

The Colorado Bicyclist

Newsletter of the Denver Bicycle Touring Club

September 2013

FIRST COME, FIRST SERVED

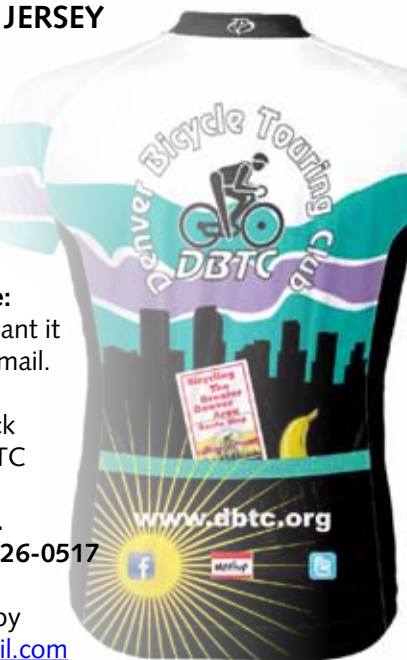
1 2XL NEW DESIGN
MENS DBTC JERSEY
AVAILABLE

\$58.00 – can be
picked up at the
September 9
board meeting

Shipping Charge:
\$12.50 if you want it
shipped priority mail.

Please send check
made out to DBTC
& mail to
PO Box 280577.
Denver CO 80226-0517

(Email Karen Kirby
at kjckirby@gmail.com
when sending payment.)



Volunteer Recognition ~~Dinner~~ Luncheon!

A change is coming.
This year our Volunteer
Recognition Dinner is going
to be a Luncheon. We
are simplifying the event
but still need a couple of
volunteers to help with planning.
Please contact Karen Kirby at
kjckirby@gmail.com to give us a hand.

This year the club will pay for part of
the cost for the luncheon, but you don't
have to bring anything. However, if
you have led 5 rides this year you
will be able to attend at no cost!
Now is the time to contact your
ride coordinator to get those rides
scheduled for October. In the next
newsletter there will be a link so that you
can reserve your place for lunch and pay using the website.



**GET
INVOLVED!**



It's Your Turn!

Applications for Board of Directors

There are several vacancies occurring this year on the current board of directors. If you have considered getting involved in the leadership of our club, now would be a good time to submit your application to become a director. If you would like to discuss being a director, give me a call and let's chat.

Questions?

Ask John Campbell: 303-797-0250

Director candidates will be published in the October newsletter and voting for directors will be in November.

DBTC's Officers

Past President John Campbell president@dbtc.org	303-797-0250
Vice President Guy James vicepresident@dbtc.org	303-321-4607
Secretary Carolyn Bauer secretary@dbtc.org	303-740-8491
Treasurer Karen Kirby treasurer@dbtc.org	303-237-1229
Board Members at Large Doug Schuler dougshuler@comcast.net	303-829-5861
Jeff Krinsky jkrinsky2003@yahoo.com	303-543-1320
Kevin Purdy kevinpurdy@pobox.com	303-589-2548
Lise Neer guestrelations@dbtc.org	303-249-8621

Directors and Staff

Director of Ride Activities Patty Gaspar RideCoordinator@dbtc.org	303-989-8268
Out of Town Tour Director Ellen Chilikas outdoorsdiva@yahoo.com	
Fun MTB Coordinator Dick Plastino FunMTB@dbtc.org	303-988-5359
Fun Ride Coordinator North Rick Clauder FunRideNorth@dbtc.org	303-463-1875
Fun Ride Coordinator South Gaar Potter FunRideSouth@dbtc.org	303-691-0938
Road Ride Coordinator roadrides@dbtc.org	OPEN
Intermediate Ride Coordinator Rick Clauder intermediaterides@dbtc.org	303-463-1875
Wednesday Fun/Int Ride Coordinator wedfunrides@dbtc.org	OPEN
"Roses" Ride Coordinator Melba Bouquet melbabo9@q.com	720-493-0564
Historian Historian@dbtc.org	OPEN
Membership Database/Webmaster Jeff Krinsky webmaster@dbtc.org	303-543-1320
Guest Relations Lise Neer guestrelations@dbtc.org	303-249-8621
Map Sales (wholesale) Doug Schuler Mapsales@dbtc.org	303-829-5861
Photo Gallery Jeff Krinsky photogallery@dbtc.org	303-543-1320

Board Meeting

Any member wishing to attend a board meeting is welcome to attend. The next board meeting is Monday, September 3rd at El Senor Sol, 2301 7th St., 6PM. If you wish to address the board, contact the secretary, Carolyn Bauer: secretary@dbtc.org, or 303.740.8491 so that your topic can be placed on the agenda.

Ride Leaders Are Not Just Another Pretty Face Dick Plastino and Patty Gaspar

They are needed to:

- 1) have the Liability Waiver signed,
- 2) write up injuries that occur on the ride for possible use of the Club's medical insurance,
- 3) do introductions all around, particularly if there is a new rider(s),
- 4) help those who may get lost or lag behind,
- 5) make sure riders all return and
- 6) **MOST OF ALL** come up with interesting rides
- 7) then produce and hand out maps of the ride if needed.



You do need to be a Club member to be a ride leader. To us, the main benefit of the club is that we get to ride all over the area—not just the city. we've been on many beautiful rides that we would never have found on our own.

Dick Plastino has been the MTB coordinator for 3 years and is retiring at the end of this year as MTB ride coordinator. We need someone to step up to keep that group together. Without any scheduled rides they are likely to drift apart. They also have many camping trips throughout the year and someone is needed to get the word out.

For more information, contact Dick at kfish9@comcast.net or Patty at ridecoordinator@dbtc.org. The ride coordinator is tasked with collecting the rides from the various leaders, putting them into appropriate format for the newsletter and sending them to Patty, who combines the various coordinators' rides into the schedule.

