



# The Colorado Bicyclist

Newsletter of the Denver Bicycle Touring Club

AUGUST 2014

## DBTC's Annual Run for the Board

### Greetings DBTC Members!

As you know, DBTC is a VOLUNTEER organization. We know that our membership possesses a vast range of skills and experience!

Among the Club's ongoing needs are LEADERSHIP, PLANNING and SUPERVISION. These needs are variously met by our Board of Directors. Under our rules, four Directors need to be elected each year.

We primarily rely on members to SELF-NOMINATE for these positions.

Responsibilities start with monthly Board of Directors meetings. The meeting includes FREE DINNER. Beyond that, members perform other duties (if they like) such as Secretary, President, Vice President and Treasurer. Specialties such as marketing, bicycle advocacy, touring and event planning are also needed.

This is YOUR INVITATION to nominate yourself! Even if you are not interested, perhaps you know another member that you think would be a good Director, and you can suggest that they nominate themselves. Due to the difficulty in maintaining a Board, the chances are good that self-nominated members will be elected...and at the least, would be considered immediately when vacancies occur.

Please give this some thought. We NEED people with YOUR unique experiences and perspectives to keep the Club evolving along with its membership and its community.

See page 10 for further info. Thank you for your consideration of this opportunity!



### SALIDA BIKE FESTIVAL TOUR Deadline Extended

Tuesday, September 9 through  
Sunday, September 14

Kathy & Joe Stommel  
John Campbell

There is still room for a few more... if you haven't signed up yet, send registration fee and forms to:

John Campbell, 6531 S. Logan St, Centennial, CO 80121.

**Registrations must be received by Tuesday, August 5th.**

Remember that registration funds are non-refundable but may be transferrable.

For more about this tour, including registration forms, click on the Out of Town Tours button at DBTC.org.

Direct questions to: cyclekats@gmail.com, or john@onedenverplace.com, or by phone to John at 303-797-0250.

**SEE PAGES 3-4 FOR DBTC's ANNUAL PICNIC PHOTOS**

More can be found at: <http://www.meetup.com/Denver-Bicycle-Touring-Club/photos/>

## DBTC's Officers

<b>President</b> Brad West <a href="mailto:president@dbtc.org">president@dbtc.org</a>	720-252-2881
<b>Vice President</b> Lisa Feheley <a href="mailto:vicepresident@dbtc.org">vicepresident@dbtc.org</a>	970-571-1494
<b>Secretary</b> Carolyn Bauer <a href="mailto:secretary@dbtc.org">secretary@dbtc.org</a>	303-740-8491
<b>Treasurer</b> Karen Kirby <a href="mailto:treasurer@dbtc.org">treasurer@dbtc.org</a>	303-237-1229
<b>Board Members at Large</b> Cyndy Klepinger <a href="mailto:matilda8@msn.com">matilda8@msn.com</a>	303-725-1565
Jeff Krinsky <a href="mailto:jkrinsky2003@yahoo.com">jkrinsky2003@yahoo.com</a>	303-543-1320
Lise Neer <a href="mailto:guestrelations@dbtc.org">guestrelations@dbtc.org</a>	303-249-8621

## Directors and Staff

<b>Director of Ride Activities</b> Patty Gaspar <a href="mailto:RideCoordinator@dbtc.org">RideCoordinator@dbtc.org</a>	303-989-8268
<b>Out of Town Tour Director</b> Ellen Chilikas <a href="mailto:outdoorsdiva@yahoo.com">outdoorsdiva@yahoo.com</a>	
<b>MTB Coordinators</b> Cathy Leibowitz & Jim Black <a href="mailto:FunMTB@dbtc.org">FunMTB@dbtc.org</a>	720-644-7189
<b>Fun Ride Coordinator North</b> Rick Clauder <a href="mailto:FunRideNorth@dbtc.org">FunRideNorth@dbtc.org</a>	303-463-1875
<b>Fun Ride Coordinator South</b> Gaar Potter <a href="mailto:FunRideSouth@dbtc.org">FunRideSouth@dbtc.org</a>	303-691-0938
<b>Road Ride Coordinator</b> <a href="mailto:roadrides@dbtc.org">roadrides@dbtc.org</a>	OPEN
<b>Intermediate Ride Coordinator</b> Rick Clauder <a href="mailto:intermediaterides@dbtc.org">intermediaterides@dbtc.org</a>	303-463-1875
<b>Wednesday Fun/Int Ride Coordinator</b> <a href="mailto:wedfunrides@dbtc.org">wedfunrides@dbtc.org</a>	OPEN
<b>"Roses" Ride Coordinator</b> Melba Bouquet <a href="mailto:melbabo9@q.com">melbabo9@q.com</a>	720-493-0564
<b>Historian</b> <a href="mailto:Historian@dbtc.org">Historian@dbtc.org</a>	OPEN
<b>Membership Database/Webmaster</b> Jeff Krinsky <a href="mailto:webmaster@dbtc.org">webmaster@dbtc.org</a>	303-543-1320
<b>Guest Relations</b> Lise Neer <a href="mailto:guestrelations@dbtc.org">guestrelations@dbtc.org</a>	303-249-8621
<b>Map Sales (wholesale)</b> Doug Schuler <a href="mailto:Mapsales@dbtc.org">Mapsales@dbtc.org</a>	303-829-5861
<b>Photo Gallery</b> Jeff Krinsky <a href="mailto:photogallery@dbtc.org">photogallery@dbtc.org</a>	303-543-1320

### Board Meeting

Any member wishing to attend a board meeting is welcome to attend. The next board meeting dates are Tuesday, August 5th and Tuesday, Sept. 2nd at El Senor Sol, 2301 7th St., 6PM. If you wish to address the board, contact the secretary, Carolyn Bauer: [secretary@dbtc.org](mailto:secretary@dbtc.org), or 303.740.8491 so that your topic can be placed on the agenda.

## Prospect Picnic Party Pleases Pedalers



The DBTC fiftieth anniversary summer picnic and the featured 50-50-50 rides began at 8 AM when Lise Neer led a small, brave group for a 50 mile ride. The weather was good and the sun was shining as they wandered south to Bear Creek Lake Park, west to Red Rocks and north to Golden. They returned a little over 5 hours later to the shelter at Prospect Park where grilled burgers awaited them. They also enjoyed the cupcakes provided by the club for our 50th anniversary party.

At 9 AM Jeff Krinsky led a group on a 50K ride. Also featured were a fun ride by the Chowens, and a leisure ride that headed out towards Golden and back again within a fifty-minute time frame. The largest group came for the MTB ride at South Table Mountain. They must have enjoyed the day as they were still sitting around the picnic table after the food was gone and the rest of us were heading home.

We are all grateful to Cyndy who became the chairman of the picnic late in the game. She jumped in when the original planner jumped ship. Cyndy had some struggles getting accurate information. It took several days of sleuthing to find the "Blue Picnic Notebook" which finally appeared at a member's house. She managed to get it all together with enough food and fun for everyone to have a good time.

We had 100 reservations and served 120 hamburgers and 36 hot dogs. I think that means 36 of you had a burger and a hot dog. Cyndy sliced 10 pounds of tomatoes and we had drinks and chips. Thanks to all who pitched in at the last minute to get things done.

In the past month there have been several calls for volunteers to help at the picnic and most went unanswered. This club belongs to you, the members, and your participation is critical if we are to have such events. Don't pass up a chance to volunteer early and often.

It's time to think about replacing the three or four members of the board who will be finishing their terms this year. If you think you have something to contribute to the club or believe you would be a good board member, please see the nomination instructions on page 10 or contact Gaar Potter. Dozens of members have successfully served on the board. I'm asking you to consider it right now. Don't wait to be asked again—just let us know of your interest.

