



# The Colorado Bicyclist

Newsletter of the Denver Bicycle Touring Club

JUNE 2014

# THE SAFETY ISSUE

## Watch Those Transitions

Nadean Kruse, the “Ice Cream Lady”, was leading one of her leisure rides when she caught her front tire in the space between the trail pavement and the grass. Instead of landing in a nice grassy area and everyone having a chuckle, she hit rocks and was seriously injured. She is a very careful rider, but in an instant she was on the rocks. We wish her a quick recovery.

We have had other members injured in similar accidents between pavement and concrete, small curbs, rail road tracks and other seemingly minor changes in the road surface. The lesson for all of us is to keep an eye on the trail and be aware of those transitions.

## Speed Limits

Remember that when we are riding on trails many of them have a 15 mile per hour speed limit. We need to observe the posted limits even though it is tempting to go faster. On weekends and busy times we may need to go under the limit to avoid near misses with other riders, pedestrians and especially children on the trails. If you think the leader is going too fast for conditions, speak up. Leaders: a group of riders can be pretty intimidating to others on the trail, especially if they are passing everyone else – slow down.

## Helmets

We hate to nag, but helmets save lives. Check your helmet to make sure it has no cracks. If you’ve taken a hard hit, it may need to be replaced. Most manufacturers recommend you replace your helmet every three to five years – check with your bike shop.

## REMINDERS WHEN RIDING

- 1: Always carry identification and medical insurance card. ICE– in your cell phone, enter ICE for In Case of Emergency and put emergency contact numbers for use by emergency personnel.
- 2: On multi-use paths, ride in single file and stay to the right. Obey posted speed limits. Be alert. Walkers, roller bladers, baby strollers, horses, and dogs – on and off leashes, share the path.
- 3: When overtaking another road or trail user, call out “Passing on left”. If in a group, tell how many will pass. Last one say, “Last one” and “thank you”.

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**SAVE THE DATE!!!**  
**DBTC Annual Picnic at Prospect Park**

The highlight will be the 50/50 rides to celebrate our 50th Anniversary!  
 Saturday July 19, 2014  
 Details will be posted soon.

**Volunteers needed!**  
 Email Cyndy: matilda8@msn.com  
 or phone: 303-725-1565

**Help Wanted: Ride Leaders Needed**

People who enjoy riding their bike  
 People who want somewhere to go on weekends or Wednesdays

**Requirements:**  
 A bike and helmet  
 A favorite ride  
 An email to one of the ride coordinators (see page 2 for email addresses)

We need your help to keep the schedule full of interesting rides. Some of our most frequent ride leaders are not able to lead for awhile this year so we need you to step forward.

## DBTC's Officers

<b>President</b> Brad West president@dbtc.org	720-252-2881
<b>Vice President</b> Lisa Feheley vicepresident@dbtc.org	970-571-1494
<b>Secretary</b> Carolyn Bauer secretary@dbtc.org	303-740-8491
<b>Treasurer</b> Karen Kirby treasurer@dbtc.org	303-237-1229
<b>Board Members at Large</b> Cyndy Klepinger matilda8@msn.com	303-725-1565
Jeff Krinsky jkrinsky2003@yahoo.com	303-543-1320
Lise Neer guestrelations@dbtc.org	303-249-8621

## Directors and Staff

<b>Director of Ride Activities</b> Patty Gaspar RideCoordinator@dbtc.org	303-989-8268
<b>Out of Town Tour Director</b> Ellen Chilikas outdoorsdiva@yahoo.com	
<b>MTB Coordinators</b> Cathy Leibowitz & Jim Black FunMTB@dbtc.org	720-644-7189
<b>Fun Ride Coordinator North</b> Rick Clauder FunRideNorth@dbtc.org	303-463-1875
<b>Fun Ride Coordinator South</b> Gaar Potter FunRideSouth@dbtc.org	303-691-0938
<b>Road Ride Coordinator</b> roadrides@dbtc.org	OPEN
<b>Intermediate Ride Coordinator</b> Rick Clauder intermediaterides@dbtc.org	303-463-1875
<b>Wednesday Fun/Int Ride Coordinator</b> wedfunrides@dbtc.org	OPEN
<b>"Roses" Ride Coordinator</b> Melba Bouquet melbabo9@q.com	720-493-0564
<b>Historian</b> Historian@dbtc.org	OPEN
<b>Membership Database/Webmaster</b> Jeff Krinsky webmaster@dbtc.org	303-543-1320
<b>Guest Relations</b> Lise Neer guestrelations@dbtc.org	303-249-8621
<b>Map Sales (wholesale)</b> Doug Schuler Mapsales@dbtc.org	303-829-5861
<b>Photo Gallery</b> Jeff Krinsky photogallery@dbtc.org	303-543-1320

### Board Meeting

Any member wishing to attend a board meeting is welcome to attend. The next board meeting is Monday, June 2nd at El Senor Sol, 2301 7th St., 6PM. If you wish to address the board, contact the secretary, Carolyn Bauer: secretary@dbtc.org, or 303.740.8491 so that your topic can be placed on the agenda.

## Words from the President

### First Chance, Last Chance

This time of year we expect to see many cyclists riding with the DBTC for the first time. Many are looking for a group to ride with. They may have just moved to town and left their old cycling group behind. Some have decided to start cycling to improve their health. Others want to see more of Colorado, but don't want to chance it on their own. They all have one goal in common, they want to ride with a group instead of taking up this new sport on their own.

I like to talk to riders about their experiences with ride clubs, our own and others. The story they tell is invariably about what happened on their first ride. For many, it was also their last ride with that group. Here are some examples.

"They didn't ask me who I was and I didn't know who they were. They handed me a map and rode off. They might as well have said, See ya, wouldn't want to be ya."

"I don't believe in maps," said the ride leader, "I think they are too much trouble. I think everyone should be able to follow me."

"Last week I was on a DBTC ride. As I finished locking my car, I saw the other riders gliding towards the front of the parking lot. By the time I got on my bike to follow, they were gone. I rode north and south and called the leaders cell phone. It was turned off. I never saw them again."

"We made it up the first hill. By then we could see that the rest were racing down the other side and we would never catch up."

"They said they would stop and gather up, but I never saw them after they turned the first corner."

When new riders find out about DBTC and show up for a ride we have ONE chance to make them feel at home and interested in our club. If we appear disorganized or uncaring they will not be back. They might make that decision in the parking lot before the ride even starts.

Today it was my pleasure to join the Memorial Day ride led by Helen Berkman. She was at the start site early enough to get herself ready and greet all the riders. She had a map and a turn by turn cue sheet prepared. It isn't always necessary to have a cue sheet but I did find it helpful and referred to it several times. Helen had stop-and-gather locations picked out, and explained them before the ride began. She gave a nice description of where we were going while everyone listened. She was



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**Pictures and Articles for the Newsletter...** This newsletter belongs to the members. If you have pictures or an article to share, please email them to [ridecoordinator@dbtc.org](mailto:ridecoordinator@dbtc.org). Only send one or two pictures so you don't clog up my computer! Be sure to include details about who, when and where the picture was taken. If you have a photo to mail, contact the Ride Coordinator for the address. Remember we must give credit to the author. If you are a writer with an article of interest, we may make you a published author! The deadline for publishing is the 20th, but please send your articles earlier.



## Bike to Work Day June 25th

Save June 25 for Bike to Work Day 2014! Registration is now open on our brand-new website ([biketowork2014.org](http://biketowork2014.org)) and is simpler than ever before. Sign up today—your registration matters. Colorado is now ranked by The League of American Bicyclists as the second most bicycle-friendly state in the nation, due in part to events like this one—not to mention that registration makes you eligible for great prizes like gift cards to local and national retailers, tickets to sporting events and concerts, biking apparel and gear and much, much more! If you've already registered, thanks for your support!

At [biketowork2014.org](http://biketowork2014.org) you can locate breakfast and bike home stations along your route, find group rides and order event t-shirts. Make sure you join your company team to push their ranking in the Business Challenge, and if your employer isn't signed up already, encourage them to do so!

So, get out of your car and onto your bike! Help us reduce traffic congestion and improve air quality by shifting gears and pedaling on Bike to Work Day 2014.

### **Wear your DBTC jersey on your ride to work**

Let other riders know there is a club where they are welcome.

**DBTC will have a booth at Civic Center**—stop by for games and prizes.

### **Free food** from various vendors

We will have a ride starting from Civic Center at 9:00, or meet us at City of Cuernavaca Park at 9:30.