Pictures and Articles for the Newsletter... This newsletter belongs to the members. If you have pictures or an article to share, please email them to ridecoordinator@dbtc.org. Only send one or two pictures so you don't clog up my computer! Be sure to include details about who, when and where the picture was taken. If you have a photo to mail, contact the Ride Coordinator for the address. Remember we must give credit to the author. If you are a writer with an article of interest, we may make you a published author! The deadline for publishing is the 20th, but please send your articles earlier.

6th Annual Fraser Fun Weekend

Friday 1/24/13 - Monday 1/27/13

Leader: Ellen Chilikas

Downhillers can ski Winter park or Sol Vista, XC skiers and snowshoers can explore the Nordic centers, the Fraser Experimental Forest and even wander up around Granby. And, the brave can go careening down the Fraser Tubing Hill again!

We'll have continental breakfast daily, plus evening BYO happy hours. Our hotel has a hot tub and indoor pool. We can walk to restaurants and stores.

Double occupancy - expect costs to be \$225 per person for 3 nights. \$100 deposit due now to hold your spot, final payment is due December 1st. Contact Ellen (outdoorsdiva@yahoo.com) with questions.

Please send your deposit check (made out to Ellen Chilikas, post dated to 11/1/13) with the DBTC tour forms (www.dbtc.org/Default.aspx?pageId=1568909) to Ellen at PO Box 471803, Aurora, CO 80047. You must send both a check and your forms to hold a spot. Space is first come, first served. Funds are transferable but not refundable.



"Since you're skiing down to the store, we could use a whole lot more steaks."

'Happy New Year' in Leadville

December 31, 2013 - January 3, 2014

Leader: Ellen Chilikas

Spend New Years Eve at 10,000 feet in Leadville! We'll drive to Leadville on Tuesday and then ski or snowshoe for 4 days. We'll stay at the Leadville hostel again and have a hot breakfast every morning, and dinner with dessert each night (3 breakfasts, 3 dinners). Each night we'll also have a BYO happy hour. After dinner we can play games (bring up what you have) and/or watch movies (nothing harder than PG-13, we will be sharing the hostel with other guests).

Space is limited; first come first served. Contact Ellen first to check availability; all the rooms have different configurations and Ellen can tell you where there are openings.

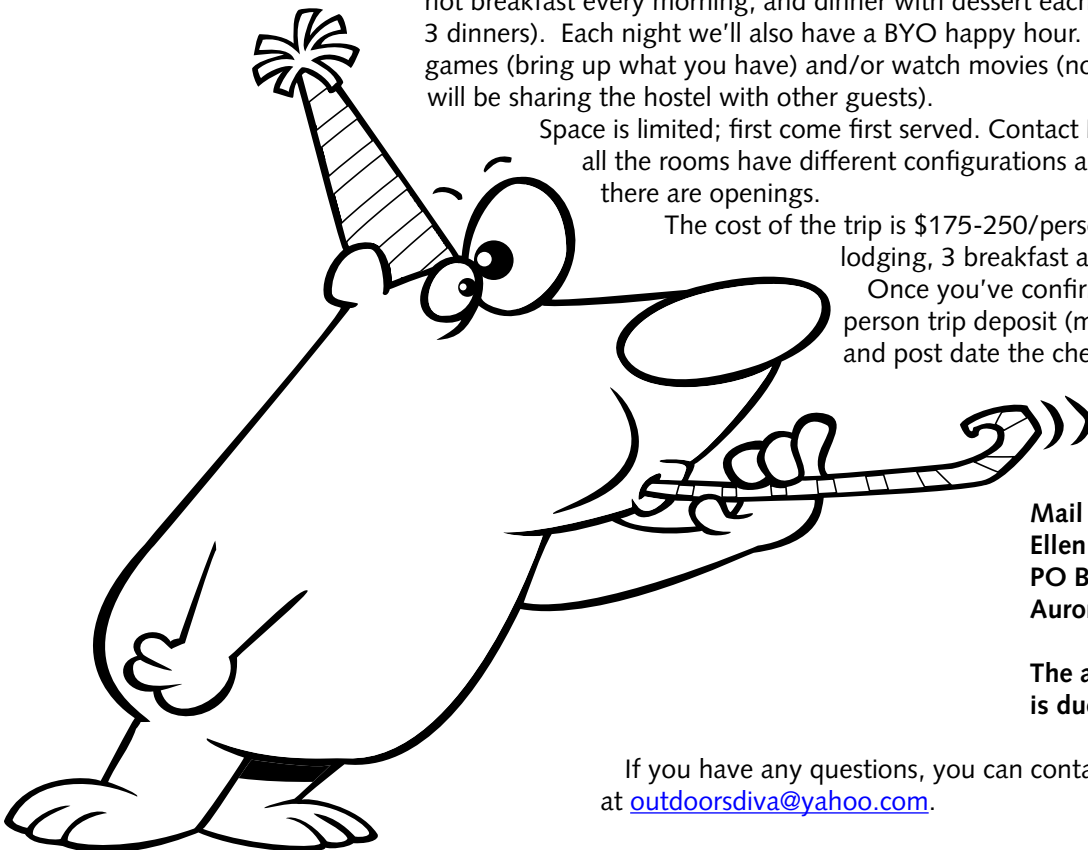
The cost of the trip is \$175-250/person and includes 3 nights lodging, 3 breakfast and 3 dinners.

Once you've confirmed a space, send a \$100/person trip deposit (make the check out to Ellen and post date the check to 10/1/13) and the tour forms located here: <http://www.dbtc.org/Default.aspx?pageId=1568909>.

Mail it all to:
Ellen Chilikas
PO Box 471803
Aurora, CO 80047

The additional amount
is due Nov 1, 2013

If you have any questions, you can contact Ellen Chilikas at outdoorsdiva@yahoo.com.



2013 (and Future) DBTC Activity and Tour Calendar

Email the trip contact for more information.
Email Ellen (outdoorsdiva@yahoo.com) to add your trip to this list.