– Brad

**Pictures and Articles for the Newsletter...** This newsletter belongs to the members. If you have pictures or an article to share, please email them to [ridecoordinator@dbtc.org](mailto:ridecoordinator@dbtc.org). Only send one or two pictures so you don't clog up my computer! Be sure to include details about who, when and where the picture was taken. If you have a photo to mail, contact the Ride Coordinator for the address. Remember we must give credit to the author. If you are a writer with an article of interest, we may make you a published author! The deadline for publishing is the 20th, but please send your articles earlier.





**Thank You to  
our Volunteers**  
who helped with the  
**DBTC SUMMER PICNIC:**  
Cyndy Klepinger  
Brad West  
Phil Gee  
...et al!







## July Picnic, continued...

Above, ten riders joined Diane & Wes's ride to the various commuter rail sites included a stop at the revamped Union Station and a street fair in Globeville. We viewed the train "car wash," beautiful murals under the viaduct with snatches of philosophy and areas of the city where some riders had never been. We rode 24 miles and got back just in time for lunch.

Below, mountain bikers taking a break at the top of South Table Mountain—all smiles despite its being "hotter 'n' blazes"—before heading back for the picnic.



## July Rides

Sandi Bianchi led riders up NCAR Mountain in Boulder where they learned about all things weather. Merri Bruntz led a loop highlighted by a stop at the REI Starbucks.



## 2014-15 DBTC Activity and Tour Calendar

Email the tour contact for more information. Email Ellen ([outdoorsdiva@yahoo.com](mailto:outdoorsdiva@yahoo.com)) to add your tour or trip to this list.

### Sept 9 – Sept 14 , 2014 Salida Bike Fest Tour

Trip Type: Road/MTB options  
Lodging: Hotel  
Location Details: Salida, CO  
Leaders: Kathy Stommel & John Campbell  
[cyclekats@gmail.com](mailto:cyclekats@gmail.com)  
[john@onedenverplace.com](mailto:john@onedenverplace.com)

Status: Open—Register by 8/5/14

### Dec 31, 2014 – Jan 3, 2015 New Year's in Leadville

Ski or snow shoe  
Lodging: Hotel  
Location Details: Leadville, CO  
Leader: Ellen Chilikas,  
[outdoorsdiva@yahoo.com](mailto:outdoorsdiva@yahoo.com)  
Status: Open

### May 31 – June 6, 2015 Cape Cod & Nantucket Tour

Trip Type: Cruiser bikes!  
Lodging: Hotel  
Location Details: Cape Cod, MA  
Leader: Ellen Chilikas,  
[outdoorsdiva@yahoo.com](mailto:outdoorsdiva@yahoo.com)  
Status: Open

Visit [DBTC.org](http://DBTC.org) and click on "Tours" for updates on trips, and to learn how to organize your own tour or trip in 2015!

# Cruisin' Cape Cod and Nantucket Tour

Sunday May 31 – Saturday June 6, 2015

Ellen Chilikas -- [outdoorsdiva@yahoo.com](mailto:outdoorsdiva@yahoo.com)

I've found a new outfitter who runs fun and interesting tours. International Bicycle Tours (IBT) is going to run a tour just for DBTC in June 2015, and the owner of the company is going to lead it! We'll stop at museums and other interesting places. We spend three nights in Cape Cod and then ferry to Nantucket Island for 3 more nights.

## Cape Cod is a bicyclist's paradise:

you pedal past cranberry bogs, fishing villages, beaches (Atlantic Ocean and Cape Cod Bay) on bicycle trails and quiet neighborhood streets. Visits to a cranberry museum, a natural

history museum, whaling museum and lifesaving museum are on the agenda as is a beer tasting at the only brewery on Nantucket.

The tour includes double occupancy hotel rooms, full daily breakfast and dinner (lunch, drinks and snacks are on your own), use of hybrid bikes (you must use these bikes), all entrance fees and a knowledgeable guide. It also includes a shuttle for our group from Boston Logan airport to Cape Cod on the afternoon of Sunday 5/31 and a shuttle from Nantucket Island back to Boston Logan airport on Saturday 6/6. We all need to take the same shuttle so we will need to arrange our flights to arrive/depart close to the same time. Those flying in early will need to be at Boston Logan airport at a designated time to catch the shuttle—no exceptions. If you miss the shuttle, you will need to find your own way to Cape Cod to meet up with the group.

This is not a trip for really fast or really slow cyclists—it's an **advanced Fun or easy Intermediate tour**. The group needs to ride together—we will use the signpost system and have a front and rear leader—you can't go ahead of the group or fall behind the group. You must be an experienced and strong cyclist—mileages will be ~25 miles a day with a pace of ~10mph on a fatter tire hybrid bike. We'll be riding mostly on bike paths and quiet streets but we will encounter traffic as well.

Cost for the tour is ~\$1425/person, depending on the exact number of participants—minimum is 18 and maximum is 22. A reasonable single supplement is also available. \$25 of the tour cost will go to the DBTC.

A detailed itinerary is available on request.



**To reserve your spot**, make out a check to IBT for \$400 and send it to Ellen Chilikas, PO Box 471803, Aurora, CO 80047. Signups will be first come, first served; you are not signed up until your check is received. **Deposits are due NLT 9/15/14**. All monies are transferable and not refundable; that means if you need to drop out, you will get refunded *only* if your spot can be filled. Trip insurance is recommended, and information on insurance will be sent to you prior to final payment in early 2015. Contact Ellen with questions at [outdoorsdiva@yahoo.com](mailto:outdoorsdiva@yahoo.com).

We will have a **limerick contest** on the trip—we have to since we are going to Nantucket! Clean limericks only—nothing obscene—but it just seems appropriate. The winning limerick will be published in the newsletter!

BIKEDENVER.org

## News & Events from BikeDenver

### Cycle-in Cinema on Platte Street

August 14, 21, 28  
Doors at 7:30pm,  
movie starts at dark  
REI parking lot  
(1416 Platte Street)

If you have ever been to a drive-in movie, you know how romantic it is to watch a movie outdoors. We imagine that experience would be even better if it were car free, so we are launching a bike-in movie series at REI. Hundreds of our friends and neighbors will spread out on blankets, catch a flick, chow on grub from food trucks, and sip a beer beneath the stars. All ticket and beer proceeds will benefit BikeDenver.

We look forward to watching everyone ride in and out on their bicycles – lights flashing and bells ringing.

### CO Bike Share Day

August 1, 2014

Get FREE 24-hour access to Denver B-cycle, Boulder B-cycle, or Aspen WE-cycle. Encourage your friends and family to ride on this FREE day!

### Tour de Fat

September 6, 11am, City Park

Get ready for a fantastic bike parade, live music, delicious New Belgium beer, and thousands of people in wild costumes! Volunteers needed—visit: [www.bikedenver.org/get-involved/volunteer/tour-de-fat/](http://www.bikedenver.org/get-involved/volunteer/tour-de-fat/)

*BikeDenver is Denver's bicycle advocacy organization and the leading non-profit to promote and encourage bicycling as an energy efficient, non-polluting, healthy and enjoyable transportation alternative in and around Denver.*





## Bike To Work Day

Doug Schuler, booth coordinator

This year's Bike To Work Day broke all previous records in the following categories; breakfast stations, vendors in Civic Center, number of riders riding to work and the number of riders stopping by Civic Center Park. Six DBTC members volunteered in our booth where we answered questions, passed out brochures and gave away medical alert stickers.

**A big Thanks to all our booth Volunteers!** Many who came early and helped with setup also got to join a 9AM ride from Civic Center with Patty Gaspar. Her group picked up more riders at City of Cuernavaca Park as they headed west.



## USA Pro Challenge has Volunteer Opportunities



DBTC member, Bob Lytle sends this invitation to help the JeffCo Sheriff's Dept. with **Course Marshaling on Sunday, August 24**. For additional details, the flyer (including Volunteer Sign-up form) is on page 8.