### **Volunteers needed for the DBTC booth!**

Please contact [dougschuler@comcast.net](mailto:dougschuler@comcast.net)

## HELP!

We need two or three volunteers to staff the DBTC Booth at the annual Bike to Work Day, June 25, at the Greek Amphitheater in Civic Center. If you want to meet people and promote the club by distributing information and swag as well as coordinating some games of chance, contact [dougschuler@comcast.net](mailto:dougschuler@comcast.net). It promises to be ENTERTAINING! Plus, you'll get a limited edition DBTC t-shirt. WOW!

**The details:** June 25, from 6 – 10 a.m., Civic Center, 100 W. 14th Ave Pkwy., across from the Denver Central Public Library.

Thanks for stepping up!



*"Roses" riders enjoying a lovely early spring day in April on the Cherry Creek Trail in Parker.*

## SWAPPER'S CORNER

### **For Sale: Giant TCX Cyclo-Cross.**

Get your Spring training on for this year's 'Cross season!

Size Lg or about 58cm. Never raced, very low miles. Deore and Dura-Ace components. \$749 OBO

[liseigneur@gmail.com](mailto:liseigneur@gmail.com)



## RIDE OF SILENCE 2014 with Denver Bicycle Touring Club

A very nice ride with 7 people who were willing to chance the poor weather forecast. We did NOT get rained on. One rider was from out of town and found out about the ride via the internet. Another two riders saw it on MeetUp.

A heartfelt "Thank You" goes to Lin Hark for organizing the ride.

## RIDE LEADERS and VOLUNTEERS

Patty Gaspar, [ridecoordinator@dbtc.org](mailto:ridecoordinator@dbtc.org), keeps the official record of club member ride leaders and volunteers. The data is used for the Volunteer Recognition Luncheon this fall. The number of rides credited to a ride leader is taken from the Newsletter. If you lead a ride due to a substitution, you must notify Patty to be credited. The chairman of the dinners and picnics and other major or ongoing events sends a list of names of the volunteers for each event. If you volunteered, check with the chairman to see if your name was included.

If you have led a ride that was posted only on one of the Yahoo Group sites and not in the Newsletter, contact Steve Ingraham. Steve compiles a list of qualifying Yahoo Group rides. You will be credited for qualifying rides. Steve Ingraham – [singraham046@aol.com](mailto:singraham046@aol.com)

## Old Bikes

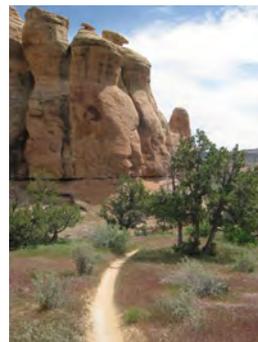
**Have any old, unused, or unwanted bikes around the house? Two organizations are accepting donations:**

**The Bike Depot** is a 501(c)(3) nonprofit community bike shop that supports Denver communities with a wide range of bicycling programs, services and products. We have a full service Bike Shop offering new and used bikes and accessories, an affordable [Service](#) menu and a [Fix Your Bike](#) program where you can come to our shop and utilize our space and tools with the help of our Volunteer Mechanics. Donated Bicycles are recycled to low income local residents through our [Earn A Bike](#) programs or refurbished and sold in our bicycle shop to support all of our community service programs. For more info, visit [thebikedepot.org](http://thebikedepot.org).



## DBTC Does Fruita

Mountain bike riders enjoyed one very good day near Fruita in early May. Everyone enjoyed exploring on the Mary's and Horse Thief Bench trail loops. The pleasant weather held out and an impromptu tailgate party was held at the Kokopelli Trail Head. Refreshments and lawn chairs got good use. Later in the evening, another party was held at Hot Tomatoes Pizzeria. A number of friends not seen for a while showed up, one even just passing through on the way back to Carson City, NV. Mary S. knew where to look. But perhaps best of all, Mary Kay called for a tribal powwow at the evening end. Of course, these are not to be missed. With great aplomb, she humiliated several folks. Special prizes were awarded. All in all, great fun was had. The next day was a washout with record rainfall in the Fruita area.



**The Golden Optimist Club** operates a bicycle workshop at Heritage Square in Golden for eleven months a year. They accept new or used bicycles to be fixed and donated to those who want one. The bicycles are given to the people on the Hopi and Navajo reservations in northern Arizona. Every year a group of Optimists takes the bikes to Arizona to distribute and repair any bikes already there. Howard Bagdad, former DBTC President, heads the volunteer group which includes several DBTC members working on the bikes throughout the year. To donate a bike or to become a volunteer helping refurbish the bikes, contact Howard at 303-278-0541 or [hbagdad@aol.com](mailto:hbagdad@aol.com). Go to [www.GoldenOptimists.org](http://www.GoldenOptimists.org) for more information about the Optimists.



# COLORADO TRAILBLAZERS



Please come out to help build a new trail with the Colorado Trailblazers! Our second trail building day of the season is on June 21st at Reynolds Park in Jefferson County. The new Reynolds to North Fork Trail will serve to:

- 1) establish a regional connector trail to the west end of section 1 and east end of section 2 of the Colorado Trail at the South Platte for non-motorized trail users;
- 2) open Reynolds Park as a trailhead for MTB riders; and
- 3) conceptually provide a foundation for additional trail alignments to section 2 of the Colorado Trail and loops to trails in the Buffalo Creek Recreation Area.

The new trail will have approximately 10 miles of varied terrain, composed of recovering burned hillsides with spectacular views to rocky features on steep hillsides, and a ponderosa forest canopy. In order to have enough crew leaders, tools, food and beverages, we need everyone to sign up (no charge) at [www.coloradotrailblazers.org](http://www.coloradotrailblazers.org). All details will be provided on the sign up website for time, location, etc.

Questions? Please contact Fred Berry at 720-840-8596 or [fred.berry@gmail.com](mailto:fred.berry@gmail.com). Trail Days for 2014 are: June 21st, July 19th and the Epic at Buffalo Creek mountain bike festival the weekend of September 12 - 14. Online registration for the first three Trail Days are open on the [www.coloradotrailblazers.org](http://www.coloradotrailblazers.org) website. The Epic at Buffalo Creek will be up on August 1st, 2014. Mid-week trail day events are in the planning stages and will be scheduled soon. Make plans now to come out, join us and have some fun building and riding new, challenging trails to demonstrate the passion of MTB's, youth groups, runners and hikers for giving back to our local community!



*Volunteers at work on the Nice Kitty trail in Buffalo Creek.*

## DBTC SPONSORING SHOPS

DBTC members receive a 10% discount off purchases (excluding bicycles and sale items) at these sponsoring retailers.

ARAPAHOE CYCLERY  
6905 S BROADWAY  
UNIT 169  
LITTLETON CO 80122  
303-797-1858  
[arapahoecyclery.com](http://arapahoecyclery.com)

ARVADA BICYCLE COMPANY  
6595 WADSWORTH BLVD  
ARVADA CO 80003  
303-420-3854  
[arvadabike.com](http://arvadabike.com)

BIG KAHUNA BICYCLES  
8246 W BOWLES AVE  
UNIT J  
LITTLETON CO 80123  
720-981-5199  
[bigkahunabicycles.com/site/intro.cfm](http://bigkahunabicycles.com/site/intro.cfm)  
Discount Includes 10% discount on bikes!

BIKESOURCE #7  
2665 S COLORADO BLVD  
DENVER CO 80222  
303-759-5099  
[bikesourcedenver.com](http://bikesourcedenver.com)

BIKESOURCE #8  
2690 E COUNTY LINE RD  
LITTLETON CO 80126  
303-221-4840  
[bikesourcedenver.com](http://bikesourcedenver.com)

CAMPUS CYCLES  
2102 S WASHINGTON ST  
DENVER CO 80210  
303-698-2811  
[campuscycles.com](http://campuscycles.com)

CHERRY CREEK VELO  
1435 S HOLLY ST  
DENVER CO 80222  
303-691-5650  
[sampsonsports.com](http://sampsonsports.com)  
No discount on labor.