September 8-15, 2013 Teton Trek II

Trip Type: Road Riding

Lodging: Hotels

Location details: Jackson Hole/Colter Bay,
Wyoming

Leaders: John Campbell, jwc@rmi.net,
and Ellen Chilikas,
outdoorsdiva@yahoo.com

Status: FULL

Dec 31, 2013 - Jan 3, 2014 Happy New Year in Leadville

Trip Type: Ski/Snowshoe

Lodging: Hostel

Location Details: Leadville, CO

Leader: Ellen Chilikas,
outdoorsdiva@yahoo.com

Status: Open

Jan 24 - 27, 2014

6th Annual Fraser Fun Weekend

Trip Type: Ski/Snowshoe

Lodging: Hotel

Location Details: Fraser, CO

Leader: Ellen Chilikas,
outdoorsdiva@yahoo.com

Status: Open

September 2014 Door County: The Sequel

Trip Type: Road Riding

Lodging: Hotel

Leader: Karen Jenneman,
karen_jenneman@hotmail.com

Status: Planning

Visit DBTC.org and click on "Tours"
for updates on the trips.



Arvada Reservoir Ride 20 July 2013 Led by Paul Altman.



Perfect riding day in July at Chatfield Dam.



Riders gather for a FUN/INT NW ride with Jeff Krinsky on Aug 11.

DBTC Mtn Bikers at Centennial Cone



2013 Advance Planning Calendar

September 8 Buffalo Bicycle Classic buffalobicycleclassic.com Boulder, CO	September 20-22 Moab Century Tour skinnytirefestival.com Moab, UT
September 14 Ride Westcliffe Adventure ridewestcliffe.com Westcliffe, CO	September 29 Venus de Miles venusdemiles.com Boulder County, CO
September 20-22 Mickelson Trail Trek MickelsonTrail.com Custer, SD	October 5 Tour of the Moon tourofthemoon.com Grand Junction, CO
September 21 Cycle for Life cff.org/GetInvolved/ CycleForLife/ Longmont, CO	October 5 Santa Fe Gourmet Classic santafegourmetclassic.com Santa Fe, NM
September 21 Tour of the Vineyards emgcolorado.com/tourdevineyards Palisade, CO	October 20 Rock 'n' Roll Denver Bike Tour runrocknroll.competitor.com/2012/04/denver/denver-bike-tour_26092 Denver, CO

DBTC Members Joining/Renewing in July

ED ALLBRIGHT	DAVID DIENER
ADAM BICKFORD	BARBARA DUCKWORTH
BARBARA BRONSON	DORIS ERVIN
ALLEN BURRIS	TRACEY FLOMING
TERESA COONEY	ROBERT (BOB) KAES
DON DEGROOT	

DBTC SPONSORING SHOPS

DBTC members receive a 10% discount off purchases (excluding bicycles and sale items) at these sponsoring retailers.

ARAPAHOE CYCLERY
6905 S BROADWAY UNIT 169
LITTLETON CO 80122
303-797-1858
arapahoecyclery.com

ARVADA BICYCLE COMPANY
6595 WADSWORTH BLVD
ARVADA CO 80003
303-420-3854
arvadabike.com

BIG KAHUNA BICYCLES
8246 W BOWLES AVE UNIT J
LITTLETON CO 80123
720-981-5199
bigkahunabicycles.com/site/intro.cfm

Discount Includes 10% discount on bikes!

BIKESOURCE #7
2665 S COLORADO BLVD
DENVER CO 80222
303-759-5099
bikesourcedenver.com

BIKESOURCE #8
2690 E COUNTY LINE RD
LITTLETON CO 80126
303-221-4840
bikesourcedenver.com

CAMPUS CYCLES
2102 S WASHINGTON ST
DENVER CO 80210
303-698-2811
campuscycles.com

CHERRY CREEK VELO
1435 S HOLLY ST
DENVER CO 80222
303-691-5650
sampsports.com
No discount on labor.

CYCLE ANALYST
722 S PEARL ST
DENVER CO 80209
303-722-3004
cycleanalystinc.com/

DERBY BICYCLE CENTER
410 E 104TH AVE
THORNTON CO 80233
303-288-4100
derbybicyclecenter.com

ELEVATIONS
2030 E COUNTY LINE RD
LITTLETON CO 80126
303-730-8038
bicycledalr.com/

FOOTHILLS CYCLING
4990 KIPLING PKWY SUITE B-7
WHEAT RIDGE CO 80033
303-420-0815
foothillscycling.net

GOLDEN BEAR BIKES
290 NICKEL ST SUITE 100
BROOMFIELD CO 80020
303-469-7273
goldenbearbikes.com

GOLDEN BIKE SHOP
722 WASHINGTON AVE
GOLDEN CO 80401
303-278-6545
goldenbikeshop.com

GREEN MOUNTAIN SPORTS
12364 W ALAMEDA AVE
LAKEWOOD CO 80228
303-987-8758
greenmountainsports.com

PEAK CYCLES
1224 WASHINGTON ST STE 145
GOLDEN CO 80401
303-216-1616
bikeparts.com

SCHWAB CYCLES
1565 PIERCE ST
LAKEWOOD CO 80214
303-238-0243
schwabcycles.com
No discount on Shimano and Campagnolo

SPORTS PLUS
1055 S GAYLORD ST
DENVER CO 80209
303-777-6613
sportsplusdenver.com

TREADS BICYCLE OUTFITTERS
16701 E ILIFF AVE
AURORA CO 80013
303-750-1671
treads.com

TREADS BICYCLE OUTFITTERS
16701 ILIFF
AURORA CO 80013
303-690-2900
treads.com

TREADS BICYCLE OUTFITTERS
3234 S WADSWORTH BLVD
LAKEWOOD CO 80227
303-781-1162
treads.com

DBTC SUMMER SEASON 2013

Summer is winding down – we’ve had some great riding weather. You need to plan ahead this month as there are several rides out of the metro area and you will need to get an early start. Our ride coordinators are working on the October Schedule so contact them with your ideas for early fall rides as we get into fall. If you lead 5 rides this season your admission to the Volunteer Recognition Lunch is FREE.