Bob's sister-in-law, Vickie Lytle, is working with the Jeffco Sheriff's Department recruiting volunteers to assist with traffic and pedestrian control along the route of the USAPC race in JeffCo. The race is from Boulder to Denver and will go through JeffCo on Sunday, Aug 24. As you know, this will involve some of the top cyclists and teams in the world, including many from the Tour de France.

Bob plans to volunteer for this, and thought other DBTC members and/or their families and friends might also be interested.

**Please note, when returning your form to Vickie, that you are a DBTC member** so we get some recognition for DBTC as doing a community service.



## DPD Launches Stolen Bike Online Reporting System

Allison Sylte (KUSA-TV), July 9, 2014

The Denver Police Department is launching a new online reporting system aimed at helping bicycle owners reunite with their beloved transportation devices in the event of a theft.

The reporting system, called "Coplogic," lets bicycle owners register their bikes. This information is stored in the department's Record Management System and is readily available to officers, who can use it to quickly identify the rightful owner of a stolen bike.

**You can register your bike here:**

<https://secure.coplogic.com/dors/en/filing/showprefilingquestion?dynparam=1406251626474>

**Here are some additional tips to avoid a stolen bike:**

Ensure that where the bicycle is stored is secure, such as a locked garage or shed.

Use a quality lock to secure your bicycle and include the frame and front wheel. Do not only secure the wheel or use cable locks, as they are easily cut.

Include owner identification details somewhere on the bike, such as a business card or phone number pushed down inside the seat tube.

Take a picture of your bicycle, so that it will be helpful for you to identify it if recovered. Take note of any marks or unique characteristics of your bike to help with identifying it.

# GET-BACK-IN-SHAPE RIDES

Lin Hark

Announcing a new type of rides called Get Back In Shape/Beginner Rides (BISB Rides). These are designed for people who are coming back from an illness, injury or surgery, older people who cannot ride long distances or very fast anymore, rank beginners ready to start a new activity, people who have gotten out of shape from lack of activity, or those who have gotten overweight and are committed to a more active lifestyle for their health. Rides will be at a slow, beginner pace, short distances, on mostly flat bike trails with breaks along the way. They will be on weekdays mostly Tuesdays and Fridays in the west or central part of town. **Volunteers to help lead these new rides would be much appreciated.** Please watch the schedule, the Meetup Group and the ColoradoBicyclist Yahoo list for these upcoming rides. Anyone interested in helping to promote bicycling, health and fitness please contact Lin Hark at [mtnlin08@gmail.com](mailto:mtnlin08@gmail.com) or 303 578-9369. Tell your friends who haven't ridden with DBTC that they don't have to be intimidated by 20 mile rides anymore. This ride is for them!

## First BISB Ride is August 5th @ 6pm

**BISB H1-6 SW 6 PM** Meet *Lin Hark* (303-578-9369) at Bear Valley McDonalds (5476 W Dartmouth Ave, meet at the parking lot that adjoins and is just west of McDonalds—because of construction) for a leisurely paced ride along the Bear Creek Trail. This ride is only 6 miles, designed for people who are coming back from an illness, injury or surgery, older people who cannot ride long distances or very fast anymore, rank beginners ready to start a new activity, people who have gotten out of shape from lack of activity, people who have gotten overweight and are committed to a more active lifestyle for their health. These rides will be at a slow beginner pace, a short distance and on mostly flat bike trails.

# THINK SNOW!

## 'Happy New Year' in Leadville

December 31, 2014 - January 3, 2015

Leader: Ellen Chilikas

Spend New Year's Eve at 10,000 feet in Leadville! We'll drive to Leadville on Wednesday and then ski or snowshoe for 4 days. We'll have a hot breakfast every morning, and dinner with dessert each night (3 breakfasts, 3 dinners). Each night we'll also have a BYO happy hour. After dinner we can play games (bring up what you have) and/or watch movies (nothing harder than PG-13).

Space is limited; first come first served. Contact Ellen first to check availability—all the rooms have different configurations and she can tell you where there are openings.

The cost of the trip is \$175-250/person and includes 3 nights lodging, 3 breakfast and 3 dinners.

Once you've confirmed a space, send a \$100/person trip deposit (make the check out to Ellen and post date the check to 10/1/14) with the tour forms from the Tours page on the DBTC website.

**Mail it all to: Ellen Chilikas, PO Box 471803, Aurora, CO 80047**

The balance is due Nov 1, 2014. If you have any questions, you can contact Ellen Chilikas at [outdoorsdiva@yahoo.com](mailto:outdoorsdiva@yahoo.com).

## DBTC SPONSORING SHOPS

DBTC members receive a 10% discount off purchases (excluding bicycles and sale items) at these sponsoring retailers.

ARAPAHOE CYCLERY  
6905 S BROADWAY  
UNIT 169  
LITTLETON CO 80122  
303-797-1858  
[arapahoecyclery.com](http://arapahoecyclery.com)

ARVADA BICYCLE  
COMPANY  
6595 WADSWORTH BLVD  
ARVADA CO 80003  
303-420-3854  
[arvadabike.com](http://arvadabike.com)

BIG KAHUNA BICYCLES  
8246 W BOWLES AVE  
UNIT J  
LITTLETON CO 80123  
720-981-5199  
[bigkahunabicycles.com/site/intro.cfm](http://bigkahunabicycles.com/site/intro.cfm)  
Discount Includes 10% discount on bikes!

BIKESOURCE #7  
2665 S COLORADO BLVD  
DENVER CO 80222  
303-759-5099  
[bikesourcedenver.com](http://bikesourcedenver.com)

BIKESOURCE #8  
2690 E COUNTY LINE RD  
LITTLETON CO 80126  
303-221-4840  
[bikesourcedenver.com](http://bikesourcedenver.com)

CAMPUS CYCLES  
2102 S WASHINGTON ST  
DENVER CO 80210  
303-698-2811  
[campuscycles.com](http://campuscycles.com)

CHERRY CREEK VELO  
1435 S HOLLY ST  
DENVER CO 80222  
303-691-5650  
[sampsports.com](http://sampsports.com)  
No discount on labor.

CYCLE ANALYST  
722 S PEARL ST  
DENVER CO 80209  
303-722-3004  
[cycleanalystinc.com/](http://cycleanalystinc.com/)

DERBY BICYCLE CENTER  
410 E 104TH AVE  
THORNTON CO 80233  
303-288-4100  
[derbybicyclecenter.com](http://derbybicyclecenter.com)

ELEVATIONS  
2030 E COUNTY LINE RD  
LITTLETON CO 80126  
303-730-8038  
[bicyclepedalr.com/](http://bicyclepedalr.com/)

FOOTHILLS CYCLING  
4990 KIPLING PKWY  
SUITE B-7  
WHEAT RIDGE CO 80033  
303-420-0815  
[foothillscycling.net](http://foothillscycling.net)

GOLDEN BEAR BIKES  
290 NICKEL ST SUITE 100  
BROOMFIELD CO 80020  
303-469-7273  
[goldenbearbikes.com](http://goldenbearbikes.com)

GOLDEN BIKE SHOP  
722 WASHINGTON AVE  
GOLDEN CO 80401  
303-278-6545  
[goldenbikeshop.com](http://goldenbikeshop.com)

GREEN MOUNTAIN SPORTS  
12364 W ALAMEDA AVE  
LAKEWOOD CO 80228  
303-987-8758  
[greenmountainsports.com](http://greenmountainsports.com)

PEAK CYCLES  
1224 WASHINGTON ST  
STE 145  
GOLDEN CO 80401  
303-216-1616  
[bikeparts.com](http://bikeparts.com)

SCHWAB CYCLES  
1565 PIERCE ST  
LAKEWOOD CO 80214  
303-238-0243  
[schwabcycles.com](http://schwabcycles.com)  
No discount on Shimano and Campagnolo

SPORTS PLUS  
1055 S GAYLORD ST  
DENVER CO 80209  
303-777-6613  
[sportsplusdenver.com](http://sportsplusdenver.com)

TREADS BICYCLE  
OUTFITTERS  
16701 E ILIFF AVE  
AURORA CO 80013  
303-750-1671  
[treads.com](http://treads.com)

TREADS BICYCLE  
OUTFITTERS  
16701 ILIFF  
AURORA CO 80013  
303-690-2900  
[treads.com](http://treads.com)

TREADS BICYCLE  
OUTFITTERS  
3234 S WADSWORTH BLVD  
LAKEWOOD CO 80227  
303-781-1162  
[treads.com](http://treads.com)



# 2014 USA Pro Cycling Challenge

**V o l u n t e e r ! !      G e t   I n v o l v e d ! !**

The USA Pro Cycling Challenge is one of the largest spectator events in Colorado history. For seven consecutive days, the world's top bicyclists will race across over 550 miles through the majestic Rockies competing on a challenging course through some of America's most beautiful scenery.