CYCLE ANALYST  
722 S PEARL ST  
DENVER CO 80209  
303-722-3004  
[cycleanalystinc.com/](http://cycleanalystinc.com/)

DERBY BICYCLE CENTER  
410 E 104TH AVE  
THORNTON CO 80233  
303-288-4100  
[derbybicyclecenter.com](http://derbybicyclecenter.com)

ELEVATIONS  
2030 E COUNTY LINE RD  
LITTLETON CO 80126  
303-730-8038  
[bicyclepedalr.com/](http://bicyclepedalr.com/)

FOOTHILLS CYCLING  
4990 KIPLING PKWY  
SUITE B-7  
WHEAT RIDGE CO 80033  
303-420-0815  
[foothillscycling.net](http://foothillscycling.net)

GOLDEN BEAR BIKES  
290 NICKEL ST SUITE 100  
BROOMFIELD CO 80020  
303-469-7273  
[goldenbearbikes.com](http://goldenbearbikes.com)

GOLDEN BIKE SHOP  
722 WASHINGTON AVE  
GOLDEN CO 80401  
303-278-6545  
[goldenbikeshop.com](http://goldenbikeshop.com)

GREEN MOUNTAIN SPORTS  
12364 W ALAMEDA AVE  
LAKEWOOD CO 80228  
303-987-8758  
[greenmountainsports.com](http://greenmountainsports.com)

PEAK CYCLES  
1224 WASHINGTON ST  
STE 145  
GOLDEN CO 80401  
303-216-1616  
[bikeparts.com](http://bikeparts.com)

SCHWAB CYCLES  
1565 PIERCE ST  
LAKEWOOD CO 80214  
303-238-0243  
[schwabcycles.com](http://schwabcycles.com)  
No discount on Shimano and Campagnolo

SPORTS PLUS  
1055 S GAYLORD ST  
DENVER CO 80209  
303-777-6613  
[sportsplusdenver.com](http://sportsplusdenver.com)

TREADS BICYCLE OUTFITTERS  
16701 E ILIFF AVE  
AURORA CO 80013  
303-750-1671  
[treads.com](http://treads.com)

TREADS BICYCLE OUTFITTERS  
16701 ILIFF  
AURORA CO 80013  
303-690-2900  
[treads.com](http://treads.com)

TREADS BICYCLE OUTFITTERS  
3234 S WADSWORTH BLVD  
LAKEWOOD CO 80227  
303-781-1162  
[treads.com](http://treads.com)

## DBTC Members Joining/Renewing in April

GREG AND ANNETTE BACON  
GARY BEASLEY  
PAT COLAN  
DAVID HARMAN  
GARY HOLMES

SANDI JONES  
HENRY MALMGREN  
KAREN MEYERS  
DAVID ORRINO  
RONNIE ROSENBAUM

GARY ROSSMILLER  
ELAINE ROUSH  
LISA SCHWARTZ  
KAREN SKIDMORE  
LEILANI WITT

## NBG Mayor's Sustainability Tour Led by Steve Stevens



<http://bikeroute.com/NationalBicycleGreenwayNews/2014/04/22/golden-co-kicks-off-2014-mayors-ride-for-thomas-stevens-130th-and-earth-day/>

Steve Stevens led the NBG Mayors Sustainability Tour for Thomas Stevens' 130th anniversary. They visited historic sites around the Golden area, from the Welch Ditch built in 1872 to current sustainable housing designs and alternate transportation options.

At Golden Oldy, they viewed the historic evolution of the bicycle from 1868 through 1899.... Reflecting upon it's amazing inventions including the 50 inch Columbia Standard bicycle – from 1879 – at the Thomas Stevens ride display.

The temps for the ride were in the 70s and even hit 80, unlike last year's NBG / Earth Day Ride which started out sunny and warm then dropped to 20s with snow and wind. Maybe Mother Earth was trying to remind us who is in control?

## They came from near and far for the Westminster Hidden Gems Ride!

Jeff Krinsky



*There were three flats, and a spill was taken, but a great time was still had by all!*

*Three brothers came all the way from Colorado Springs to ride with us and then joined the DBTC!*



## A Note to... (our Awesome) Ride Leaders

Lise Neer [guestrelations@dbtc.org](mailto:guestrelations@dbtc.org)

Many of you have been very conscientious about sending in your ride signup sheets, and we thank you! There have been some questions about this new request, so here's the thing. . . .

As you know, we welcome any and all guests on our scheduled Club rides! And we'd especially like to reach out to our guest riders (who have checked "NO" on the signup sheet as to whether they are a member of DBTC).

Our Club's insurance policy stipulates that non-members can participate in one scheduled Club ride; if they want to go on more rides with us, then we need to encourage them to join the DBTC. And we can always use more members!

Some of the ride leaders have asked where to send these ride waivers that have guest info on them. Lise Neer has agreed to be Guest Relations Ambassador, and has an email address you can send these to: [guestrelations@DBTC.org](mailto:guestrelations@DBTC.org).

These ride waivers should include guests' email address and/or phone number to enable us to contact said

guests and invite them to join the club. If you can't get this information, don't sweat it, but just know that if anything were to happen, such as a crash with injury(ies), the insurance carrier will be looking at these waivers and determine whether to provide liability coverage depending on membership status of the riders involved in the incident.

So, we ask that you send in ONLY those waivers that have guests' contact info, and when passing the sheet around, a gentle reminder such as "our insurance policy requires this" should encourage riders to check YES or NO for membership status.

### And one more thing...

Having their emergency contact number, (or "ICE" = In Case of Emergency, which many folks now have in their cell phones) is also a good idea for the general safety and communication of the group while out on a ride. You just never know when it will come in handy!

# Guide to Reading the Ride Schedule

by Patty Gaspar

Each leader determines the rating and mileage for the ride. They try to be accurate, but their idea of hills might differ from yours! Some leaders are more supportive than others. Some leaders are way out front; others lead from the middle of the pack. Please be flexible. Much of the fun of riding with the club is exploring new trails with different people. Ride leaders and/or the riders reserve the right to modify the route selection due to rider attendance, skill levels, weather conditions or the whining of other riders. Keep the leader informed if you decide not to ride with the group.

Pace of Ride	Difficulty of Terrain	Distance	Quadrant of City	Departure Time
Roses – Leisurely (Avg. 8-10 mph) Fun – Comfortable (10-12) Int. – Brisk (12-16) Road – Fast (16-20+) ATB – Unpaved Roads MTB – Mountain Bikes	H1 – Flat H2 – Some Hills H3 – Hilly H4 – Serious climbs Two ratings: technical skill T1 to T4 and Physical exertion P1 to P4	This is an estimate – options may be offered	NW NE SE SW W	Arrive early enough to unload your bike and be ready to leave at the time shown.

## Pace of Ride:

This is an average pace, not a maximum speed. Pace will vary with terrain.

“ROSES” OR LEISURE 8-10 mph. Leisurely pace, frequent stops, good place to start

FUN 9-12 mph. Moderate pace, frequent stops, focuses on group ride.

INT 12-15 mph. Intermediate, steady pace with fewer stops for more advanced riders.

ROAD 15+ mph. Vigorous pace with only occasional stops for advanced riders.

MTB or ATB Mountain bike ride – terrain determines pace.

## Difficulty of Terrain

H1 Mostly flat to rolling with an occasional hill

H2 Mostly flat or rolling with moderate hills

H3 Quite hilly or some long and/or steep hills

H4 Serious climbs – remember, we are in the Rocky Mountains

## ATB Terrain Rating - Mountain or Hybrid Bikes

H1 Non-technical trails, gentle climbs, gravel or dirt roads/trails, few obstacles.

## MTB Technical Rating and Physical Exertion Rating - Mountain Bikes Only

T1 Easy technical ride. Flat, moderate single track or trails - suitable for beginners.

T2 Moderate technical ride. Single track, some bumps, maybe a sharp turn or two - expect to break a sweat.

T3 Very technical, single track, ruts, rocks and obstacles. Might fall off bike - expect your legs to burn.

T4 Extremely technical with tight, difficult single track, large obstacles, ruts, logs, rocks. You'll wonder why you picked up this crazy sport!

P1 Not too difficult – P4 Demands excellent physical condition, i.e. a trail might not be technically difficult, but it might be physically challenging.

## Estimated Distance

This is the estimated distance in miles (MTB rides may not have a mileage designation) but actual ride distance can vary.

## Quadrant of City – SW, NW, NE, SE, W

Note the quadrant of the metro area for the meeting place. The North/South dividing line is Colfax. The East/West is Broadway. W indicates in the foothills or mountains. This is simply to help you locate the starting point on your DBTC map. We try to spread the rides throughout the metro area. You can go to [www.DBTC.org](http://www.DBTC.org) for the most common starting locations and print a map from your home to the starting point.

## Examples

**FUN-H2-25-NW** Fun ride from Olde Town Arvada out the Ralston Creek Trail and back.

Expect to ride about 10-12 miles per hour with some climbing. A pleasant ride and the group will probably have lunch afterwards.

**ROAD-H1-55-NE** Road ride from Denver to Fort Lupton and back. Expect to ride 20 MPH or more on flat road. No beginners on this ride.