Pace of Ride	Difficulty of Terrain	Mileage	Quadrant of City	Departure Time
Roses – Leisurely Fun – Comfortable Int. – Brisk Road – Fast ATB – Unpaved Roads MTB – Mountain Bikes	H1 – Flat H2 – Some Hills H3 – Hilly H4 – Serious climbs Two ratings: technical skill T1 to T4 and Physical exertion P1 to P4	This is an estimate – options may be offered	NW NE SE SW W	Arrive early enough to unload your bike and be ready to leave at the time shown.

If you'd like to include an activity in the newsletter, please email it to ridecoordinator@dbtc.org by the 20th for the next newsletter or contact Patty at 303-989-8268.

Ride Locator: There is a guide to the most frequent start locations on our website – www.dbtc.org. It provides the information you need to use Map Quest or Google Maps to make a map to the starting location.

DBTC's E-Mailing Lists

Get late breaking news, last minute ride updates, and short-notice of weekday rides, all e-mailed directly to you as soon as the information is posted. If the weather is "iffy", a ride leader can post a notice to let you know if the ride will go or be cancelled.

DBTC Message Board is the DBTC General E-Mail List

To join, send an e-mail to: ColoradoBicyclist-subscribe@yahoogroups.com

DBTC Mountain Biking E-Mail List

To join, send an e-mail to: COMtnbikers-subscribe@yahoogroups.com

Twitter account is @DenverBikeClub – note many members do not tweet.

DBTC Meetup group,

www.meetup.com/Denver-Bicycle-Touring-Club/ can be used to post rides as well. Once you have posted your ride, we will review the

information to be sure it complies with the club requirements then upload it to the MeetUp web site where you can edit your ride info. MeetUp is open to the public and can increase the number of riders on your rides and, hopefully, club members. Rides cannot conflict with the ride schedule. If you have registered with MeetUp, we will post your scheduled rides. We are also on Facebook if you want to share pictures or bike-related news.

You can join all four groups. After you send the e-mail requesting to join, you will be contacted via e-mail with a confirmation. If you'd like to post an event, simply go into the site. Remember that only club-related activities can be posted. We reserve the right to cancel any posting we don't think is appropriate.

Please Note;

- Joining either of these Yahoo Groups, Facebook or the MeetUp Group does not make you a valid member of the DBTC.
- If your e-mail address changes, you must send your new e-mail address to both the Yahoo Group and to the DBTC webmaster (webmaster@dbtc.org)
- **The DBTC Website operates independently from the Yahoo Groups.** The Yahoo Groups send only e-mail messages concerning some upcoming events. The DBTC monthly Newsletter, *The Colorado Bicyclist*, is sent to you from the DBTC Website via e-mail only if you have so requested.

Guidelines for Posting a Last-Minute Ride

Dale Trone

The purpose of the schedule is to allow us to provide a variety of rides throughout the metro area. Depending on last-minute rides does not meet that goal; however, there are times when no ride is scheduled within a reasonable driving distance so you might want to add an alternative.

The guidelines for posting last minute rides are:

1. The leader must be a member
2. There can't be a similar ride on the published schedule
 - a. Geography – a ride in Parker is NOT similar to one in Golden
 - b. AND start time – a 9 AM ride is NOT similar to a 3 PM ride
 - c. AND speed type – ROAD and FUN rides are NOT similar

- d. AND distance – a 35 mile ride is NOT similar to a 20 mile ride
3. When a last-minute ride appears to fall into the gray area such as 20 vs 25 miles, FUN rides starting an hour apart with start locations both in Aurora, then contact the scheduled ride leader to see if s/he feels the ride would compete. It might be better to simply join the other ride.
4. While yahoo groups are still a media for last-minute rides, MeetUp has additional features and more and more of our last minutes are published there.
5. Yahoo and MeetUp can be used when last-minute changes are necessary. This allows a little more flexibility if you schedule a ride and then have to make a change later.

SEPTEMBER RIDE & EVENT SCHEDULE

Summer/Fall Riding Guidelines

- Weather: No thunder, lightning or rain
Clothing: Wear layers and SUNSCREEN!!!!!!
Other: Bring water, repair items and a snack

Saturday, Aug. 31st **FUN-H2-23-SE 8:30 AM** Meet *Gordon Valentine*, 303-333-8605 H (303-503-4733 C after 8:00 on ride day), in the Point Belleview S.C. in NW corner of S. Parker Rd. and E. Belleview Ave.--entrance is on S. Carson Ct. Please park in the south end of the parking lot. No toilet here, but there's one at Mile 2.4. We'll ride N on Carson Ct. to E. Chenango Ave, and enter Cherry Creek State Park on the Shop Creek Trail. Then we'll circle the park CW on park roads and the Greenwood Village and Cherry Creek Trails. After some side trips to points of interest inside the park and a rest/snack stop at 12 miles, we'll head S to see where one of the Cherry Creek Trail's missing links will go under a new Arapahoe Rd. bridge over Cherry Creek. (CDOT estimates that bridge construction is to start this October with completion by April 2015.) On today's ride there will be occasional stops for slower riders to catch up and bailout options for 15 and 19 total miles for those short of time or energy. Optional lunch at El Chubby's, "Fresh Mexican Grill" in the Point Belleview S.C. after the ride.

FUN-H-1-23-NW 9:30 AM Meet *Cindy Ferry* at Olde Town Arvada Park-n-ride. We will ride Clear Creek east to the Platte River Trail, then out to REI and back on 23rd to Sloan's Lake west following the street to Pierce then north to the Clear Creek bike path and back to Olde town – that will be it. Stop at REI for snack, lunch afterward for anyone interested.