Stage 7 begins in Boulder and ends in Denver, passing through Jefferson County on Sunday, August 24, 2014. The Jefferson County Sheriff's Office is seeking civilian volunteers to assist with traffic and pedestrian control along the route. Police Officers will also be assisting. We expect the race to pass through unincorporated JeffCo between 1-2pm. Volunteers will be asked to report to a designated staging area 2 hours prior.

To volunteer as a **course marshal** for this year's race, complete the bottom portion of this form and return it to: Vickie Lytle at [valytle@gmail.com](mailto:valytle@gmail.com). Volunteers will be given an orientation the week prior to the race. Applications due no later than August 8, 2014.



First Name: _____	Last Name: _____
Street Address: _____	
City, State, Zip Code: _____	
Phone #: _____	Email Address: _____
Birth Date: _____	Gender: <input type="checkbox"/> Male <input type="checkbox"/> Female
Emergency Contact: _____	
Emergency Contact Phone#: _____	
<p><b>MINOR VOLUNTEERS</b></p> <p style="text-align: center;"><small>If you have minor(s) who will be volunteering in this event with you, please register them at this time. Please note that participants under 18 MUST be supervised by an adult at all times.</small></p>	
Minor First Name: _____	Minor Last Name: _____
Minor Birth Date: _____	Minor Gender: <input type="checkbox"/> Male <input type="checkbox"/> Female





## 2014 Advance Planning Calendar

August 2 <b>Copper Triangle Alpine Classic</b> <a href="http://coppertriangle.com">coppertriangle.com</a> Copper Mountain, CO	September 14 <b>Ride Westcliffe Adventure</b> <a href="http://ridewestcliffe.com">ridewestcliffe.com</a> Westcliffe, CO
August 2-9 <b>CANDISC – Cycling Around North Dakota In Sakakawea Country</b> <a href="http://candisc.net">candisc.net</a> Garrison, North Dakota	September 18-21 <b>Tour of the Vineyards</b> <a href="http://Coloradowinefest.com">Coloradowinefest.com</a> Palisade, CO
August 3-9 <b>Colorado Rocky Mountain Bike Tour</b> <a href="http://crmbt.com">crmbt.com</a> Colorado Springs – Crested Butte Loop	September 19-21 <b>Mickelson Trail Trek</b> <a href="http://MickelsonTrail.com">MickelsonTrail.com</a> Custer, SD
August 16 <b>Circle the Summit (aka Bob Guthrie Memorial Ride)</b> <a href="http://Circlethesummit.com">Circlethesummit.com</a> Frisco, CO	September 19-21 <b>Pedal the Plains</b> <a href="http://pedalth plains.com">pedalth plains.com</a> Eads, CO
August 16 <b>Tour de Cure</b> <a href="http://diabetes.org">diabetes.org</a> Longmont, CO	September 20-22 <b>Moab Century Tour</b> <a href="http://skinnytirefestival.com">skinnytirefestival.com</a> Moab, UT
August 23 <b>Venus de Miles</b> <a href="http://venusdemiles.com">venusdemiles.com</a> Boulder County, CO	September 27 <b>Tour de Cure</b> <a href="http://diabetes.org">diabetes.org</a> Colorado Springs Area
September 6 <b>CF Cycle for Life</b> <a href="http://fightcf.cff.org/site/TR/Cycle/22_Colorado_Denver?fr_id=2546&amp;pg=entry">http://fightcf.cff.org/site/TR/Cycle/22_Colorado_Denver?fr_id=2546&amp;pg=entry</a> Highlands Ranch, CO	October 4 <b>Tour of the Moon</b> <a href="http://tourofthemoon.com">tourofthemoon.com</a> Grand Junction, CO
September 7 <b>Buffalo Bicycle Classic</b> <a href="http://buffalobicycleclassic.com">buffalobicycleclassic.com</a> Boulder, CO	October 4 <b>Santa Fe Gourmet Classic</b> <a href="http://santafegourmetclassic.com">santafegourmetclassic.com</a> Santa Fe, NM
	October 19 <b>Rock 'n' Roll Denver Bike Tour</b> <a href="http://runrocknroll.competitor.com/2012/04/denver/denver-bike-tour_26092">runrocknroll.competitor.com/2012/04/denver/denver-bike-tour_26092</a> Denver, CO

For additional cycling event listings, visit:  
[kansascyclist.com/events/Colorado.html](http://kansascyclist.com/events/Colorado.html)

## DBTC Members Joining/Renewing in June

CAROLYN BROWN	EDWARD HOUCHIN
MICHAEL CULBERTSON	KATHRYN MACGERAGHTY
MARTHA DELPORTE	TERRY SPENCE
BARBARA FRANZEN	MARYJO WARREN
JOHN GRAFF	JOHN WREN

## Passing of a Longtime DBTC Member



**SPRAY,  
ROSINA ANNA**  
1935-2014

passed away after a short illness. She was born in Arlesheim, Switzerland and later moved with her family to Ontario Canada where she received her RN degree. Rosina worked as a nurse in Ontario, British Columbia, and Alberta Canada, Portland Oregon, Zimbabwe, Buena Vista and Denver Colorado. She is survived by her son Selwyn Spray, brother Wilfried Rauser, granddaughter Aryah Spray, and former husband, Dr. Selwyn Spray. She is predeceased by her son Ruedi Spray and brother Ruedi Rauser. Rosina will be remembered for her life-long love of mountains and her passion for hiking, biking and skiing. She was an ardent volunteer for her chosen causes and gave selfless service to family and friends. A Celebration of Life service will be held on Sunday July 13th, 2:00 p.m. at the Sixth Avenue United Church of Christ 3250 E 6th Ave, Denver, 80206. In lieu of flowers, please make contributions to a charity of your choice.

## Attention Ride Leaders...

There is a new addition to our Ride Sign-in Sheet. When you download it from the website you will notice there are now three pages in the document. The first two still contain our waiver info and entry spaces for riders to fill in. The new, 3rd page is an optional sign to place at your ride start location. Rear window, dashboard, wherever it's visible--so far, it's getting some use (below right)! There's no obligation, but one of our members thought the idea would be useful for promoting our club, so thanks in advance for your help!



## Board of Directors Nomination Instructions

The election for the Board of Directors is in October. This is the chance you've been waiting for. We need all kinds of help and skills, so there is a spot for you. If you are unable to serve this term, please talk to your friends whom you think would make good board members. The term of office is 2 years and starts in November.

### Job Description

Attend monthly dinner meetings from approximately 6-8 PM.