**FUN-H4-20-NW** Fun ride from Prospect Park up Lookout Mountain.

Expect to do some serious climbing. Lookout Mountain is a steep, narrow road, but the pace will be slow with frequent stops for the slower riders to catch up.

- If this ride is rated INT-H4-20-NW expect fewer stops on the ride up and the group may meet you on the way back if you fall too far behind.

- If this is rated ROAD-H4-20-NW expect the riders to meet in the parking lot and go straight up the hill.

**MTB-T3-P3-NW** MTB ride at White Ranch.

Expect to climb up a trail. This is not a ride for your first outing. Mountain bikes only.

**INT-H2-35-SE** Intermediate ride from South High School to Cherry Creek Reservoir.

Expect to ride at a steady pace without a lot of breaks. There are some climbs on this route, but nothing like Lookout Mountain.

*Safety Issue, from pg. 1*

4: Use proper hand signals for right turn, left turn, and STOP.

5: Ride leaders – when crossing busy streets, and at traffic lights, regroup and wait at a safe place until the last rider has safely crossed the street. Do not force riders to cross red lights to keep up.

6: Do not follow too closely to the rider in front of you. Leave adequate space for unexpected situations and sudden braking.

7: When appropriate, acknowledge and say "Thank You".

8: Pull completely off the trail or road to stop and regroup – we are not the Denver Blocking Trail Club.

9. Pass information forward and back – i.e., "rider passing", hand signals, "car back" – so everyone in the group gets the message.

10: Practice Situational Awareness, Common Sense, and Courtesy. No rider can plan for what lies ahead on the road. With a little knowledge and some forward thinking, you can make intelligent last minute decisions that will keep you—and the rest of your group—on the bike and off the ground.



*Rider points out road hazard*

## **Encounter an Aggressive Driver While On Your Bike?**

Like motorists, cyclists are entitled to report aggressive drivers to the Colorado State Patrol by calling \*CSP on their cell phones. The State Patrol enters complaints from \*CSP calls into a database. After three complaints, the registered owner of the vehicle gets a letter from the state patrol. After five incidents, a trooper will personally contact the registered owner.

### **To take a complaint, the state patrol needs:**

- The location of the incident.
- The license plate number and description of the vehicle in question.
- The direction of travel and actions of the driver.
- The complainant's name and phone number (you may remain anonymous)

*Guide to Reading the Ride Schedule, from pg. 7*

The rating system is just to give you an idea of what to expect. **ROSES, LEISURE and FUN rides** are very supportive with frequent breaks to re-group. A FUN-H1 ride would be at a leisurely pace along one of the flat bike trails. A FUN-H3 would be much more challenging. Please read the ride description, because one person might label a ride a FUN ride that someone else would consider an INT ride. For a FUN ride you can use a road bike, a hybrid or even a mountain bike.

**There is a fine line between a long fun ride and an intermediate ride.** If the riders who show up for a FUN ride are ALL faster riders, the pace may be the INT speed. If it is a large group, some of the riders may be riding at a faster pace. FUN rides incorporate stops to regroup. If you don't plan on completing the entire ride, be sure to let the ride leader know so the group doesn't wait for you.

**INT or Intermediate** rides are intended to be at a faster pace or on more difficult terrain than FUN rides. Many riders cannot keep the pace on a mountain bike. Intermediate rides will be more supportive than ROAD rides, but you are expected to be able to keep up with the group.

**ROAD rides** are fast-paced and intended for riders in good physical condition. It is assumed that riders will be able to read a map if offered, comfortable to proceed at their own pace, be competent to fix flats, and can do their own mechanical work if necessary. Those who ride at a slower pace are welcome. However, they may be riding alone sometimes and are urged to attend with a friend who rides at a similar speed. Road riders at times do not ride as a group and sometimes split off the agreed-upon route.

Some of the INT or ROAD rides feature a lot of elevation gain so the pace will be slower.

**Some rides will have a dual designation FUN/INT or INT/ROAD.** There might be mileage options. When you read the text you'll find that there might be two leaders for this ride and they expect the group to split between faster and slower riders. Other times the leader wants to warn you that even though it's not quite an INT ride it is not suitable for a beginner. An INT/ROAD welcomes people who want to ride faster or climb harder, but aren't necessarily roadies. If in doubt, contact the ride leader and ask.

**MTB or Mountain biking** is becoming more popular every year. We have two classes of Mountain Biking - ATB means a hybrid or cross bike with tires suitable for gravel roads and paths would be an option and MTB refers to your suspension mountain bike. MTB rides require a mountain bike. Technical rating and physical exertion are a matter of opinion and depend highly on route conditions. Please pay attention to the rating. Many of the rides will be listed with multiple ratings - they may have a T1, P1 for an easy ride option and a T3, P4 for the GONZO option. The riders can do either option. Watch for MTB clinics so that you can improve your technical skills to ride more difficult trails.

**Most of all - HAPPY PEDALING!!**

# DBTC SPRING – SUMMER 2014 50th Season!

Spring has sprung and we will have some beautiful riding weather – not too hot, not too cold. Let's hope not too rainy.

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If you'd like to include an activity in the newsletter, please email it to [ridecoordinator@dbtc.org](mailto:ridecoordinator@dbtc.org) by the 20th for the next newsletter or contact Patty at 303-989-8268.

Many of our members love winter sports and want to continue enjoying the outdoors with their DBTC friends. The DBTC Message Board will be our main means of communication through the winter months. If you'd like to post an event, simply go into the site. Remember not all members have email so if you have it in the newsletter all members are notified.

**Rides are cancelled** if the temperature is below 40 degrees at start time or it is raining or snowing. Be ready to start at the time listed – tires pumped up and bike ready. The ride leader is not a mechanic so if your bike needs repair, please take it to the shop.

**Ride Locator:** There is a guide to the most frequent start locations on our website – [www.dbtc.org](http://www.dbtc.org). It provides the information you need to use Map Quest or Google Maps to make a map to the starting location.

If you'd like to include an activity in the newsletter, please email it to [ridecoordinator@dbtc.org](mailto:ridecoordinator@dbtc.org) by the 10th for the following newsletter or contact Patty at 303-989-8268.

## DBTC's E-Mailing Lists

Get late breaking news, last minute ride updates, and short-notice of weekday rides, all e-mailed directly to you as soon as the information is posted. If the weather is "iffy", a ride leader can post a notice to let you know if the ride will go or be cancelled.

**DBTC Message Board** is the DBTC General E-Mail List. To join, send an e-mail to: [ColoradoBicyclist-subscribe@yahoogroups.com](mailto:ColoradoBicyclist-subscribe@yahoogroups.com)

## DBTC Mountain Biking E-Mail List

To join, send an e-mail to:  
[COmntbikers-subscribe@yahoogroups.com](mailto:COmntbikers-subscribe@yahoogroups.com)

**Twitter** account is @DenverBikeClub – note that many members do not tweet.

**DBTC Meetup group** at [www.meetup.com/Denver-Bicycle-Touring-Club/](http://www.meetup.com/Denver-Bicycle-Touring-Club/) be used to post rides as well. Once you have posted your ride, we will review the ride information to be sure it complies with the club requirements then upload it to the MeetUp web site where you can edit your ride. MeetUp is open to the public and can increase the number of riders on your rides and, hopefully, club members. Rides cannot conflict with the ride schedule. If you have registered with MeetUp, we will post your scheduled rides.

**We are also on Facebook** if you want to share pictures or bike related news.

The DBTC Website operates independently from the Yahoo Groups. The Yahoo Groups send only e-mail messages concerning some upcoming events. The DBTC monthly Newsletter, The Colorado Bicyclist, is sent to you from the DBTC Website via e-mail only if you have so requested.

**You can join any or all groups.** After you send the e-mail requesting to join, you will be contacted via e-mail with a confirmation. If you'd like to post an event, simply go into the site. Remember that only club-related activities can be posted. We reserve the right to cancel any posting we don't think is appropriate. See the website for posting rules.

## Please Note;

Joining Facebook or any other group does not make you valid member of the DBTC.

If your e-mail address changes, you must send your new e-mail address to the DBTC webmaster ([webmaster@dbtc.org](mailto:webmaster@dbtc.org)). The DBTC monthly Newsletter, The Colorado Bicyclist, is sent to you from the DBTC Website via e-mail only if you have so requested.

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## Guidelines for Posting a Last-Minute Ride (via MeetUp or Yahoo)

Dale Trone

The purpose of the schedule is to allow us to provide a variety of rides throughout the metro area. Depending on last-minute rides does not meet that goal; however, there are times when no ride is scheduled within a reasonable driving distance so you might want to add an alternative.

