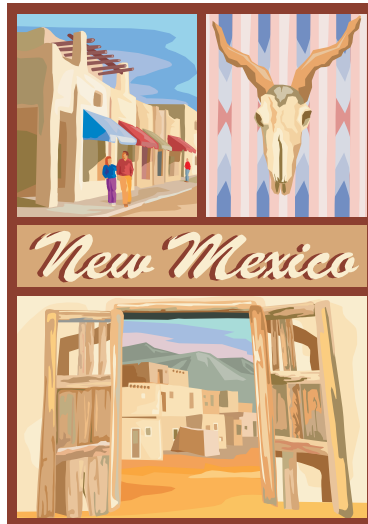
Monday morning we'll get up, leisurely take another dip in the pools, then travel over to Taos for lunch and shopping opportunities. When too much fun has been had by all, we'll head back to Denver.

Web sites are <http://www.santafecentury.com/> <http://ojospa.com>

The above is what the trip leader has planned. Not everyone can take off Friday and/or Monday. If you contact me, then we should be able to make arrangements to meet for part of the trip. Perhaps you wish to drive to Santa Fe on Sat morning, and return with us through Ojo Caliente. Contact me and we'll see if we can't make it work.

Rich Olver

303-888-6118 (no texts-it won't work)
richolver@comcast.net



Fraser January Pajama Party

Sixteen club members enjoyed beautiful weather and great snow in Fraser. We skied and snowshoed at the Snow Mountain Ranch Nordic Center, the Fraser Experimental Forest and at Devil's Thumb resort. Some saw a moose at Snow Mountain Ranch - others found part of a porcupine tail that was show and tell after dinner one night! Besides our snow activities during the day, we enjoyed abundant potluck dinners every night preceded by happy hour foods and beverages. Two frequent DBTC tour goers received nicknames on the trip: Fred Siersma is now known as The Wanderer and Kurt Koerth is now known as Six Pack—they can explain why they got these names—just ask them!



SARATOGA SOJOURN

Sunday August 28- Friday September 2, 2011

Saratoga, Wyoming is located approximately 245 miles and about 3 ½ hours North of Denver surrounded by the Medicine Bow National Forest and home to the Snowy Range. We will be staying at the Saratoga Resort and Spa, which features private mineral Hot Springs.

The trip includes 5 nights lodging with double occupancy, continental breakfasts, several happy hours; a pre-trip get together and a farewell get together. All of this is affordably priced at \$375.00 per person. To join this trip, please send your deposit check in the amount of \$150.00 made out to Richard Gieseler, 232 West 4th. Avenue, Denver, Colorado 80223. Also, please include the Out Of Town forms (Liability Waiver, Registration and Medical) located on the DBTC web site at {www.dbtc.org/OTT-Index.aspx} The trip deposits are transferable but not refundable. If you have someone you would like to room with, please indicate that on your form that you send in. Otherwise, we will

work to find you a roommate. All rooms are on a first come first served basis. Final payment will be due by June 15, 2011.

The trip will include 3 out and back rides. One will leave from our hotel and go to the town of Encampment and back 40 miles round trip with rolling hills. The second ride will begin at the town of Centennial on the East side of the Snowy Range with an altitude gain of approximately 2,500 feet and about 30 miles round trip. The third day will be a hike led by Richard in the Snowy Range or you can use it as a free day to explore the area on your own. The fourth day will be from the Brush Creek campground up the West side of the Snowy Range for approximately 32 miles round trip with an elevation gain of approximately 2,300 feet. Riders are expected to ride at an Intermediate pace. For more information you can contact John Campbell at jwc@rmi.net or 303-797-0250, or Richard Gieseler at rgizler@gmail.com or 303-722-1475



2011 DBTC Activity and Tour Calendar

Email the trip contact for more information. Email Ellen (outdoorsdiva@yahoo.com) to add your trip to this list.

May 13–16, 2011

Santa Fe Century

Trip Type: Road Biking
Lodging: Hotel
Location Details: Santa Fe, NM
Contact: Rich Olver,
richolver@comcast.net
Status: Open

May 5–9, 2011

Moab Spring Tune-up

Trip Type: Road Biking, Mtn Biking
and/or Hiking
Lodging: Hotel
Location Details: Moab, Utah
Contact: Ellen Chilikas,
outdoorsdiva@yahoo.com
Status: Open

May 30 Memorial Day Picnic at Prospect Park

May 27–30, 2011

Steamboat Springs

Trip Type: Intermediate Road Biking
Lodging: Hotel
Location Details: Steamboat Springs, CO
Contact: Diane Short, dianbike@eazy.net
Status: Planning