Sunday, Sept. 1st **FUN-H2-38-SW 9:00 AM** Meet *Thomas Hurja* (303-903-4449) at Bear Valley McDonalds (Be sure to park where the white lines are) for a cruiser to Chatfield Dam and options to the Marina. Return the same route. Meet at the NEW HAPPY Chinese past Home Depot, for lunch.

MTB, P3 T3, 10:30 AM, Deer Creek Canyon Park Ride leader *Jeff Baysinger* (303-969-9241) will take us on a tour of this environmentally diverse park. There is a tough climb (walk) up Plymouth Gulch, but after that it's a sweet figure 8 up on top. To reach the park, drive to the interchange of Kipling and C-470. From there go south on Kipling a few hundred feet and turn right (west) on Ute Ave. which goes west and makes a 90 degree turn (becoming S. Owens St.) which then meets Deer Creek Canyon Road. Turn right on Deer Creek Canyon Road and drive approximately 3 miles. You will pass S. Cougar Road on your left. Continue on to W. Grizzly Drive. Turn left on Grizzly and follow it 0.4 miles until you see the Deer Creek Canyon sign and parking lot on your right. Lunch at a restaurant afterward.

Monday, Sept. 2nd Labor Day **FUN-H2.5-25-NW 9:15 AM** Meet *Jeff Krinsky* (720-373-9107) for the award winning Tour De Boulder ride that includes a free JUGGLING presentation. The ride will concentrate on the Boulder Creek, Skunk Creek and Bear Creek paths that are pretty flat but we will try to take Boulder Creek a little ways up into the foothills before we turn around. The adventure begins at the parking lot near the jungle gym rocket at Scott Carpenter Park in Boulder at the SW corner of 30th ST and Arapahoe Avenue. Be there or be trapizoidal!

Wednesday, Sept. 4th **FUN/INT-H1-40 NW 9:00AM** Meet *Steve Stevens* 720-497-1100 at Oldy Cyclery - Bike Museum - 17224 West 17th Pl., Golden We'll ride along the Clear Creek Trail to the Platte and return. Please come in time to be ready to ride at start time (with front wheels on air in tires, water in bottles, helmets on, mirrors adjusted, potty issues accounted for, etc.) The Museum will be open after the ride (note from editor, if you have never been to his museum it is worth the trip.)

"Roses" H2-15-SE 9:00 AM Meet *Judy Deist*, 303-841-4792, Cell 303-906-4305 at the south side of the Walmart parking lot off of Aurora Parkway and Commons, which is in the Southlands shopping mall north of Smokey Hill road and west of Aurora Parkway in Aurora. Wal-Mart is just north of Sam's Club. We will ride around the Aurora reservoir and more. Bring a snack and money for a restaurant lunch after the ride.

Saturday, Sept. 7th **FUN-H2-25-SE 9:00 AM** Meet *Guy James* (303-321-4607) at the Four Mile House (715 South Forest Street, Denver, CO). We will go West from there turning south at the Denver Country Club. Through Washington Park to the Platte Trail heading south, then east through Belleview Park on our way to Mamie Dowd Eisenhower Park, catch the Highland Canal, and back to the Cherry Creek Trail and West to the Four Mile House -about 25 miles at a nice pace. There are two great lunch spots to choose from.

FUN-H2-25-EtoW 9:00 AM Meet *Wes* 720-252-6263 and *Dianne Chowen* at City of Cuernavaca Park to explore new RTD rail construction. Ride will be on pavement.

INT-H2.5-30-W-8:30 Meet *Steve Stevens* 720 497 1100 at Golden Oldy Cyclery, 17224 West 17th Place, Golden. Including Figure 8 of the 2 Table Mountains and a loop of the Arvada Reservoir. Come in time to be ready to ride. The bike museum will be open for a short tour for riders afterward. Helmets required. Rear view mirrors recommended for safety.

INT-H2-3-28-S 8:30 AM Meet *Denny Martin* 303-793-0395 starting at the Arapahoe County Community Park at 7900 S. Potomac in Englewood south of Arapahoe Rd. and caddy corner to the Denver Broncos football facility. This route will take us south on Jordan and Chambers Rds. to Hess Rd. and by the new Reuter Hess Reservoir then over to Castle Pines for a rest stop. We'll return back on Charter Oaks Drive to Havana along side I-25, Ridge Gate and Peoria. There is consistent mild climbing getting to Castle Pines. Optional lunch afterwards, crowd willing.

**Sunday,
Sept. 8th**

FUN/INT-H1-25-W-8:30 Meet *Steve Stevens* 720 497 1100 at Golden Oldy Cyclery, 17224 West 17th Place, Golden Ride will be down Clear Creek trail and back with downtown Golden Loop. Come in time to be ready to ride. The bike museum will be open for a short tour for riders afterward. Helmets required. Rear view mirrors recommended for safety.

FUN-H2-25-SE 9:00 AM PARK AT RTD parking garage at the Northwest corner of Parker Road and I 225. Meet *Guy James* (303-321-4307) at the plaza which is located between the Southeast corner of the garage and the Nine Mile Light Rail Station. We will head south on the Cherry Creek Trail, clockwise around Cherry Creek Reservoir, exiting the south end and picking up the Cherry Creek Regional Trail heading south. Mostly a pastoral ride-no sermons. Lunch optional. Breakfast not included.

INT-H4-32-NW 9:00 Meet *Thomas Hurja* 303-903-4449 at Chuck Wagon Restaurant (west lot), W 26th Ave./west of Kipling, for a ride up Lookout Mountain. Ride is on paths, roads, and in the neighborhood. Return via US 40/bike paths. Meet for lunch at Chuck Wagon after the ride.