We will accommodate your schedule. Members participate in planning and helping at the picnics and dinners, various advocacy efforts, support the newsletter editor, club promotion, membership, and many other nuts-and-bolts activities. All the major jobs and responsibilities are held by volunteers listed on page 2 of the newsletter under 'DBTC Officers' and 'Directors and Staff.'

### How to apply

Candidates are asked to provide a short resume including in terests and skills, and picture (preferably a digital face close-up).

#### Email to:

Gaar Potter,  
[gaarpo@comcast.net](mailto:gaarpo@comcast.net)

#### Or mail to:

Attn: DBTC Election Committee  
PO Box 260517,  
Denver, CO 80226-0517

**Resumes and pictures should be sent by September 10** to appear in the October newsletter.

**Questions:** Email Gaar Potter or call 303-691-0938. Any Board member will be glad to answer your questions and help you with your nomination. If you don't apply, we will find you anyway. We know where you live. So please consider helping your club, and, believe it or not, have some fun.



## July 21 Chatfield Ride

Wayne Tomasello's 25-mile FUN ride was highlighted by a victorious summit attempt of Chatfield Dam. Wouldn't *you* rather be out riding on a Monday?



## July 5 Limerick Ride through Majestic View in Arvada

Seven riders all met in Arvada.  
Cause it was Majestic, not cause they had'ta.  
Great limericks were told  
Some were new, some were old  
Whether funny or not didn't matta!



# DBTC SUMMER 2014 50th Season!

Summer is winding down already. Enjoy the August heat as the crisp fall air is on its way. Be sure to read the schedule to plan your rides so you don't miss the great things in store for this month.

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If you'd like to include an activity in the newsletter, please email it to [ridecoordinator@dbtc.org](mailto:ridecoordinator@dbtc.org) by the 20th for the next newsletter or contact Patty at 303-989-8268.

Many of our members love winter sports and want to continue enjoying the outdoors with their DBTC friends. The DBTC Message Board will be our main means of communication through the winter months. If you'd like to post an event, simply go into the site. Remember not all members have email so if you have it in the newsletter all members are notified.

**Rides are cancelled** if the temperature is below 40 degrees at start time or it is raining or snowing. Be ready to start at the time listed – tires pumped up and bike ready. The ride leader is not a mechanic so if your bike needs repair, please take it to the shop.

**Ride Locator:** There is a guide to the most frequent start locations on our website – [www.dbtc.org](http://www.dbtc.org). It provides the information you need to use Map Quest or Google Maps to make a map to the starting location.

If you'd like to include an activity in the newsletter, please email it to [ridecoordinator@dbtc.org](mailto:ridecoordinator@dbtc.org) by the 10th for the following newsletter or contact Patty at 303-989-8268.

## DBTC's E-Mailing Lists

Get late breaking news, last minute ride updates, and short-notice of weekday rides, all e-mailed directly to you as soon as the information is posted. If the weather is "iffy", a ride leader can post a notice to let you know if the ride will go or be cancelled.

**DBTC Message Board** is the DBTC General E-Mail List. To join, send an e-mail to: [ColoradoBicyclist-subscribe@yahoogroups.com](mailto:ColoradoBicyclist-subscribe@yahoogroups.com)

## DBTC Mountain Biking E-Mail List

To join, send an e-mail to:

[COmtnbikers-subscribe@yahoogroups.com](mailto:COmtnbikers-subscribe@yahoogroups.com)

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**Twitter** account is @DenverBikeClub – note that many members do not tweet.

**DBTC Meetup group** at [www.meetup.com/Denver-Bicycle-Touring-Club/](http://www.meetup.com/Denver-Bicycle-Touring-Club/) be used to post rides as well. Once you have posted your ride, we will review the ride information to be sure it complies with the club requirements then upload it to the MeetUp web site where you can edit your ride. MeetUp is open to the public and can increase the number of riders on your rides and, hopefully, club members. Rides cannot conflict with the ride schedule. If you have registered with MeetUp, we will post your scheduled rides.

**We are also on Facebook** if you want to share pictures or bike related news.

The DBTC Website operates independently from the Yahoo Groups. The Yahoo Groups send only e-mail messages concerning some upcoming events. The DBTC monthly Newsletter, The Colorado Bicyclist, is sent to you from the DBTC Website via e-mail only if you have so requested.

**You can join any or all groups.** After you send the e-mail requesting to join, you will be contacted via e-mail with a confirmation. If you'd like to post an event, simply go into the site. Remember that only club-related activities can be posted. We reserve the right to cancel any posting we don't think is appropriate. See the website for posting rules.

## Please Note;

Joining Facebook or any other group does not make you valid member of the DBTC.

If your e-mail address changes, you must send your new e-mail address to the DBTC webmaster ([webmaster@dbtc.org](mailto:webmaster@dbtc.org)). The DBTC monthly Newsletter, The Colorado Bicyclist, is sent to you from the DBTC Website via e-mail only if you have so requested.

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## Guidelines for Posting a Last-Minute Ride (via MeetUp or Yahoo)

Dale Trone

The purpose of the schedule is to allow us to provide a variety of rides throughout the metro area. Depending on last-minute rides does not meet that goal; however, there are times when no ride is scheduled within a reasonable driving distance so you might want to add an alternative.

### The guidelines for posting last minute rides are:

1. The leader must be a member
2. There can't be a similar ride on the published schedule
  - a. Geography – a ride in Parker is NOT similar to one in Golden

- b. AND start time – a 9 AM ride is NOT similar to a 3 PM ride
  - c. AND speed type – ROAD and FUN rides are NOT similar
  - d. AND distance – a 35 mile ride is NOT similar to a 20 mile ride
3. When a last-minute ride appears to fall into the gray area such as 20 vs 25 miles, FUN rides starting an hour apart with start locations both in Aurora, then contact the scheduled ride leader to see if s/he feels the ride would compete. It might be better to simply join the other ride.

# August 2014 Ride & Event Schedule

## Summer Riding Guidelines

**Weather:** No thunder, lightning or rain  
**Clothing:** wear layers and SUNSCREEN!  
**Other:** bring water, repair items and a snack

Pace of Ride	Difficulty of Terrain	Distance	Quadrant of City	Departure Time
Roses – Leisurely (Avg. 8-10 mph) Fun – Comfortable (10-12) Int. – Brisk (12-16) Road – Fast (16-20+) ATB – Unpaved Roads MTB – Mountain Bikes	H1 – Flat H2 – Some Hills H3 – Hilly H4 – Serious climbs Two ratings: technical skill T1 to T4 and Physical exertion P1 to P4	This is an estimate – options may be offered	NW NE SE SW W	Arrive early enough to unload your bike and be ready to leave at the time shown.

**ROAD RIDES:** All road rides are posted on the DBTC MeetUp group <http://www.meetup.com/Denver-Bicycle-Touring-Club/>. To receive credit as a leader you must submit a completed waiver form with at least 3 signatures.

**Saturday August 2nd** **FUN-H1-21-SW 8:30** Meet *Dave Grimes* (303-986-7666 davegri@comcast.net) at the Safeway shopping center parking lot (SW corner of South Kipling Pkwy and West Jewell Ave, park South). We will go down Kipling to Bear Creek, east to the Platte, North to Sanderson Gulch turnoff at Florida, up Sanderson Gulch westward to start. Optional lunch at Café Jordano, very good Italian food.

**FUN/INT- H2-25 - Downtown 9:00 AM** Meet *Jeff Krinsky* (720-373-9107) for this Dog Days of Summer Ride that is designed for everyone. We will meet at the City of Cuernavaca Park downtown (23rd Ave Exit from I25, go down the hill, drive by the REI Superstore going NE, cross 15th St and keep going till you see the parking lot directly in front of you) for this fantastic ride down the Cherry Creek Bike Path towards the Cherry Creek Reservoir and back. A beverage of your choice will be provided to all riders at the break at the REI Starbucks on the return voyage.