June 4–June 12, 2011

The Enchanted Tour

Trip Type: Road Biking
Lodging: Hotel
Location: Santa Fe, Los Alamos
& Taos, NM
Contacts: John Campbell, jwc@rmi.net
Ellen Chilikas,
outdoorsdiva@yahoo.com
Status: Open

July 23 Summer Picnic –

Watch for details

August 28–Sept 2, 2011

Saratoga Sojourn

Trip Type: Intermediate Road Biking
Lodging: Hotel
Location Details: Saratoga, WY
Contacts: John Campbell,
jwc@rmi.net and
Richard Gieseler,
rgizler@gmail.com
Status: Open

September 17 Front Range Metric Century at Golden Lyons Park

December 31, 2011–Jan 3, 2012 3rd Annual New Year's Pajama Party

Trip Type: Ski, snowshoe
Lodging: Leadville Hostel
Location Details: Leadville, CO
Contact: Ellen Chilikas,
outdoorsdiva@yahoo.com
Status: Planning

Visit DBTC.org and click on "Tours" for updates on the trips.

Enchanted Tour:

**Saturday, June 4 –
Sunday, June 12, 2011**

Full, but names are being accepted for a waitlist. If you would like to join us on a trip through the Enchanted State of New Mexico, contact John Campbell at john@onedenverplace.com

Happy New Year Leadville Style!

Fifteen club members rang in the New Year at the Leadville hostel - our second annual New Years celebration at 10,000 feet! Despite some initial frigidly cold temperatures (-21 was the low on 1/1/11!), we all got out and did some skiing and snowshoeing at the Colorado Mountain College trails where we were protected from the wind by the trees. By Sunday the temperatures were in the low 20's which felt quite balmy! We enjoyed breakfasts and dinners at the hostel and spent a lot of time lounging around in our sweatpants reading and napping after we finished exercising. We've booked the hostel again for next New Years so mark your calendars!

VRD Photos

Check out the now completed and posted VRD 2010 photo album:
http://www.dbtc.org/images/wab_2010VolunteerRecognitionDinner/index.html



DBTC SPONSORING SHOPS

DBTC members receive a 10% discount off purchases (excluding bicycles and sale items) at these sponsoring retailers.

ARAPAHOE CYCLERY
6905 S BROADWAY UNIT 169
LITTLETON, CO 80122
303-797-1858
arapahoecyclery.com

ARVADA BIKE COMPANY
6595 WADSWORTH BLVD
ARVADA, CO 80003
303-420-3854

BICYCLE PEDAL'R
2030 E. COUNTY LINE ROAD
LITTLETON, CO 80126
303-730-8038
BicyclePedalr.com

BIG KAHUNA BICYCLES
8246 W BOWLES AVE
UNIT 2
LITTLETON, CO 80128
720-981-5199
bigkahunabicycles.com
Includes 10% discount on bikes!

BIKE SOURCE
*2690 E COUNTY LINE RD
LITTLETON, CO 80126
303-221-4840

*2665 S. COLORADO BLVD
DENVER, CO 80222
303-759-5099
bikesourceonline.com

CAMPUS CYCLES
2102 SO. WASHINGTON ST.
DENVER, CO 80210
campuscycles.com

CYCLE ANALYST
722 S. PEARL St.
DENVER, CO 80209
cycleanalystinc.com

DERBY BICYCLE CENTER
410 EAST 104TH AVE
THORNTON, CO 80233
303-288-4100
derbybicyclecenter.com

ECHELON SPOKES & SLOPES
297 N. Hwy 287, Ste 110
Lafayette, CO. 80026
303-604-1825
echelonspokesandslopes.com

FOOTHILLS CYCLING
11651 W. 64th AVE.
ARVADA, CO 80004
303-420-0815
foothillscycling.net

GOLDEN BEAR BIKES
290 NICKEL STREET
BROOMFIELD, CO 80020
303-469-7273
goldenbearbikes.com

GREEN MOUNTAIN SPORTS
2950 S BEAR CREEK BLVD
LAKEWOOD, CO 80228
303-987-8758
greenmountainsports.com

LITTLETON CYCLERY
2640 W BELLEVIEW AVE
UNIT F SUITE 100
LITTLETON, CO 80123
303-798-5033
littletoncyclery.com

PEAK CYCLES
801 14TH ST, SUITE B
GOLDEN, CO 80401
303-216-1616
BikeParts.com

SCHWAB CYCLES
1565 PIERCE ST
LAKEWOOD, CO 80214
303-238-0243
schwabcycles.com
Restrictions: No discount on Shimano and Campagnolo