### The guidelines for posting last minute rides are:

1. The leader must be a member
2. There can't be a similar ride on the published schedule
  - a. Geography – a ride in Parker is NOT similar to one in Golden

- b. AND start time – a 9 AM ride is NOT similar to a 3 PM ride
  - c. AND speed type – ROAD and FUN rides are NOT similar
  - d. AND distance – a 35 mile ride is NOT similar to a 20 mile ride
3. When a last-minute ride appears to fall into the gray area such as 20 vs 25 miles, FUN rides starting an hour apart with start locations both in Aurora, then contact the scheduled ride leader to see if s/he feels the ride would compete. It might be better to simply join the other ride.

# June 2014 Ride & Event Schedule

## Spring/Summer Riding Guidelines

**Weather:** No thunder, lightning or rain  
**Clothing:** wear layers and SUNSCREEN!  
**Other:** bring water, repair items and a snack

**ROAD RIDES:** All road rides are posted on the DBTC MeetUp group <http://www.meetup.com/Denver-Bicycle-Touring-Club/> To receive credit as a leader you must submit a completed waiver form with at least 3 signatures.

**Sunday, June 1st** **FUN-H2-30-SW 8:00 AM** Meet *Gaar Potter* (303-691-0938) at the Stone House (2900 S. Estes Street, Lakewood, CO 80227, Just South of Yale, about a mile West of Wadsworth) for a ride to Chatfield Dam via Bear CK – Platte trails returning DIRECTLY THROUGH THE W. LITTLETON MAZE. Never been done – make sure your affairs are in order.

**FUN H1-20-NW 9:00 AM** Meet *Jeff Krinsky* (720-373-9107) at Prospect Park for the GREAT JOKE RIDE!! Experience this classic DBTC ride on the trails of Ralston Creek and Clear Creek as we share our favorite jokes, riddles, and anecdotes at each rest stop. Join us and learn the answer to the age old question of “Why did the cyclist cross the road?” I am not joking when I say that prizes will be awarded to all participants!

**FUN-H1-35 to 50-NE 7:30** Meet *Doug Schuler* at Cake Crumbs Bakery and coffee shop located at 2216 Kearney Street Denver. And be back to the start no later than noon. The length will be from 35 miles up to 50. The routes are all on city streets or county highways going east as far as Strassburg. These rides are also posted at Cake Crumbs, Estrella Bike shop, Denver Bicycle and the Bike Depot for non-club members

**INT-H1-30-SE 9:00 AM** Meet *Ellen Chilikas* at Village Greens Park at the northeast corner of Union and Dayton near Cherry Creek reservoir. We'll ride through the park and then down Jordan Rd to the Cherry Creek bike path into Parker. Our destination is the Parker farmer's market. We'll shop some and then head back, using signposts rather than maps.

**MTB, P3, T2, 10:00 AM, Alderfer/Three Sisters in Evergreen.** THE RIDE: Join *Fred Berry* (720-840-8596) for this great ride in mostly forest shade. Let's try something different for this ride. Everyone that's fit/ready for a more aggressive ride will follow Fred. For those interested in a more moderate pace, we'll pick a ride leader from those that show up. THE DIRECTIONS: Go to the signalized “T” intersection in downtown Evergreen, then south on Hwy 73 for 2 mile to another signal. Turn right (west) on Buffalo Park Road for 2.2 miles and enter the upper parking lot just beyond the bright yellow house in the meadow. THE FOOD: Lunch at a local spot.

**Monday, June 2nd** **FUN-H2-25-NW 9:00 AM** Meet *Dave Grimes* (303-986-7666) at the Wheat Ridge Rec Center (40th & Kipling). Ride is on paved paths with a few streets. Route will be down Clear Creek Trail to Little Dry Creek Trail and up Little Dry Creek Trail to Wadsworth and 80th >80th to Simms > south on Simms (screaming downhill) to Ralston Creek trail >Clear Creek trail > back to Wheat Ridge Rec Center. Lunch afterwards is at the Village Inn, Kipling & I-70. 10% discount for seniors.

**Wednesday, June 4th** **“Roses” H1-12-SW 9:00 AM** Meet *Judy Deist*, 303-841-4792, CP 303-906-4305 for a ride up lovely Waterton Canyon. South on Wadsworth past Chatfield State Park, L on Waterton Rd 1/8 mile to the parking lot on the left. Bring a snack and money for an optional restaurant lunch following the ride.

**FUN/INT-H2/3-18-SW 10:00 AM** Join *Kathy Stommel*, 719/671-5579 and *Joe Stommel* 719/229-1997, at Flyin' B Park, 62 Plaza Road, Highlands Ranch. Directions to start: From C470, take Lucent Blvd exit south to Plaza Dr (1st stop lights); turn right onto Plaza Dr (heading west) to end of road where Flyin “B” Park will be on your left. If you reach entrance to Windcrest Senior Complex or C470 underpass, you have gone too far. We will start from the old white ranch house in the center of the park. Route will follow the Chatfield perimeter road to the south marina where we will take a break to feed the huge carp that hang out in the marina area. Return will retrace the same route. Optional lunch is at NoNo's Cafe just 1/2 mile north of the start/finish.

**MTB, P2, T2, 6:00 PM**, North Table Mountain. SHOW AND GO. Meet at the secret lower parking lot, which is reached by traveling north on Hwy 93 to the north end of Golden. You will see a large sign that says APine Ridge Road B Ford Street.@ Turn right and go a couple of blocks to Wyoming. Turn left and drive through the residential area until you see a parking lot on your left sandwiched between two single family houses.

**Saturday, June 7th** **FUN-H2-25+NW 9:00 AM** Meet *Tom Hurja* (303-903-4449) at 10151 W 26th Ave, W of Kipling, far west side of parking lot, down from Davies Chuck Wagon, for a ride through tree-lined neighborhoods to REI, where we'll have a quick stop, then on to N Platte River Bike Path to 12.5 miles, or further as the group wishes. Turn around and ride reverse route. Choose a nearby public eating house. Bring lock and funds for a meal if you wish.

**INT-H3-25-W 8:30 AM** Meet *Mary Jenkins* at the parking lot across from the Conoco Gas Station just off the Morrison exit. We will ride thru Red Rocks, up Lookout Mt from Route 40 then into Bear Creek for a ride with lots of challenging hill climbing.

**MTB, P3, T2, 10:45 AM, Colorado Trail at Buffalo Creek.** THE RIDE: Join *Jim Black* (303-733-7312 or cell: 303-888-3312) for a ride through the trees to the Meadows Campground and back, with an optional loop on the Green Mountain trail. Go to <http://www.frmbp.org/maps.html> for a map of the Buffalo Creek Mountain Bike Area. (Note: This ride was originally to have been at Heil Valley Ranch. However, large parts of Heil are closed due to flood damage.) THE DIRECTIONS: Head west from Denver on U.S. Highway 285 to Pine Junction. Go left (south) on Jefferson County Road 126. Continue south on 126, going through the town of Pine and the hamlet of Buffalo Creek. Travel four+ miles past Buffalo Creek on County Rd 126. Shortly after the crest of a VERY long hill, turn west on Forest Road 550. There is a good parking area on the right, a short distance in from the highway. Note that this is a pay lot. There is also free, though limited, parking along 550 just before the entrance to the parking lot and also in a couple spots on the left a short way past the entrance. Carpool at 10:00AM from the Fort Restaurant on Hwy 8, just north of Hwy 285. THE FOOD: Bring tailgate picnic food for post-ride. Bring meats, cheeses, chips, dips, caviar, Twizzlers, sour gummy worms, beverages, cookies and other desserts - or whatever you like - to share. Also, bring a folding chair if you have one.

**Sunday  
June 8th** **FUN/INT-H2-30-NW 9:00 AM** Meet *Merri Bruntz* (303-517-9781) at Twin Lakes Park (70th & Broadway) for a ride west on the Clear Creek Trail to Golden. We will then ride back east on 32nd and 26th to Crown Hill, through Wheat Ridge neighborhoods and back to the trail riding east back to the start.

**INT-H1-2-40-NW 9:30 AM** Meet *Judy Schure* (303-748-4347) at the Twin Lakes Park (west on 70th from Broadway, Denver, 80221) for an out and back to Golden via the Clear Creek trail. Beverage and lunch stop at Mountain Toad Brewery. Bring your own lunch or buy from food truck on site.