**Sunday, August 3rd** **FUN-H2-30-SE 8:00 AM – 20 PARKS WEST** Meet *Gaar Potter* (303-691-0938) at Eisenhower Park Rec Center parking lot (SE Corner of Colorado BLVD and Dartmouth) for a ride to Belmar with return down the amazing Florida slide!

**FUN-H2-25-NW 9:00 AM** Meet *Merri Bruntz* (303-517-9781) at Prospect Park for a ride northeast through Olde Town Arvada to the Ralston Creek Trail, which we will take over the Arvada Reservoir to Easley Rd. We will then return via the Clear Creek Trail.

**MTB P3, T2-3, 10:30 AM, Pine Valley Ranch and Buffalo Creek.** THE RIDE: Meet *Jeff Baysinger* (303-969-9241) at Pine Valley Ranch to check out the back and west trails of Buffalo Creek. Grunt up Buck Gulch, continue south and follow the Miller Gulch road network over the hill and down to the Redskin Trail. This will be on forest roads for about 3 to 4 miles. Find Redskin and take that trail across to Gashouse, re-climb the hill northward and finally descend to Pine Valley down the Strawberry Jack Trail. Distance estimate is about 16 miles, elevation climbing about 2,000' as the ridge will be climbed twice. THE FOOD: Picnic after at the Pine Valley shelter.

**Monday, August 4th** **FUN-H2-20-SE 9:00 AM** Meet *Wayne Tomasello* (720-854-8767) at DeKoevend Park at the entrance to the Goodson Rec center for a ride on the Big Dry Creek Trail to Colorado Blvd to the C-470 Trail to the Highline trail to Lee Gulch to Platte River to Big Dry creek back to the Highline trail. The ride is on paved and gravel bike paths. An optional lunch is at Shanghai Gardens.

**Tuesday, August 5th** **ANNOUNCING FIRST BISB RIDE BISB H1-6-SW 6:00 PM** Meet *Lin Hark* (303-578-9369) at Bear Valley McDonalds (5476 W Dartmouth Ave, meet at the parking lot that adjoins and is just west of McDonalds--because of construction) for a leisurely paced ride along the Bear Creek Trail. This ride is only 6 miles, designed for people who are coming back from an illness, injury or surgery, older people who cannot ride long distances or very fast anymore, rank beginners ready to start a new activity, people who have gotten out of shape from lack of activity, people who have gotten overweight and are committed to a more active lifestyle for their health. These rides will be at a slow beginner pace, a short distance and on mostly flat bike trails.



**Wednesday, August 6th** **FUN/INT-H2to3-25+-W 9:00 AM** Meet *Sandi Bianchi* (303-810-0794) for an easy mountain climb—Idaho Springs to Georgetown—24 miles round trip and 1,200 feet of gentle uphill. Park behind the Buffalo Grill. The rabbits in the group can go beyond Georgetown to Silver Plume and Bakerville, an extra 15 miles round trip and another 1,420 feet of elevation gain. Lunch afterward is in Idaho Springs.

**"Roses" H1-12 SW 8:30 AM** Meet *Judy Deist*, 303/841-4792, CP 303-906-4305 for a ride up lovely Waterton Canyon. South on Wadsworth past Chatfield State Park, L on Waterton Rd 1/8 mile to the parking lot on the left. Bring a snack and money for an optional restaurant lunch following the ride.

**MTB P2.5, T2, 6:00 PM, Green Mountain. SHOW AND GO** Meet at the Florida trailhead, at the top of Alameda Boulevard at the intersection of West Florida Drive and Alameda Boulevard in Lakewood.

**Saturday August 9th** **FUN-H1-20-SE- 9:00 AM – Jewell Wetlands** Meet *Linda Lewis* at Treads Bicycle Outfitters (16701 East Iliff Ave, just West of Buckley Road) for a ride along the newly resurfaced Toll Gate Creek trail and then following Highline Canal to Westerly Creek and a circuit of Jewell Wetlands. We are joining Bike Aurora for this ride.

**FUN/INT-H2-27-SW-9:00 AM** Meet *Jeff Krinsky* (720-373-9107) for THE GREAT AMERICAN DINOSAUR RIDE! The adventure begins at the Lakewood Heritage Center at Belmar Park at Ohio Street on the west side of Wadsworth, north of Mississippi and South of Alameda. We will tour the park then head west to Dinosaur Ridge and Red Rocks where we will stop for a break. Then we will continue on down through Morrison and Bear Creek Trail and return north to Belmar Park. Lunch options will be discussed.

**MTB P3, T3, 9:30 AM, Monarch Crest Trail** THE RIDE: Meet Russ Peterson (720-299-8269) at the Sinclair station in Poncha Springs for shuttle to Monarch Pass. PLEASE NOTE THAT YOU MUST CALL AHEAD TO MAKE RESERVATIONS FOR A SEAT ON THE 10:00 AM SHUTTLE (1-800-871-5145; fee \$20/person). At the top of the pass, begin a 35 mile day featuring 2,300' of climbing (most at altitudes above 10,000') and 6,000' of descending. The intent is to take the "Rainbow Trail" option. This is a Colorado classic of beautiful vistas and predominantly single track riding. THE DIRECTIONS: The Sinclair station is just south of the intersection of Hwy. 285 and Hwy. 50. Russ will be camping near Poncha Springs and will therefore not be carpooling. Those wishing to carpool should meet at the Fort parking lot in Morrison at 5:30 AM for a 5:45 AM departure for the 126 mile drive to the Sinclair station.

**Sunday, August 10th** **FUN-H1-35-50-NE 7:30 AM** Meet *Doug Schuler* at Cake Crumbs Bakery and coffee shop located at 2216 Kearney Street Denver. And be back to the start no later than noon. The length will be from 35 miles up to 50. The routes are all on city streets or county highways going east as far as Strassburg. These rides are also posted at Cake Crumbs, Estelle Bike shop, Denver Bicycle and the Bike Depot for non-club members.

**FUN-H2-25-NW 9:00 AM** Meet *Merri Bruntz* (303-517-9781) at Crown Hill Park (26th & Garrison) for a ride north to the Clear Creek Trail which we will take east to the South Platte Trail. We will then ride to REI and return via neighborhoods in the Highlands and Wheat Ridge.

**INT-H4-21-SW 9:00 AM** Meet *Dave Grimes* (303-986-7666), davegri@comcast.net at east end of Fox Hollow Golf Clubhouse parking lot. Fox Hollow is a half mile west of Kipling on Morrison Rd. Ride route is up to Morrison, up Rooney Rd, up over the Hogback, up through Red Rocks Park, back to Morrison and Bear Creek Park, up over Hampden Ave, then path east to Quincy, then north on Kipling to Bear Creek path to Fox Hollow. This ride has 5 substantial hills. I will be using an electric assist bike. Lunch afterwards at Moe's Barbeque.

**Evening ride: FUN-H2-20-SW 5:00 PM** Meet *Lin Hark* (303-578-9369) at the East end of the Homestead Golf Course Parking Lot (11500 W Hampden Ave in Lakewood) for a leisurely paced ride along the Bear Creek Trail. We will finish the ride around 7:15pm and those who would like to climb up Mt Carbon to watch the moonrise/sunset will continue west on the Bear Creek Bike Trail to the picnic table on the top.. The moonrise is at 7:42pm, sunset is at 8:03pm and civil twilight is at 8:32pm. Bring lights and a jacket for the ride back in the twilight and snacks for during and after the ride.

**Monday, August 11th** **FUN-H2-26-SW 9:00 AM** Meet *Wayne Tomasello* (720-854-8767) at the Stone House in Lakewood (Estes, a couple of blocks south of Yale). Will ride down Bear Creek trail to Platte River trail, up Platte River trail to bike bridge across Platte River south of Union, cross on bridge and ride up Big Dry Creek (Englewood) trail and streets to high line canal, down high line canal to Quincy, west on Quincy to Clarkson, follow trail & streets to Dartmouth, then Platte River trail and Bear Creek trail back to Stone House. An optional lunch is at a local restaurant.