SPORTS PLUS
1055 S GAYLORD ST.
DENVER, CO 80209
303-777-6613
sportsplusdenver.com

CHERRY CREEK VELO
1435 S. Holly
DENVER, CO 80222
303-691-5650
25% off Sampson Pedals
10% off bikes and parts

THE GOLDEN BIKE SHOP
722 WASHINGTON AVE
GOLDEN, CO
303-278-6545

TREADS BICYCLE OUTFITTERS (3 locations)
*10831 S. CROSSROADS DR.
PARKER, CO 80134
303-690-2900

*16701 E ILIFF AVE
AURORA, CO 80013
303-750-1671

*3234 S. WADSWORTH BLVD
LAKEWOOD, CO 80227
303-781-1162

WESTSIDE CYCLING & MULTI SPORT
7310 W COLFAX
LAKEWOOD, CO 80214
303-237-1115

2011 Advance Planning Calendar

March 11-15
Moab Skinny Tire Festival
 skinnytirefestival.com
 Moab, UT

April
**Fort Collins Cycling Club
 Spring Warmup Ride**
 fccycleclub.org
 Fort Collins, CO

April 28 – May 1
Fruita Fat Tire Festival
 emgcolorado.com
 Fruita, CO

May 14
Tour de Cure
 diabetes.org
 Woodland Park, CO

May 15
**Community Classic
 Bike Tour**
 McKeefoundation.com
 Loveland, CO

May 15
Santa Fe Century
 santafecentury.com
 Santa Fe, NM

May 21
Buena Vista Bike Fest
 bvbf.org
 Buena Vista, CO

May 28-30
Iron Horse Bicycle Classic
 ironhorsebicycleclassic.com
 Durango, CO

June 5
Elephant Rock Ride
 elephantrockride.com
 Castle Rock, CO

June 11
Starlight Spectacular
 starlightspectacular.org
 Colorado Springs, CO

June
Greenwood Goosechase
 goosechase.org
 Greenwood Village, CO

June 11-12
The Denver Century Ride
 denvercenturyride.com
 Denver, CO

June 11-17
Ride the Rockies
 ridetherockies.com
 TBD

June 18
Sunrise Century
 bikerpelli.com/
 Sunrise_Century
 Boulder, CO

June 19-25
Bicycle Tour of Colorado
 bicycletourcolorado.com
 Central City-Steamboat
 Springs Loop

June 22
Bike to Work Day
 drcog.org
 Denver Metro area

June 25
Tour de Prairie
 cheyennecity.org/Document
 View.aspx?DID=3562
 Cheyenne, WY

June 25-26
MS 150 Bike Tour
 nationalmssociety.org/
 chapters/COC/index.aspx
 Westminster – Fort Collins

July 9-10
Triple Bypass
 teamevergreen.org
 Evergreen, CO

July 16
Tour De Steamboat
 rockypeakproductions.com
 Steamboat Springs, CO

July 16
Moonlight Classic
 moonlight-classic.com
 Denver, CO

July 17-22
Tour de Wyoming
 cyclewyoming.org
 Worland, WY

July 23
**Colorado-Eagle
 River Ride**
 vailvelo.com
 Beaver Creek, CO

July 23-30
RAGBRAI
 ragbrai.org
 Glenwood, IA

July 24 (Tentative)
Durango Century
 durango100.com
 Durango, CO

July
The Colorado Peace Ride
 ThePeaceRide.com
 Durango, CO

July 23-25
Courage Classic
 couragetours.com
 Copper Mountain, CO

August 6
**Copper Triangle
 Alpine Classic**
 coppertriangle.com
 Copper Mountain, CO

August 6-13
**CANDISC - Cycling Around
 North Dakota In Sakakawea
 Country** ndparks.com/recre-
 ation/activities/candisc.htm
 TBD

August 7-13
**Colorado Rocky Mountain
 Bike Tour**
 crmbt.com
 Grand Junction – Buena Vista
 Loop

August
Schlep the Slopes
 sweinberger@ajfcolorado.org
 (eMail for info)
 TBD

August 13
Stonewall Century Ride
 spcycling.org
 La Veta, CO

August 20
**Circle the Summit (aka Bob
 Guthrie Memorial Ride)**
 Circlethesummit.com
 Frisco, CO

August 20
Tour de Cure
 diabetes.org
 Boulder County Fairgrounds

August
**Blue River Century & Metric
 Century**
 bluerivercentury.com
 Summit Co, CO