**Monday  
June 9th** **FUN-H2-20-SW 9:00 AM** Meet *Wayne Tomasello* (720-854-8767) at SW corner of Kipling and Jewell, Lakewood, at Safeway Shopping Center (the closed Performance Bike Shop) for a ride on the Bear Creek Trail to the Platte River Trail to the Sanderson Gulch Trail. An optional lunch is at Café Jordano.

**Weds.,  
June 11th** **FUN/INT-H2-15+-SW 8:30 AM Highlands Ranch Mansion Ride** Meet *Carol Bennett* (H 303-470-2830 C 720-425-6124) at the Target Parking lot. Exit C470 at Lucent and head south about 1/2 mile and turn L on Sgt Stills RD (aka target parking lot). Follow and park at the southern most area of the lot just north of Kaiser. Lunch at is a restaurant in the area or buy lunch then ride to my house and have lunch while enjoying a view of the Front Range - we can decide that day.

**"Roses" H1-18-SE 9:00 AM** Meet *Anne Layshock*, 303-771-6353 in the East parking lot on the SE corner of Cherry Creek Mall, for a ride on the Cherry Creek Trail & Highline Canal to Bible Park and on to Hampden Heights to return to the Cherry Creek Trail. This is a loop ride, gradual uphill, downhill all the way back. Bring a snack and money for an optional lunch following the ride at Johnny Rockets.

**MTB, P2.5, T2, 6:00PM, Green Mountain.** SHOW AND GO. Meet at the Florida trailhead, at the top of Alameda Boulevard at the intersection of West Florida Drive and Alameda Boulevard in Lakewood

**Saturday  
and Sunday,  
June 14-15** *Darrell and Jean Deering* will host their Indian Creek campout again this year. They will be camping Friday and Saturday night. Darrell will lead mountain bike rides on Saturday and Sunday. Jean Deering will be hiking Saturday and Sunday for those that just want to enjoy the area on parts of the same trails. Camping is limited and there are no reservations. Each biker/hiker who wants to camp should probably arrive Friday afternoon to get a campsite. For those driving up for the day, there is a small charge for parking at the Indian Creek Camp parking lot. Call Darrell Deering for further details (303-697-6126 or (cell) 303-903-0239) before June 13.

**Saturday,  
June 14th** **FUN-H2-12(20)-NW 9:00AM** Meet *Bill Orchard* (303-929-5788) and Fred Sumner at the Olde Town Arvada Park-N-Ride at 55th and Wadsworth for his 15th Annual Fathers Day Eve Ride (Saturday not Sunday this year). It will be a 12 mile fun ride on Van Bibber and Ralston Creek Trails as well as on the newer Interurban Trail in Arvada. 20 mile option is available. The ride is free and includes the map, expert guide, sunshine, snack stop, sweep and great scenery. Come and enjoy, look for a few surprises. Lunch after the ride in Olde Town. Fathers ride free!

**FUN-H2-16-SE 9:00 AM – THREE CREEKS** Meet *Dick Shelton* (720-934-9824) at Treads Bicycle Outfitters, (16701 East Iliff Ave, just West of Buckley Road) for a 16-mile ride along Toll Gate and Unnamed Creeks...then an eastward extension to Coal Creek - site of the future Triple Creek Trail. Includes one Flat 14er climb on the Conservatory West Trail. We are joining BIKE AURORA on their ride.

**INT-H4-21-SW 9:00 AM** Meet *Dave Grimes* (303-986-7666) at Fox Hollow Golf Clubhouse parking lot. Fox Hollow is on Morrison Road, a half mile west of Kipling. This is a rigorous hilly ride, through Bear Creek Lake Park, up Rooney Road then over the Hogback. From there, through Red Rocks Park to Morrison, then into Bear Creek Lake Park, over Hampden to a path that leads to Quincy. East a short distance on Quincy to Kipling. That's the end of the hills. North on Kipling to Bear Creek Path to start. We can do lunch at the clubhouse or Moe's barbecue. Join me on my new electric assist bike.

**MTB, P3, T3, 10:00AM, Indian Creek.** THE RIDE: Meet *Darrell Deering* at the Indian Creek Campground parking lot to ride the 800 trail loop with an overlook of Waterton Canyon on the north loop. A map will be available. THE DIRECTIONS: The Indian Creek Campground, Pike National Forest, is about 12 miles west of Sedalia on Hwy 67. Sedalia is located on Santa Fe/Highway 85 about 10 miles south of C470. THE FOOD: Bring snacks and chairs for after the ride.

**Sunday,  
June 15th**

**FUN-H1-35-50-NE 7:30 AM** Meet *Doug Schuler* at Cake Crumbs Bakery and coffee shop located at 2216 Kearney Street Denver. And be back to the start no later than noon. The length will be from 35 miles up to 50. The routes are all on city streets or county highways going east as far as Strassburg. These rides are also posted at Cake Crumbs, Estrella Bike shop, Denver Bicycle and the Bike Depot for non-club members

**FUN-H1-22-SE 8:00 AM Juneteenth 5 Points Ride** Meet *Gaar Potter* (303-691-0938) at Congress Park Pool (enter off of Josephine, 1 block north of 8th Ave.). We will meander north to the 5 Points area. You will be pleased by the cool, early start, the quiet, shady streets and the beautiful old houses. Then we sneak into Globeville and Swansea and return through Park Hill. Naturally, we will also drop by Riverside Cemetery.

**FUN-H1-20-NW 9:00 AM** Meet *Howard Bagdad* at Prospect Park for just a simple out to the Platte River and back. Lunch afterwards at Subway.

**MTB, P3, T3, 9:30 AM, Indian Creek.** THE RIDE: Meet *Darrell Deering* at the Indian Creek Campground parking lot to ride the Ringtail Trail into Douglas Open Space, into the south end of Roxborough State Park and return on the 800 trail. The Ringtail Trail is located about 1 mile from the Indian Creek Campground on the 800 trail. A map will be available. THE DIRECTIONS: The Indian Creek Campground, Pike National Forest, is about 12 miles west of Sedalia on Hwy 67. Sedalia is located on Santa Fe/Highway 85 about 10 miles south of C470. THE FOOD: Bring snacks and chairs for after the ride.

**Monday,  
June 16th**

**FUN-H2-20-SW 9:00 AM** Meet *Wayne Tomasello* (720-854-8767) at Sweet Tomatoes Parking lot. Directions to the starting point: From the corner of Bowles & Wadsworth go East on Bowles to Long Dr. near the public library. Go left (North) onto Long Dr. and look for Sweet Tomatoes on the left. We will park in the lot of Sweet Tomatoes for a ride through Clement Park to Kipling to C-470 trail to lake Chatfield to Platte Canyon back to Clement Park. Most of this ride in on paved bike trails with some paved and dirt street riding. Lunch after the ride at Sweet Tomatoes.

**Wednesday,  
June 18th**

**"Roses" H1-20-SE 9:00 AM** Meet *Julie Brown*, 303-988-5941 in the Parking Lot at Bible Park. (From Yale and Monaco, go east and turn south into the parking lot.) This is an out-and-back heading east on the Highline Canal. We will ride to Fairmount Cemetery to view some of the 59 varieties of heritage roses. Bring a snack and money for lunch after the ride. Please arrive early, as we will leave at the designated time.

**FUN-H2-22ish-NW 9:30 AM** Meet *Dave Noble* (home 303-694-2008, 303-906-3163 cell) to ride the Signal Ditch trail, Brantner Gulch trail, Platte River trail, Riverdale Road, and Grange Hall Creek trail. Lunch afterwards is at Cinzetti's restaurant. (Directions to start: From I-25 and 104th – exit 221 – go west and take first north/right turn into the Marketplace Shopping Center. Drive north to rear of shopping center and park in front of Cinzetti's.)

**MTB, P2, T2, 6:00 PM, Lair of the Bear Open Space Park.** SHOW AND GO. Meet at the parking lot on the south side of Highway 74 about five miles west of Morrison.

**Thursday,  
June 19th**

**MiniCrew:** MiniCrew is a small group of mostly mountain bikers which works in conjunction with Jefferson County Open Space to maintain local trails on the 3rd Thursday evening of each month, May thru September. We don't get details of where we are working until it's almost time for the event, so it's important that you use the website [www.minicrew.org](http://www.minicrew.org) for sign up. This allows us to get in touch with you via e-mail, usually by Monday of the week we will be on trail. This also allows Jefferson County Open Space trails staff to get our MiniCrew to spots that need some immediate repairs. All the locations are close to Golden, so we can get a few hours on trail after work and before the sun goes down. If you have trouble with the sign up, please contact *Fred Berry* at 720-840-8596 or [fred.berry@gmail.com](mailto:fred.berry@gmail.com).