MTB P2, T3 10:45AM Heil Valley Ranch Join *Jeff Baysinger* (303-969-9241) for a trek around the many interesting trails. Carpool at 9:45 AM from Sofa Mart at the NW corner of Kipling and 6th Ave. on the frontage road in Lakewood. Park in the NE corner next to the dirt vacant lot. Go to www.BoulderCountyOpenSpace.org and on the right side of the page, click on "Parks and Trails" and print out a map of Heil Valley Ranch trails.

- To drive, go north on Hwy 93 from Golden. At the south end of Boulder, turn right (east) on Table Mesa Drive and travel east under the bridge carrying Foothills Parkway (Hwy 157). Be in the right hand lane and take the curving ramp up to Hwy 157 heading north. Go north on 157 to Valmont (has a traffic signal) and turn left (west) and go to 28th Street which is also Hwy 36. Turn right (north) on 28th Street (Hwy 36) and follow Hwy 36 about 6 miles to Left Hand Canyon Road (also signed for Jamestown). Turn left and drive about 1 mile to Geer Canyon Road. Turn right and drive another 1.5 miles to the trailhead.
- If you're coming from Denver on the Boulder turnpike, exit onto Foothills Parkway (Hwy 157) near Boulder and follow the instructions above to reach Valmont and continue on as instructed. We will not be doing the Lyons shuttle this time and will return to the parking lot for a picnic after the ride. A meal afterward on the Pearl Street Mall in Boulder.

**Wednesday,
Sept. 11th**

"Roses" H1-15-20-SE 9:00 AM Meet *Jean Stevenson*, 303-699-5135, in the Target shopping center, southwest of the intersection of Arapahoe and Parker Rd. for an out and back ride South on the Cherry Creek Trail, 15-20 miles depending on group preference. Bring a snack, and money for an optional restaurant lunch following the ride.

FUN-H2-23-SE 9:30 AM Meet *Gordon Valentine*, 303-333-8605 H (303-503-4733 C after 8:00 on ride day), in the Point Belleview S.C. in NW corner of S. Parker Rd. and E. Belleview Ave.--entrance is on S. Carson Ct. Please park in the south end of the parking lot. No toilet here, but there's one at Mile 2.4. We'll ride N on Carson Ct. to E. Chenango Ave, and enter Cherry Creek State Park on the Shop Creek Trail. Then we'll circle the park CW on park roads and the Greenwood Village and Cherry Creek Trails. After some side trips to points of interest inside the park and a rest/snack stop at 12 miles, we'll head S to see where one of the Cherry Creek Trail's missing links will go under a new Arapahoe Rd. bridge over Cherry Creek. (CDOT estimates that bridge construction is to start this October with completion by April 2015.) On today's ride there will be occasional stops for slower riders to catch up and bailout options for 15 and 19 total miles for those short of time or energy. Optional lunch at El Chubby's, "Fresh Mexican Grill" in the Point Belleview S.C. after the ride.

**Friday,
Sept. 13th**

MTB (campout) P3, T2, Buffalo Creek Trail Building and Riding *Fred Berry (720-840-8596)* is the Colorado Trailblazers' point of contact for this three day experience and enjoyment. This year's efforts will be a collaboration with Jefferson County Open Space volunteers and staff to complete a new ten mile trail from Reynolds Park to the confluence of the North and South Forks of the S. Platte River. The Trailblazers have been working through the 2013 season on some of the upper reaches of this great trail project. On September 14th our efforts will be focused on the lower section of this trail. The hike up to the Project Area on a well finished trail is a bit longer, but relatively easy, overlooking the North Fork with outstanding views of the canyon below.

Whether for the weekend, or Trail Day, 9/14, join us for this great end-of-season event. Online registration is available at coloradotrailblazers.org/trail-days/epic-at-buffalo-creek-sept-13th-15th-2013/. The real action of breakfast, trail building, live music and a catered dinner and more all start Saturday morning, September 14, but you can get an early start by setting up camp and riding al la carte on Friday at any time you want to drive to the campgrounds. The Meadows Group Campground opens at 11:00 am.

- From the Pine Junction traffic signal on Hwy 285, drive south on Rd. 126 to Pine. Continue on Rd. 126 about another 7 to 8 miles to Forest Rd. 550 on your right. This is also known as the "Little Scraggy" trailhead for the Colorado Trail. Once you turn on FR 550 you are headed for the Meadows Group Campground which has been totally reserved by the Colorado Trailblazers for the EPIC trail building weekend extravaganza. Continue on this dirt road for about 5 miles and you'll see the campground. After setting up camp, ride on any of the numerous trails in this area.
- Kids and dogs are welcome. Registration is needed to figure out logistics so go to: coloradotrailblazers.org/trail-days/epic-at-buffalo-creek-sept-13th-15th-2013/ There is a modest \$15 fee per registrant. Call *Fred Berry (720-840-8596)* with questions.

**Saturday,
Sept. 14th**

FUN/ATB-20-SW-9:00 AM-Evergreen Upper Bear Creek Meet *Lin Hark* at Evergreen Lake House parking area for a ride from the Lake House to Upper Bear Creek. This is a beautiful, fairly gentle climb through an elite and historic section of Evergreen with gorgeous views of Mt Evans. The colors may not be changing yet but we may see some trees starting to turn. The last section of this ride is dirt, often washboarded and a bit steeper so you may want to bring a hybrid or mountain bike. Lin will ride a bike with 700x28 tires.

INT-H4-38-W 9:00 AM Meet *Thomas Hurja (303-903-4449)* by following the signs south on Hwy 85 turn right at Sedalia, to the second set of tracks for a road ride. I park to the left before crossing those tracks. But park together! Ride to Larkspur and stop for a short rest/snack at the Conoco before Spruce Mtn. Road. Return the same route. Ice cream is at Sedalia.