**Wednesday, August 13th** **"Roses" H1-20-SW 8:30 AM** Meet *Jill McMahon*, 303-888-0314, at Goodson Recreation Center, 6631 S University Blvd. in Centennial, extreme far end of parking lot. We will ride north on the Highline Canal (packed gravel), an out-and-back ride. This is Jill's first time leading a ride for the "Roses". Thank you, Jill! Bring a snack, and money for an optional restaurant lunch following the ride.

**FUN/INT-H2-25-NW 9:00 AM** Join *Howard Bagdad* for a ride from Prospect Park. We'll head toward Golden and out Easley Road and around back to the park.

**MTB, P2, T2, 6:00 PM, North Table Mountain. SHOW AND GO.** Meet at the secret lower parking lot, which is reached by traveling north on Hwy 93 to the north end of Golden. You will see a large sign that says "Pine Ridge Road – Ford Street." Turn right and go a couple of blocks to Wyoming. Turn left and drive through the residential area until you see a parking lot on your left sandwiched between two single family houses.

**Saturday, August 16th** **FUN-H2-20-SE 9:00 AM - Sulfur Gulch** Meet *Gary Pratt* at Cornerstar Shopping Center (SW corner of Parker RD and Arapahoe RD, just east of Panera) for an interesting ride south along Cherry Creek and east up Sulfur Gulch into Parker. This route includes a modest climb. We are joining Bike Aurora for this ride.

**FUN-H1-25-NW 9:30 AM** Meet *Cindy Ferry* at the Olde Town Arvada Park & Ride (Vance & 55th Ave). Clear Creek to Platte River to REI. West on 26th to Sloans Lake back to Clear Creek by way of streets to return to Olde Town.

**INT-H3-30 NW 8:30 AM** Meet *Carol Kennedy* (720-289-9569) [clikinstix@man.com](mailto:clikinstix@man.com) at the Platte River Trailhead, 88th and Colorado for Hills and Turns. Did you know you can do some serious climbing in Thornton and Northglenn? Okay, it's not Vail Pass, but this ride has at least 1000 feet of climbing! And of course, 1000 feet of descent. Lunch or ice cream afterwards for those who survive!

**MTB, P?, T?, 10:00 AM, Alderfer/3 Sisters in Evergreen.** THE RIDE: Join *Claire Beland* (303-870-4996) for this great ride in mostly forest shade. Trails to be ridden will be decided by the group that day. THE DIRECTIONS: Go to the signalized "T" intersection in downtown Evergreen, then south on Hwy 73 for ½ mile to another signal at Buffalo Park Road. Turn right (west) for 2.2 miles and enter the upper Alderfer parking lot just beyond the bright yellow house in the meadow. THE FOOD: Lunch at a restaurant in Evergreen or Kittredge.

**Sunday, August 17th** **FUN-H2-30-SW 8:00 AM** Meet *Gaar Potter* (303-691-0938) at the Stone House (2900 S. Estes Street, Lakewood, CO 80227, just South of Yale, about a mile West of Wadsworth) for a ride to Chatfield Dam via Bear CK – Platte trails returning DIRECTLY THROUGH THE W. LITTLETON MAZE. Never culled a sac like this! – make sure your affairs are in order.

**FUN-H3-25-NW 9:00 AM** Meet *Merri Bruntz* (303-517-9781) in Idaho Springs (public parking lot south of Beau Joes) for an out-and-back ride to Georgetown.

**INT-H3 4-40-W 8:30 AM – SHOW AND GO** from Idaho Springs (meet in the parking lot behind Beau Jo's) to Bakerville. Lunch afterwards in Idaho Springs. Same ride direction as above but farther; the INT riders can just take off and go. The slower FUN group goes at their own pace, then everyone from both groups can meet up for lunch.

**Monday, August 18th** **FUN-H2-20-West 9:00 AM** Meet *Wayne Tomasello* (720-854-8767) at SW corner of Kipling and Jewell, Lakewood, at Safeway Shopping Center for a ride on the Bear Creek Trail to the Platte River Trail to the Sanderson Gulch Trail. An optional lunch is at Café Jordano.

**Wednesday, August 20th** **"Roses" H2-15+-SW 8:30 AM Highlands Ranch Mansion Ride** Meet *Carol Bennett* (H 303-470-2830 C 720-425-6124) June 11th at the Target Parking lot. Exit C470 at Lucent and head south about 1/2 mile and turn L on Sgt. Stills Rd. (aka Target parking lot). Follow and park at the southern most area of the lot just north of Kaiser. This is the first time Carol has led a Roses ride, and the first time for Roses to do this ride. Thank you, Carol! Bring a snack, and money for lunch at a favorite restaurant after the ride.

**FUN/INT-H2to3-25-SW 9:00 AM** Meet *Patty Gaspar* 303-618-5069 behind the tennis bubble, W Bowles & S Federal in Littleton, for a ride to Chatfield then east for a mostly gentle climb and a great downhill to finish the loop. Lunch afterwards is at one of the nearby eateries.

**MTB P2.5, T2, 6:00 PM, Green Mountain. SHOW AND GO.** Meet at the Florida trailhead, at the top of Alameda Boulevard at the intersection of West Florida Drive and Alameda Boulevard in Lakewood.



**Saturday, August 23rd** **FUN-H2-30-SE 8:30 AM** Meet *Pete Steel* (303-979-4634) at Goodson Rec Center in DeKoevand Park (West side of University BLVD just North of Arapahoe RD) for a loop ride on Clarkson, Quincy, Peoria, Potomac, Peoria, E-470 and C-470 paths, and Clarkson back to DeKoevand Park. Climb early and enjoy downhill to the finish.

**FUN-H1-22- NW 8:30 AM** Meet *Dave Noble* (home 303-694-2008, cell 303-906-3163) to ride the Farmer's Highline and Big Dry Creek trails to Standley Lake and back. Meet at EB Rains Memorial Park. (Directions from I-25 and 120th: East from 120th 1-2 streets to Grant, South on Grant 1/4-1/2 mile to park, meet in the parking lot on the south side of the lake.) Lunch is afterwards.

**INT-H4-38/56-W 9:00 AM** Meet *Diane Short* 303-763-9874 at the park and ride in Bergen Park. We will go up Squaw Pass to Echo Lake with option to keep on going to Summit Lake. Come back on same route. 38 miles to Echo and back, 56 miles to Summit and back. Riders need to call to confirm that they are coming no later than Thursday before the ride so I will know if it is a 'go.'

**MTB P2-3, T2-3, 10:30 AM, Mad Creek and Red Dirt trail loop** Explore the Steamboat Springs area this weekend. Steamboat Springs is boasting to be a bike town. THE RIDE: Meet *Jeff Baysinger* (303-969-9241) for a 13 mile loop going to the Mount Zirkel Wilderness boundary. Take Mad Creek up, return via Red Dirt and a short ride on a county road. THE DIRECTIONS: The trailhead is on County Road 129, about 2 miles from US Highway 40. CR 129 is a couple miles northwest from the town. If you want to come early and perhaps camp out, contact Jeff. (Further details will be provided in August via the Yahoo group. Friday afternoon will be Spring Creek trail.)

**Sunday, August 24th** **FUN-H1-35-50-NE 7:30 AM** Meet *Doug Schuler* at Cake Crumbs Bakery and coffee shop located at 2216 Kearney Street Denver. And be back to the start no later than noon. The length will be from 35 miles up to 50. The routes are all on city streets or county highways going east as far as Strassburg. These rides are also posted at Cake Crumbs, Estelle Bike shop, Denver Bicycle and the Bike Depot for non-club members.