**Saturday,  
June 21st**

**FUN-H2-20-SE 9:00 AM – Farmers Market** Meet *Linda Lewis* at Treads Bicycle Outfitters, (16701 East Iliff Ave, just West of Buckley Road) for an easy ride with Linda Lewis to Cherry Creek and take a break to enjoy the Farmer's Market. 20 miles, mostly flat - there is one short climb on the return. We are joining BIKE AURORA on their ride.

**FUN-H2-20 to 25-NW 9:30 AM** Meet *Wes and Dianne Chowen* (303-204-5887) at City of Cuernavaca Park for a ride exploring the Gold Line commuter rail construction. Plan on lunch afterwards.

**INT-H4-45-W 9:00 AM** Meet *Diane Short* at the soccer field 2 blocks west of Jenny's in Empire on Bard Creek Rd. Climb Berthoud Pass over to Winter Park and Fraser. Stop for a light lunch and climb back over. Stop at Jenny's for pie at the end of the ride. Riders need to call to confirm that they are coming no later than Thursday before the ride so I will know if it is a 'go. Diane Short 303-763-9874

**COLORADO TRAILBLAZERS:** Please come out to help build a new trail with the Colorado Trailblazers! Our second trail building day of the season is on June 21st at Reynolds Park in Jefferson County. The new Reynolds to North Fork Trail will serve to:



- 1) establish a regional connector trail to the west end of section 1 and east end of section 2 of the Colorado Trail at the South Platte for non-motorized trail users;
- 2) open Reynolds Park as a trailhead for MTB riders; and
- 3) conceptually provide a foundation for additional trail alignments to section 2 of the Colorado Trail and loops to trails in the Buffalo Creek Recreation Area.

The new trail will have approximately 10 miles of varied terrain, composed of recovering burned hillsides with spectacular views to rocky features on steep hillsides, and a ponderosa forest canopy. In order to have enough crew leaders, tools, food and beverages, we need everyone to sign up (no charge) at [www.coloradotrailblazers.org](http://www.coloradotrailblazers.org). All details will be provided on the sign up website for time, location, etc. If questions, please contact *Fred Berry* at 720-840-8596 or [fred.berry@gmail.com](mailto:fred.berry@gmail.com). Trail Days for 2014 are: June 21st, July 19th and the Epic at Buffalo Creek mountain bike festival the weekend of September 12 - 14. Online registration for the first three Trail Days are open on the [www.coloradotrailblazers.org](http://www.coloradotrailblazers.org) website. The Epic at Buffalo Creek will be up on August 1st, 2014. Mid-week trail day events are in the planning stages and will be scheduled soon. Make plans now to come out, join us and have some fun building and riding new, challenging trails to demonstrate the passion of MTB's, youth groups, runners and hikers for giving back to our local community!

**Sunday, June 22nd** **FUN/INT-H2-23-NW 9:00 AM** Meet *Jeff Krinsky*, 720-373-9107 at Prospect Park (by the picnic shelter) for an exciting ride to the Golden Circle and over the death defying Arvada Reservoir! All survivors will be rewarded with a cold bottle of water and a sense of accomplishment!

**INT-H1-35-SE 9:00 AM** Meet *Ellen Chilikas* at Village Greens at the northeast corner of Union and Dayton. BIONIC RIDE - A RIDE FOR PEOPLE WITH REPLACEMENT PARTS! This is a ride for people with something artificial in their bodies - a new knee or hip, even a root canal or a crown will work. Healthy people are also welcome to join us. Meet Ellen Chilikas and we'll discuss our replacement parts and then do a flat ride through the reservoir and down to Parker. A first aid-related prize will be given to the most bionic person! We will use signposts rather than maps.

**MTB, P2.5, T2.5, 10:30 AM**, Bailey, Colorado Trail, Redskin, Gashouse, Miller Gulch. THE RIDE: Join Ride leader *Dick Plastino* (303-988-5359) for a 16 mile lollipop ride starting on the Colorado Trail heading for upper Buffalo Creek, but then cutting over to Redskin, Gashouse and Miller Gulch and then catching the shooting range road back to the Colorado Trail. THE DIRECTIONS: Drive to Bailey on Highway 285. The moment you enter town, turn left on Park County Road 68. The Rustic Station restaurant is on the corner. Drive south 8.0 miles on 68. The parking lot is on your right. Carpool at 9:45 AM from the Fort Restaurant on Highway 8, just north of Highway 285. THE FOOD: TBA.

**Monday, June 23rd** **Fun-H2-22-NW 9:00 AM** Meet *Wayne Tomasello* (720-854-8767) at Cinzetti's Restaurant off 104th at I-25 for a ride along the Farmers Highline canal to Standley Lake. The ride is on mostly paved bike path with some dirt path. There is some street riding. Lunch after the ride is at Cinzetti's.

**Wednesday, June 25th** **FUN/INT-H2-25-Central 9:00 or 9:30 AM** Meet *Patty Gaspar* 303-618-5069 at 9 at the Civic Center by the DBTC Booth at Bike to Work day. Come early to get free food from vendors and check out the other booths. You can take light rail or the bus downtown. Or meet us at 9:30 (TEXT OR CALL ME SO I KNOW YOU ARE THERE) at the foot of the pedestrian bridge over the highway (half way between the park and REI on W side of Platte St. – look for the big red sculpture). Parking at City of Cuernavaca Park. We'll head out on Tejon to 32nd, then to Independence. Jog around Kipling near 40th & take Clear Creek to Prospect Park and follow the trails back to REI. Out & back, about 25-30 miles. We will be ready for lunch afterwards.

**"Roses" H1-20-SW 9:00AM** Meet *Peggy Occhiato* 303-850-9731 at the Tennis Bubble (Bowles & Federal in Littleton) for a ride along the Platte River Trail. Bring a snack and money for lunch at a favorite eatery following the ride.

**MTB P2.5, T2, 6:00 PM, Green Mountain.** SHOW AND GO. Meet at the Florida trailhead, at the top of Alameda Boulevard at the intersection of West Florida Drive and Alameda Boulevard in Lakewood.

**Saturday, June 28th** **FUN-H2-25+SW 9:00 AM** Meet *Tom Hurja* (303-903-4449) at Bear Valley McDonalds (access via Dartmouth west of Sheridan) for a ride on Bear Creek path to S Platte River path to Chatfield. Return the reverse route. Dine at the New Happy Chinese Restaurant. Bring funds for lunch plus lock for bike.

**FUN-H1-25-NW 9:00 AM** Meet *Cindy Ferry* Gold Strike Park off of 56th and Depew just west of Sheridan Also look at Ride Start Location on our web site. We can ride Clear Creek to Platte River trail, to REI for a short break. then head west on 23rd Ave to Sloans Lake then to Pierce, streets North to Clear Creek trail to Anderson Park, then over to Arvada by street, to the Ralston Creek trail back to the Bridge.

**INT-H2-40 (or less)-N 8:30 AM** Meet *Carol Kennedy* (720-289-9569) at the Platte River Trailhead at 88th and Colorado. We'll ride south to the Clear Creek Trail then west toward Golden and back. Round trip to Golden is 40 miles. We can stop and turn around anywhere on the route.

**MTB, P3, T3, 10:00 AM, Walker Ranch.** THE RIDE: Join *Kathy Basel* (720-217-5692) for this beautiful and adventurous loop. Don't be fooled by the moderate distance (~8mi) It's a tough outing due to a couple of steep climbs and having to port your bike up about 50 rock steps to get out of a box canyon. THE DIRECTIONS: We'll ride from the Crescent Meadows parking lot at the south side of Walker Ranch. Get there by traveling north on Highway 93 toward Boulder. Turn left (west) on Highway 72 and travel 8 miles. Turn right (Crescent Park Drive?) and follow the road to the intersection with the Gross Dam Road. Turn right and follow this road until you cross over railroad tracks. The parking lot is on your right. Carpool at 9:15 AM from Sofa Mart on the north frontage road at the NW corner of Kipling Street and Highway 6. THE FOOD: Tailgate in the parking lot, so bring a little something to share!

**Sunday June 29th** **FUN-H1-35-50-NE 7:30 AM** Meet *Doug Schuler* at Cake Crumbs Bakery and coffee shop located at 2216 Kearney Street Denver. And be back to the start no later than noon. The length will be from 35 miles up to 50. The routes are all on city streets or county highways going east as far as Strassburg. These rides are also posted at Cake Crumbs, Estrella Bike shop, Denver Bicycle and the Bike Depot for non-club members

**FUN-H2-28-NW 9:00 AM** Meet *Merri Bruntz* (303-517-9781) at Prospect Park. We will ride the Clear Creek Trail east to 88th & Colorado and back to Prospect Park. This ride was snowed-out in April so hopefully that won't happen again.