MTB, P3 T2, 8:00AM, Trail Building and Riding The Trailblazers will provide you a breakfast of bagels, spread, juice and coffee at the Meadows Group campground and then you can drive or carpool to the new trail you'll be working on. That evening you'll be treated to a catered dinner with live music and adult beverages. Camp out Saturday night and enjoy another free breakfast Sunday morning compliments of the Trailblazers. Kids and dogs are welcome. Registration is needed to figure out logistics so go to: <http://coloradotrailblazers.org/trail-days/epic-at-buffalo-creek-sept-13th-15th-2013/>. There is a modest \$15 fee per registrant.

**Sunday,
Sept. 15th**

FUN-H2-23-SE 9:00 AM Meet *Gordon Valentine, (303-333-8605H) (303-503-4733C)* after 8:00 on ride day), in the Point Belleview S.C. in NW corner of S. Parker Rd. and E. Belleview Ave.--entrance is on S. Carson Ct. Please park in the south end of the parking lot. No toilet here, but there's one at Mile 2.4. We'll ride N on Carson Ct. to E. Chenango Ave, and enter Cherry Creek State Park on the Shop Creek Trail. Then we'll circle the park CW on park roads and the Greenwood Village and Cherry Creek Trails. After some side trips to points of interest inside the park and a rest/snack stop at 12 miles, we'll head S to see where one of the Cherry Creek Trail's missing links will go under a new Arapahoe Rd. bridge over Cherry Creek. (CDOT estimates that bridge construction is to start this October with completion by April 2015.) On today's ride there will be occasional stops for slower riders to catch up and bailout options for 15 and 19 total miles for those short of time or energy. Optional lunch is at El Chubby's, "Fresh Mexican Grill" in the Point Belleview S.C. after the ride.

FUN/INT-H2-20-W 8:30 AM Meet *Steve Stevens 720 497 1100* at Golden Oldy Cyclery, 17224 West 17th Place, Golden. This will be a double lap of South Table Mountain - one clockwise and one Counter Clockwise.(to unwind). Come in time to be ready to ride. The bike museum will be open for a short tour for riders afterward. Helmets required. Rear view mirrors recommended for safety.

INT-H1-30-S-8:30 Meet *Pete Steele 303 979 4634* at DeKoevend Park in the recreation center parking lot. Ride Clarkston to Quincy and on to Village Green Park. Dayton to Peoria then C470 and back on Clarkston.

INT-H1to2-40to60-NE 8:00 AM Meet *Doug Schuler* 303.829.5861 at Cake Crumbs Bakery, 2216 Kearney ST in Park Hill. These will be no-drop road rides east of Denver averaging 12-14 mph. Terrain is mostly flat with some rolling hills. Mileage will be between 40 and 60 miles on various routes between Park Hill and Bennet. Sometimes we stop for breakfast at Biscuits Cafe in Watkins. We get back to Cake Crumbs around noon.

MTB, P3 T2 8:00 AM, Buffalo Creek Trail Building and Riding The Trailblazers will again provide you with a catered hot breakfast and coffee at the Meadows Group campground this morning. Then the day is yours to hook up with the DBTC group and ride the Colorado Trail or any of the other 70 miles of trail.

Wednesday, Sept. 18th **"Roses" H1-18-Central 9:00 AM "Back to School Ride"** Meet *Marilyn Swett* (303-791-5864) at the Windsor Garden's Community Center Parking lot. Enter at Alameda & Clinton St., proceed to stop sign, continue straight and then turn right into the parking lot. Park away from the buildings, near the street. We will be riding by several of Denver's historic schools, enjoying and discussing their history and architecture. The ride will be leisurely paced on paved trails through a couple of parks, on-street bike routes and quiet residential streets. Bring a snack and money for an optional restaurant lunch following the ride. If the group prefers, we may stop for lunch and frozen yogurt in Lowry on our way back to the cars.

FUN-H2-25-SE 9:30 AM Meet *Dave Noble* (303-694-2008 cell 303-906-3163) at Dekoevend Park for a loop of Lee Gulch, Platte River, Big Dry Creek, Highline, Little Dry Creek/Willow Creek, and C-470 trails. Lunch follows.

Thursday, Sept. 19th **FUN-H1-22-SE 8:00 AM** Meet *Mary Kay Ryan*, mkryan@hotmail.com or 720-273-4601 behind Cornerstone Target and 24 Hour Fitness (Arapahoe and Parker Rd) to head south on the Cherry Creek Trail to Parker with a breakfast stop at the Egg & I in Parker then ride further south on Cherry Creek to Sulphur Gulch with a loop back to the cars. Please RSVP to Mary Kay so she can make reservations.

Saturday, Sept. 21st **FUN-H1-12-SE 9:00 AM – Fairmont Cemetery History Ride** Meet *Tom & Carol Tobiassen* at the Aurora History Museum (15051 E. Alameda Parkway, Aurora, CO 80012 – Just N. of Alameda and West of Chambers) Learn about some famous characters buried in this beautiful SHADY cemetery.

FUN-H3-25-NW 9:30 Meet *Cindy Ferry* at the Safeway at 80th and Wadsworth. We will travel Little dry creek to Clear Creek and head west toward Golden, return on Easley road to Ralston creek, climb Simms to Little dry creek and back home.

INT-H2-37-N 9:00 AM Meet *Derek Paris* 303-410-1001 at the Erie Community Center, 450 Powers St., NE corner of Erie Pkwy and County Line Rd. We will ride a loop north to the Hygiene Store (the Biker Hang Out) with a quick stop in downtown Niwot.

MTB, P2, T3, 11:00 AM, Kenosha Pass east to the wilderness boundary and back. This is a beautiful ride and maybe the leaves will be changing. Who else should lead but *Jeff Baysinger* (303-969-9241)? The trailhead is about 60 miles SW of Denver on Hwy 285 with parking on the left side of Hwy 285 at the pass summit.

Carpool at 10:00 AM from the Fort Restaurant on Hwy 8 just north of the interchange with Hwy 285.