August 21
Deer Creek Challenge
 deercreekchallenge.com
 Wadsworth @ Deer Creek
 Canyon Rd, CO

August 28
Venus de Miles
 venusdemiles.com
 Longmont, CO

September 11
Buffalo Bicycle Classic
 buffalobicycleclassic.com
 Boulder, CO

September 16-18
Moab Century Tour
 skinnytirefestival.com
 Moab, UT

September 16-18
Mickelson Trail Trek
 MickelsonTrail.com
 Custer, SD

September 18
Tour of the Vineyards
 Coloradowinefest.com
 Palisade, CO

For additional cycling event listings, visit the following Web-
 site: bcn.boulder.co.us/transportation/bike.d/bike.cal.html

DBTC WINTER'S-ALMOST-OVER ACTIVITIES 2011

Winter is blowing out and we will have some beautiful March days getting ready for the official season to start in April. Our ride coordinators are working on the April Schedule so contact them with your ideas for spring rides. Late winter riding conditions make it difficult to pre-plan rides.

If you'd like to include an activity in the newsletter, please email it to ridecoordinator@dbtc.org by the 10th for the next newsletter or contact Patty at 303-989-8268

Pace of Ride	Difficulty of Terrain	Mileage	Quadrant of City	Departure Time
Roses – Leisure Fun – Comfortable Int. – Brisk Road – Fast ATB – Unpaved Roads MTB – Mountain Bikes	H1 – Flat H2 – Some Hills H3 – Hilly H4 – Serious climbs Two ratings: Technical skill T1 to T4 and Physical exertion P1 to P4	This is an estimate – options may be offered	NW NE SE SW W	Arrive early enough to unload your bike and be ready to leave.

Rides are cancelled if the temperature is below 40 degrees at start time, or it is raining or snowing.

Ride Locator: There is a guide to the most frequent start locations on our website, www.dbtc.org. It provides the information you need to use Map Quest to make a map to the starting location.

If you'd like to include an activity in the newsletter, please email it to ridecoordinator@dbtc.org by the 10th for the following newsletter or contact **Patty** at 303-989-8268.

DBTC's E-Mailing Lists

Get late breaking news, last minute ride updates, and short-notice of weekday rides, all e-mailed directly to you as soon as the information is posted.

DBTC Message Board is the DBTC General E-Mail List

To join, send an e-mail to:

ColoradoBicyclist-subscribe@yahoogroups.com

DBTC Mountain Biking E-Mail List

To join, send an e-mail to:

COMtnbikers-subscribe@yahoogroups.com

You can join both groups. After you send the e-mail requesting to join, you will be contacted via e-mail with a confirmation. If you'd like to post an event, simply go into the site. Remember that only club-related activities can be posted. We reserve the right to cancel any posting we don't think is appropriate.

Please Note:

- Joining either of these Yahoo Groups does not make you valid member of the DBTC.
- If your e-mail address changes, you must send your new e-mail address to both the Yahoo Group and to the DBTC webmaster (webmaster@dbtc.org)
- The DBTC Website operates independently from the Yahoo Groups. The Yahoo Groups send only e-mail messages concerning some upcoming events. The DBTC monthly Newsletter, The Colorado Bicyclist, is sent to you from the DBTC Website via e-mail only if you have so requested.

March Ride & Event Schedule

Winter/Spring Riding Guidelines

Weather: forecast temperature above freezing with dry conditions.

Clothing: wear layers, outer windbreaker, hat/ear covers, gloves, toe covers and riding/sports pants

Other: bring water, repair items and a snack

2011 DBTC Spring Road Ride Training

Donald Schmertz

Now that March is here, it is time to get ready for the road cycling season. These Spring Training Rides are set up for road riders wishing to improve their overall cycling fitness. Training rides will be posted on the Yahoo group site on or after Wednesday each week until the end of April. This will allow time to see if the weather is good for Saturday or Sunday ride. Cancellation of the ride can occur if below 30 F and/or roads are wet. Check the group site one hour before each morning ride at the following link. <http://groups.yahoo.com/group/ColoradoBicyclist>

All training rides will start at west side of Mercedes Mexican Restaurant, 10151 W. 26 Ave & Kipling, Wheat Ridge, CO 20215. This location is just across Kipling St. from the Crown Hill Park. Please park your car on the far northwest corner of the parking lot.

Mileage is from 20 miles to 35 miles. The routes have been used before and are not too hilly. There will also be options that will improve climbing. Spring training rides pace will be 15 + MPH with regrouping. Pacelines are encouraged but not required. Those who want to do the ride at their own pace are also welcome.