**FUN-H2-22-SW 9:00 AM** Meet *Bob Shedd* (720-290-6014) at the RTD Littleton Downtown Station, on the west edge of the parking lot located at Alamo Avenue & Prince Street. Ride will go south and west on "secret" bike paths (all fully paved) that Bob has scouted in the Columbine and Ken Caryl areas. Optional lunch afterward at Merle's Restaurant on Main Street, within 3 blocks of the starting location.

**Monday June 30th** **FUN-H1-30-SE 9:00 AM** Meet *Wayne Tomasello* (720-854-8767) at Challenger Park on Lincoln Ave near Jordan Rd. for a ride on the Cherry Creek Trail South to Franktown and back. Most of this ride in on paved bike trails with some dirt bike path riding. Lunch after the ride at is at The Champa Street Grill.

*Words from the President, from pg. 1*

always close enough to be found when needed. It was the only scheduled ride on Memorial Day, and we started with 18 riders even though only six had responded to the link. Helen has been taking the class to become one of our out-of-town ride leaders, and I can see that it is paying off.

Thank you to Helen and all the ride leaders out there who show up again and again and do the right thing. We appreciate you.

Don't forget the Summer Picnic on July 19th; it's another chance to celebrate our 50th year of cycling.

– Brad

## DBTC Tribe Romps at Dawson Butte April 27



Taking a trip?  
Going on vacation?  
Taking your bike?

DBTC has bike boxes  
ideal for travel.

Contact Gaar Potter: 303-691-0938  
or gaarpo@comcast.net

## Detour Alert

There is construction on the underpass at 104th Avenue on the Platte River trail. A severe washout also exists about a mile or two south of 104th Ave.; approximately 200' of trail is destroyed, and the trail is out of service from McKay Road to the north side of 104th Ave. A sign posted at Elaine Valente park states that repairs will be completed by Adams County in July.



# 2014 Advance Planning Calendar

<p>June 1 <b>Elephant Rock Ride</b> <a href="http://elephantrockride.com">elephantrockride.com</a> Castle Rock, CO</p>	<p>June 28-29 <b>MS 150 Bike Tour</b> <a href="http://nationalmssociety.org/chapters/COC/index.aspx">nationalmssociety.org/chapters/COC/index.aspx</a> Westminster, CO</p>	<p>August <b>Greenwood Goosechase</b> <a href="http://goosechase.org">goosechase.org</a> Greenwood Village, CO</p>	<p>September 14 <b>Ride Westcliffe Adventure</b> <a href="http://ridewestcliffe.com">ridewestcliffe.com</a> Westcliffe, CO</p>
<p>June 7 <b>Buena Vista Bike Fest</b> <a href="http://bvbf.org">bvbf.org</a> Buena Vista, CO</p>	<p>July 12, 2014 <b>Tour de Ladies</b> Parker, Colorado <a href="http://www.tourdeladies.com">www.tourdeladies.com</a></p>	<p>August 2 <b>Copper Triangle Alpine Classic</b> <a href="http://coppertriangle.com">coppertriangle.com</a> Copper Mountain, CO</p>	<p>September 18-21 <b>Tour of the Vineyards</b> <a href="http://Coloradowinefest.com">Coloradowinefest.com</a> Palisade, CO</p>
<p>June 7-13 <b>Ride the Rockies</b> <a href="http://ridetherockies.com">ridetherockies.com</a> Boulder-Steamboat-Golden, CO</p>	<p>July 12-13 <b>Triple Bypass</b> <a href="http://teamevergreen.org">teamevergreen.org</a> Evergreen, CO</p>	<p>August 2-9 <b>CANDISC - Cycling Around North Dakota In Sakakawea Country</b> <a href="http://parkrec.nd.gov/activities/candisc.html">parkrec.nd.gov/activities/candisc.html</a> TBD, North Dakota</p>	<p>September 19-21 <b>Mickelson Trail Trek</b> <a href="http://MickelsonTrail.com">MickelsonTrail.com</a> Custer, SD</p>
<p>June 14 <b>Starlight Spectacular</b> <a href="http://starlightspectacular.org">starlightspectacular.org</a> Colorado Springs, CO</p>	<p>July 13-18 <b>Tour de Wyoming</b> <a href="http://cyclewyoming.org">cyclewyoming.org</a> Riverton, WY</p>	<p>August 3-9 <b>Colorado Rocky Mountain Bike Tour</b> <a href="http://crmbt.com">crmbt.com</a> Colorado Springs – Crested Butte Loop</p>	<p>September 19-21 <b>Pedal the Plains</b> <a href="http://pedaltheplains.com">pedaltheplains.com</a> Eads, CO</p>
<p>June 14 <b>The Denver Century Ride</b> <a href="http://denvercenturyride.com">denvercenturyride.com</a> Denver, CO</p>	<p>July 19 <b>DBTC Summer Picnic &amp; 50/50 Rides</b> <a href="http://dbtc.org">dbtc.org</a> Prospect Park, Wheat Ridge, CO</p>	<p>August 16 <b>Circle the Summit (aka Bob Guthrie Memorial Ride)</b> <a href="http://Circlethesummit.com">Circlethesummit.com</a> Frisco, CO</p>	<p>September 20-22 <b>Moab Century Tour</b> <a href="http://skinnytirefestival.com">skinnytirefestival.com</a> Moab, UT</p>
<p>June 21 <b>Sunrise Century</b> <a href="http://www.granfondoguide.com/Events/Index/2671/boulder-sunrise-century">www.granfondoguide.com/Events/Index/2671/boulder-sunrise-century</a> Boulder, CO</p>	<p>July 19 <b>Moonlight Classic</b> <a href="http://moonlight-classic.com">moonlight-classic.com</a> Denver, CO</p>	<p>August 16 <b>Tour de Cure</b> <a href="http://diabetes.org">diabetes.org</a> Longmont, CO</p>	<p>September 27 <b>Tour de Cure</b> <a href="http://diabetes.org">diabetes.org</a> Colorado Springs Area</p>
<p>June 21-28 <b>Bicycle Tour of Colorado</b> <a href="http://bicycletourcolorado.com">bicycletourcolorado.com</a> Gunnison, CO (Gunnison – Durango Loop)</p>	<p>July 19 <b>Tour de Steamboat</b> <a href="http://rockypeakproductions.com">rockypeakproductions.com</a> Steamboat Springs, CO</p>	<p>August 23 <b>Venus de Miles</b> <a href="http://venusdemiles.com">venusdemiles.com</a> Boulder County, CO</p>	<p>October 4 <b>Tour of the Moon</b> <a href="http://tourofthemoon.com">tourofthemoon.com</a> Grand Junction, CO</p>
<p>June 25 <b>Bike to Work Day</b> <a href="http://drcog.org">drcog.org</a> Denver Metro area Boulder, CO</p>	<p>July 19-22 <b>Courage Classic</b> <a href="http://couragetours.com">couragetours.com</a> Copper Mountain, CO</p>	<p>September 6 <b>CF Cycle for Life</b> <a href="http://fightcf.cff.org/site/TR/Cycle/22/Colorado_Denver?frid=2546&amp;pg=entry">http://fightcf.cff.org/site/TR/Cycle/22/Colorado_Denver?frid=2546&amp;pg=entry</a> Highlands Ranch, CO</p>	<p>October 4 <b>Santa Fe Gourmet Classic</b> <a href="http://santafegourmetclassic.com">santafegourmetclassic.com</a> Santa Fe, NM</p>
<p>June 28 <b>Tour de Prairie</b> <a href="http://cheyennecity.org/index.aspx?NID=735">cheyennecity.org/index.aspx?NID=735</a> Cheyenne, WY</p>	<p>July 20-26 <b>RAGBRAI</b> <a href="http://ragbrai.org">ragbrai.org</a> Rock Valley, Iowa</p>	<p>September 7 <b>Buffalo Bicycle Classic</b> <a href="http://buffalobicycleclassic.com">buffalobicycleclassic.com</a> Boulder, CO</p>	<p>October 19 <b>Rock 'n' Roll Denver Bike Tour</b> <a href="http://runrocknroll.competitor.com/2012/04/denver/denver-bike-tour_26092">runrocknroll.competitor.com/2012/04/denver/denver-bike-tour_26092</a> Denver, CO</p>