Sunday, Sept. 22nd **FUN-H2-36-SW 9:00 AM** Meet *Thomas Hurja* (303-903-4449) at Bear Valley McDonalds (Be sure to park in the area with white lines) for a longer ride to Waterton Canyon parking area. Pick a place under the trees for a snack. Meet after the ride at the NEW HAPPY Chinese restaurant west of Sheridan, near Home Depot, for lunch.

FUN/INT-H1- 67-W 8:30 AM Start the fall off right with the METRIC CENTURY 2013 EXPERIENCE!!! Look for *Jeff Krinsky* (720-373-9107) at Lions Park in Golden! We will ride through Colo. School of Mines to Hwy. 93 & 19th St. to C-470 trail to Chatfield Reservoir to the Platte River trail, north to Clear Creek Trail and back to Golden Lions Park. Strategic breaks will be located throughout the ride with primary stops at Hudson Gardens and REI.

Monday, Sept. 23rd **FUN-H1-23-NW 9:00 AM** Meet *Wayne Tomasello* (720-344-8932) at Gold Strike Park for a ride on the Ralston Creek path to Easley Rd to Clear Creek path back to Ralston Creek path. Directions to the start: From I-70 take Sheridan Blvd to Ralston Rd. Turn left on to Ralston Rd and go to the next left turn onto W 56th Ave. The park is on the left in about 300 feet. An optional lunch is at Gunther Toodies.

- Wednesday, Sept. 25th** **"Roses" H1-20-NW 9:00 AM** Meet *Bob Munns* 303-255-6013 at Northwest Open Space Recreation Park. From I-25 and 104th Ave., go about a mile west to Quivas/Pecos St., then north to Northwest Open Space parking lot. We will take the Farmers High Line Canal through the E.B. Rains Memorial Park to the Signal Ditch Trail for a mostly flat ride. Bring a snack, and money for lunch at a favorite restaurant following the ride
- INT H2toH3-40-W 9:30AM** Meet *Darrell and Jean Deering* (303-697-6126) in Sedalia and ride to Larkspur. Drive south on Santa Fe to Hwy 67 to Sedalia. Heading west on Hwy 67 drive thru town we will park next to the rail road tracks on the right. We will ride on Hwy 105 to Fox Farm Rd. into Larkspur, have lunch in town and head back on Perry Park Rd. / Hwy 105.
- Saturday, Sept. 28th** **FUN-H1-25-NW 9:00** Meet *Howard Bagdad* H303-278-0541 C720-206-6427 at Prospect Park picnic area for a ride along the Clear Creek Trail toward the Platte. Lunch is afterwards.
- INT-H2-17-9:00** Meet *Fred Kerr* 303-838-8723 at PNR across from Morrison Conoco. Short but hilly on Bear Creek trail, over dam, over Mt. Carbon, thru Red Rocks, over hog back, fast return via Rooney Road. Lunch is at TNT in Morrison, home of the fatty burrito.
- Sunday, Sept. 29th** **FUN/INT-H-3-30-W-9:00** Meet *Lily Schumann* 303 463 0117 at Idaho Springs second 1-70 exit parking lot behind Beau Jo's to Georgetown; option Silver Plume and back. Lunch is in Idaho Springs afterwards.
- FUN-H2-25-SW 9:30 AM** Meet *Bob Shedd* (720-290-6014) at the RTD Littleton Downtown Station, on the west edge of the parking lot located at Alamo Avenue & Prince Street. Ride will go south and west on "secret" bike paths (all fully paved) that Bob has scouted in the Columbine and Ken Caryl areas, returning via the C-470 path. Optional lunch afterward at Merle's Restaurant on Main Street, within 3 blocks of the starting location.
- INT-H1to2-40to60-NE 8:00 AM** Meet *Doug Schuler* 303.829.5861 at Cake Crumbs Bakery, 2216 Kearney ST in Park Hill. These will be no-drop road rides east of Denver averaging 12-14 mph. Terrain is mostly flat with some rolling hills. Mileage will be between 40 and 60 miles on various routes between Park Hill and Bennet. Sometimes we stop for breakfast at Biscuits Cafe in Watkins. We get back to Cake Crumbs around noon.
- MTB P2, T2, 10:00 AM Ridgeline Open Space** Meet *Mary Stewart* (303-250-3031) at this newly discovered gem (at least for most of us). There are sections through the woods, flat sections at the top with great views, switchbacks and a slightly rocky downhill. Meet Mary at a 33 car parking lot on Coachline road west of Castle Rock Two sets of instructions are given below depending on whether you are coming down I-25 or down Hwy 85 (Santa Fe). For your GPS units, the address of the parking lot is 2525 Coachline Rd., Castle Rock, CO 80109. MapQuest can't find it, but Google does. Information and a trail map are located at: <http://crgov.com/DocumentCenter/Home/View/296>. A great meal afterward at the Rockyard American Grill & Brewing Co. at 880 Castleton Rd., Castle Rock.
- Driving down I-25 – Take exit 182 for Wilcox St/Wolfensberger Rd. Turn right (west) onto Wolfensberger Rd. and follow this for 1.5 miles to Coachline Rd. Turn right onto Coachline Rd. and travel 0.5 miles to the parking lot on your left.
 - Driving down Santa Fe Hwy 85 – When you get close to Castle Rock (5.2 miles south of Sedalia), turn right (west) onto Meadows Parkway and travel 1.9 miles. Turn left onto Coachline Rd. and travel 0.7 miles to the parking lot on your right.
- Monday, Sept. 30th** **FUN-H2-25-SW 9:00 AM** Meet *Wayne Tomasello* (720-344-8932) at the Platte River Grill located at 5995 Santa Fe Drive. From C-470 take the Santa Fe Dr. exit going north for about 3 miles. The Platte River Bar & Grill is on the left (West) side. Enter the parking lot and drive to the rear of the restaurant and park towards the rear of the lot. We will ride the Platte River trail to the Lee Gulch trail to the Highline trail to the top of the Chatfield dam to the Platte River trail to complete the loop. An optional lunch is at the Platte River Bar & Grill.