**FUN-H2-30+SW 8:00 AM** Meet *Tom Hurja* (303-903-4449), at Bear Valley McDonalds, for a ride to Chatfield and the Marina. Lunch at the New Happy after the ride. Bring lock and funds.

**ROAD-H1-TBD-NW 10:00 AM – Ride to watch the US Pro Challenge** with *Donald Schmertz* (roadrider80226@yahoo.com). Meet at Davie's Chuck Wagon Diner 10151 West 26th Avenue, Wheat Ridge. This year's US Pro Challenge race will have stage 7 starting in Boulder and visiting Golden, Lookout Mountain and finishing in downtown Denver. This DBTC road ride will ride to Golden where there are options to watch the race as it arrives by 1:30PM. All cyclists are welcome. Cue sheets will be available. See link. 2014 USPC - DBTC <<http://www.mapmyride.com/routes/view/484231988>> image <<http://www.mapmyride.com/routes/view/484231988>> 2014 USPC - DBTC <<http://www.mapmyride.com/routes/view/484231988>> Route from MapMyRide View on [www.mapmyride.com](http://www.mapmyride.com) <http://www.mapmyride.com/routes/view/484231988>> Preview by Yahoo. One option is to stay in Golden and seeing the race go thru town twice. Another option is to climb Lookout Mountain and stake out a place to see the racers as they climb.

**MTB P2-3, T2-3, 10:30 AM, Emerald Mountain** THE RIDE: Steamboat Springs has developed this forested area with many trails. We will explore the trail network. THE DIRECTIONS: Meet at the trailhead by the rodeo grounds. The rodeo grounds are off the west side of the town, near Howelsen Hill.

**Monday, August 25th** **FUN-H2-21-SE 9:00 AM** Meet *Wayne Tomasello* (720-854-8767) at the Northeast corner of Quincy Ave. and Parker Rd. in the strip mall's parking lot for a ride on the Cherry Creek trail to the Highline trail to the Tollgate trail for a loop. The ride is on paved bike trails. An optional lunch is at the Emerald Isle.

**Wednesday, August 27th** **"Roses" H1-23-SE 8:30 AM** Meet *Dave Noble* (home 303-694-2008, cell 303-906-3163) in the parking lot of South High School, corner of Louisiana and S. Franklin, near SE corner of Washington Park, for a ride including Westerly Creek, Stapleton, City Park and Cheesman Park. Bring a snack and money for a restaurant after the ride.

**FUN/INT-H2-20 to 25-SE 9:00 AM** Meet *Patty Gaspar* (303-618-5069) at Village Greens Park – NE corner of Union and Dayton for a loop ride from the park through Denver and Aurora on trails and then a lap around the reservoir on our return. We haven't been there in awhile so it seems like something we should do. Lunch, of course.

**MTB, P2, T1, 6:00 PM, Bear Creek Lake Park. SHOW AND GO** Meet at the Morrison PnR (across from the Conoco station).

**Saturday, August 30th** **FUN-H2-22-SE 9:00 AM** Meet *Dave Noble* (home 303-694-2008, cell 303-906-3163) at the Santa Fe and Mineral Park & Ride lot (north side) for a loop on the Platte River, Big Dry Creek, Highline, and C-470 trails. Lunch afterwards.

**MTB P3, T3, 10:30 AM, Gold Dust Trail** THE RIDE: Meet *Eric Esswein* (303-638-2300) for a fantastic experience on the Gold Dust Trail. The ride is about 16 miles, with about 1,700 feet of elevation gain. It is an out and back, unless you want to ride the dirt road back to Como, which is an option, but not a recommended one because you'll miss a great descent. The ride stands out for a variety of reasons: the quality (and, at some times, the difficulty) of the riding, the lack of crowds, an alpine pass and a long descent. The ride can be considered as having three sections, each of which begins at a dirt road. The first of these sections begins at an elevation of 9,813' with a gentle climb through twisties of aspen and lodgepole pine. Then there is a short rocky portion where it's best just to get off your bike and walk. Then there is fine single track, ending up heading downhill toward a series of wooden bridges and trail armouring wisely installed to protect the fragile soil of a beautiful creek and wetland. The second section of the ride starts after crossing a (dirt) county road. Break here for a quick snack if needed before starting a gradual climb to hook up with an old water diversion ditch. The ride goes right through the middle of this dirt ditch, where there are banked corners to play on as the ditch banks back and forth for a mile or more. The grade is never too steep to maintain momentum and keep the meter pegged. Next, after crossing a small creek, is another dirt road, where the third section begins. Look for blue diamond trail markers on the other side of the road. After crossing the road, ascend sections of single and double track. (This is the steepest section of the ride, but it's still reasonable.) The trail eventually tops out on the (dirt) Boreas Pass road. Turn left and ride 1/4 mile to the top of the pass at 11,492'. Check out an old railroad train car and some old Forest Service buildings and enjoy the spectacular mountain scenery of an alpine pass. As you might have guessed, now the fun continues with a very sweet descent of all that fine single track you just climbed. THE

**DIRECTIONS:** The trailhead for the Gold Dust Trail is located (somewhat inconspicuously) immediately outside the private property entrance to Camp Como (a private Christian camp) just NW of Como, CO. Drive CO Hwy. 285 south to Como, which is 70 miles from the intersection of C-470 and Hwy. 285. Turn right (west) off Hwy. 285 onto CO Rd. 33, which will take you into Como (population 20). At the 2nd or third intersection in town, turn left and drive to Pine St. and turn right. Follow Pine Street (or the signs in town to Camp Como) to the entrance to the camp and park outside the gates on the right side of the road. Look on the south side of the road for a blue diamond trail maker in the trees. For a map of the location of Camp Como go to <http://www.campcomo.com/location-and-directions>.

Alternatively, you can meet Eric Esswein at 8:30 AM at the back of the Kum-n-Go at 30393 Kings Valley drive in Conifer (at the corner of Kings Valley Drive and Hwy. 285). Look for a silver Toyota 4 Runner. The Kum-n-Go has and energy-type snack foods and decent coffee. **THE FOOD:** If it is still open, plan for après at the Como Depot, Eating House and B&B where we can chat up David (British ex-pat) and his wife, Moya, partake of and refresh with some great food and, if you like, a fine Colorado or British ale or two.

**Sunday, August 31st** **FUN-H2-28-SW 9:00 AM – Secret Trails of the S.W.** Meet *Bob Shedd* (720-290-6014) at the RTD Littleton Downtown Station, on the west edge of the parking lot located at Alamo Avenue & Prince Street. Bob has added several quality miles to his route south and west on "secret" bike paths (all fully paved) in the Columbine and Ken Caryl areas. Optional lunch afterward is at Merle's Restaurant on Main Street, within 3 blocks of the starting location.

**FUN-H2-30-NW 9:00 AM** Meet *Merri Bruntz* (303-517-9781) at Twin Lakes Park (70th & Broadway) for a ride west on the Clear Creek Trail to Golden. We will then ride back east on 32nd and 26th to Crown Hill, through Wheat Ridge neighborhoods and back to the trail riding east back to the start.

**Monday, Sept. 1st** **Labor Day FUN/INT-H2.5-25 NW 9:00 AM** Meet *Jeff Krinsky* (720-373-9107) for the award winning Tour de Boulder ride that includes an amazing JUGGLING presentation. You saw the preview at the Kickoff Dinner. Now is your chance to finally see me eat those red peppers! The ride will concentrate on the Boulder Creek, Skunk Creek and Bear Creek paths that are pretty flat but we will try to take Boulder Creek a little ways up into the foothills before turning around. The adventure begins at the parking lot near the jungle gym rocket at Scott Carpenter Park in Boulder at the SW corner of 30th ST and Arapahoe Avenue. Be there or be trapezoidal!