These rides are listed on the clubs route map library as "Crown Hill-Quaker-Golden Loop" & "Crown Hill-Morrison-Golden Loop" on the dbtc.org website. Copy of the route will be available at the start.

Start time will be 11:00AM. Please arrive 15 min. early so to be ready to ride on time.

Please reply to this email if you have any questions. Hope to see you there! roadrider80226@yahoo.com

Wednesday FUN Group—Note Time

FUN/INT- H 1 to 3-TBD 10:30 AM The Wednesday Fun group will continue to ride throughout the winter. We will meet at various places. You can use the DBTC Message Board to post additional rides.

March 2nd Meet at Washington Park in the parking lot at the SW edge of Smith Lake, near the intersection of Downing Street and Exposition Avenue.

March 9th Meet at Mineral & Santa Fe Park-& Ride, Santa Fe Drive at Mineral.

March 16th Meet at Crown Hill Park in Lakewood, in the parking lot with bathrooms at Garland Street and 26th Ave, just east of Kipling St.

March 23rd Meet at Village Green parking lot by the Dam Road and E Union Ave.

March 30th Meet at Bear Valley McDonald's, Hampden & Sheridan

Wednesday "Roses" Group

Note change of starting point to Reynold's Landing.

These hardy riders rode all winter but with the warmer weather they hope you'll join them, Wednesday's "Roses" rides are 1-20, SW, 11AM. "Roses" will meet when the perceived temperature is 45 or above (taking wind chill into account) and trails are clear, for "Show-N-Go" rides from Reynold's Landing, 1 mile north of Carson Nature Center, end of Silver Sage Garden Center driveway. Riders attending will determine route. Bring a snack and money for lunch at a favorite restaurant after the ride. Questions call *Melba Bouquet* 720-493-0564. Check www.noaa.gov "Tabular forecast" for Littleton, CO. for the hourly forecast including wind.

Saturday, Sunday and Holiday Fun & Intermediate Rides

FUN-2/3-20/30-NESW-10:30 AM Many of the winter rides are Show-n-Go. The riders who show up on these days will decide among themselves the route, the mileage, the pace and the after-ride restaurant. The starting locations are places where many rides have begun in the past and thus several riders will have an idea of possible routes to be taken. All rides start at 10:30 AM.

Saturday, March 5 NW – Sloan's Lake, 25th Ave & Sheridan, park in NW corner of park

Sunday, March 6: 10:30 AM SE-- Village Greens Park, just east of Union and Dayton (Show-n-Go)

Saturday, March 12: FUN-H1-18-NE 10:30 AM NW Crown Hill Park, just east of 26th & Kipling

Sunday, March 13: 10:30 AM SW-- Bear Valley McDonald's, Hampden & Sheridan

Saturday, March 19: FUN-H1-18-NE 10:30 AM REI Flagship Store – river side

Sunday, March 20: ST. PATRICKS DAY BIKE RIDE AND BARBEQUE POTLUCK

FUN/INT-H1/2-22 to 34 miles-C 1:00 PM Meet at the NE corner of Cheesman Park (13th and Williams by Capitol Hill Community Center) See details in newsletter. Barbeque follows ride at 4:00 PM at 1291 High St Unit I. Bring something to barbeque and a side as follows:

Last name: A–C beverage, D–J salad, K–T side, U–Z dessert

Call *Dennis Fitzpatrick* with questions at 303 322 0290

Saturday, March 26: Kick Off Dinner Tonight SW - Carson Nature Center, (N on So Platte Parkway, West of Mineral and Santa Fe

Sunday, March 27: 10:30 AM NW-- Wagon Road PNR, I-25 and 120th Ave, Huron St side.

Tuesday March 29th Green Mountain Ride

MTB P2, T2 Weather and trail conditions permitting we will kick off the Tuesday rides with a night ride on the 29th of March at Green Mountain. Start on the East Side at the Florida Trail head (Hillcrest, intersection of Florida Dr. and West Alameda). We will ride the John Hayden trail to the top and then return via the mid-mountain / Rooney Valley Trails. This is a night ride and proper lighting is mandatory. Ride leaves the Florida Trailhead at 6:00 PM Ride Leader: *Russ Peterson* 720 – 299 8269, russell.peterson@comcast.net. Trail map http://www.lakewood.org/comres/repository/Documents/Parks/GMtrails_map.pdf

Never leave your wallet, purse, or valuables in your vehicle. There have been vehicle break-ins at many parking lots. Carry a small coin purse to hold your driver's license, medical insurance card, money, and car key. Do not leave an empty purse in view.